




BASKING RIDGE TOP MIXED MARTIAL ARTS



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2024-2025 TMAA Class Schedule

Effective from: September 3, 2024	MON	TUE	WED	THU	FRI	SAT
11:00 - 03:00	Private Lessons					Junior - All Belts (10:00 - 10:40)
03:30 - 04:00		Little Tiger (Peewee)		Little Tiger (Peewee)		Black Belt (10:40 - 11:20)
04:00 - 04:40	Red/Brown/Jr.Black	Green/Blue/Purple	Red/Brown/Jr.Black	Green/Blue/Purple	Junior - All Belts [White - Jr.Black]	Instructor Training (11:20 - 12:00)
04:40 - 05:20	Black Belt	White/Yellow/Orange	Black Belt	White/Yellow/Orange	Black Belt	 Effective from: September 3, 2024
05:20 - 06:00	Green/Blue/Purple	Red/Brown/Jr.Black	Green/Blue/Purple	Red/Brown/Jr.Black	PoomSae Team	
06:00 - 06:30	Little Tiger (Peewee)	Little Tiger (Peewee)	Little Tiger (Peewee)	Little Tiger (Peewee)	Intensive Class (06:00 - 06:40)	
06:30 - 07:10	White/Yellow/Orange	Green/Blue/Purple	White/Yellow/Orange	Green/Blue/Purple		
07:10 - 07:50	Red/Brown/Jr.Black	Black Belt	Red/Brown/Jr.Black	Black Belt		
07:50 - 08:30	Black Belt	Teen & Adult	Black Belt	Teen & Adult		

2024-2025 Quarterly (Dec. - Jan. - Feb.) TMAA Class Subjects & Events

December 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Date	Class Supplies	Class Subjects
Dec. 2 - 7	Breaking Boards	Breaking/ Basic Motion/ Poomsae
9 - 14	.	Basic Motion/ Poomsae/ Kicking Combination
16 - 21	.	Basic Motion/ Poomsae/ Kicking Combination
23 - Jan. 1	<u>Winter Break</u> (Re-open on Thursday, 01/02/2025)	

December 2024

Upcoming Events
Belt Promotion Test Dec. 19 (No Class)
Make-Up Test Dec. 21 (12:00 PM)
School Closed Dec. 23 - Jan. 1

January 2025

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Date	Class Supplies	Class Subjects
Jan. 2 - 4	Jump Rope, Weapon	Jump Rope/ Weapon/ Self-Defence
6 - 11	Breaking Boards	Breaking/ Basic Motion/ Poomsae
13 - 18	.	Basic Motion/ Poomsae/ Kicking Combination
21 - 25	.	Basic Motion/ Poomsae/ Kicking Combination
27 - 31	.	Basic Motion/ Poomsae/ Kicking Combination

January 2025

Upcoming Events
School Closed Dec. 23 - Jan. 1
School Closed Jan. 20 (MLK Day)
Belt Promotion Test Jan. 30 (No Class)

February 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Date	Class Supplies	Class Subjects
Feb. 1	.	Basic Motion/ Poomsae/ Kicking Combination
3 - 8	Jump Rope, Weapon	Jump Rope/ Weapon/ Self-Defence
10 - 15	Sparring Gear (Red Belt & Above)	Sparring Technique/ Sparring
18 - 22	Breaking Boards	Breaking/ Basic Motion/ Poomsae
24 - 28	.	Basic Motion/ Poomsae/ Kicking Combination

February 2025

Upcoming Events
Make-Up Test Feb. 1 (12:00 PM)
School Closed Feb. 17 (Presidents' Day)

