



Land of Nutrition Antioxidant Truffles

- 1 Cup Organic Pitted Dates (soak in water for 30 min)
- 4 Tbsp Unsweetened Shredded Coconut
- 4 Tbsp Cacao Powder
- 4 tsp chia seeds
- 4 tsp ground flax seed
- 2 tsp coconut oil
- 1-2 drops vanilla extract
- pinch sea salt
- 1-2 Tbsp Cacao Nibs or Mini Chocolate chips (optional)

*Drain Dates and add to food processor with additional ingredients, Process!
Roll into Tablespoons, keep in fridge!
Enjoy!!*