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pukka Bath

Hello October



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GARDENERS

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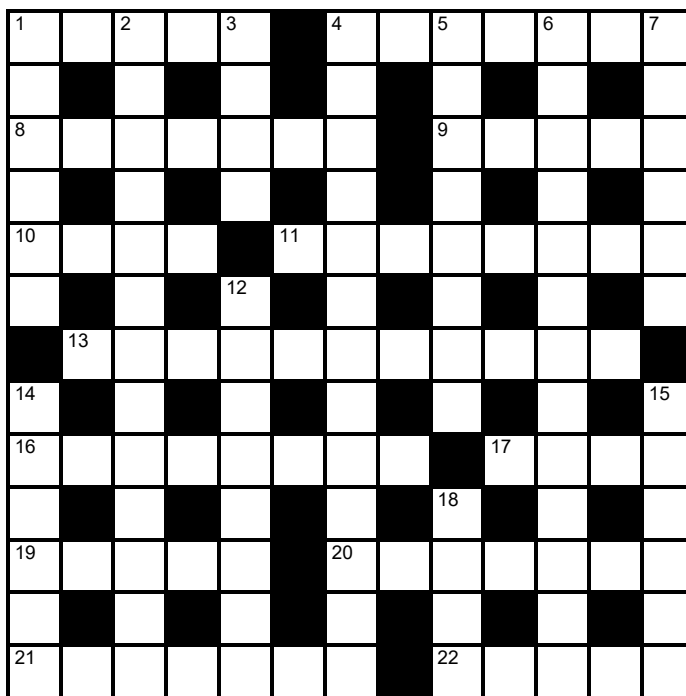
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Crossword



Across

- 1 Shows up (5)
4 Emotional stresses (7)
8 Chilean President
ousted in a 1973 coup
(7)
9 American friend (5)
10 Speck (4)
11 Casablanca citizen
(8)
13 One of them might
be 4 Down (5,6)
16 Cradle to grave (8)
17 Disorderly stack (4)
19 Kismet (5)

- 20 Like traditional
Catholic Masses (2,5)
21 "Now you listen to
me ..." (3,4)
22 It may become toast
(5)

Down

- 1 Cold and damp (6)
2 Armed intervention
(8,5)
3 Transgressions (4)
4 Ultimate performance
indicator (3,6,4)

- 5 Smokies' Scottish
home (8)
6 Surgery (7,6)
7 Saw (6)
12 Tyro (8)
14 Ask elf about chips
(6)
15 Went into business
(6)
18 Smooth-talking (4)

Solution on page 25





KING
EDWARD'S
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GOOD
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GUIDE

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THE TELEGRAPH



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IN THE SOUTH WEST

THE SUNDAY TIMES PARENT POWER GUIDE 2026



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IT'S THE FINAL COUNTDOWN! 40+ YEARS OF COMMUNITY FIREWORKS IN THE HEART OF BATH

**Tickets are for final firework display
before Rugby Stadium redevelopment
begins.**

BATH, UK — More than four decades of charity firework displays lighting up the skies over the heart of Bath will be celebrated on **Saturday, 7th November**, with a spectacular fiesta evening for the whole family on the Recreation Ground.



Organised by the team from the Rotary Club, the annual event has become a much-loved autumn tradition in the city. This year's show holds special significance as it will be the final display at the Rec for a while, ahead of the new Bath Rugby stadium development, which will pause community events on the site for at least two years.

The entirely self-funded event has raised hundreds of thousands of pounds for local causes over the decades. To mark the milestone, this year's line-up will also feature live pre-show entertainment from dynamic samba band **Jamma de Samba**, building an electric atmosphere inside the stadium before the main attraction.

Chris Davies, President of the Rotary Club of Bath, said:

"This year's display — set to a stunning music track — will be bigger and better than ever. With more live on-site entertainment, the energy before the show is going to be incredible. We're asking the community to help us go out this year with a bang. By grabbing a ticket or donating online, you're helping make this final show for a while a record-breaker for attendance and local fundraising."

Event & Ticket Information

- **Date:** Saturday, 7th November
- **Location:** Recreation Ground, Bath (entry via Bath Rugby Stadium)
- **Tickets:** Early-bird rates are available now at £10 for adults and £4.50 for children.
- **How to Book:** Tickets can be purchased via the Bath Box Office or online at <https://tickets.mp/rotaryfireworksfiesta>





Rotary Fireworks Fiesta

How to enter free draw. Please see Terms & Conditions below**

**.... Two lucky readers can each win a “family” tickets bundle
i.e. up to two adults and up to three child tickets each
(full value £39) for the Bath Rotary Charity Fireworks Fiesta 2026.**

**Each ticket allows entry for two adults and
up to three children (up to age 16).**

**Simply send your name, address and contact telephone number
to: pukkacompetition@live.co.uk**

Entries must be received by 5pm on Friday 30th October. 2026.

