

# Kim Kilby

## COMPOSITION, MUSIC & THEATER EXPERIENCE

### MUSICAL THEATER WORKS

Big Quarterly	Book, Music, & Lyrics	with T. Townsend & L. McLemore
CARE	Music & Lyrics	with K. Ambrosio

### MUSIC PERFORMANCE

Tern Rounders	Lead vocalist/songwriter	Times Union Best Local Album 2010
Kim & Clyde	Lead vocalist/rhythm guitar	
Union College Jazz Ensemble	Lead vocalist	

### THEATER

The Waverly Gallery	Ellen Fine	Classic Theater Guild, dir. B. Dickman
Ghostwriter	Vivian Woolsey	Theater Voices, dir. Yvonne Perry
Once, The Musical	Baruska	SLOC, dir. James Alexander
Yuletide Revels	The Knight	UUSS, dir. Aaron Holbriiter
Yuletide Revels	The Doctor	UUSS, dir. Patrick White

### THEATER (1984-1994, selected experiences)

Through the Looking Glass	Alice/Agnes	Onstage Atlanta
Heartstrings, A Revival	Featured singer	Fox Theater, Atlanta, GA
A Christmas Carol	Ghost of Christmas Past	Alliance Theatre, Atlanta, GA
Annie Get Your Gun	Nellie	Alliance Theatre, Atlanta, GA
Brighton Beach Memoirs	Laurie	Nbhd Playhouse, Decatur, GA
Evita	Company	Theatre of the Stars/Fox Theater & Onstage Atlanta, Atlanta, GA

### INDUSTRIALS/COMMERCIALS (1982-1994, selected experiences, with speaking roles)

- White Westinghouse
- Williams Sausage
- Kotler Pest Control
- Gannett Productions
- Industrial Film, Emory Univ School of Medicine
- Literacy Action

### EDUCATION/TRAINING

BS, Biology/Music, Union College, 2000  
MA, Musical Theater Writing & Design, BerkleeNYC, 2024

### SPECIAL SKILLS

Composition, songwriting, lyricist, librettist, guitar, piano, mandolin (beginner), accordion (beginner), dance

# Kimberly Ann Kilby, MD, MPH, FAAFP

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Creative, energetic, introspective leader with proven experience in clinical practice, virtual care, population health, academic and health plan administration. Exhibits true collaborative spirit and unique talent in inspiring genuine multi-stakeholder engagement. Able to bring ideas from an organic state to implementation and beyond. Strong public speaking, teaching, and leadership skills. Offers an authentic, data-driven, and insightful academic and research mindset to all work projects. Inspired by deep personal values around health equity and social justice.

## **EDUCATION & POST-DOCTORAL TRAINING**

BerkleeNYC Writing and Design for Musical Theater MA, Creative Media & Technology	New York, NY 2023-2024
Clarkson University Graduate School Selected non-degree MBA coursework Presidential Scholarship, Professional & Academic Excellence Awards	Schenectady, NY 2020-2021
New York State Preventive Medicine Residency/ University at Albany School of Public Health MPH, Class Valedictorian, American Cancer Society sponsored position	Albany, NY 2006-2008
University of Vermont Family Medicine Residency Chief Resident 2005-2006	Burlington, VT 2003-2006
Albany Medical College MD, graduated top 1/3 of class	Albany, NY 2003
Union College BS in Biology/Music, minor in Chemistry, <i>Summa cum laude</i>	Schenectady, NY 1999

## **LEADERSHIP EXPERIENCE**

Kilby Creative Works, LLC <i>Owner, Founder, Health Consultant</i>	Schenectady, NY 2022-present
<ul style="list-style-type: none"><li>Independent consulting offering a comprehensive approach on health system solutions and strategy, with a specific lens toward refining business payer strategy, clinical and financial models, and integrated digital health. <a href="http://www.kilbycreativeworks.com">www.kilbycreativeworks.com</a></li></ul>	
MVP Health Care <i>Vice President, Medical Director, Health &amp; Well-Being</i> <i>Senior Leader, Regional Medical Directors</i>	Schenectady, NY 2021 – 2022 2018 – 2021
<ul style="list-style-type: none"><li>Dedicated Medical Director in MVP's efforts to enhance customer health and well-being, including accountability for executing a strategy to deliver best in class, differentiating digital experiences while improving clinical outcomes and reducing total cost of care.</li><li>Led team of medical &amp; behavioral health MDs providing clinical support for strategic business operations across all lines of business, including telehealth/virtual care. Annually produced &gt;\$1mil savings in total medical expense through low value care reduction and provider partnerships.</li></ul>	
Albany Medical College <i>Associate Dean for Academic Affairs &amp; Student Services/Associate Dean Medical Education</i> <i>Assistant Dean for Undergraduate Medical Education</i>	Albany, NY 2016-2018 2011-2016
<ul style="list-style-type: none"><li>Managed \$570,000 departmental budget, supervised faculty members and LCME accreditation</li><li>Oversaw wellness programs, student health insurance plan, student services, and disability accommodations for ~800 students in all educational programs. Directed advising colleges, career advisement, and the residency match process for ~560 medical students.</li></ul>	
New York State Department of Health <i>Director, Bureau of Communicable Disease Control</i> <i>Assistant Medical Director, Immunization Program</i>	Albany, NY 2008-2011 2007-2008
<ul style="list-style-type: none"><li>Led the statewide surveillance activities and clinical management for the 2009 H1N1 influenza pandemic.</li></ul>	

