



# WEDNESDAY, JANUARY 13<sup>TH</sup>

## The Hitter's Approach - Group 2

*Developing an aggressive hitting mentality...*

This camp is designed to help players understand the physical performance advantages of mental preparation before, during, and after a plate appearance. Our Hitting Coaches will break down the cerebral aspects of At-Bats to help players understand how important a strong mental approach is to success...

During the clinic, players will cover:

- Count adjustments
- Situational hitting
- Off-speed pitch approach
- Hitting to opposite field
- Subtle physical adjustments
- In-bat alterations to sequences
- Mental recovery
- Recognizing tendencies
- On-deck tactics
- And more...

**\$25 FOR NISE MEMBERS**

**\$35 FOR NON-MEMBERS**

**Modified and High School Baseball (7th thru 12th Grade)**

**Wednesday, January 13th from 7:00 to 9:00**

### The Hitter's Approach

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_



Please complete and return bottom portion either by mail or in person to:

Niagara International Sports & Entertainment, LLC  
6929 Williams Rd.  
Niagara Falls, NY 14304  
(716)816-5169

*\*If paying by check, please make check out to Niagara International Sports & Entertainment*