
Thiensville Health Alliance

Following is a list of services and practitioners in the building, providing you with a one-stop-shop for all your health and well-being needs.

Welltopia Pharmacy

1st Floor / Suite 101 / 262-429-9429 / Monday-Friday, 9-6; Saturday, 9-2

Combining the convenience of a typical pharmacy with the hands-on care of a wellness center, Welltopia brings patients the individualized attention they need for wellness and longevity. Prescriptions, supplements, compounding are just a few of the services Welltopia provides.

Zuza's Way - Dagmara Beine, Ph.D.

1st Floor / Suite 102 / 262-236-9063 / Monday-Tuesday, 9-4; Thursday 9-4

Headed by Dr. Dagmara Beine, Zuza's Way combines functional and integrative medicine to provide a well-rounded approach to health. Zuza's Way offers cancer support (both to children and adults), chronic symptom support, IV therapy, ozone therapy, and more.

Thiensville Family Health Care - Gary Lewis, M.D. & Jaspal Arora, M.D.

2nd Floor / Suite 201 / 262-242-3369 / Monday-Friday, 9-5; 2nd & 4th Saturday, 8-1

Specializing in holistic, integrative medical care for the entire family, Dr. Gary Lewis is physician who concentrates on personalized care. In addition to traditional medical practices, Dr. Gary Lewis offers medical acupuncture. Dr. Arora is an expert in emergency medicine, occupational medicine, and family medicine.

Fisher Chiropractic - Bobby Fisher, D.C.

2nd Floor / Suite 202 / 262-240-9946 / Monday-Tuesday, 9-6; Wednesday, 9-1:30; Thursday, 9-6

Dr. Fisher utilizes a wide range of treatment techniques to help you get better. Manual tissue therapies, ultrasound, and muscle stimulation are used when indicated to speed up healing times. Dr. Fisher is experienced in workers' compensation injuries, motor vehicle accidents, sports injuries, and spinal/extremity manipulation.

Anja Farin

3rd Floor / Suite 303 / 262-977-6050 / By Appointment

A certified professional midwife, Anja Farin helps serve families through education, lactation support, abdominal therapy, supplements, and monitrice doula labor care.

Joe Ralston

2nd Floor / Suite 201 / 414-688-8084 / By Appointment

Joe Ralston is a massage therapist who specializes in clients with physical disabilities, chronic pain, and dementia, as well as those needing post-surgery and pre-natal massage. He utilizes modalities such as Reiki, Benevolent-Touch, hot-stone massage, lymphatic massage, and Swedish massage.

The Sheltering Oak - Ron Moor

3rd Floor / Suite 302 / TheShelteringOak.net / By Appointment

With over 39 years of energy healing practice, Ron Moor is an expert in hands-on energy care and meditation. "While I have taught and created a number of hands-on energy techniques, the most important technique is what you, the client, are most in need of when you place yourself on my healing table."

Doctors of Physical Therapy

3rd Floor / Suite 308 / 262-478-0920 / Monday-Thursday, 7-7; Friday, 7-5

Home to expert clinicians who listen to your concerns and your goals, Doctors of Physical Therapy aims to work with you to create a treatment plan that works for you in your life. Chronic pain therapy, work-related injury support, sports therapy, and fall prevention are just a few of the services offered.

Remedy Now Aesthetics - Danish Siddiqui, M.D.

3rd Floor / Suite 309 / 262-525-4203 / Monday-Tuesday, 10-7; Thursday, 10-5; Friday, 10-4

Headed by Dr. Danish Siddiqui, Remedy Now offers a wide range of aesthetic services, including but not limited to: hair and pigment removal, microneedling, botox, laser, dermal fillers, and female sexual wellness treatments.

Health & Wellness Coach / Ideal Protein Weight Loss - Andy Mayerson

2nd Floor / Suite 201 / 262-665-4611 / By Appointment

Utilizing a whole-body approach to health coaching, Andy Mayerson offers a collaborative and personal weight loss and health management experience. Andy's multi-faceted coaching methods ensure her clients are able to build and maintain successful health and wellness habits.