- Led a Bureau of 40 employees overseeing control and prevention of communicable diseases across NYS.

### CLINICAL EXPERIENCE

Galileo Health <i>Primary Care Digital Clinician</i>	New York, NY 2023-present
Circulo/Huddle Health <i>Primary Care Family Practitioner</i>	Clifton Park, NY 2023
AMC Bariatrics & Nutrition Group <i>Clinical Nutrition Provider</i>	Albany, NY 2013-2018
Albany Family Practice Group, Community Care Physicians <i>Primary Care Family Practitioner</i>	Albany, NY 2011-2013
Upper Hudson Planned Parenthood/Mohawk Hudson Planned Parenthood <i>Clinician</i>	Albany, NY 2006-2007

### AREAS OF EXPERTISE

Systems thinking	Social determinants of health/health equity
Managed care/quality/regulatory policy and procedure	Program design, implementation, and assessment
Digital product design/Customer journey maps	Public speaking/communication/media interviews
Value-based care design	Behavior change/motivation science (patient/provider)
Research (quantitative/qualitative)	Wellness/nutrition
Teaching, education, training	Population health management
Strategic planning	Medical education accreditation/curriculum assessment

### SELECTED PUBLICATIONS & PRESENTATIONS

Dana, Z, Nagra H, **Kilby KA**, *Synchonus, Moderated, and Anonymous Peer Support Chats Reduce Momentary Loneliness in Older Adult: A Retrospective Observational Study*. JMIR Formative Research. 2024. (preprint)

**Presenter/Panelist**, “The virtual care experiment: Do virtual and value match?” HLTH Go Live Webinar, 2022.

**Presenter/Panelist**, “Post-COVID: Can We Bend the Healthcare Cost Curve?” NYS Business Council Annual Meeting, 2021.

**Presenter/Panelist**, “Primary Care as a Catalyst for Equity,” United Hospital Fund Medicaid Conference, 2020.

**Kilby KA**, Reider JM. *Letter to Editor: Balance Between Best Practice and Patient Satisfaction: Antimicrobial Stewardship in Telemedicine*. JAMA Internal Medicine. 2019; 179(4): 589.

**Presenter/Panelist**, “A New Model for Integrating Community Health Stakeholders to Address SDH.” New York Medicaid Population Health Symposium, New York, NY, 2019.

**Workshop presenter**, “Strategies Promoting Wellness: A Vignette-Based Discussion of the Evidence.” American Association for Medical Colleges Continuum Connections, Orlando, FL, 2018.

**Kilby KA**, Grajny AM, Guarino AJ, Paniszyn LA, McErlean M. *Experiential Learning Exercise to Achieve Objective Assessment of Interprofessional Education*. Journal of Interprofessional Education & Practice. 2018; 13: 48-50.

**Kilby KA**, Kilbourne CM, Judson MA, Bonville DJ, Beegle SH. *Considerations Regarding Sarcoidosis in the Bariatric Surgical Patient*. Surgery for Obesity and Related Diseases. 2017; <https://doi.org/10.1016/j.soard.2017.10.007>.

### SELECTED HONORS & AWARDS

Fellow, American Academy of Family Physicians	2015
Family Practice Educator of the Year, New York State Academy of Family Physicians	2015
<i>Alpha Gamma</i> Chapter, <i>Delta Omega</i> Honorary Society in Public Health	2010

### OTHER

- Published 13 articles on medical education, population health, public health surveillance in 12 peer-reviewed journals. Orally presented on managed care, medical education, and public health topics at >40 regional, 8 national meetings as well as many local forums.
- Licensed in New York State and Vermont; Board certification in Family Medicine (active), Preventive Medicine (non-active), and Obesity Medicine (active).
- Musician, composer, actor, athlete, community activist, mother