****Free draw terms and conditions...** Entrants must be aged 18 or over. Proof of identity and age may be required. Only one entry per person. Use of a false name or address will result in disqualification. All entries must be made directly by the person entering the draw. No bulk entries will be accepted. Proof of sending an entry shall not constitute proof of receipt. No responsibility is accepted for entries that are lost, misdirected, late, damaged or illegible, nor for any associated costs.

The prize is as stated, is not transferrable to another individual and no cash or other alternative will be offered. Reasonable efforts will be made to contact our winner. Failure to respond and/or provide an address for delivery, or failure to meet the eligibility requirements may result in forfeiture of the prize. If they cannot be contacted, or are unable to comply with these terms and conditions, Pukka Bath reserves the right to offer the prize to the next eligible entrant drawn at random. The winners will be drawn at random from all valid entries, based on the criteria set out and no correspondence will be entered into over the draw.

**Rotary
Club of Bath**





Golf and footgolf continues at Royal Victoria Park under interim arrangement

Residents and visitors will continue to be able to enjoy golf and footgolf at Royal Victoria Park while Bath & North East Somerset Council puts in place a new long-term operating arrangement for the site.

The council has secured an interim operator for the former Approach Golf Course following the decision by Future Golf Ventures to cease trading on 31 August. Excel Tennis Ltd, which already operates the tennis courts and Treetop Café in Royal Victoria Park, has agreed to provide golf and footgolf activities on a weekend-only basis during September and October.

The temporary arrangement will maintain public access to the facilities while the council completes the procurement process for a new long-term operator. The award of a new contract is due to start in November through an existing competitive tendering process.

Future Golf Ventures informed the council on 18 August of its decision to cease trading ahead of the end of its contract, creating the need for an interim solution while longer-term arrangements are finalised. The council had already been progressing work to appoint a new operator from November.

Councillor Alison Born, Cabinet Member for Adult Services, said: "We know how valued golf and footgolf are by residents and visitors and we are pleased to have secured an interim arrangement that will keep these activities available while we complete the process of appointing a new long-term operator."

"I would like to thank Excel Tennis for stepping in at short notice to ensure continued public access to the facility from last weekend, and Future Golf Ventures for their operation of the site. Our priority is to maintain access to this popular leisure facility and secure a sustainable long-term future for golf and footgolf in Royal Victoria Park."

The council is also progressing the Royal Victoria Park ponds restoration project. Potential water sources have been identified and this week works began to remove silt and the damaged liner. This autumn, the council will consult on long-term plans to bring a sustainable water source back to the ponds and help wildlife thrive.

More information can be found on the Victoria Falls Foot Golf & Pitch 'n' Putt website. Opening hours 10am to 5pm Saturday and Sunday. No booking required.

Online booking will be added to the website soon.

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What's On, regular events

Mondays, 1.30pm-4pm. Whist Club, Saltford Hall, Wedmore Road, Saltford, Bristol BS31 3BY. A friendly club who love to play cards, first week free then £3 per week. Contact David on davidvgray13@outlook.com or 07900218226

Tuesdays 12.30 – 1.30pm FREE Feel Good Walks with Time Bank Plus. Take a step towards better health and wellbeing with our FREE weekly walks! Join us for a relaxed, sociable stroll around SW Bath (1-2 miles) and feel the benefits. Whether you're new to walking or just want to get out and about, it's the perfect opportunity to connect with others and boost your mood. No need to book. Meet at Time Bank Plus, 86 High Street, Twerton, BA2 1DE. For more info: <https://timebankplus.co.uk/wp/groups-2> 01225 442813 timebankplus@gmail.com

Tuesdays, from 13.00 to 14.00, MS Society Seated Exercise, St Andrews Hall, Hawthorn Grove, Combe Down, BA2 5QA, seated exercise class for further information please call the dedicated phone line 08000 665 355.

Wednesdays 12 – 2pm. Lunch Club in Twerton with Time Bank Plus. Join us for a delicious 2-course hot lunch and a chance to meet new friends at our welcoming Lunch Club in Twerton. Enjoy a tasty meal, fun activities, and great company every Wednesday. Your first lunch is FREE, and after that, it's only £6 for a hearty, home-cooked meal with plenty of social activities. For booking and more info: <https://timebankplus.co.uk/wp/groups-2> 01225 442813 timebankplus@gmail.com

Thursdays: 10am-1pm. Bath Embroidery Group, Resumes on 1st October. Manvers Street Baptist Church Centre Bath. Come and join our friendly group of stitchers, All levels welcome. Tel. For more information 07909968730 NB Manvers Street outside our venue is being dug up and closed until November, but we are still running as above.

