

**SOUL
FOOD**

METROPOLIS  RESTAURANT

**2020
EST.**

MENU

ENTREES

(MOST SERVED WITH 2 SIDES \$1 UPCHARGE FOR MAC & CHEESE)

Garlic Rosemary Lamb Chops ↓

Pan seared Lamb Chops served with 2 sides of your choice.

Curry 2. Jerk 2.

Lobster Tail Truffled Mac & Cheese ↓

A 6oz Lobster tail deep fried & seasoned with our flavorful in house lemon-garlic butter sauce atop of our signature "Skillet Truffle Mac & Cheese".

Grilled Shrimp 12.

Jumbo Crab Cakes* ↓

2 of our famous "Jumbo Lump Crab Cakes" served with 2 sides

Grilled Shrimp 12.

Golden Fried Jumbo Shrimp ↓

12 Jumbo Golden Fried Shrimp served with your choice of 2 sides

Pan Seared Wild Salmon*

8oz Wild Salmon crispy on the outside, while soft, tender and flakey on the inside, finished with a silky, flavourful buttery sauce, served with your choice of 2 sides.

Grilled Shrimp 12.

Metropolis Fried Chicken*

3 Homestyle Crispy Fried Chicken Wings

Cajun Fried Fish

Seasoned & hand breaded deep fried whiting filets

Grilled Shrimp 12.

BBQ Chicken Wing Dings

6 Wing Dings grilled and then slow baked in our homemade BBQ blend!

Grilled Chicken Breast

Seasoned & grilled chicken breast served with your favorite 2 sides

Cajun Fried Fish and Grits ↓

Southern style cheese grits topped with crispy cajun fried fish

6 Grilled Shrimp 12.

Dynomite's Chicken & Waffles ↓

Crispy boneless chicken over a hot Belgian waffle topped with or without fresh strawberries, blueberries and chocolate drizzle.

SALADS

29. Caesar Salad

8.

Fresh romaine hearts, Metropolis cheesy croutons & caesar dressing

Grilled Chicken 5. Salmon 6. Shrimp 6.

30.

Spinach Strawberry Walnut Salad

9.5

Fresh Spinach, Strawberries, California Walnuts & Gorgonzola Cheese drizzled with honey-balsamic vinegar dressing.

Salmon 7. Shrimp 6. Chicken 5.

26. Spring Mix Berry Salad

8.

Blackberries, Strawberries, Blue Cheese crumbles, Sliced Almonds and Golden Raisins with Balsamic Vinaigrette.

Chicken 5. Salmon 7. Shrimp 6.

24.

SOUPS

24. Metropolis Seafood Chowder* ↓

12.

Homemade Chowder with Lump Crab Meat, Shrimp, Scallops, Calamari and Clams.

Lobster Bisque

12.

SIDES

18.

Truffled Lobster Mac & Cheese ↓

12.

19.

Roasted Garlic Mashed Potatoes

5.

Mac & Cheese

6.

18.

Candy Yams

5.

17.

Smoked Collard Greens

5.

Smoked Cabbage

5.

19.

Crispy Brussels Sprouts

5.

Garlic Spinach

5.

18.

Black Eyed Peas

5.

Yellow Rice

5.

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.