

Hello April

Free
copy



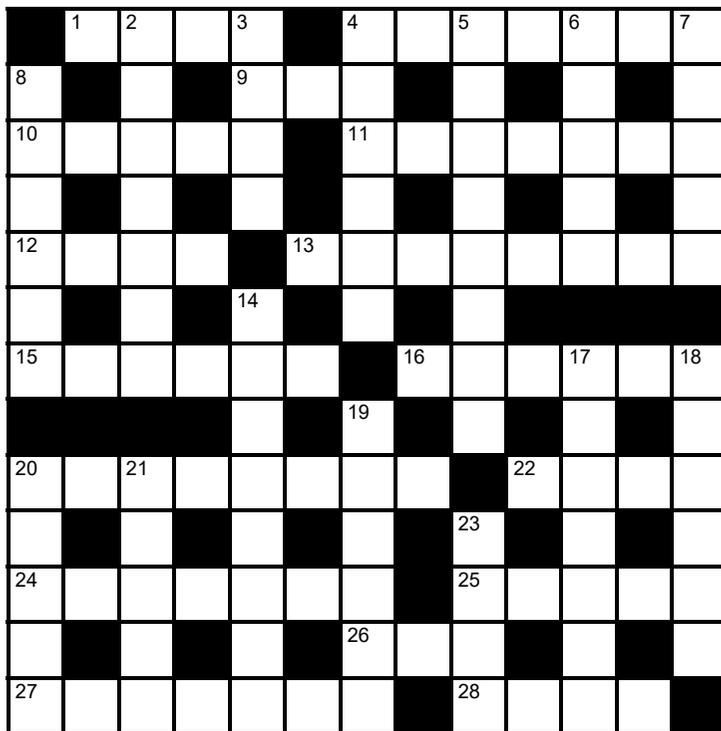
Pukka Bath



Inside our April magazine, we have our amazing advertisers offering services for you, your pets and your home, Bath history - The General Strike, gardening, volunteering, our What's On, Quiz, Wordsearch and much, much more



Crossword



Across

- 1 Cry this if you want to be ignored (4)
 4 Soapbox words (7)
 9 It's at one edge of a rainbow (3)
 10 Care to explain that? (3,2)
 11 Implicate (7)
 12 "The boy," to Homer (4)
 13 Deflect (4,4)
 15 Canopy over a bed (6)

- 16 Free from danger (6)
 20 Top-of-the-line American car (8)
 22 Kind of seaweed (4)
 24 Vast (7)
 25 Tupelo's favourite son (5)
 26 Calls the shots on the pitch (3)
 27 Rap variety (7)
 28 Ripped (4)

Down

- 2 Ahead, Dr. No saw confusion (7)
 3 "--- Here to Eternity" (4)
 4 Abhorrent (6)
 5 Moves forward (8)
 6 Relative by marriage (2-3)
 7 Destitute (5)
 8 Enthusiasts have it between the teeth (3,3)

- 14 Marshy areas (8)
 17 Butcher's utensil (7)
 18 Uncover (6)
 19 Proceed in this for privacy (6)
 20 Adhere closely (5)
 21 Fiend (5)
 23 Adroit (4)

Solution on page 30

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Commemorating the 1926 General Strike in Bath Exhibition at the Museum of Bath at Work

This year marks the centenary of the 1926 General Strike. It's fading from memories now but there is a national commemoration and the Museum of Bath at Work is playing its part!

You might think that it wouldn't have affected Bath but for the short – 9 Days – duration of the strike, over 2,500 workers were on strike in Bath, in support of the miners in North Somerset who were locked out by the mine owners.

Printers, builders and transport workers joined the strike, and several meetings were held in Sawclose of 3,000 workers.

It was all very peaceful – it was Bath after all – and the only disturbance was on the Lambridge to Devonshire Buildings bus.

It was reported in the Bath Chronicle as the Bath Bus Hold-Up:

“A Mr Withers, defied the picket lines and was instructed to drive a bus on the Lambridge—Devonshire Buildings route. On his return journey, a group of strikers posed as passengers, and boarded the bus. As it came down Wells Road, the strikers formed a cordon ... the driver did not heed the obstruction and went straight ahead over the Old Bridge ... men clambered on to the bus, turned off the petrol ... and then not too gently hauled the driver out of his seat. Police constables and an Inspector arrived with a tramways' inspector.

There were no arrests, the bus was driven off, and the strikers made their way to the Guildhall in very high spirits”.

The Exhibition is open from 2nd May until the 25th June everyday from 10.30 – 16.00.

Special events:

6th May at 6.30 talk by David Williamson, local historian and author of Bath Between the Wars on the 'General Strike in Bath'

14th May at 6.30 Presentation by Dr Trevor Turpin on the 1926 General Strike in and around Bath and showing of The Rank & File BBC film made by Ken Loach in 1971. (Standfast & Solid book for sale)

21st May at 6.30 Launch of 'Resistance & Resilience - Somerset Miners in the General Strike', Dave Chapple, Somerset Trade Unionist (Book for sale)

All £5 entry



Pickets stop the bus from Devonshire Buildings and turn off the petrol! (courtesy Bath Record Office)

Museum of Bath at Work, Julian Rd, Bath, BA1 2RH, 01225 318348.