Thursdays 10am – 12.30pm FREE Digital Drop-In at Timebank Plus. Free one to one tech help with your mobile phone, tablet, laptop etc. or for advice tackling IT issues. No need to book, just drop in to Time Bank Plus, 86 High Street, Twerton, BA2 1DE. For more info: <https://timebankplus.co.uk/wp/groups-2> 01225 442813 timebankplus@gmail.com

Thursdays 10 – 11am FREE online Creative Writing Group with Time Bank Plus. Unleash your creativity and discover the power of words in our FREE, thriving online Creative Writing group! Whether you're a seasoned writer or just starting out, our weekly Zoom sessions offer fun, inspiring exercises and prompts to get your imagination flowing. Come and explore new ideas, share your writing, and connect with fellow writers in a supportive, friendly environment. For booking and more info: <https://timebankplus.co.uk/wp/groups-2> 01225 442813 timebankplus@gmail.com

Thursdays 8-10pm. Mr Wilkins Shilling - Bath NW Clog Morris Dance side. We practice every Thursday 8-10 at Bathampton Village Hall and new dancers are always welcome. For more info contact Mr Wilkins Shilling on mws_morris@hotmail.com

Fridays: We Get It is a Bath based charity offering support to anyone who has been diagnosed with any cancer or who is supporting someone with cancer. The friendly & informal Get Together is every Friday at Walcot House, 90B Walcot Street, Bath, BA1 5G between 10AM-11:30AM. You are very welcome to join us for a coffee and a chat any Friday. For more information see our website - wegetit.org.uk - or email us at together@wegetit.org.uk

Saturdays: Walk Bath is a free walking group which takes place every Saturday at 9am. We organise group walks here in the beautiful city of Bath each week and all participants donate to Shelter. www.walkbath.co.uk

Continued on page 18





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Butternut
squash soup

Food for
Thought



Butternut Squash Soup

Ingredients

1 cup (3-4 medium) carrots, chopped
1 cup (200g) Butternut squash, peeled and chopped
1/2 onion, peeled and chopped
1 tablespoon olive or coconut oil
1-inch piece fresh ginger root, peeled
500ml chicken or vegetable stock
(broth can be used instead)
Sea salt and black pepper to taste
1 teaspoon chopped parsley, to serve

Method

Sautee onion, ginger and vegetables in a pan with oil until softened.
Add stock or broth and simmer until vegetables are soft.
Place all ingredients in a blender and blend until smooth.
An immersion blender can also be used.
Season to taste and sprinkle with parsley.



www.bathmind.org.uk





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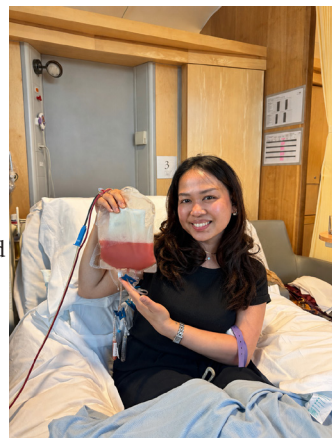




Nearly 40 RUH staff join stem cell donor register after nurse shares her donation story

A nurse at the Royal United Hospitals (RUH) Bath who donated her stem cells to help save the life of someone she had never met has inspired dozens of colleagues to take action themselves.

Nearly 40 members of hospital staff signed up to the stem cell donor register at a 'swabbing' event held at the RUH in July. This was organised by Clinical Trials Nurse Jansen Dela Cruz, in partnership with blood cancer and disorders charity DKMS, following her own experience donating stem cells earlier this year – which she shared was one of the proudest moments of her life.



Increasing the number of people on the donor register helps to improve the chances of patients with blood cancer and other serious blood disorders finding a potentially life-saving match.

Jansen, who works in the RUH's oncology team, was motivated to sign up to the stem cell donor register following her experiences of cancer both professionally and personally.

She said: "I'm working day-to-day with cancer patients and I've got relatives who had cancer and who have passed away. So it's a really important cause for me."

Several years after joining the register, Jansen received a call from DKMS to say she was a potential match for a patient in need of a transplant. Following medical checks, DKMS made arrangements for her to travel to a clinic in London to donate her stem cells.

For most donors, including Jansen, stem cell donation is a straightforward outpatient procedure that takes just a few hours. For patients with blood cancer and other disorders, however, it can offer a second chance at life.

Only around one in three patients will find a matching donor in their family, making volunteer donors on the register essential. Although strict regulations protect the identity of donors and recipients, Jansen knows that her stem cells were put straight on a plane across the Atlantic and received by an older man in North America.

