# **Course: 16th-Century Counterpoint** (Renaissance Style)

Instructor: Sahasra Chakkirala

Course Duration: 6 Weeks (3 sessions per week, 90 minutes each) - if requested (otherwise

one lesson per week)

## **Course Description**

This course explores the art of 16th-century counterpoint, focusing on the compositional techniques used by Renaissance masters such as Palestrina, Lassus, and Victoria. Students will study the rules of species counterpoint, voice-leading, imitation, modality, and harmonic conventions to compose music in the authentic style of the Renaissance. Emphasis will be placed on both theoretical understanding and practical composition exercises.

## **Course Objectives**

By the end of this course, students will be able to:

- Understand and apply the rules of species counterpoint (first through fifth species).
- 2. Analyze and compose music in the 16th-century style.
- 3. Recognize modal harmony and the function of dissonance in Renaissance polyphony.
- 4. Employ imitation, canonic techniques, and textural balance in counterpoint.
- Produce original contrapuntal compositions adhering to Renaissance stylistic conventions.

## **Required Materials**

- **Textbooks:** *Gradus ad Parnassum* by Johann Joseph Fux (recommended translation), *Counterpoint in the Style of Palestrina* by Knud Jeppesen
- Scores: Selected works of Palestrina, Lassus, Victoria (accessible online or via library)
- Manuscript paper and notation software (e.g., Finale, Sibelius, Dorico)

## **Course Schedule and Lesson Plans**

## **Week 1: Introduction to 16th-Century Counterpoint**

#### **Session 1: Introduction and Historical Context**

- Objectives: Understand the historical and stylistic background of 16th-century counterpoint.
- Activities:
  - 1. Lecture: Renaissance music and polyphony (Palestrina, Lassus, Victoria).
  - 2. Listening examples with score study.
  - 3. Group discussion: Characteristics of Renaissance polyphony (smooth voice leading, careful dissonance treatment, modal harmony).
- Assignment: Read *Fux*, Book I, Chapters 1-2; analyze a two-voice Palestrina motet excerpt for melodic contour and consonance/dissonance treatment.

#### **Session 2: Review of Modes and Consonance/Dissonance**

- Objectives: Reinforce modal theory and treatment of intervals.
- Activities:
  - 1. Lecture and board work: Authentic vs. plagal modes, finalis, ambitus, reciting tones.
  - 2. Exercise: Identify modes in short Renaissance excerpts.
  - 3. Discussion: Perfect vs. imperfect consonances, handling of dissonances.
- Assignment: Compose a one-voice melodic line in Dorian and Phrygian modes (8-12 measures).

#### **Session 3: First Species Counterpoint**

- Objectives: Master note-against-note counterpoint.
- Activities:
  - 1. Review: Perfect and imperfect consonances.
  - 2. Exercise: Compose two-voice counterpoint in first species over a given cantus firmus.
  - 3. Peer review and instructor feedback.
- Assignment: Write 4 first species exercises using C, D, F, G as cantus firmi.

## Week 2: Second Species Counterpoint (Two Notes Against One)

#### **Session 4: Rules and Applications**

- Objectives: Understand passing dissonances and consonant preparation.
- Activities:
  - 1. Lecture: Introduction to second species rules (preparation, passing tones, consonant skips).

- 2. Analysis of a two-voice Renaissance excerpt in second species.
- Assignment: Compose two second-species exercises in C major and D Dorian.

#### **Session 5: Rhythmic Interaction**

- Objectives: Explore rhythmic counterpoint and syncopation in the Renaissance style.
- Activities:
  - 1. Lecture: Rhythmic displacement, syncopation, and hemiola in 16th-century polyphony.
  - 2. Exercise: Convert a first-species exercise to second species with rhythmic variations.
- Assignment: Compose a second-species counterpoint using a chosen cantus firmus with rhythmic contrast.

#### **Session 6: Third Species Counterpoint (Four Notes Against One)**

- Objectives: Integrate passing and neighbor tones with increased rhythmic activity.
- Activities:
  - 1. Lecture and examples: Third species rules and voice-leading concerns.
  - 2. In-class exercise: Compose a 4-measure third-species line above a given cantus firmus.
- Assignment: Complete a full third-species two-voice exercise (16 measures).

