

## The Twelve Steps of AA

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

## 9th Step Promises of AA

From pages 83-84 of the Big Book,  
“Alcoholics Anonymous”

If we are painstaking about this phase of our development, we will be amazed before we are halfway through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves. Are these extravagant promises? We think not. They are being fulfilled among us – sometimes quickly, sometimes slowly. They will always materialize if we work for them.

### Contact Numbers

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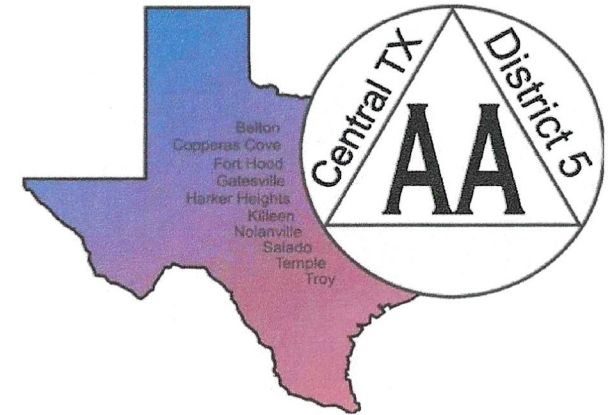
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### AA Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

[www.district5.org](http://www.district5.org)

**24 Hour Hotline**

**254-213-2529 & 254-754-3336**

City	Group	Address	SUN	MON	TUES	WED	THURS	FRI	SAT
<b>Belton</b>	Camino a La' Recuperacion	608 E Central Ave., Ste B - Belton	10 AM O/D/ES	7:30 PM O/D/ES		7:30 PM O/D/ES		7:30 PM O/D/ES	7:30 PM O/D/ES
<b>Copperas Cove</b>	Copperas Cove Group	Fairview Community Church 1202 Veterans Ave - Copperas Cove	5 PM W/O 7PM NC/O	8 PM O	8 PM O	6 PM W 8 PM 12/12	9 PM O/BB	8 PM O	1st PL @6 PM SP @ 7 PM Last BD
	After Work Solutions Group	Trinity Lutheran Church 518 E HWY 19 - Copperas Cove			6:30 PM C/D				
<b>Gatesville</b>	Miracles Group	First United Methodist Church - Gatesville		6:30 PM O		6:30 PM O		6:30 PM O	
<b>Harker Heights</b>	Way of Life	St. Paul Chong Hasang Catholic Church 1000 E FM 2410 Rd. Harker Heights		6:30 PM C/BB			6:30 PM C/D		
<b>Holand</b>	Holland Group	204 N Hogan St - Holland		6:30 PM O/D/NS					
<b>Killeen</b>	Delta Group	1404 N. 2nd ST - Killeen	11 AM C/HP 7:30 PM C/D 2nd & 4th (SM)	12 PM O/D 7:30 PM C/D	12 PM O/D 7:30 PM C/BB	12 PM O/D 7:30 PM O/NC/D	12 PM O/D 7:30 PM C/12	12 PM O/D/NS 7:30 PM O/D Last Friday SP/O	8 AM ES/NS 10 AM O/M/D/NS 12 PM O/D/NS 7:30 PM O/D/NS
	Primary Purpose Group (Starts Aug 19th)	Grace Bible Church 1203 Winkler Ave			7:30 PM O/D				
<b>Salado</b>	Salado Solutions Meeting	601 FM 2268 - Salado	6 PM O/D						
	We're Taking the Steps (The Elevator is Broken)	881 N. Main St. - Salado					5:30 PM D/SS		
<b>Temple</b>	Attitude Adjustment	902 S. Main - Temple		6:30 AM O/D	6:30 AM O/BB	6:30 AM O/D	6:30 AM O/D	6:30 AM O/D	10 AM -O/D 2PM W/O
	Brown Bag Group	902 S. Main - Temple		12:15 PM O	12:15 PM O	12:15 PM O/BB	12:15 PM O	12:15 PM O	12:15 PM O
	Men's Meeting	902 S. Main - Temple	5:30 PM C/D/CC						
	Serenity Group	902 S. Main - Temple	10 AM O/12	5:30 PM O/D	5:30 PM O/D	5:30 PM NC/O	5:30 PM C/BB	5:30 PM O/D	
	TemBel Group	902 S. Main - Temple	8 PM O/D	8 PM O/N	8 PM C/BB	8 PM O/D	8 PM C/12	8 PM O/D 3rd SP; 4th BD	8 PM O/D
	The Phoenix Group	St. Luke's Catholic Church 2807 Oakdale Drive - Temple			7 PM C/D				
	Happy Hour Group	Grace Presbyterian Church 2401 S 57th St - Temple			4:30 PM O/D			4:30 PM O/D 3rd Fri O/D/PL	
	Sunrise Center	11 S 3rd St - Temple						12:00 PM	
	CenTex Rehab Meeting -Treatment	CenTex Rehab 2410 E Adams - Temple				7:00 PM			
<b>Troy</b>	Reality Group	15 E Main St - Troy	9:30 AM O/D	7 PM O/D 1st Mon 7 PM BD 8 PM E			7 PM O/D		
<b>Zoom</b>	Serenity Seekers - ZOOM	Zoom ID# 996-9230-4256	5:00 PM	6:00 PM	11:00 AM	6:00 PM	11:00 AM	6:00 PM	5 PM; 2nd SP
	Fellowship of the Spirit - ZOOM	Zoom ID# 820-9847-5188							10:00 AM
	We Are Not Saints - ZOOM	Zoom ID# 823-3643-6122		10:00 AM	1:00 PM		10:00 AM		

O=Open, C=Closed, W=Women, BB=Big Book, SS=Step Study, SP=Speaker, PL=Potluck, BD=Birthday, 12=12&12, M=Men's, NC=Newcomers, SM=Service Manual, D=Discussion CC=Child Care **ALL MEETINGS ARE NON-SMOKING!!**