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What's On April

Mondays, 1.30pm-4pm. Whist Club, Saltford Hall, Wedmore Road, Saltford, Bristol BS31 3BY. A friendly club who love to play cards, first week free then £3 per week. Contact David on davidgray13@outlook.com or 07900218226

Tuesdays 12.30 – 1.30pm FREE Feel Good Walks with Time Bank Plus. Take a step towards better health and wellbeing with our FREE weekly walks! Join us for a relaxed, sociable stroll around SW Bath (1-2 miles) and feel the benefits. Whether you're new to walking or just want to get out and about, it's the perfect opportunity to connect with others and boost your mood. No need to book. Meet at Time Bank Plus, 86 High Street, Twerton, BA2 1DE. For more info: <https://timebankplus.co.uk/wp/groups-2> 01225 442813 timebankplus@gmail.com

Wednesdays 12 – 2pm. Lunch Club in Twerton with Time Bank Plus. Join us for a delicious 2-course hot lunch and a chance to meet new friends at our welcoming Lunch Club in Twerton. Enjoy a tasty meal, fun activities, and great company every Wednesday. Your first lunch is FREE, and after that, it's only £6 for a hearty, home-cooked meal with plenty of social activities. For booking and more info: <https://timebankplus.co.uk/wp/groups-2> 01225 442813 timebankplus@gmail.com

Wednesdays 3 - 4.30pm FREE Yarn Craft activity group at Time Bank Plus. Join with others to crochet, knit, sew or just have a yarn. We have plenty of wool, knitting needles, crochet hooks etc. or bring your own. We also welcome anyone who is happy to share their skills and teach others. No need to book, just drop in to Time Bank Plus, 86 High Street, Twerton, BA2 1DE. For more info: <https://timebankplus.co.uk/wp/groups-2> 01225 442813 timebankplus@gmail.com

Thursdays: 10am-1pm. Bath Embroidery Group, (Thursdays until 26th March, resumes 30th April), Manvers Street Baptist Church Centre Bath. Come and join our friendly group of stitchers, All levels welcome. Tel. For more information 07909968730

Thursdays 10am – 12.30pm FREE Digital Drop-In at Timebank Plus. Free one to one tech help with your mobile phone, tablet, laptop etc. or for advice tackling IT issues. No need to book, just drop in to Time Bank Plus, 86 High Street, Twerton, BA2 1DE. For more info: <https://timebankplus.co.uk/wp/groups-2> 01225 442813 timebankplus@gmail.com

Thursdays 10 – 11am FREE online Creative Writing Group with Time Bank Plus. Unleash your creativity and discover the power of words in our FREE, thriving online Creative Writing group! Whether you're a seasoned writer or just starting out, our weekly Zoom sessions offer fun, inspiring exercises and prompts to get your imagination flowing. Come and explore new ideas, share your writing, and connect with fellow writers in a supportive, friendly environment. For booking and more info: <https://timebankplus.co.uk/wp/groups-2> 01225 442813 timebankplus@gmail.com

Fridays: We Get It is a Bath based charity offering support to anyone who has been diagnosed with any cancer or who is supporting someone with cancer. The friendly & informal Get Together is every Friday at Walcot House, 90B Walcot Street, Bath, BA1 5G between 10AM-11:30AM. You are very welcome to join us for a coffee and a chat any Friday. For more information see our website - wegetit.org.uk - or email us at together@wegetit.org.uk

Saturdays: Walk Bath is a free walking group which takes place every Saturday at 9am. We organise group walks here in the beautiful city of Bath each week and all participants donate to Shelter. www.walkbath.co.uk



Continued on page 14



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Recently, at the age of 72, I decided to join – or, more accurately, rejoin! - the Scouts. Here's why:

For me, gaining my Queen Scout Award back in 1972 was a pivotal point in my life, though I didn't know it at the time. The Queen Scout Award (now King Scout Award) is the highest youth achievement award in Scouting. It took me two years to earn the award, completing various service and adventure challenges, and gave me my first experience of international travel and being thousands of miles from home. I spent a summer at Scout Camp in Wisconsin USA. And these were the days of no mobile phones and no emails – just the post!

A few years later, when I had the opportunity to work in Libya, in the Sahara Desert, I found that my Scouting experience and skills - taking the initiative, problem solving, and working with people – was invaluable.

Now I help the City of Bath Scout District to organize and develop Scouting in the area, using my life experience – a career in project management, being married, bringing up a family –for the benefit of today's young people.

Just as when I was a Scout, modern-day Scouting offers young people (ages 4 to 25 years) a safe and friendly environment in which to learn new skills and face new challenges. They grow in confidence and develop self-reliance and skills for life. Along the way they, and us volunteers, have fun!

The Scouts is an inclusive organization open to all, young people and volunteers. We believe in the values of integrity, respect, care, and co-operation, regardless of age, gender, race, ethnicity, faith, or ability.

So, why not join us yourself and encourage the young people you know to join?



Contact: join@bathscouts.org

www.bathscouts.org

If you would like to advertise your business or event please get in touch with us
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We look forward to hearing from you



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Bath Scouts are looking to open a new Squirrel Drey in the centre of Bath on a Saturday morning.

To register your interest please send us an email with your child's name, age and put 'Squirrels' in the email. We will then be in touch shortly with the next steps.

join@bathscouts.org

[bathscouts.org](https://www.bathscouts.org)

#SkillsForLife

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Scouts
City Of Bath



Potato planting in a container or used compost bag

Grow your own tasty potatoes without any digging!

What you will need:

- A large container with drainage holes or a used compost bag
- A few larger stones (drainage material)
- Sprouted potatoes (these could be seed potatoes or some that you bought from a food shop)



Step One:

Select your container; you may like add a few stones at the bottom to help with drainage. If you are using a compost bag, turn this inside out.

Step Two:

Add compost to your container or bag so that it fills about a third of the space available.



Step Three:

Next pop in your sprouting potatoes or seed potatoes – place these shoot upwards.

Step Four:

Cover the potatoes with about 10 cm of compost.



Step Five:

You can place your container or bag in a sunny spot on a patio/paved area, on a balcony or in a corner of your garden. To help with drainage you can raise your container onto some bricks/pot supports. Water as necessary.

Step Six:

Once green leaves start to appear, you can add another layer of compost to your container. If you're using a used compost bag – simply unroll some of the top – add compost and re-secure. Keep 'earthing up' your potatoes when new leaves appear, until the danger of frost has past.

