

Community Standards & Policies



1. Follow all **safety & hygiene** rules. Clean up after yourself. Act with safety in mind.



2. **Do your best** to be punctual, show up prepared, & minimize disruptions during class.



3. **Set & uphold boundaries** to enforce your bodily autonomy & protect your emotional well-being.



4. Respect the boundaries of others. **Their consent (or lack thereof) is non-negotiable.**



5. Reflect on your behavior as **equally** and as **critically** as you reflect on others' behavior.



6. Resolve conflict with reflection, honesty, & communication. Proceed with a **willingness** to compromise, adjust, forgive, or let be.



7. Manhattan Grapple Club enforces a **zero tolerance policy** regarding sexual harassment, assault, racism, homophobia, transphobia, & all forms of abuse & discrimination.



8. Manhattan Grapple Club reserves **the right to deny service** to anyone in violation of these standards & policies, as determined by Manhattan Grapple Club.

