

**SOUL
FOOD**

METROPOLIS  RESTAURANT

**2020
EST.**

MENU

ENTREES

(MOST SERVED WITH 2 SIDES \$1 UPCHARGE FOR MAC & CHEESE)

Garlic Rosemary Lamb Chops

Pan seared Lamb Chops served with 2 sides of your choice.

Curry 2. Jerk 2.

Jumbo Crab Cakes*

2 of our famous "Jumbo Lump Crab Cakes" served with 2 sides

Grilled Shrimp 12.

Smothered Turkey Wings

Slow roasted turkey wings, smothered in homemade turkey gravy.

Golden Fried Jumbo Shrimp

12 Jumbo Golden Fried Shrimp served with your choice of 2 sides

Metropolis Fried Chicken*

3 Homestyle Crispy Fried Chicken Wings

Cajun Fried Fish

Seasoned & hand breaded deep fried whiting filets

Grilled Shrimp 12.

Pan Seared Wild Salmon*

8oz Wild Salmon crispy on the outside, while soft, tender and flakey on the inside, finished with a silky, flavourful buttery sauce, served with your choice of 2 sides.

Grilled Shrimp 12.

Grilled Chicken Breast

Seasoned & grilled chicken breast served with your favorite 2 sides

Cajun Fried Fish and Grits

Southern style cheese grits topped with crispy cajun fried fish

6 Grilled Shrimp 12.

SALADS

Caesar Salad

29.

Fresh romaine hearts, Metropolis cheesy croutons & caesar dressing
Grilled Chicken 5. Salmon 9. 6 Shrimp 12.

Spinach Strawberry Walnut Salad

28.

Fresh Spinach, Strawberries, California Walnuts & Gorgonzola Cheese
drizzled with honey-balsamic vinegar dressing.

Chicken 5. Salmon 9.. 6 Shrimp 12.

Spring Mix Berry Salad

18.

Blackberries, Strawberries, Blue Cheese crumbles, Sliced Almonds and
Golden Raisins with Balsamic Vinaigrette.

Chicken 5. Salmon 9. 6 Shrimp 12.

26.

SOUPS

Metropolis Seafood Chowder*

18.

Homemade Chowder with Lump Crab Meat, Shrimp, Scallops,
Calamari and Clams.

Lobster Bisque

19.

SIDES

(THERE IS NO MEAT IN ANY OF OUR VEGETABLE SIDES)

Truffled Lobster Mac & Cheese

24.

Mac & Cheese

Candy Yams

Smoked Collard Greens

Smoked Cabbage

Crispy Brussels Sprouts

Savory String Beans

Garlic Spinach

Black Eyed Peas

Yellow Rice

White Rice & Gravy