Step Seven:

'Earth up' right to the base of the leaves until your container/bag is almost full. The stems of the potato plant will grow longer and there will be more compost for the newly formed potatoes to grow in.



Step Eight:

As soon as the plant flowers – you can start harvesting! Dig into the compost with a trowel to make sure your potatoes are big enough. You can harvest a few and leave the rest to grow a little bigger.

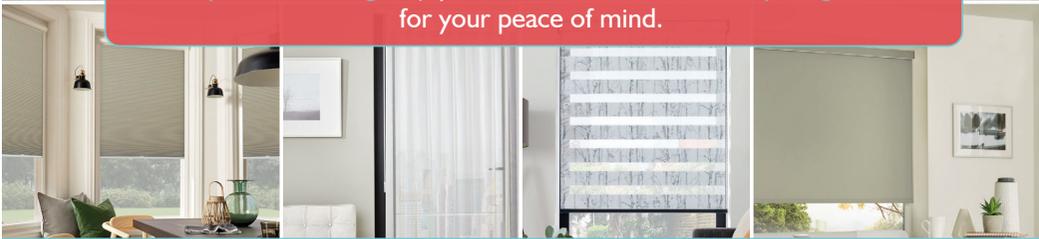


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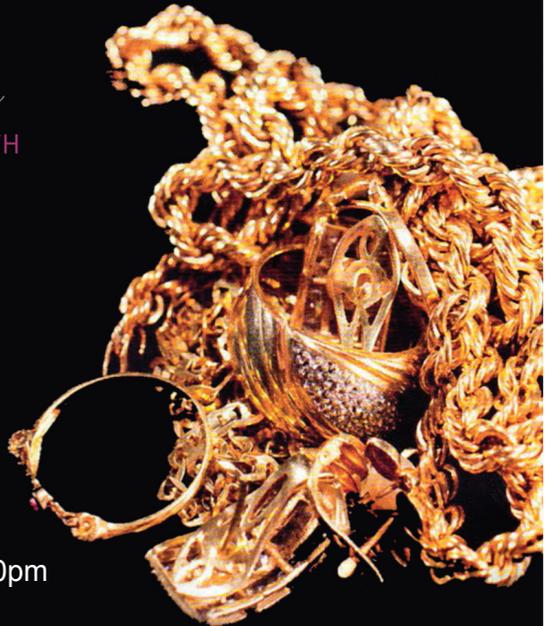
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Southdown Repair Cafe is on at the Methodist Church Centre, BA2 1NJ on the first Saturday of the month, Weston Repair Cafe is on the second Saturday at the Weston Hub BA1 4EH, and Bear Flat Repair Cafe is on the third Saturday of the month at Bruton Community Hall, BA2 4QJ. No need to book, just drop by if you want something repaired, but bear in mind the earlier the better and no new repairs will be accepted half an hour before they close.

Find out all about our services on our website: www.shareandrepair.org.uk



SWAN Transport, part of SWAN Advice Network, is encouraging residents of Bath and North-East Somerset to join their team of volunteer drivers to support its much needed community transport scheme.



The service provides safe, reliable, and affordable transport for people on low incomes, individuals with disabilities, and those who face barriers accessing public transport. Volunteer drivers use their own vehicles to take passengers to medical appointments, social activities, shopping trips, and other essential destinations, helping people stay independent, connected and active within their communities.

Demand for journeys is growing; SWAN are having to turn passengers away as a result of not having enough volunteers to transport them. Volunteers use their own vehicles to transport passengers on pre-arranged journeys across Bath and North-East Somerset. They offer a friendly and supportive presence to often isolated individuals and provide door to door assistance to those in need. Volunteers can choose the days and times that suit their schedules and are reimbursed their mileage and related expenses from SWAN.

Anyone with a full driving licence, their own vehicle, and a desire to help others is welcome to apply. A DBS and reference check is required and arranged by SWAN, but no prior experience is necessary. "It's incredibly rewarding," said one of SWAN's current volunteers. "I meet wonderful people and knowing that I've helped someone get to an important appointment or simply enjoy a day out makes it all worthwhile."

To find out more or to apply as a volunteer driver with SWAN, please contact Sofia Perkins, Community Transport Scheme Manager by email: sofia@swan-transport.co.uk or visit SWAN's website: swan-transport.com.

SWAN Advice Network is a registered charity based in Radstock, providing transport support across Bath and North-East Somerset.

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Key tick awareness messages

- **'be tick aware'** and remember that you could be exposed to ticks whenever you spend time outdoors, including when in your garden or the local park
- ticks mainly attach to animals, but sometimes they may bite you or your family. It is important to remember that bites can occur on any part of the body and more than one tick can be attached at a time
- you can reduce the chance of tick bites by walking on clearly defined paths, using insect repellent and performing **regular tick checks**
- some tick bites can result in infection, so it is important to remove ticks safely and as quickly as possible
- the safest way to remove a tick is by using a pair of **fine-tipped** tweezers or a tick removal tool
- if you begin to feel unwell with flu-like symptoms, or develop a spreading circular rash (which usually appears within 1 to 4 weeks after being bitten), **contact your GP or dial NHS 111 promptly**

More information

For more information, search for the phrases 'ticks' and 'Lyme disease' on these websites: www.nhs.uk www.gov.uk

www.gov.uk/government/collections/lyme-disease-guidance-data-and-analysis

www.nhs.uk/conditions/lyme-disease/

www.nhs.uk/conditions/tick-borne-encephalitis/

You can also send any ticks you find to our Tick Surveillance Scheme. Visit www.gov.uk/guidance/tick-surveillance-scheme to find out more.

