

March 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 5p Fund I (A) 6p Tricks and Transitions 6p Twerk Out 6:30p Aerial Silk Tricks 6:50p Technique Refinement 7:45p Pound	2 5:30p Fund III-All (D) 5:45p Fund II/III (D) 6:30p Aerial Silk Fitness 6:45p Fund I (A)	3 5:30p Aerial Silk Yoga 6:30p Fund I (C) 6:30p Fund II/III (C) 7:30p Aerial Pole I/II (A)	4 5p XaBeat 5:45p Floorwork 6p Aerial Pole I/II (B) 6:30p Interm Lyra 7p Fund II (A) 7p Interm Spin Pole	5 6:30p Heel Technique 7:30p Beginner Series	6 9a XaBeat
7 12p Beginner Series 4:30p Aerial Spin Pole 5:30p Skill Roulette 6:30p Holistic Stretch	8 5p Fund I (B) 6p Tricks and Transitions 6p Twerk Out 6:30p Aerial Silk Tricks 6:50p Technique Refinement 7:45p Pound	9 5:30p Fund III-All (A) 5:45p Fund II/III (A) 6:30p Aerial Silk Fitness 6:45p Fund I (B)	10 5:30p Aerial Silk Yoga 6:30p Fund I (D) 6:30p Fund II/III (D) 7:30p Aerial Pole I/II (B)	11 5p XaBeat 5:45p Floorwork 6p Aerial Pole I/II (C) 6:30p Interm Lyra 7p Fund I (B) 7p Interm Spin Pole	12 5:30p Intro Spin Pole 6:30p Heel Technique 7:30p Beginner Series	13 9a XaBeat
14 12p Beginner Series 4:30p Aerial Spin Pole 5:30p Skill Roulette 6:30p Holistic Stretch	15 5p Fund I (C) 6p Tricks and Transitions 6p Twerk Out 6:30p Aerial Silk Tricks 6:50p Technique Refinement 7:45p Pound	16 5:45p Fund II/III (B) 6:45p Fund I (C)	17 5:30p Aerial Silk Yoga 6:30p Fund I FREE CLASS 6:30p Fund II/III (A) 7:30p Aerial Pole I/II (C)	18 5p XaBeat 6:30p Aerial Silk Fitness 6p Aerial Pole I/II (D) 6:30p Interm Lyra 7p Fund I (D) 7p Interm Spin Pole	19 6:30p Heel Technique 7:30p Beginner Series	20 9a XaBeat
21 12p Beginner Series 4:30p Aerial Spin Pole 5:30p Skill Roulette 6:30p Holistic Stretch	22 5p Fund I (D) 6p Tricks and Transitions 6p Twerk Out 6:30p Aerial Silk Tricks 6:50p Technique Refinement 7:45p Pound	23 5:30p Fund III-All (B) 5:45p Fund II/III (C) 6:30p Aerial Silk Fitness 6:45p Fund I (D)	24 5:30p Aerial Silk Yoga 6:30p Fund I (B) 6:30p Fund II/III (B) 7:30p Aerial Pole I/II (D)	25 5p XaBeat 5:45p Floorwork 6p Aerial Pole I/II (A) 6:30p Interm Lyra 7p Fund I (D) 7p Interm Spin Pole	26 5:30p Intro Spin Pole 6:30p Heel Technique 7:30p Beginner Series	27 9a XaBeat
28 12p Beginner Series 4:30p Beginner Lyra 4:30p Aerial Spin Pole 5:30p Skill Roulette 6:30p Holistic Stretch	29 5p Fund I (A) 6p Tricks and Transitions 6p Twerk Out 6:30p Aerial Silk Tricks 6:50p Technique Refinement 7:45p Pound	30 5:30p Fund III-All (C) 5:45p Fund II/III (D) 6:30p Aerial Silk Fitness 6:45p Fund I FREE CLASS	31 5:30p Aerial Silk Yoga 6:30p Fund I (C) 6:30p Fund II/III (C) 7:30p Aerial Pole I/II (A)			

Zero Gravity Alternative Fitness

3350 35th Ave S. Suite 7

Fargo, ND

701-630-5866

zerogravityfargo.com

Save the Date
Enchanted Showcase
April 17th, 2021

FREE CLASSES:

FUND 1- MARCH 17th @ 6:45p

MARCH 30th @ 6:30p

SIGN UP FOR CLASSES TODAY!