

MY COACH by Arete

Your leaders need rapid insights and coaching to effectively address today's challenges. Leaders don't always have the time to coach and resolve difficult issues in a quick fashion.

Having a trusted partner to help support your leaders' development is critical in today's fast paced business environment. We help your leaders work through barriers quickly to change behaviors and stay on track.

- **My Coach** is targeted towards mid-manager and director level leaders.
- We focus on resolving one critical issue in a concentrated coach approach.
- We help leaders on a variety of challenges which include:
 - Complex business issues
 - Work project challenges
 - Tricky work relationships
 - Managing career hurdles
 - Improving communication skills
 - Effectively managing others
 - Time management skills
 - Improving executive presence
 - Dealing with conflict
 - Leveraging feedback
 - Holding others accountable
 - Working with a new boss
- **My Coach** includes Four (4) one-hour, weekly coaching sessions.
- Coaching sessions are conducted remotely via phone or facetime to manage costs.
- A concentrated **My Coach** partnership is only \$1,500.

Interested? Contact us today for more information and to get started.

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