NICE Lyme guidance: www.nice.org.uk/guidance/ng95

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UK Health
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Enjoy the outdoors but 'be tick aware'



'Be tick aware' to avoid tick bites and know how to take action if you or your family get bitten by ticks



Tick sizes compared to a one penny coin

What are ticks?

Ticks are small, spider-like creatures that feed on the blood of animals, including people. The size of a tick can vary, with a larva being as small as a tiny freckle, and fully fed females similar in size to a baked bean.

Where do you find ticks?

Ticks survive in many habitats, but prefer moist areas with leaf litter or longer grass, like in woodland, grassland, moorland, heathland and some urban parks and gardens. Ticks don't fly or jump. They wait on vegetation for a host to pass by, and then climb on. They bite and attach to the skin and feed on blood for several days, before dropping off. Ticks are found throughout the year, but are most active between spring and autumn.

Main health risks

- ticks can sometimes transmit microbes that may cause human diseases such as Lyme disease and tick-borne encephalitis (TBE), though TBE is rare in the UK. It is important to be tick aware and see your GP promptly for diagnosis and treatment if you recognise the symptoms of tick-borne diseases which can include:
 - a flu-like illness, fatigue and muscle and joint pain
 - a characteristic expanding red rash, known as erythema migrans (present in many but not all cases)
 - persistent headache, confusion or sensitivity to bright light
- you may not always remember being bitten by a tick, so if you have spent time outdoors and develop any of these symptoms, seek advice from your GP or dial NHS 111
- Lyme disease can be treated with a course of antibiotics. Without treatment, more serious conditions can develop such as swelling in some joints or problems with the nerves and heart, so prevention and early detection are key
- rarely ticks transmit tick-borne encephalitis (TBE), however the risk in the UK is very low. Symptoms include flu-like illness, persistent headache, confusion and sensitivity to bright light

Avoiding ticks

- walk on clearly defined paths to avoid brushing against vegetation
- wear light-coloured clothes so ticks can be spotted and brushed off
- use repellents such as DEET
- carry out a tick check

Carry out a tick check

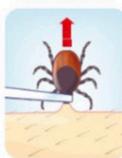
Make it a habit to check your clothes and body regularly for ticks when outdoors and again when you get home. Check your children and pets as well.

Areas that ticks may frequently be found include skin folds, armpits, groin, waistband area, back of the neck and hairline. Data from UKHSA's Tick Surveillance Scheme shows that adults are commonly bitten on the legs, whilst children are commonly bitten on the head or neck area. It is important to remember, however, that bites can occur on any part of the body and more than one tick can be attached at one time.

If you have been bitten

- remove ticks as soon as possible
- the safest way to remove a tick is to use a pair of **fine-tipped tweezers** or a tick removal tool
- grasp the tick as close to the skin as possible
- pull upwards slowly and firmly, as mouthparts left in the skin can cause a local infection
- clean the bite area with antibacterial wash/soap and water, and monitor it for several weeks for any changes
- contact your GP promptly if you begin to feel unwell with flu-like symptoms or develop a spreading circular red rash. Remember to tell them you were bitten by a tick or have recently spent time outdoors

Tick removal with tweezers



Tick in the environment



Tick attached to skin



Lyme disease bullseye rash



Tick found under hair



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Arnica

Arum

Aster

Balm

Briar

Canna

Cosmos

Daisy

Flag

Geum

Iris

Ixia

Jasmine

Lily

May

Musk

Pink

Poker

Poppy

Reseda

Rose

Sesame

Stock

Thrift

Tulip

Whin

Yucca

Yulan

Solution on page 22



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What's On April (continued)

1st April, Wednesday, 8.45am-12noon. Barney's Community Cafe. St Barnabas Church, Mount View, Southdown. Yummy cakes and drinks, no set costs!

2nd April, Thursday, 2.30pm - 4pm. Bear Flat Community Tea. Community Hall, Bruton Avenue. Call in for company, conversation, a hot drink with cream tea and home made cake. No set cost - any donation welcome for Charity.

2nd April, Tuesday, Full Moon

3rd April, Good Friday - bank holiday

3rd April, Friday, 6-9pm. Articulate Craft Group Organisation, Hillside Hall, Hillside Road, Oldfield Park, Bath, BA2 3NX. articulatebath.com, Prebook.

5th April, Easter Sunday

6th April, Easter Monday - bank holiday

7th April, Tuesday, 1pm. Bath Flower Club have a flower arranging demonstration by Coral Gardiner entitled "Natures Spring Palette". The demonstration will start at 1pm. Coffee/tea and cake available before the demo. The arrangements will be raffled at the end of the meeting. Visitors very welcome £8. Contact: susanmsouthgate@aol.com, telephone: 01225 314531. We meet at St Stephen's Church Centre, Lansdown Road, BA1 5SX.

8th April, Wednesday, 10am-12noon. Barney's Community Cafe. St Barnabas Church, Mount View, Southdown. Yummy cakes and drinks, no set costs!

9th April, Thursday, 3-4.30pm Welsh conversation group, Burdall's Yard, London Road, Bath. Organiser Catherine Dhanjal. Call Catherine on 07941669925 or follow <https://www.facebook.com/CymraegBrysteCaerfaddon>

9th April, Thursday, 6.30pm. Bath Dahlia Society, a talk by Rachel Golding Barrett from the Tetbury Flower Company at New Oriel Hall, Larkhall. Annual membership will be £5 and a ticket to the talk will be £10. We are a new Dahlia Society setting up this year and hoping to stage a Dahlia show in September. Rachel is a Flower Farmer and Dahlia grower who has been featured on Gardeners World with an award winning display at RHS Hampton Court flower festival in 2025.

