

Basic Rifle



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Description

A rifle is a long gun designed to be fired with two hands. It has a rifled bore (thus the name “rifle”) and is designed to shoot a specific size of ammunition. Rifles are often used in game hunting and in long range marksmanship competitions.

The Basic Rifle course can be as short as fourteen hours. In it students will get the NRA's [*The Basics of Rifle Shooting*](#) handbook and intensive lessons in safety, gun handling, fundamentals of rifle shooting, several practical exercises on the firing range, cleaning, storage, and a summary of rifle sports and activities.

Course Goal

“To teach the basic knowledge, skills, and attitudes necessary for the safe use of a rifle in target shooting.”

— [NRA Basic Rifle Shooting Course Lesson Plans](#)

Lessons

1. Rifle Knowledge and Safe Handling
2. Ammunition Knowledge and Fundamentals of Rifle Shooting
3. Firing the First Shots (includes cleaning and storage)
4. Standing Rifle Shooting Positions
5. Prone and Kneeling Rifle Shooting Positions
6. Sitting Rifle Shooting Positions
7. Rifle Sports and Activities

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Prerequisites

There are no prerequisites for taking this course, and the material is accessible to appropriately supervised mature children. Be aware that the proper fitting of a rifle to a shooter can be time-consuming.

Bring to the Course

Students are required to bring the following supplies with them to class. These are all basic necessities every shooter needs to have in his or her possession, both for your safety while shooting, as well as for maintaining and storing your firearm.

- A Good Learning Attitude
- Pencils or Pens
- Paper or Notebook with stiff backing for taking notes.
- Hearing Protection
- Eye Protection
- Absolutely NO V-neck shirts for either male or female participants.

Course Completion

Students will receive feedback on the live-fire exercises and a course certificate upon successful completion of the lessons. There is a short, written test on the lesson material at the end of the course.