Reflecting on the experience, Jansen said: "I hope that after the stem cell transplant, he will be living his best life and ticking all the boxes in his bucket list of things to do. And enjoying time with his family.

"I highly encourage everyone to sign up, as it increases the chances of people getting matched. Saving someone's life is one of the proudest moments that you could ever experience."

Inspired by her experience, Jansen wanted to give her colleagues the opportunity to sign up and potentially make the same life-changing difference.

Almost forty members of staff joined up at the event, reflecting the compassion and commitment that RUH staff bring not only to their work within the hospital, but also to supporting patients and communities beyond it.

The initiative is another example of the many ways that RUH staff help to improve lives, whether through the care they provide every day or by taking action that could help save the life of someone they may never meet.

Anyone aged 16 – 55 who is in general good health can join the stem cell donor register through DKMS by completing some simple, painless mouth swabs and answering a few general health questions.

Anyone inspired by Jansen's story can order a free home swab kit through the DKMS website: www.dkms.org.uk/register-now





Fancy exploring energy efficiency together with your neighbours?

This autumn Bath & West Community Energy is offering free independent expert support to you and your neighbours to understand the best energy efficiency options for your homes and explore next steps.

Through our Home Energy Neighbourhoods project, we firstly offer you a free energy survey at your home. We then help you host a get together to help you and your neighbours understand what works best in homes like yours.

Whether it's solar panels, insulation or heat pumps which sparks interest, we can provide you with free support to help you take next steps. This can include seeking and impartially reviewing group quotes from installers.

You can choose from a free basic survey or upgrade to a discounted Futureproof whole-house energy plan if you'd prefer.

It's a great option if you're curious about your home's potential and enjoy bringing people together and taking action as a group.

To find out more visit www.bwce.coop/home-energy/home-energy-neighbourhoods

BWCE is a local not-for-profit community business tackling climate change through clean energy generation and energy efficiency measures in homes.

www.bwce.coop



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See more and book at: www.bwce.coop/home-energy

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Bath Society of Artists 121st Open Exhibition Returns to Victoria Art Gallery This Autumn. Until 7 November 2026

One of Bath's most popular annual art events returns this autumn as the Bath Society of Artists (BSA) 121st Open Exhibition opens at Victoria Art Gallery, which is managed by Bath & North East Somerset Council, from 19 September to 7 November 2026.

Showcasing original artwork by artists from across the country, the exhibition offers visitors the chance to discover new talent, find fresh inspiration and even take home their own piece of original art.

Selected through an open submission process, the exhibition changes completely each year, bringing together new artists, ideas and unexpected discoveries. From painting and printmaking to sculpture and mixed media, visitors can explore an exciting variety of work from both established artists and rising talent.

This year's exhibition will feature acclaimed British painter and printmaker Basil Beattie RA as the Bath Society of Artists' Invited Artist. One of the UK's most respected contemporary painters, Beattie was at the forefront of Abstract Expressionism in the UK in the mid-twentieth century. Still practicing today, his gestural works, often in natural earthy tones, experiment with architectural motifs, symbols and hieroglyphs. In 2007 he was given a dedicated room at Tate Britain. Beattie's involvement is a major highlight of the exhibition and offers visitors the opportunity to see work by an artist whose influence has been felt across generations of British art.



Rosalind Robinson, The Muse

Alongside the invited artist programme, the exhibition is supported by an experienced panel of artists and arts professionals. This year's prize judges are Heather Jane Wallace MA (Fine Arts), Founder and Director of Heritage Courtyard Gallery and Studios, and Ros Cuthbert MA (RCA) RWA. Guest selectors Claire Todd, Artist Curator at Pound Arts, and Tom Waugh RWA MRSS will join the 2D and 3D selection panels respectively, helping to shape this year's exhibition from hundreds of submissions.

Whether you're an experienced collector or simply looking for something special for your home, many of the artworks on display will be available to buy, with prices to suit a range of budgets. Visitors can also vote for their favourite piece in the popular Public Choice Prize, helping to decide this year's audience winner.

TFounded in 1904 by just 26 artists, the Bath Society of Artists has grown into a thriving organisation of around 125 members and remains at the heart of the region's artistic community. For more than 120 years, its Annual Open Exhibition at Victoria Art Gallery has provided a platform for both established and emerging artists. Throughout its history, the Society has attracted the interest of some of Britain's most celebrated artists, including Walter Sickert, John Singer Sargent, Philip Wilson Steer, Gilbert Spencer, Patrick Heron, Mary Fedden, William Scott and David Inshaw.