9th April, Thursday, 7.30pm. Weston Village Gardening Club. All Saints Church Weston, Bath 'So you think you know about Gladiolus' Gill Hazell. All welcome Guest fee £5. More details contact: westonvillagegardeningclub@gmail.com

9th April, Thursday, 7.30pm - 9.30pm, Bath Railway Society, An Illustrated Talk by Tim Maynard, 'Signalling the Narrow Gauge'. A look at the signalling systems used on the Ffestiniog and Welsh Highland Railways from the 1860's to the present day, from time interval to the internet. Museum Of Bath At Work, Julian Road, Bath BA1 2RH. All Welcome. Visitors £5.00. Refreshments Available. For further information, see website - www.bathrailwaysociety.co.uk

15th April, Wednesday, 10am-12noon. Barney's Community Cafe. St Barnabas Church, Mount View, Southdown. Yummy cakes and drinks, no set costs!

15th April, Wednesday, 7.30pm. Combe Down Heritage Society monthly talk. The Hub, Mulberry Park, BA2 5BU. Doors open at 7pm. This month we have a talk entitled The Admiralty in Bath given by Tony Coverdale. The Admiralty arrived in Bath in 1939, and stayed for 75 years. How many people were involved, where did they work and what did they do? Tony is a Professional Engineer and amateur Industrial Archaeologist. In a career spanning over 50 years, Tony has been both a Civil Servant and Engineering Officer in the Royal Navy. Entry £4. (£2 for members.) Sign up for our regular emails: membership@combedownheritage.org.uk.

Continued on page 28.....



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- › Cardiac & pulmonary rehabilitation
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- › Arthritis and osteoporosis
- › Pre and post surgery rehabilitation
- › Post hospital/illness rehabilitation
- › Neurological conditions (i.e. stroke)
- › Home environment assessment



Whist Club

The Whist (cards) Club in Saltford Hall, Saltford Hall, Wedmore Road, Saltford, Bristol BS31 3BY are looking for new members.

We meet every Monday with a start time of 13.30hrs sharp, finishing 16.00hrs.

It is a very friendly club who love to play cards, there are currently about 16 members, first week is free and then £3.00 a week.

Anybody interested in joining should contact David on davidvgray13@outlook.com or on **07900 218226**.

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Roundhill Primary Pupils Thrive Outdoors with New Forest School Partnership

Working collaboratively with Ninja Squirrels, a highly skilled forest school provider, and Sporting Sensations, who manage the school's extracurricular clubs, the enrichment of the school's outdoor learning offer has already made a meaningful impact on pupils, both in one-to-one sessions and whole classes.

More than 60 children have already benefitted from the provision, either with their class groups or for individual personalised intervention. All 217 children at the school will have had access by the end of the summer term.

Emma Cooper, headteacher at Roundhill said:

“At Roundhill, learning goes far beyond the classroom.

Our Forest School sessions give children the chance to explore, collaborate and problem-solve, building confidence, resilience and independence. The natural environment also supports wellbeing and self-regulation, helping pupils stay calm, manage risk and work together. Most importantly, they love the freedom, adventure and hands-on learning it brings.”



Chris Pile, Owner and Managing Director of Sporting Sensations said:

“It's been incredibly exciting to introduce Forest School at Roundhill, as this represents a new and inspiring direction for Sporting Sensations. We're delighted to be collaborating with Ninja Squirrels and it's been fantastic to see both the programme and the space develop through the early stages. One of the real highlights has been watching the children take a hands-on role in shaping the forest school area themselves, and then bringing their imagination to life through how they use the space.”

Marley, a pupil in Year 3 said: “I love forest school because we helped build a tree house. I was the first one to try it. It really helps me to be in a good mood”.



Thursday 23rd April is St George's Day, time to celebrate our gorgeous England. Whether your England is found by seeing oak trees, red roses, telephone boxes, green fields, beaches, roast dinners or Stonehenge, or by watching or playing football, rugby, cricket or tennis.

Take a moment or two to stop, look around you, breathe the air and have a smile.

We are so lucky to live somewhere so beautiful,
and truly with so much goodness in it, yes ... truly.

So from us to you...happy St George's Day, happy England Day.

Chelsea Road charity shop raises £350,000 for RUH Bath

H.U.G.S, the much-loved local charity shop on Chelsea Road in Bath, has reached an inspiring fundraising milestone, raising an extraordinary £350,000 to support patient care at the Royal United Hospitals Bath (RUH). This remarkable achievement is the result of years of dedication, teamwork and community spirit from the shop's team, volunteers, donors and loyal customers.

Since 2013, H.U.G.S has supported Cancer Services at the RUH and their fundraising is currently helping RUHX's campaign to bring a new PETCT scanner to the hospital. This state-of-the-art advanced diagnostic equipment will enable clinicians to detect conditions such as cancer and dementia earlier and with greater accuracy, helping patients receive vital answers more quickly.

Aurora and Marijka, shop managers say:

"We find that people love to shop at H.U.G.S because it's a space that connects us all in one way or another. Not only are items and clothes donated and shared, but stories and experiences too. We are all connected to the RUH and people love to give what they can to help. So, from clothes to bric a brac, please feel free to pop in! Quality donations are always welcome – especially clothing and accessories from the 60's, 70's, 80's and 90's!"

Since 2013, HUGS has been a warm and welcoming presence on Chelsea Road — a place where volunteers give their time generously, donors contribute high quality items and shoppers know that every purchase makes a difference to their local community as well as the planet. The shop has become not only a fundraising powerhouse but also a hub of kindness and community connection.

One of the reasons a volunteer decides to give their time back:

"I joined H.U.G.S because after having spent a long time in the RUH as a patient I wanted to give something back. There's a huge sense of community at H.U.G.S with so many locals visiting each day. It's a great place to socialise and chat to wonderful people. I have benefitted from the work of the wonderful nurses and doctors at the RUH and I am happy that I can do my part in supporting them back."

