## Parent/Caregiver Support Group Meetings SEPTEMBER 2025

GROUP MEETINGS ARE HELD IN GROVE CITY WHITEHALL AND DOWNTOWN COLLIMBUS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September is NATIONAL SUICIDE PREVENTION MONTH	1 LABOR DAY	2	3	4	5	6 CROUP MEETING 10 - 11:30 AM The Buckeye Ranch Michael & Paige Crane Center 4653 E. Main St., Columbus 43213
7	8	9 REAL TALK Real Support GROUP MEETING   6:30 - 8 PM The Buckeye Ranch Mary Dunn Building 5665 Hoover Rd., Grove City 43123	10	11 PATRIOT DAY	12	13
14	15	16	17	18	19	GROUP MEETING 10 - 11:30 AM The Buckeye Ranch Michael & Paige Crane Center 4653 E. Main St., Columbus 43213
21	22	23 REAL TALK Real Support  GROUP MEETING   6:30 - 8 PM Grove City UMC "The Purple Door Church" 2684 Columbus St., Grove City	24	25	26	27
28	29	30	Because you weren't meant to do this alone.  When your child is struggling, the weight can feel isolating — like no one quite gets what you're carrying.  But in a peer support group, you're surrounded by people who do get it. People who have sat in hospital waiting rooms, had IEP meetings go sideways, and navigated sleepless nights filled with fear and love.  What can you expect at a meeting?			
REA	L TALK	RealTalkOhio.org	<ul> <li>Connection</li> </ul>	ling without judgment – No need to expl with others who truly relate – You're no as & real-world tools – What worked for	ot the only one.	



- Emotional breathing room A space to vent, cry, laugh, and exhale.
- Hope Not the perfect-picture kind, but the honest, hard-earned kind