

A Journey into Wholeness

LED AND FACILITATED BY

DIARMUID O'MURCHU

AND

ANNE M LUTHER

Come Join Us in Ireland: August 7 to 17, 2026

Exploring Our Inner World

Embark on a unique 10-day journey in Ireland, dedicated to the exploration of the essence of personhood. During this experience, we will reflect deeply on what it means to live a healthy and holistic life, focusing especially on spirituality as a guiding force. Through shared reflection and conversation participants will have the opportunity to gain new insights into themselves and the world around them.

A Spirituality of Wholeness

Throughout our time together, we will delve into the transition from a “me” centered worldview toward a more integrated “we” space and perspective. This transformation encourages us to recognize both our individual and collective responsibilities in deepening our sense of connection and meaning. Our discussions will help foster a greater understanding of how this shift supports a more compassionate and unified approach to life.

Healing as a Lifetime Process

We will examine the interconnectedness of physical, mental, emotional, and spiritual well-being. The program will focus on identifying the barriers that prevent us from fully expressing our gifts and talents for the benefit of humanity and all creation. Together, we will work toward overcoming these obstacles, embracing healing as a lifelong journey.

Practices for Ongoing Healing and Growth

Participants will engage in practices that nurture ongoing healing, always recognizing that growth and transformation are continual processes. By embracing vulnerability and authenticity, we can cultivate resilience and compassion—both for ourselves and for others. In this

supportive environment, reflection and personal discovery are encouraged, honoring each person's unique path toward wholeness.

In addition to reconnecting with the overall process of human evolution, we will tend to and explore our own development as individuals and the challenges we face in becoming more adult. More questions and concerns will be considered in our days together in Ireland.

"Growing Up" will be a focus of this 10 day experience.

Locations and Accommodations

From August 7 to 12, we will gather at An Tairseach (The Threshold) in Wicklow County, Ireland, situated on the edge of the Irish Sea and the quaint town of Wicklow. Shops, cafes, and scenic walking areas are easily accessible for participants. August 7 and 17 are travel days. Arrival in Ireland, the morning of August 8,.

From August 12 to 17, the group will move to Mount Saint Anne in County Laois, a retreat Centre belonging to the Presentation Sisters and offering a more secluded and peaceful setting for reflection, quiet, and group connection. In both locations, participants will enjoy private rooms with individual bathrooms.

Two group excursions are planned during the ten day sojourn, with destinations to be determined and communicated to participants later.

Registration and Sponsorship

This Ireland adventure is sponsored by the Yellow Butterfly Foundation. For more information and to register, please contact Stephanie Kirby. Each participant will arrange travel to and from Ireland. Cost per person for Ten Day Experience: \$1650.

IRELAND ADVENTURE

SPONSORED BY

YELLOW BUTTERFLY FOUNDATION

FOR MORE INFORMATION AND TO REGISTER

CONTACT STEPHANIE KIRBY

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To secure a spot send deposit of \$300 to Stephanie Kirby.