Laura Snell, Events & Community Manager at RUHX says: "We are beyond grateful to the team at H.U.G.S Charity Shop and their customers. Every donated item sorted, every

visitor helped and every shift covered helps us go further to give every patient the extra extraordinary care they deserve. Reaching £350,000 is an extraordinary achievement and shows the level of passion and commitment of everyone involved. Their hard work will have a lasting impact on patients and families in Bath and beyond."



You can find H.U.G.S Charity Shop at 16 Chelsea Road, Bath.

In the shop you'll find pre-loved, vintage and retro clothes, bric-a-brac and children's items.

All profits are donated to RUHX, the official charity of the Royal United Hospitals Bath



1. Where are we, we're not in Bath today?

4. 'We'll all have tea' is a line from which nursery rhyme?

6. Australia's current Parliament House is situated on which hill?

8. Who had her first UK number 1 hit with 'I should be so lucky'?

10. Halley's Comet orbits a solar system in which galaxy?

12. What short name is given to the fruit of a hawthorn?

14. How many years does a silver jubilee celebrate?

16. Which fashion items does Rupert Sanderson design?

2. In which country was the opera singer Placido Domingo born?

3. Which Argentinian dance features in the phonetic alphabet?

5. Forget me not flowers are usually which colour?

7. Which yoga position is also known as padmasana?

9. What common name is given to marker pens with fluorescent ink?

11. What name is given to a two storey bus?

13. Black Mamba is a species of which reptile?

15. On which continent are the Carpathian Mountains?

17. Manuka is a variety of which food?

Answers on page 30



Three cousins born just hours apart at the Royal United Hospitals Bath

In February, cousins Frankie, Connie and Maddox were all born within the space of a single day at the Royal United Hospitals (RUH) Bath NHS Foundation Trust.

The rare coincidence took place on Friday 6 February when Georgie from Bridgegate, South Gloucestershire, gave birth to identical twin girls Frankie and Connie and her brother Billy and his partner Kiera welcomed their son Maddox shortly after.



Georgie said: “It still feels surreal that we all became parents on the very same day. We joked about it happening and then it actually did! It was a very emotional day for us all, one our family will never forget. It was so special seeing the cousins all together and being able to pop down the hall and see one another on the ward.

“The staff at the RUH have been amazing. They kept us calm, reassured and supported throughout, and we can’t thank them enough for the care we all received.”

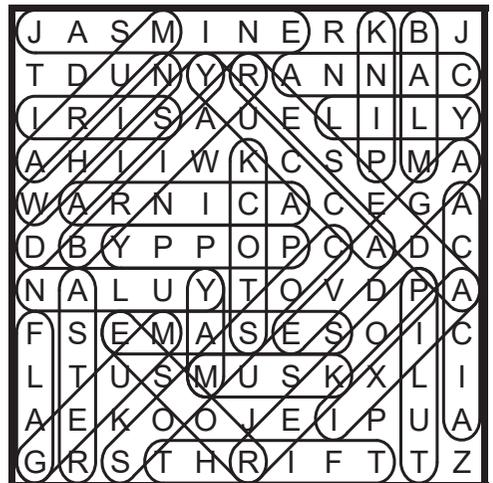
Baby Maddox arrived right on his due date, while twins Frankie and Connie made their appearance a little early. With identical twins occurring in just 1 in 250 births and only 4–5% of babies born on their due date, the family’s triple arrival makes for a truly extraordinary coincidence.

Georgie added: “We can’t wait for all the joint birthday parties in the years to come!”

Sudoku - solution on page 30

		4		6	2		
8		5					9
	7			3	5	6	
			1	5			8
	5	1		2			
				7			2
	3		6		9		4
6				4			3

Wordsearch solution



If you would like to advertise your business or event please email:
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Ingredients

(Makes 6-7 burgers)

2 cans black beans, drained, rinsed, patted dry
1 tablespoon extra virgin olive oil
1/2 of a bell pepper, finely chopped
1/2 of a large onion finely chopped
3 garlic cloves, minced (about 1 Tablespoon)
1/2 cup feta cheese (skip if vegan)
2 large eggs (see note for vegan substitution)
1 tablespoon Worcestershire sauce (see note for vegan version)

2 Tablespoons ketchup, mayo, or BBQ sauce
pinch salt + pepper

Method

Preheat oven to 180C.

Meanwhile, sauté olive oil, chopped pepper, onion, and garlic over medium heat until peppers and onions are soft, about 5-6 minutes. Place in a large bowl or in a food processor with the remaining ingredients (cumin, chili powder, garlic powder, smoked paprika, bread crumbs, cheese, eggs, worcestershire, ketchup, salt, and pepper). Stir or pulse everything together, then add the black beans. Mash with a fork or pulse the mixture, leaving some larger chunks of beans.

Form into patties– about 1/3 cup of mixture in each.

To bake: Place patties on a parchment paper lined baking sheet and bake at 375°F (191°C) for 10 minutes on each side, 20 minutes total. To grill: Place patties on greased aluminium foil and grill 8 minutes on each side. Heat temperature is personal preference as all grills differ. Generally, black bean burgers should grill on medium-high heat about 180C.

Serve with your favourite toppings.
Store leftovers in the refrigerator for up to 5 days.

For vegan burgers, make the following 3 changes;
(1) leave out the Worcestershire sauce
(2) leave out the feta cheese, and (3) replace the eggs with 1/3 cup mashed sweet potato.

Freezing Instructions: Cooked or uncooked black bean burgers freeze wonderfully for up to 3 months. Stack between parchment paper in a freezer container or zipped-top bag.

