



BASKING RIDGE TOP MIXED MARTIAL ARTS



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2025 TMMA Class Schedule

Effective from: September 3, 2024	MON	TUE	WED	THU	FRI	SAT
11:00 - 03:00	Private Lessons					Junior - All Belts (10:00 - 10:40)
03:30 - 04:00		Little Tiger (Peewee)		Little Tiger (Peewee)		Black Belt (10:40 - 11:20)
04:00 - 04:40	Red/Brown/Jr.Black	Green/Blue/Purple	Red/Brown/Jr.Black	Green/Blue/Purple	Junior - All Belts [White - Jr.Black]	Instructor Training (11:20 - 12:00)
04:40 - 05:20	Black Belt	White/Yellow/Orange	Black Belt	White/Yellow/Orange	Black Belt	Effective from: September 3, 2024 
05:20 - 06:00	Green/Blue/Purple	Red/Brown/Jr.Black	Green/Blue/Purple	Red/Brown/Jr.Black	PoomSae Team	
06:00 - 06:30	Little Tiger (Peewee)	Little Tiger (Peewee)	Little Tiger (Peewee)	Little Tiger (Peewee)	Intensive Class (06:00 - 06:40)	
06:30 - 07:10	White/Yellow/Orange	Green/Blue/Purple	White/Yellow/Orange	Green/Blue/Purple		
07:10 - 07:50	Red/Brown/Jr.Black	Black Belt	Red/Brown/Jr.Black	Black Belt		
07:50 - 08:30	Black Belt	Teen & Adult	Black Belt	Teen & Adult		

2025 Quarterly (March - April - May) TMMA Class Subjects & Events

March 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

Date	Class Supplies	Class Subjects
Mar. 1	.	Basic Motion/ Poomsae/ Kicking Combination
3 - 8	.	Basic Motion/ Poomsae/ Kicking Combination
10 - 15	.	Basic Motion/ Poomsae/ Kicking Combination
17 - 22	Jump Rope,Weapon	Jump Rope/ Weapon/ Self-Defence
24 - 29	Sparring Gear (Red Belt & Above)	Sparring Technique/ Sparring

March 2025

Upcoming Events	
	Belt Promotion Test March 13 (No Class)
	Make-Up Test March 15 (12:00 PM)

April 2025

SUN	MON	TUE	WED	THU	FRI	SAT
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Date	Class Supplies	Class Subjects
Mar. 31 - Apr. 5	Breaking Boards	Breaking/ Basic Motion/ Poomsae
7 - 12	.	Basic Motion/ Poomsae/ Kicking Combination
14 - 19	.	Basic Motion/ Poomsae/ Kicking Combination
21 - 26	.	Basic Motion/ Poomsae/ Kicking Combination
28 - 29	.	Basic Motion/ Poomsae/ Kicking Combination

April 2025

Upcoming Events	
	Belt Promotion Test April 30 (No Class)

May 2025

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Date	Class Supplies	Class Subjects
May 1 - 3	.	Basic Motion/ Poomsae/ Kicking Combination
5 - 10	Jump Rope,Weapon	Jump Rope/ Weapon/ Self-Defence
12 - 17	Sparring Gear (Red Belt & Above)	Sparring Technique/ Sparring
19 - 24	Breaking Boards	Breaking/ Basic Motion/ Poomsae
27 - 31	.	Basic Motion/ Poomsae/ Kicking Combination

May 2025

Upcoming Events	
	Make-Up Test May 3 (12:00 PM)
	School Closed May 26 (Memorial Day)