

FIRST Steps Rifle



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Description

FIRST stands for “Firearm Instruction, Responsibility, and Safety Training”, a program the NRA developed to meet the need for a firearms orientation program for new gun purchasers. This FIRST Steps program is the basic courses abbreviated to the most basic shooting skills, and the specifics of a particular model of rifle.

This course, because of its narrow focus, can be completed as quickly as three hours. Students will get the NRA's [*Rifle First Steps Orientation*](#) handbook and quick practical lessons on the safe use, cleaning, and storage of their rifle. The practical exercise only covers a single firing position. As the number of participants or firearm types increases, the course will take proportionally longer.

Course Goal

“To provide beginning shooters with an introduction to the knowledge, skills, and attitude necessary to own and use a specific rifle model safely.”

—[NRA FIRST Steps Rifle Orientation Lesson Plans](#)

Lessons

1. Introduction to Rifle Safety, Parts, and Operation
2. Introduction to Ammunition and the Fundamentals of Rifle Shooting
3. Introduction to Rifle Shooting from the Benchrest Position
4. Introduction to Rifle Cleaning, Storage, and Training Opportunities

Prerequisites

There are no prerequisites for taking this course, and the material is accessible to appropriately supervised mature children. Be aware that the proper fitting of a rifle to a shooter can be time-consuming.

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Bring to the Course

Students are required to bring the following supplies with them to class. These are all basic necessities every shooter needs to have in his or her possession, both for your safety while shooting, as well as for maintaining and storing your firearm.

- A Good Learning Attitude
- Pencils or Pens
- Paper or Notebook with stiff backing for taking notes.
- Hearing Protection
- Eye Protection
- Absolutely NO V-neck shirts for either male or female participants

Course Completion

Students will receive feedback on the live-fire exercise and a course certificate upon successful completion of the lessons.