



MONDAY, JANUARY 4TH

The Hitter's Approach

Developing an aggressive hitting mentality...

This camp is designed to help players understand the physical performance advantages of mental preparation before, during, and after a plate appearance. Our Hitting Coaches will break down the cerebral aspects of At-Bats to help players understand how important a strong mental approach is to success...

During the clinic, players will cover:

- Count adjustments
- Situational hitting
- Off-speed pitch approach
- Hitting to opposite field
- Subtle physical adjustments
- In-bat alterations to sequences
- Mental recovery
- Recognizing tendencies
- On-deck tactics
- And more...

\$25 FOR NISE MEMBERS

\$35 FOR NON-MEMBERS

Modified and High School Baseball (7th thru 12th Grade)

Monday, January 4th from 6:00 to 8:00

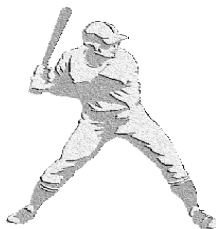
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Name: _____ Age: _____

Home Phone: _____ Cell Phone: _____

E-Mail: _____

Amount Enclosed: _____



Please complete and return bottom portion either by mail or in person to:

Niagara International Sports & Entertainment, LLC
6929 Williams Rd.
Niagara Falls, NY 14304
(716)816-5169

**If paying by check, please make check out to Niagara International Sports & Entertainment*