For more information, visit www.victoriagal.org.uk. tive talent while giving visitors the opportunity to experience and enjoy original art in the heart of Bath.





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Petrolhead Scouts

Leaders from Bath and beyond have just returned from helping at children's charity fundraiser CarFest, the brainchild of radio DJ and TV personality Chris Evans.

For the first time, CarFest was held at the iconic Silverstone Race Track. The event brought together around 35,000 campers and day visitors, who enjoyed a spectacular mix of more than 1,000 cars, food, music and family fun in a festival atmosphere.



Working alongside staff and non-Scouting volunteers, Bath Scouts were part of a group of 205 Leaders and Explorers (14-18) from across the country helping with the smooth running of the event. They gained invaluable experience of putting on a large-scale national festival, covering everything from pre-event preparation and setting up the site, through running the festival and engaging with the public, to the final breakdown.

Many Scouts counted the hours and experience gained towards the residential element of the coveted King's Scout Award — the highest award in Scouting. But for all, the ultimate goal was to support the festival in raising money and awareness for several national children's charities, including BBC Children Need, Rainbow Trust, Ellen MacArthur Cancer Trust, Starlight Children's Foundation, Teenage Cancer Trust and Young Epilepsy.

During their downtime the Scouts were also able to enjoy some of the attractions and entertainment on offer, both during the day and in the evening. Some lucky Scouts even got the opportunity to listen to talks from celebrities including Rob Brydon, Lee Mack and Richard Hammond.



With a fantastic line-up of evening entertainment — including Jessie J, the Sugababes, Tom Jones and headline act Nile Rodgers & CHIC — the Scouts thoroughly enjoyed their time at CarFest.

It was a memorable five days combining volunteering, learning, teamwork and plenty of fun, while giving all the Scouts valuable life experience.

To find out more about the King's Scout Award and Scouting, visit www.bathscouts.org



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Scouts

Bath



What's On October (continued)

1st October, Thursday, 7.30pm - 9.30pm, Bath Railway Society, an illustrated talk by Chris Austin 'Tales of the West Somerset Railway'. To commemorate the 50th anniversary of the reopening of the West Somerset Railway, the presentation explores its fascinating history and the impact on the area, using images taken by the railway's dedicated volunteers or from its extensive archives. Museum Of Bath At Work, Julian Road, Bath BA1 2RH. All Welcome. Visitors £5.00. Refreshments Available. For further information, see website - www.bathrailwaysociety.co.uk

1st October, Thursday, 2.30pm - 4pm. Bear Flat Community Tea. Community Hall, Bruton Avenue. Call in for company, conversation, a hot drink with savouries, cream tea and home made cakes. No set cost - any donation for Charity welcome.

2nd October, Friday, 6-9pm. Articulate Craft Group Organisation, Hillside Hall, Hillside Road, Oldfield Park, Bath, BA2 3NX. articulatebath.com

7th October, Wednesday, 8.45-12noon. Barney's Community Cafe. St Barnabas Church, Mount View, Southdown. Yummy cakes and drinks, no set costs! For further details, please visit the Church Website at: www.stbarnabasbath.co.uk or visit our Facebook Page at: www.facebook.com/stbarnabasbath/

8th October, Thursday, 7.30pm. Weston Village Gardening Club at All Saints Church, Weston, Bath. 'Bougainvillea: The British Way' Charles Clarke. All welcome, visitors £5 Membership special offer £20 to end of February 2028. Details see www.westonvillagegardeningclub

8th-9th October, Thursday & Friday, Draconids Meteor shower

10th October, Saturday 10-4pm. FixFest, a fun-filled day of creativity, practical skills, fresh ideas and unexpected discoveries, in partnership with Dorothy House and BRLSI. See page 24. Find out more: www.brlsi.org/whatson/fixfest/

10th October, Saturday, New Moon

14th October, Wednesday, 8.45-12noon. Barney's Community Cafe. St Barnabas Church, Mount View, Southdown. Yummy cakes and drinks, no set costs! For further details, please visit the Church Website at: www.stbarnabasbath.co.uk or visit our Facebook Page at: www.facebook.com/stbarnabasbath/

16th October, Friday, 6-9pm. Articulate Craft Group Organisation, Hillside Hall, Hillside Road, Oldfield Park, Bath, BA2 3NX. articulatebath.com

17th October Saturday, 9.30am - 12.30pm. Bear Flat Community Market with Repair and Share Workshop. Community Hall, Bruton Avenue. Stalls selling a variety of locally made artisan bread and pastries, preserves, jewellery, cards, gifts and plants. Bring along your items to be repaired whilst enjoying a hot drink with home made cake and savouries to eat in or take away. Contact details : helenscamell@gmail.com.

