## AUGUST 2025

## Parent/Caregiver Support Group Meetings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Because you weren't meant to do this alone.  When your child is struggling, the weight can feel isolating—like no one quite gets what you're carrying. But in a peer support group, you're surrounded by people who do get it. People who have sat in hospital waiting rooms, had IEP meetings go sideways, and navigated sleepless nights filled with fear and love.					1	2 GROUP MEETING 10 - 11:30 AM The Buckeye Ranch Michael & Paige Crane Center 4653 E. Main St., Columbus 43213
3	4	5	6	7	8	9
10	11	12 REAL TALK GROUP MEETING 6:30 - 8 PM The Buckeye Ranch Mary Dunn Building 5665 Hoover Rd., Grove City 43123	13	14	15	16 GROUP MEETING 10 - 11:30 AM The Buckeye Ranch Michael & Paige Crane Center 4653 E. Main St., Columbus 43213
17	18	19	20	21	22	23
24	25	26 Real Support GROUP MEETING 6:30 - 8 PM Grove City UMC "The Purple Door Church" 2684 Columbus St., Grove City 43123	27	28	29	30
31	RealTalkOhio.org info@RealTalkOhio.org 614-999-4455 (talk/text)			<ul> <li>Here's what you'll find in a group like this:</li> <li>Understanding without judgment – No need to explain the "why." We get it.</li> <li>Connection with others who truly relate – You're not the only one.</li> <li>Shared ideas &amp; real-world tools – What worked for someone else might help you.</li> <li>Emotional breathing room – A space to vent, cry, laugh, and exhale.</li> <li>Hope – Not the perfect-picture kind, but the honest, hard-earned kind.</li> </ul>		