



# Ashlee Stigers, RN LNC

"Where Law and Nursing Unite"



## CONTACT

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## AREAS OF EXPERTISE

- Medical Records
- Case Analysis
- Healthcare Regulations
- Expert Witnesses
- Legal Research
- Medical Terminology
- Nursing Standards
- Malpractice Claims
- Personal Injury
- Tort Law
- Hospital Policies
- Chart Review
- Healthcare Compliance
- Patient Advocacy
- Risk Assessment
- Workers' Compensation
- Life Care Planning
- Forensic Nursing
- Medicare/Medicaid
- Healthcare Ethics
- Product Liability
- Medical Malpractice
- Deposition Support
- Trial Preparation

## REFERENCE

Available upon request.



## PROFILE SUMMARY

Dedicated Legal Nurse Consultant with twenty years of nursing expertise and a proven track record of effectively analyzing medical data, evaluating complex cases, and collaborating seamlessly with medical experts to provide valuable insights in legal proceedings. Proficient in conducting in-depth legal research and applying nursing standards and healthcare regulations to support legal strategies. Adept at supporting trial preparation through comprehensive chart review, deposition assistance, and the development of successful litigation approaches. With a commitment to precision and ethical practice, I bring a valuable blend of medical expertise and legal acumen to contribute significantly to the success of legal teams and clients in healthcare-related cases.



## CORE COMPETENCIES

- Analyzing Medical Data:** Proficiently analyzing medical records, terminology, and healthcare regulations to assess the merits of legal cases accurately.
- Evaluating Cases:** Skillfully evaluating cases, including risk assessment, to determine potential liability, negligence, or malpractice claims.
- Collaborating with Experts:** Effectively collaborating with medical experts and witnesses to integrate medical knowledge into legal proceedings.
- Conducting Legal Research:** Competently conducting legal research and applying nursing standards, healthcare ethics, and relevant laws to support legal arguments and strategies.
- Supporting Trials:** Expertly supporting attorneys in trial preparation, including chart review, deposition support, and the development of effective litigation strategies.



## PROFESSIONAL WORK EXPERIENCE

### Unify Legal Nurse Consulting

**Present**

#### CEO

- As the CEO, I assumed a leadership role in steering strategic initiatives to drive Unify Legal Nurse Consulting's expansion, meticulously orchestrating the execution of business objectives, and effectively positioning the organization for sustained growth.
- Innovatively shaped and deployed ground-breaking healthcare solutions, solidifying Unify Legal Nurse Consulting's standing as an industry pioneer, all the while cultivating robust partnerships with essential stakeholders to advance the company's mission.
- Cultivated a collaborative, high-performance team culture, nurturing an environment of continuous improvement that not only heightened operational efficiency but also raised the bar on client satisfaction, showcasing effective leadership skills.
- Skillfully managed financial operations, deploying sound strategies to optimize revenue streams and uphold sustainable profitability, all while meticulously adhering to industry regulations and unwavering ethical standards.

### Aetna/CVS Healthcare

**Oct 2021 – Present**

#### Sr Quality Nurse

- Assumed responsibility for overseeing performance management review audits within the Eastern Region, ensuring meticulous compliance with prevailing quality standards and regulatory requirements.
- Methodically conducted routine and ad-hoc audit evaluations for a diverse array of healthcare professionals, including Primary Care Managers, Social Workers, and Pharmacists, guaranteeing a culture of accountability and driving continuous improvement efforts.
- Actively promoted and upheld organizational workflow protocols and policy adherence, playing a pivotal role in reinforcing best practices across teams and departments.
- Leveraged a nuanced analysis of performance data trends at regional, team, and individual levels to craft tailored educational resources and deliver comprehensive support, thereby enhancing audit results and facilitating a seamless accreditation process.

### Aetna/CVS Healthcare

**Mar 2019 – Oct 2021**

#### Case Manager

- Managed the telephonic care coordination of Aetna Members, facilitating ongoing communication and support to enhance their overall healthcare experience.
- Contributed to the success of Aetna's home-based care initiatives by delivering continuous disease education and symptom management guidance, resulting in a significant reduction in hospital readmission rates.
- Demonstrated a commitment to maintaining accurate and up-to-date client records while strictly adhering to company policies and procedures, ensuring the delivery of compassionate and high-quality care to patients and their families.

