



GROUP WORKSHOP PRICES

*Workshop sizes are priced for a max of 20 people.
Talks are open to an unlimited number of participants.*

WORKSHOP LENGTH	PRICE
1-Hour Talk	\$400
90 Minute Workshop	\$800
2 hour Workshop	\$1,000
3 hour Workshop	\$1,500
4 hour Workshop	\$2,000
Virtual Workshop	\$300/hour

MULTI-SESSION DISCOUNTS	
3-sessions	10% off total
4-sessions	15% off total
6-sessions	20% off total

Workshops are customized to your needs and include topics around...

- Building Blocks of Safety
- Boundary Setting and De-escalation
- Safety and Self-Defense for Everyone
- Safety 360
- Bystander Intervention: Protecting Yourself and Your Community
- Dating Safety
- Outdoors and Solo Travel Self-Defense
- Demystifying Run, Hide, Fight

We are committed to providing accessible classes to everyone. We offer needs-based sliding scale and payment plan options. If finances are a barrier, please contact us.



PACKAGE PRICING

TALK + TRAINING

Empower your group with a customizable package that begins with an engaging safety talk, followed by your choice of a hands-on workshop tailored to your team's needs and interests.

Starting at \$1,300

SAFE COMMUNITY

Build a safer community by addressing safety specific concerns and developing plans to resolve them. Includes...

- Safety Talk + Customized Q&A Discussion
- Safety Workshops
- Optional Consultation

Starting at \$1,800

ABUSE/HARASSMENT PREVENTION

Empower your team with comprehensive abuse and harassment prevention training to create a safer, more respectful environment for everyone. Includes...

- Leadership Meeting
- Customized staff training
- Follow-ups

Starting at \$3,000

TRAUMA-INFORMED ACTIVE SHOOTER TRAINING

Equip your team with active shooter training package that prioritizes safety, awareness, and emotional resilience during critical situations. Includes...

- Demystifying Run, Hide, Fight Talk
- Community Safety Meeting
- 2 hr Experiential Run, Hide, Fight Training
- Optional additional workshops

Starting at \$2,400



PACKAGE PRICING

SAFETY CONSULTATION

Develop a customized safety plan with expert consultation tailored to your specific needs, ensuring preparedness and peace of mind. Includes...

- Safety Plan Review
- Leadership Meeting
- Facility Walkthrough
- Safety Plan recommendations/edits

Starting at \$4,000

EMERGENCY/ACTIVE SHOOTER EVALUATION

Enhance your organization's readiness with a comprehensive emergency and active shooter evaluation, followed by expert training. Includes...

- Everything in Safety Consultation package
- Staff Meeting
- Customized Staff Training

Starting at \$6,000

Don't see or know what you are looking for? Reach out to set up a free 30 minute consultation meeting to discuss your wants and needs. We will help you build a customized program, and if we aren't a good fit, we will direct you to someone who will be.

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