### Week 3: Fourth Species (Syncopation and Suspensions)

#### **Session 7: Understanding Suspensions**

- Objectives: Master suspensions as expressive devices.
- Activities:
  - 1. Lecture: Preparation, suspension, resolution in 16th-century counterpoint.
  - 2. Score study: Palestrina motets highlighting suspensions.
- Assignment: Compose two 4-measure suspension exercises.

#### **Session 8: Combining Species**

- Objectives: Blend different species to create expressive counterpoint.
- Activities:
  - 1. Lecture: Species combination and voice-leading flexibility.
  - 2. Exercise: Transform a second-species exercise into fourth species with suspensions.
- Assignment: Prepare a 16-measure composition combining third and fourth species.

#### Session 9: Imitation and Voice Interaction

- Objectives: Apply imitation techniques.
- Activities:
  - 1. Lecture: Imitative entries, canon, and points of imitation.
  - 2. Exercise: Compose a two-voice canon using a given motive.
- Assignment: Compose a two-voice exercise using imitation over a cantus firmus.

#### **Week 4: Fifth Species (Florid Counterpoint)**

#### **Session 10: Introduction to Florid Counterpoint**

- Objectives: Master combination of note values and dissonances.
- Activities:
  - 1. Lecture: Rules of fifth species (combining first through fourth species).
  - 2. Score study: Analyze a Palestrina motet in fifth species.
- Assignment: Compose a 4-measure fifth-species exercise.

#### **Session 11: Expanding to Three Voices**

- Objectives: Extend skills to three-voice counterpoint.
- Activities:
  - 1. Lecture: Voice leading and spacing in three-part textures.
  - 2. Exercise: Compose a three-voice second-species counterpoint over a cantus firmus.
- Assignment: Complete a full three-voice third-species exercise.

#### **Session 12: Modal Harmony and Cadences**

- Objectives: Understand cadential formulas in Renaissance style.
- Activities:
  - 1. Lecture: Authentic vs. plagal cadences, modal inflections.
  - 2. Exercise: Compose four 2-voice cadential progressions in various modes.
- Assignment: Analyze three Renaissance motets for modal cadences.

## Week 5: Advanced Techniques and Stylistic Composition

#### **Session 13: Text Setting in Counterpoint**

- Objectives: Apply counterpoint to vocal lines with textual clarity.
- Activities:
  - 1. Lecture: Syllabic vs. melismatic settings, text accentuation, and declamation.
  - 2. Exercise: Set a 4-line Renaissance-style text in two-voice counterpoint.
- Assignment: Complete a 16-measure texted counterpoint exercise.

#### **Session 14: Chromaticism and Expressive Dissonances**

- Objectives: Explore early chromaticism within stylistic limits.
- Activities:
  - 1. Lecture: Occasional chromaticism and expressive tension in 16th-century music.
  - 2. Exercise: Add controlled chromatic passing tones to an existing composition.
- Assignment: Compose a 16-measure florid counterpoint incorporating stylistic chromaticism.

#### **Session 15: Peer Review Workshop**

- Objectives: Develop critical listening and compositional feedback skills.
- Activities:
  - 1. Students present exercises for group critique.
  - 2. Instructor-guided discussion on adherence to 16th-century style.
- Assignment: Revise previous exercises based on feedback.

#### Week 6: Capstone Composition and Analysis

#### **Session 16: Four-Voice Counterpoint Composition**

- Objectives: Apply all learned techniques to create a full composition.
- Activities:
  - 1. Lecture: Strategies for balancing four voices in Renaissance style.
  - 2. Begin in-class drafting of final composition (16–32 measures).

#### **Session 17: Composition Continuation and Refinement**

- Activities:
  - 1. In-class work on final compositions.
  - 2. Instructor consultation and individualized guidance.
- Assignment: Complete final composition.

#### Session 18: Performance, Analysis, and Reflection

- Activities:
  - 1. Student presentations of final compositions (performed or MIDI playback).
  - 2. Analysis and discussion of peer works.
  - 3. Reflection on course objectives, stylistic growth, and compositional challenges.

## **Optional Extensions**

- Transcribe a Renaissance motet into modern notation and analyze its counterpoint.
- Explore instrumental adaptations of vocal counterpoint (e.g., consort arrangements).