Continued on page 26.....





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Bath and district Dahlia Society held their first ever Dahlia show at the Urban Garden centre, Bath on Saturday 5th September. We were delighted with the number of entries and thrilled that so many people came in to view the show and support us.

Many thanks to everyone that entered or came along on the afternoon.



Our membership number continues to grow and we are planning a couple of talks by expert dahlia growers in the remainder of our membership year so still good value to join for £5 for the current year.

Please email bathdahlia@yahoo.com for details and follow us on Facebook and Instagram for regular updates.



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Discover the Power of Giving Back at the Volunteer Fair

Thursday 22 October, 11am–3pm
Bath Abbey | Free Entry

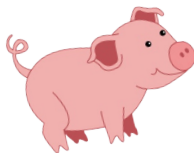
Looking for a meaningful way to connect with your community, learn new skills, or support a cause close to your heart? Mark your calendar for the Volunteer Fair!

Hosted by local network charity 3SG, this free, informal drop-in event brings together over 50 local charities and community groups under one iconic roof. Whether you have a few hours a month to spare or are seeking a regular commitment, there are roles to suit every passion, schedule, and skill level - from environmental projects and youth work, to cultural activities and health and wellbeing services.

You can chat directly with local groups, attend free bite-sized workshops designed to help you learn more about volunteering, and enjoy coffee and cake inside the Abbey. There is no pressure to sign up on the day - it's simply a chance to browse and explore how giving a little time can boost your own happiness while strengthening our local community.

Entry is free - just drop in! Visit bit.ly/VOLFAIR2026 to find out more.

If you would like to
advertise your
business or event
please email:
pukkabath@live.co.uk



3SG THIRD
SECTOR
GROUP
Registered Charity No.1181029

VOLUNTEER FAIR

THURSDAY 22 OCTOBER
11AM - 3PM BATH ABBEY

Discover Local Volunteering Opportunities!
50+ Charity Stalls, Talks & Workshops.
Free Entry. All Welcome!



**SCAN
ME!**



Or visit: bit.ly/VOLFAIR2026

**The CAMEO
(come and meet each other)
club has reopened at the
Salvation Army
at Green Park.**

Each Monday at 2pm.

**All are welcome to a
programme of a
variety of subjects
and contributors,
followed by tea/coffee in
Sally Anne's cafe**





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1. Where are we? (photo)



2. What is Jam jar rhyming slang for?

4. What colour is the edible pulp of a watermelon?

6. What vegetable is a Edzell Blue?

8. Which element is named after the Goddess Selene?

10. In which Ocean is Tahiti?

12. Which dinosaurs name mean 'arm lizard'?

14. Associated with Picasso, which art movement had analytical and synthetic phases?

16. Who sang "What a Wonderful World" in 1967?

3. In Spanish the word 'tio' refers to which male relation?

5. Who wrote the country diary of an Edwardian lady

7. Redcar and Ripon are venues for which sport?

9. The Scots Dumpy is a breed of which farmyard bird?

11. What are Porcini?

13. What are made in a cooperage?

15. How many milliamps are there in an amp?

17. The Abbey Church of Saint Peter and Saint Paul is commonly known as what?

Answers on page 30





On Saturday the 10th of October, we're running FixFest, a fun-filled day of creativity, practical skills, fresh ideas and unexpected discoveries, in partnership with Dorothy House and BRLSI.

Running from 10am - 4pm at BRLSI, get stuck into Repair Cafés, hands-on workshops, kids' activities and more, and learn all about fixing your stuff!

Find out more:
www.brlsi.org/whatson/fixfest/

Southdown Repair Café is on at the Methodist Church Centre, BA2 1NJ on the first Saturday of the month, Weston Repair Café is on the second Saturday at the Weston Hub BA1 4EH, and Bear Flat Repair Café is on the third Saturday of the month at Bruton Community Hall, BA2 4QJ. No need to book, just drop by if you want something repaired, but bear in mind the earlier the better and no new repairs will be accepted half an hour before they close.

We also have a Library of Things with over 800 items available to borrow instead of buy, saving you money and space! With autumn starting, why not plan a fantastic Halloween party with our popcorn maker and film projector, or explore what's going on in the garden with our wildlife camera? Check out our catalogue and see what you can borrow for just a few pounds a week, with delivery and collection available. Find out all about our services and workshops on our website:

www.shareandrepair.org.uk

Crossword solution





What's On October (continued)

21st October, Wednesday, 8.45-12noon. Barney's Community Cafe. St Barnabas Church, Mount View, Southdown. Yummy cakes and drinks, no set costs! For further details, please visit the Church Website at: www.stbarnabasbath.co.uk or visit our Facebook Page at: www.facebook.com/stbarnabasbath/

21st - 22nd October, Wednesday & Thursday, Orionids Meteor shower

22nd October, Thursday, 11am-3pm. Volunteer Fair, by 3SG, Bath Abbey, discover local volunteering opportunities bit.ly/VOLFAIR2026 see page 21 for details.

