

## MYERS-BRIGGS TEAM WORKSHOP by Arete

Could your team work together better? Could your team communicate more effectively with each other? Are you looking for a great team building event?

If you answered YES to one or more of these questions – we have a solution for you. We offer the **Myers-Briggs Team Workshop**. This workshop is based on the Myers-Briggs Type Indicator assessment

The Myers-Briggs Type Indicator is a questionnaire designed to measure psychological preferences in how people perceive the world and make decisions. These preferences originated from the theories proposed by Carl Gustav Jung and first published in his 1921 book, Psychological Types.

Our Myers-Briggs Team Workshop can help your team with the following:

- Foster openness and trust
- Improve communication
- Provide a neutral and affirmative language with which to discuss differences
- Underscore the value of diversity
- Teach team members to value and work with the strengths of others
- Increase productivity by aligning individual strengths to particular team tasks
- Identify team assets and blind spots

Interested? Contact us today for more information and to get started.

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