

Chefs Pantry Allergy Information Sheet - Autumn & Winter 2026-27

19 OCTOBER 2026	Gluten	Cereals Containing Gluten	Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Savoury Pies																
Steak & Kidney	✓			✓												
Steak, Ale & Mushroom	✓			✓												
Steak & Stilton	✓			✓				✓								
Steak Onion & Guinness	✓			✓												
The Square One, Minced Beef, Potato, Carrots & Swede	✓			✓												
Venison with Mushrooms & Onions	✓			✓												
Chicken, Brie & Cranberry	✓			✓				✓								
Chicken, Leek & Bacon	✓			✓				✓								
Chicken & Mushroom	✓			✓				✓								
Mushroom, Leek, Spinach & Stilton	✓			✓				✓								
Trio of Cheese and Spinach	✓			✓				✓								
Quiche																
Cheese & Onion	✓			✓				✓				✓				
Quiche Lorraine	✓			✓				✓				✓				
Stilton & Broccoli	✓			✓				✓				✓				
Spanish (Mixed Peppers)	✓			✓				✓				✓				
Tomato & Basil	✓			✓				✓				✓				
Tomato, Mozzarella Pearls & Pesto	✓			✓				✓	✓	Cashew		✓				
Herby Sausage, Kale & Swiss Cheese	✓			✓				✓				✓				
Crispy Bacon & Mushroom	✓			✓				✓				✓				
Ricotta, Spinach & Mushroom	✓			✓				✓				✓				
Roasted Mediterranean Vegetable	✓			✓				✓				✓				
Caramelised Red Onion & Brie	✓			✓				✓				✓				
Other Savoury																
Sausage Rolls (Jumbo, 6", Cocktail)	✓			✓												
Cheese & Bacon Turnover	✓			✓				✓								
Vegetarian Lasagne	✓							✓	✓							
Beef Lasagne	✓								✓							
Tray Bakes																
School Days Slice - Vanilla Cake with Buttercream & Sprinkles	✓			✓				✓						✓		
Millionaires Shortbread	✓							✓	✓					✓		
Carrot Cake	✓			✓				✓						✓		
Chocolate Brownie	✓			✓				✓						✓		
Chocolate Vermicelli	✓			✓				✓						✓		
Maple & Pecan Flapjack		✓							✓	Pecan						
Tiffin	✓	✓						✓	✓					✓		
Lemon Drizzle	✓			✓				✓	✓					✓		
Giant Shortbreads																
Plain Giant Shortbread	✓															
Cherry Giant Shortbread	✓													✓		
Chocolate Giant Shortbread	✓							✓								

19 OCTOBER 2026	Cereals Containing Gluten	Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Coffee Shops & Tea Rooms															
Lemon & Elderflower Sponge	✓			✓									✓		
Chocolate & Orange Loaf	✓							✓					✓		
Lemon & Blueberry Cake	✓			✓			✓	✓					✓		
Rhubarb & Custard Crumble Cake	✓			✓				✓					✓		
Farmhouse Fruit Cake	✓			✓									✓		
Raspberry & Coconut Cake	✓			✓				✓					✓		
Kentish Apple Cake	✓			✓				✓					✓		
Caramel Fudge Cake	✓			✓				✓					✓		
Goosey Ginger & Honey	✓			✓				✓							
Toffee Apple Cake	✓			✓				✓					✓		
Iced Bakewell	✓			✓			✓	✓					✓		
Victoria Sponge	✓			✓									✓		
Passion Cake	✓			✓				✓	✓	Walnut			✓		
Apricot & Pistachio Cake	✓			✓				✓	✓	Pistachio			✓		
Coffee & Walnut Cake	✓			✓			✓	✓	✓	Walnut					

Gluten Free Range															
Chocolate & Raspberry Cake				✓				✓					✓		
Lemon Delight Cake				✓			✓	✓							
Spiced Apple & Sultana Cake				✓				✓					✓		
Chocolate Brownie				✓				✓							
Toffee Tormet Cake				✓				✓					✓		
Jammy Coconut Slice				✓				✓					✓		