25th October, Sunday, at 2:00 am, clocks go back one hour to 1am. We return to Greenwich Mean Time

26th October, Monday, Full Moon

31st October, Saturday, Halloween

7th November, Saturday, Bath Rotary Fireworks Fiesta

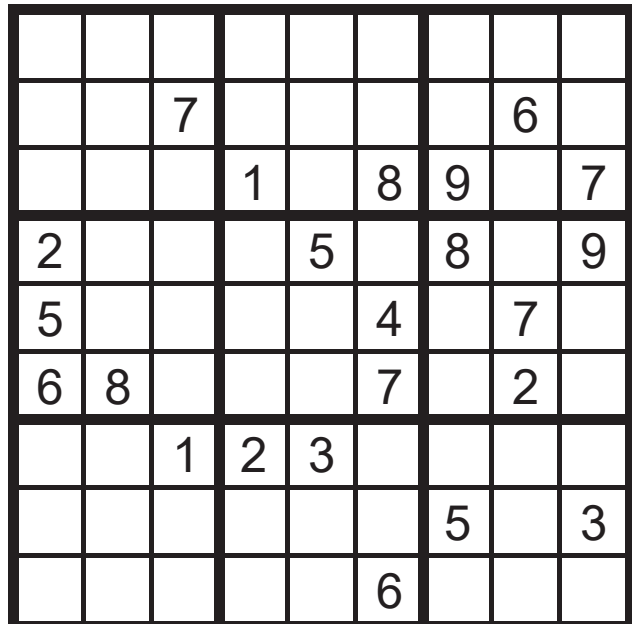
Recreation Ground, Bath (entry via Bath Rugby Stadium,. Tickets can be purchased via the Bath Box Office or online at <https://tickets.mp/rotaryfireworksfiesta>, see pages 4 & 5

If you would like to advertise your business or event please email:
pukkabath@live.co.uk



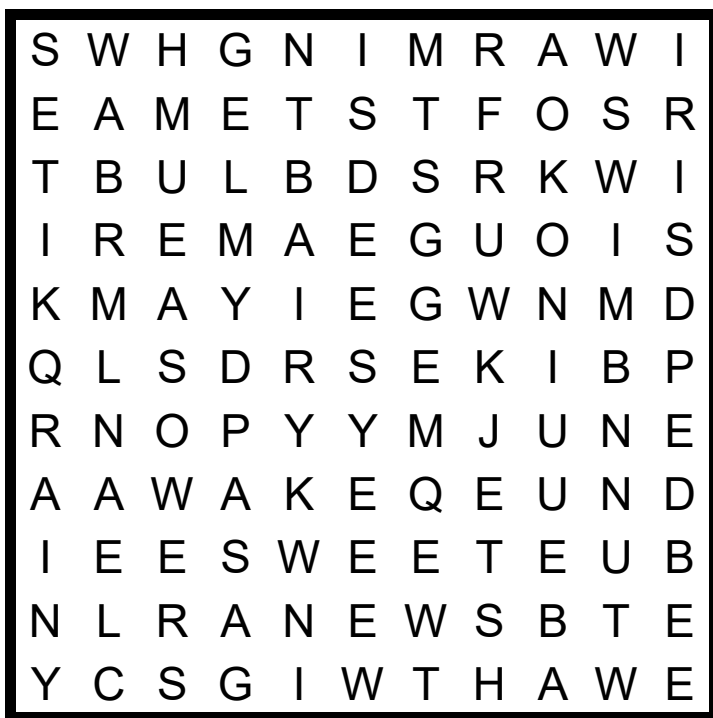
Sudoku,

solution on page 30





Wordsearch



Can you find the words listed below, in the wordsearch above?