## C and S Staffing Humana at Home

Apr 2018 – Mar 2019

### Care Manager

- Oversaw the comprehensive Care Management of Humana at Home's in-home members, diligently attending to their needs while facilitating their participation in diverse home-based programs.
- Provided personalized and continuous education to members, empowering them with the knowledge needed for effective disease management and symptom mitigation, thereby contributing significantly to the reduction in re-hospitalization rates.
- Proficiently delivered nursing care of exceptional quality, consistently aligning with established patient care policies and procedures. Collaborated effectively within the healthcare team and worked autonomously to ensure the utmost care and safety for all patients.

## Care Initiatives Hospice

Dec 2016 – Apr 2018

### Hospice Transition Coordinator

- Coordinated patient transitions of care and admission processes in collaboration with Team Director, Clinical Director, and Director of Marketing, ensuring a seamless and efficient experience for patients and their families.
- Functioned as a Registered Nurse specializing in case management, delivering nursing services through both telephonic and in-person visits. Managed patients, families, caregivers, and facilitated connections with community resources to support comprehensive care.
- Cultivated strong relationships within the community to bolster patient referrals, focusing on enhancing and expediting the referral process, fostering a robust network of short-term and long-term referral sources.

## Hospice Compassus

Jan 2015 – Dec 2016

### Director of Clinical Services

- Oversaw employee management, recruitment, and compliance efforts while maintaining unwavering dedication to compassionate patient care, always in strict adherence to regulatory mandates.
- Demonstrated expertise in delivering comprehensive palliative care, from in-depth assessment to meticulous care plan development, consistently guided by ethical decision-making. Committed to continuous process improvement.
- Collaborated in a healthcare team, overseeing primary care, case management, and medication while ensuring patient dignity. Monitored budgets, conducted audits, and supported documentation for hospice eligibility.

## Director of Nursing – Parkview Manor

Aug 2012 – Jan 2015

- Directed a team of employees with a focus on recruitment, ensuring adherence to state and federal regulations, and conducting performance evaluations, thus fostering a compliant and cohesive workforce.
- Demonstrated a profound dedication to resident care through active participation in the unit's Quality Assurance Program, consistently delivering high-quality and compassionate services.
- Displayed a robust ethical compass and an ability for independent decision-making, consistently aligning actions with established medical protocols, while upholding a patient-centered approach to task execution.

## Assisted Living Coordinator – Parkview Manor

Jan 2012 – Aug 2012

- Directed the administration of two distinctive Assisted Living Homes, encompassing a conventional assisted living facility and a specialized dementia-specific residence.
- Effectively rehabilitated an underperforming program through comprehensive program and care plan updates, culminating in the achievement of two consecutive deficiency-free survey results.
- Managed a caseload of 24 tenants, delivering a spectrum of services including education, treatments, venipuncture, and wound care. Diligently maintained meticulous medical records, documenting medical histories, vital statistics, and test outcomes.

## Hospice Compassus

Jun 2009 – Jan 2012

### Case Manager

- Administered palliative care within outpatient settings, encompassing comprehensive assessments, personalized care plan creation, and the proficient execution of care strategies, all while adhering to established medical guidelines.
- Demonstrated unwavering ethical principles and the capacity to make autonomous decisions in alignment with medical protocols. Established meaningful connections with patients and their families through a disciplined and compassionate approach.

## Marengo Memorial Hospital

Sep 2006 – Feb 2009

### ER/Med-Surg/OR Registered Nurse

- Monitored post-operative vital signs, managed PCA and IV fluids, and ensured adherence to post-op orders while orienting patients to the unit. Consistently made ethical decisions in line with medical protocols.
- Delivered prompt diagnoses under strict time constraints, advocated for patients, and provided total care for 10-20 high-acuity patients per shift, including stroke, head trauma, and intracranial hematoma cases. Proficient in IV therapy, venipuncture, and wound care.



## EDUCATION & CERTIFICATIONS

Legal Nurses for Justice Certification

2023

Legal Nurse Consultant Certification – FAU (Florida Atlantic University) School of Criminology and Criminal Justice

2021

Associates Degree in Nursing – Kirkwood Community College

2006

Licensed Practical Nurse – Kirkwood Community College

2004

CNA – Kirkwood Community College

1999