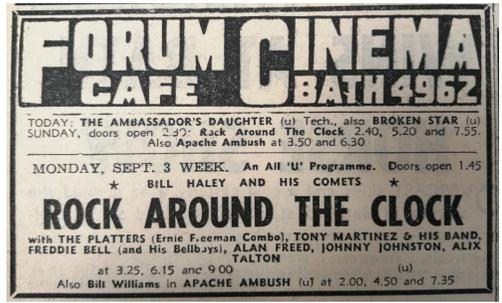


1 1/2 teaspoons ground cumin
1 teaspoon chili powder
1/2 teaspoon garlic powder
1/4 teaspoon smoked paprika
1/2 cup bread crumbs



**LIGHTS! CAMERA! ACTION! : 120
Years of Cinemas and Films in Bath**

This year's special exhibition at the Museum of Bath at Work celebrates all things cinema – probably the most significant cultural development of the 20th century.



Find out about:

- Bath's earliest cinemas
- A timeline history of cinemas in Bath and the surrounding area
- The people who worked there – projectionists, usherettes and managers
- What it was like to go to the cinema in years gone by?
- What did people go and see?
- How films get made
- On location: the films with scenes in Bath
- And much more, including some fun items and memorabilia on display!

Alongside the exhibition we will have film screenings and talks, including the 70th anniversary of Rock Around The Clock – check our website and Facebook page for details. There is also a book to accompany the exhibition, full of original research and fascinating stories about the history of cinemas in our area.



EXHIBITION: LIGHTS! CAMERA! ACTION! :

120 years of Cinemas and Films in Bath

MUSEUM OF BATH AT WORK Julian Road, Bath BA1 2RH

Saturday 9 May – Sunday 29 November 2026

Open every day 9 May-1 November, and weekends in November

Opening hours: 10.30-17.00 (last admission 16.00)

Entry to the exhibition is included when you buy your Museum admission ticket

<https://museumofbath.org>

Have you seen these species?



American bullfrog
Lithobates catesbeianus



Monk parakeet
Myiopsitta monachus



Raccoon
Procyon lotor



Raccoon dog
Nyctereutes procyonoides



Ruddy duck
Oxyura jamaicensis



Sacred ibis
Threskiornis aethiopicus



Siberian chipmunk
Tamias sibiricus



Topmouth gudgeon
Pseudorasbora parva



Black bullhead
Ameiurus melas



Water primrose
Ludwigia grandiflora



Carolina fanwort
Cabomba caroliniana



Japanese needle-grass
Nassella neesiana



Purple pitcher plant
Sarracenia purpurea



Eastern baccharis
Baccharis halimifolia



Broadleaf watermilfoil
Myriophyllum heterophyllum



American lobster
Homarus americanus



Japanese sting winkle
Ocenebrellus inornatus



Marbled crayfish
Procambarus fallax f. virginalis



Yellow-legged (Asian) hornet
Vespa velutina



Chinese mystery snail
Cipangopaludina chinensis

■ **Terrestrial**

■ **Freshwater**

■ **Marine**

The plants and animals depicted on this poster are 'Alert Species' in Great Britain. Invasive non-native species are one of the top threats to global biodiversity, cost the GB economy almost £2 billion a year, and can even harm our health. You can help prevent this by reporting sightings of these species.

Please report sightings immediately with a photo:

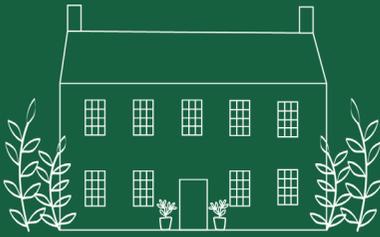
- Online at: <https://irecord.org.uk/enter-non-native-records>
- By email: alertnonnative@ceh.ac.uk

Find out more and report a sighting:



Please note: the relative size of the different species represented is not proportional. This poster is based on a design by the Belgian National Scientific Secretariat on invasive alien species. Images: Belgian Museum of Natural Sciences and Manuel CABALLER - Muséum national d'Histoire naturelle CC BY 4.0. <https://creativecommons.org/licenses/by/4.0>, via Wikimedia Commons

For more information on non-native species visit: nonnativespecies.org



Middlewick House Open Garden 6-7 June 2026



Middlewick House
Corsham • SN13 0PX
10am - 4.30pm

**Don't miss out on an amazing
day for all the family!**

Tickets:

Advance ticket
purchase required

Adults = £20 *
Carer = £10 *
Car Parking = £5 *
Unders 12s go free
* + booking fees



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Wiltshire and Bath Air Ambulance Charity

middlewickhouseopengarden.com



WILTSHIRE
+ BATH AIR
AMBULANCE



Registered Charity: 1144087

What's On April / May (continued)

17th April, Friday, 6-9pm. Articulate Craft Group Organisation, Hillside Hall, Hillside Road, Oldfield Park, Bath, BA2 3NX. articulatebath.com, Prebook.

17th April, Thursday, New Moon

18th April, Saturday, 9.30am - 12.30pm. Bear Flat Community Market Gardening Special with Share and Repair Workshop. Community Hall, Bruton Avenue. Stalls selling a variety of locally made artisan bread and pastries, preserves, jewellery, cards, gifts and plants. Bring along your items to be repaired and gardening tools to be sharpened whilst enjoying a hot drink with home made cake and savouries. Contact details : helenscamell@gmail.com

22nd April, Wednesday, 8.45am-12noon. Barney's Community Cafe. St Barnabas Church, Mount View, Southdown. Yummy cakes and drinks, no set costs!

23rd April, Thursday, St George's Day

29th April, Wednesday, 8.45am-12noon. Barney's Community Cafe. St Barnabas Church, Mount View, Southdown. Yummy cakes and drinks, no set costs!

3rd May, Sunday, 7-9pm. New Oriel Hall, Come and discover Paris singer and song writer, Zoé Fottorino singing french classic numbers with a jazz twist "La chanson française en mode jazz". Tel: 07932 377 130 email: Bath@afbristol.org.uk www.afbristol.org.uk

If you have an event you would like included in Pukka Bath, please email:
pukkabath@live.co.uk
for further information.



