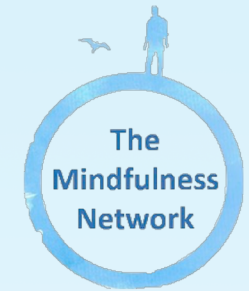




PRIFYSGOL  
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**Bangor University in association with The Mindfulness Network**

congratulate

**Dr Shubhada Suri**

on attaining certification as a

**Trained Teacher**

**in Mindfulness-based Approaches with a specialism in MBSR  
through engagement with the Teacher Training Pathway (TTP)**

Signature:

Rebecca Crane,  
Director, Centre for Mindfulness Research and Practice  
Date: January 2022

Signature:

Alison Evans,  
Executive Director, The Mindfulness Network  
Date: January 2022