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DATE: January 14, 2021

TO: TRH Residents, Resident Family Members, Staff and Board

Re: General Information

Happy January to everyone. As we begin a new year let us be reminded of what the Psalmist says in Psalm 120:1 (NIV), "I call upon the Lord in my distress, and he answers me." God calls us to live for Him in times of chaos and peace. It is very easy to get my focus on things of this world instead of on things that concern our Lord. Let us agree to focus on God and His word as we navigate the days ahead in 2021.

Some great things are happening at TRH and I would like to take a moment to share these with you.

Several weeks ago, TRH setup space in Sickafoose Activity Center for a vaccination clinic. This clinic area is for COVID-19 shots to be administered to RCF residents and TRH staff. The RCF residents and staff that desire this vaccination will be on February 7th from 11am till 5pm. I encourage RCF residents and staff to get the COVID vaccination.

Independent residents of TRH will need to receive their vaccination shots through their health care provider. We probably won't be holding a vaccine clinic for independent residents because of the governor's orders for how the vaccine is to be administered. I am encouraging independent residents to please contact your doctor.

At the beginning of January all RCF residents have resumed church service on Sunday afternoon, chapel services on Tuesday and Thursday mornings, Bible study on Wednesday morning, some activities and are eating regular meals in the dining hall. There are lots of smiles on their faces as they begin the process of moving about. However, TRH is still in the COVID freeze per the directions of our governor. The regular precautions of social distancing, wearing masks and cleanliness need to be followed. Independent residents and visitors are still restricted from any building where RCF residents frequent until the governor allows for a change to freeze orders.

It is important to learn from history and to celebrate events and people of note. The year 2020 will be remembered for many things. One of the certainties last year was a continuation of excellent care by employees who serve the residents of TRH. In December senior staff at TRH were given a list of basic criteria to nominate one person as Employee of the Year for 2020. On December 16 at the whole staff meeting four employees were nominated. All nominees were deserving and received cash gifts. The winner of the TRH Employee of the Year Award for 2020 went to Barbara Norton.

CONGRATULATIONS TO OUR 2020 TRH EMPLOYEE OF THE YEAR!



Barbara Norton feels good about helping people, and it shows in her work as med aid and care giver in the Residential Care Facility. She has worked in care giving off and on for 20 years. "I love the residents," Barbara says. "It's like having a whole bunch of grandmas and grandpas!" She is also proud of her co-workers and was quick to share her praises: "The care here is great. We've gotten a lot of good reviews from Hospice. They're impressed with the quality of care, especially skin care. We may need reminding, but we're a good team. It feels like family!"

As 2021 unfolds before us many unseen circumstances will occur. Make a choice to live like the psalmist instructed by calling on the Lord...He cares for you!

Blessings,

A handwritten signature in blue ink that reads "Gary Taylor". The signature is fluid and cursive.

Gary Taylor
Administrator