6th May, Wednesday, 6.30, Museum of Bath at Work, talk by David Williamson, local historian and author of Bath Between the Wars on the 'General Strike in Bath' . £5 entry.

14th May, Thursday, 6.30, Museum of Bath at Work, Presentation by Dr Trevor Turpin on the 1926 General Strike in and around Bath and showing of The Rank & File BBC film made by Ken Loach in 1971. (Standfast & Solid book for sale).£5 entry.

21st May, Thursday, 6.30 Museum of Bath at Work, Launch of 'Resistance & Resilience - Somerset Miners in the General Strike', Dave Chapple, Somerset Trade Unionist (Book for sale). £5 entry

MS Society + **WESSEX MULTIPLE SCLEROSIS THERAPY CENTRE**

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WEDNESDAY, 20TH MAY 2026
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COFFEE AND BACON ROLL ON ARRIVAL
18 HOLES OF GOLF WITH HALFWAY HOUSE
FOLLOWED BY A TWO COURSE MEAL
AND A SILENT CHARITY AUCTION

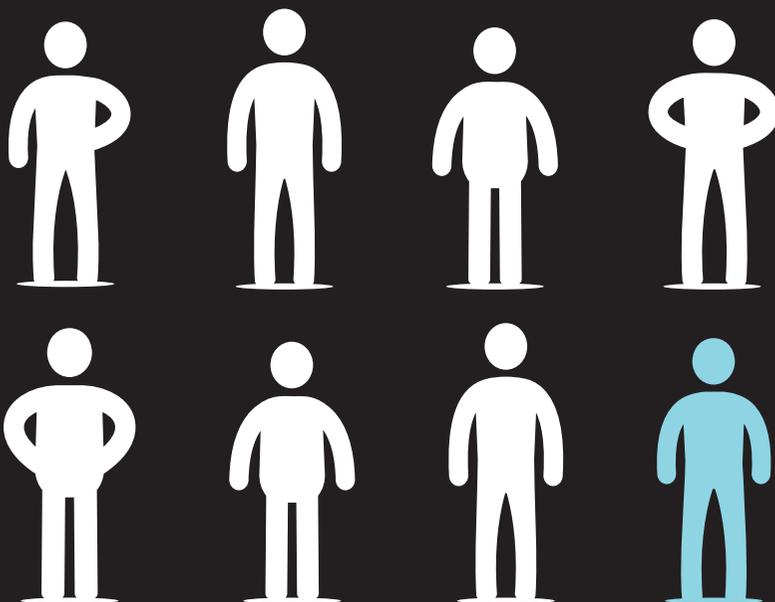
TEAM OF 4 - BOWMAKER
FULL HANDICAP STABLEFORD
WITH THREE OUT OF FOUR TO SCORE.

PLATINUM & GOLD - £45
SILVER & BRONZE - £60
NON-MEMBERS - £70

PLEASE CONTACT - IAN WOOD
woody1276@blueyonder.co.uk
MOB 07769 631262

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Statistics are for men in the UK

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Confidentiality is maintained between callers and Prostate Cancer UK.

Prostate Cancer UK is a registered charity in England and Wales (1005541)
and in Scotland (SC039332). Registered company number 02653887.

MEN4/AUG23 7147

Crossword solution

	1	2	3		4		5		6		7					
	W	O	L	F	O	R	A	T	I	O	N					
8	T		N		9	R	E	D		D	N	E				
10	H	O	W	S	O		11	I	N	V	O	L	V	E		
	E		A		M		O		A		A		D			
12	B	A	R	T		13	T	U	R	N	A	W	A	Y		
	I		D		14	W		S		C						
15	T	E	S	T	E	R		16	R	E	S	17	C	U	18	E
					T		19	C		S		L		X		
20	C	A	21	D	I	L	L	A	C		22	K	E	L	P	
	L		E		A		M		23	D		A		O		
24	I	M	M	E	N	S	E		25	E	L	V	I	S		
	N		O		D		26	R	E	F		E		E		
27	G	A	N	G	S	T	A		28	T	O	R	E			

Sudoku solution

3	1	4	7	9	6	2	5	8
8	6	5	2	1	4	7	3	9
2	7	9	8	3	5	6	4	1
9	2	6	1	5	3	4	8	7
4	8	3	9	6	7	1	2	5
7	5	1	4	2	8	3	9	6
5	4	8	3	7	1	9	6	2
1	3	2	6	8	9	5	7	4
6	9	7	5	4	2	8	1	3

Pukka Bath Quiz answers

1. Photo taken from Kilver Court of the Charlton Viaduct
2. Spain
3. Tango
4. Polly put the kettle on
5. Light blue with yellow centres
6. Capital Hill in Canberra
7. Lotus pose or position
8. Kylie Minogue
9. Highlighter
10. The Milky Way
11. Double Decker
12. Haw
13. Highly venomous snake
14. 25
15. Europe
16. Footwear
17. Honey

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NATIONAL TRADING STANDARDS
Protecting Consumers
Safeguarding Businesses

Department for Business & Trade

citizens advice

Something might be a scam if:

- It seems too good to be true, like you've won a competition you don't remember entering, or a "get rich quick" investment opportunity
- It's unexpected, such as someone you don't know getting in touch or getting a message about a parcel delivery you're not expecting
- You've been asked for personal information like passwords or your bank details
- You're being urged to respond or pay quickly
- You've been asked to pay in an unusual way, for example by gift vouchers or a transfer service
- You are being asked to pay for a product or service before receiving written confirmation of what's been agreed

Remember: If someone pressures you to send money or personal details, it's most likely a scam. Never give money or personal details, like passwords or bank details, to anyone you don't know or have only met online.

If you think someone might be trying to scam you, take the time to get advice. You can contact the Citizens Advice consumer service for help with what to do next, and report scams or suspected scams to Action Fraud on **0300 123 2040**.

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