Vegan Range															
Vegan Lemon Cake	✓						✓						✓		
Vegan Cherry Almond Cake	✓						✓						✓		
Vegan Coffee Biscoffee Cake	✓												✓		
Vegan Chocolate & Orange Cake	✓						✓						✓		
Vegan Raspberry Ripple Cake	✓						✓						✓		

Scones															
Sultana Scones	✓			✓			✓	✓					✓		
Cheese Scones	✓			✓				✓							
Plain Scones	✓			✓			✓	✓							

Profiteroles															
Long Life Cream Profiteroles	✓			✓			✓	✓							
Crème Patissiere Profiteroles	✓			✓				✓							

From Our Pantry															
Strawberry Preserve Cheesecake	✓	✓					✓	✓							
Raspberry Preserve Cheesecake	✓	✓					✓	✓					✓		
Red Cherry Preserve Cheesecake	✓	✓					✓	✓							
Black Cherry Preserve Cheesecake	✓	✓					✓	✓					✓		
Blackcurrant Preserve Cheesecake	✓	✓					✓	✓							
Lemon Preserve Cheesecake	✓	✓		✓			✓	✓							
Fresh Fruit Strawberry Cheesecake	✓	✓					✓	✓							
Fresh Fruit Raspberry Cheesecake	✓	✓					✓	✓					✓		
Fresh Fruit Mandarin Cheesecake	✓	✓					✓	✓							
Fresh Fruit Blackcurrant Cheesecake	✓	✓					✓	✓							
Fresh Fruit Woodland Fruits Cheesecake	✓	✓					✓	✓					✓		

19 OCTOBER 2026	Cereals Containing Gluten	Oats	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
From Our Pantry															
Biscoff Cheesecake	✓	✓					✓	✓							
Tiramisu Cheesecake	✓	✓		✓			✓	✓					✓		
Apple Crumble Cheesecake	✓	✓					✓	✓							
Banoffee Pie	✓	✓					✓	✓							
Mulled Pear and Ginger Crumble	✓												✓		
Apple, Sultana and Cinammon Strudel	✓			✓				✓					✓		
Chocolate Fudge Cake	✓			✓			✓	✓					✓		
Romeo & Juliet	✓	✓					✓	✓							
Cheery, Almond & Pistachio Frangipan	✓			✓				✓	✓	Pistachio					
Black Forest Roulade	✓			✓			✓	✓					✓		
Fruit Pies															
Apple & Blackberry Pie	✓			✓											
Apple Pie	✓			✓											
Gypsy Tart	✓							✓					✓		
Tarte au Citron	✓			✓			✓	✓							
Tarte au Citron (Without Decoration)	✓			✓				✓							
Lemon Meringue Pie	✓			✓											
Square Foiled Sticky Toffee Pudding	✓			✓			✓	✓							
Square Foiled Spotted Dick Pudding	✓			✓				✓			✓				
Treacle Tart	✓												✓		
Individual Desserts															
Limoncello & Amaretto Cheesecake				✓			✓	✓	✓	Almond					
Apple Cinammon Tarts	✓			✓				✓							
Tarte au Citron	✓			✓			✓	✓							
Lemon Meringue Pie	✓			✓											
Toffee Paris Brest	✓			✓			✓	✓					✓		
Ultimate Fresh Fruit Tart	✓			✓			✓	✓							
Salted Caramel & Chocolate Tart	✓						✓	✓					✓		
Strawberry Sweetheart Shortcake	✓						✓	✓							
Ultimate Strawberry Tarts	✓			✓			✓	✓							
Banoffee Pie	✓			✓			✓	✓							
Toffee & Honeycomb Cheesecake	✓	✓					✓	✓							
Caramel Tarts	✓			✓			✓	✓					✓		
Ind. Iced Bakewell Tarts	✓			✓			✓	✓					✓		
Ind. Gypsy Tarts	✓			✓				✓							