

# June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:45a Drillz for Skillz 10a Intro Spin Pole <b>11a FREE POLE FUND I</b>
2 5:30p Fund I (A) 6:30p Fund II/III (B)	3 5p Yoga 6p Aerial Pole I/II (B) 6:30p Aerial Silk Tricks 6:50p Pole Cardio 7:45p Fund I (C) 8:45p Pole-ates	4 12p Guided Freestyle 5:30p Technique Tune Up 6:20p Tricks & Transitions 7p Aerial Silk Fitness 7p Fund II/III (C)	5 5:30p XaBeat 6:30p Fund I (B) 6:30p Fund II/III (B) 6:30p Aerial Silk Fitness 7:30p Aerial Pole II/III (D)	6 6p Aerial Pole I/II (C) 7p Fund I (B) 7p Aerial Silk Fitness 8p Yoga	7 12p Barre 6p Floorwork 7p Flow	8 8:45a Drillz for Skillz 10a Intro Spin Pole 11a Fund I (B)
9 5:30p Fund I (B) 6:30p Fund II/III (C)	10 5p Yoga 6p Aerial Pole I/II © 6:30p Aerial Silk Tricks 6:50p Pole Cardio 7:45p Fund I (D) 8:45p Pole-ates	11 12p Guided Freestyle 5:45p Tricks & Transitions 7p Aerial Silk Fitness 7:15p Fund II/III (D)	12 6:30p Fund I (C) 6:30p Fund II/III (C)	13 6p Aerial Pole I/II (D) 7p Fund I (C) 7p Aerial Silk Fitness 8p Yoga	14 12p Barre <b>6p FREE FLOORWORK</b> 7p Flow	15 8:45a Drillz for Skillz 10a Intro Spin Pole 11a Fund I (C)
16 5:30p Fund I (C) 6:30p Fund II/III (D)	17 5p Yoga 6p Aerial Pole I/II (D) 6:30p Aerial Silk Tricks 6:50p Pole Cardio 7:45p Fund I (A) 8:45p Pole-ates	18 5:45p Tricks & Transitions 7p Aerial Silk Fitness 7:15p Fund II/III (A)	19 5:30p XaBeat 6:30p Fund I (D) 6:30p Fund II/III (D) 6:30p Aerial Silk Fitness 7:30p Aerial Pole II/III (B)	20 6p Aerial Pole I/II (A) 7p Fund I (D) 7p Aerial Silk Fitness 8p Yoga	21 12p Barre 6p Floorwork 7p Flow	22 8:45a Drillz for Skillz
23 5:30p Fund I (D) 6:30p Fund II/III (A)	24 5p Yoga 6p Aerial Pole I/II (A) 6:30p Aerial Silk Tricks 6:50p Pole Cardio 7:45p Fund I (B) 8:45p Pole-ates	25 5:45p Tricks & Transitions 7p Aerial Silk Fitness 7:15p Fund II/III (B)	26 5:30p XaBeat 6:30p Fund I (A) 6:30p Fund II/III (A) 6:30p Aerial Silk Fitness 7:30p Aerial Pole II/III (C)	27 6p Aerial Pole I/II (B) <b>7p FREE POLE FUND I</b> 7p Aerial Silk Fitness 8p Yoga	28 12p Barre 6p Floorwork 7p Flow	29 8:45a Drillz for Skillz 10a Intro Spin Pole 11a Fund I (D) <b>1p HIP &amp; BOOTY WKSHP</b>
30 5:30p Fund I (A) 6:30p Fund II/III (B)						

## Zero Gravity Alternative Fitness

3350 35th Ave S. Suite 7

Fargo, ND

zerogravityfargo.com

701-630-5866

*Hip Movement & Booty Shaking Workshop*

*June 29th @ 1pm-2:15pm*

*\$20 - Tickets Available Online or by Phone*

## FREE CLASSES

**Pole: June 1st @ 11 am**

**June 27th @ 7 pm**

**Floorwork: June 14th @ 6 pm**

**SIGN UP FOR CLASSES TODAY!**