Airy

Anew

Awake

Bee

Bikes

Bud

Bulb

Clean

Dart

Eggs

Grow

Hat

Iris

June

Kid

Kites

Lamb

May

Melt

Nest

Rainy

Romp

Seeds

Sky

Soft

Sower

Stem

Sun

Sweet

Swim

Teem

Thaw

Twigs

Warming

Wet

Wind

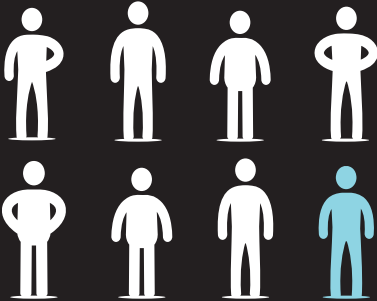
Solution on page 30





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28

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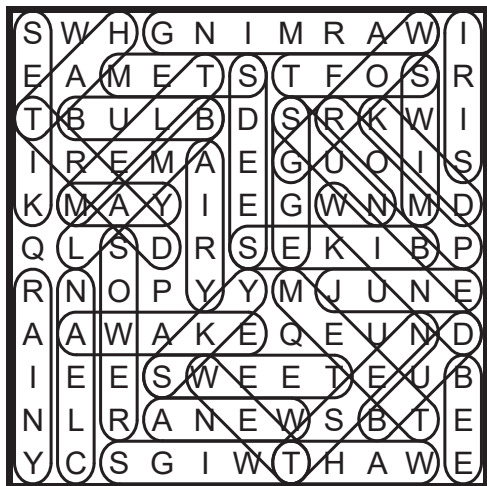
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Wordsearch solution



Sudoku solution

9	6	8	5	7	2	4	3	1
1	5	7	9	4	3	2	6	8
3	4	2	1	6	8	9	5	7
2	7	3	6	5	1	8	4	9
5	1	9	8	2	4	3	7	6
6	8	4	3	9	7	1	2	5
7	9	1	2	3	5	6	8	4
4	2	6	7	8	9	5	1	3
8	3	5	4	1	6	7	9	2

Pukka Bath Quiz answers

1. Looking through the tunnel under Cleveland House
2. Car
3. An Uncle
4. Commonly red or pink
5. Edith Holden
6. A potato
7. Horse racing
8. Selenium
9. A chicken
10. The Pacific Ocean
11. Mushrooms
12. Brachiosaurus altithorax
13. Barrels
14. Cubism
15. 1000
16. Louis Armstrong
17. Bath Abbey



Pukka Bath small print.....

And now for the small print... Any views or opinions submitted by contributors or advertisers are those of the authors only and do not necessarily reflect the views or opinions of Pukka Bath or its employees. The publisher, editors and authors accept no responsibility in respect of any advice, products or services which may be advertised or referred to in this issue. Neither the publisher, editors or authors accept, and hereby disclaim, any liability for loss, damage or expenses arising from any errors, omissions, misstatements or mistakes in any such advertisements, references or articles contained within this publication. No part of Pukka Bath may be reproduced in any form or by any means, either wholly or in part, without the written permission of the publisher or other owner of the copyright of the material. This publication must not be used for marketing purposes and as such no marketing representations should be made to Pukka Bath or our advertisers or contributors. Pukka Bath reserves the right to decide who will advertise in our publication.



For many of us, the summer holidays have flown by and it's time to make our return to school and regular routines. Many children will be excited to return to class and their friends. But for others, September can be a time of worry and concerns about what comes next.

NSPCC

Children and young people reach out to our counsellors at Childline every day about their worries, and for many of them school is the topic of conversation for all sorts of reasons.

Some young people also spoke to our counsellors about feeling overwhelmed about the challenge of starting a new school or college. Others feel overwhelmed about what the new term will bring and that they were worried about the future.

Young people have also told us how they worry about the demands of getting good grades and that the weight of exams and revision would cause them stress. And others say they were concerned about teachers and school staff.

As parents and carers, we need to do everything we can to make sure our children feel supported no matter what their worries might be.

Encourage them to write down their feelings, including everything they look forward to at school, and everything they are worried about. Chat through the list together so there's time to speak about their concerns, help them cope with their worries, and look at the positives.

It is important to listen to their concerns and give them time to speak before offering advice or your opinion. Once your child has shared any concerns or anxieties they might have about going back to school, you could try talking through some practical solutions. You could start by asking them what they think might help them to feel better about the situations that worry them.

Remind them that adjustment can take time. It's okay if it doesn't feel comfortable at first, that's to be expected and others will feel the same way, and they can always speak to you or another safe adult about whatever is worrying them.

This could be a relative, teacher or one of our Childline counsellors. It's vital they know they can speak to someone about their concerns.

Encourage them to ask questions about anything they're not sure about. They could ask teachers, parents or carers about things they'll need at school, who will be in their lessons or anything else that's on their mind. It is also important to ensure they find time to do things they enjoy outside of school hours too, whether that's a sport, club or other activity that brings them joy.

Our Childline counsellors are here around the clock to listen to whatever young people are worried about on 0800 1111 or at www.childline.org.uk

Childline is available for young people via the phone on 0800 1111 and online through the 121 chat on the Childline website.

For parental advice, the NSPCC Helpline is here to help on:
0808 800 5000 or visit
www.nspcc.org.uk/keeping-children-safe





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