

NAME	PHONE	ADDRESS	PANTRY OR FOOD BOXES HOURS	NOTES	WEBSITE
7th Street Food Pantry and Outreach	602-803-0890	4223 S. 7th St, Phoenix, AZ 85040	Tuesday 6 PM - 8 PM and Wednesday 10 am - 12 pm	Free Food Pantry	https://www.7thstreetfoodpantry.com/
Agua Fria Food Bank	623-932-9135	405 E. Harrison Dr, Avondale, AZ 85323	Monday - Friday 8:00 am - 12:00 pm	Appointment Required	
AZ Emergency Food Boxes	211	Various locations in AZ		Resource for help: Food, Housing, Insurance, Behavioral and Transportation	
AZ Food Bucks Now for active SNAP participants	n/a	Available at select AZ locations	Food Vouchers Up to \$40 per day	Requires an active EBT card (temporary program begins November 1, 2025)	https://www.211AZ.org
Christ Evangelical Lutheran Church Outreach Program	623-932-2394	918 S. Litchfield Rd, Goodyear, AZ 85338	Tuesday 8:00 am - 11:30 am	Grocery Pick up's - Building B	https://doubleupaz.org/locations/
Desert Mission Food Bank	602-870-6062	9229 N. 4th St, Phoenix, AZ 85020	Monday - Thursday 9:00 am - 11:30 am	Free Food Boxes - No Restrictions - ID Not required	
Harvest Compassion Center West Phoenix	602-841-7110	5608 N. 27th Ave, Phoenix, AZ 85017	Monday, Tuesday, Thursday 9:00 am - 11:00 am	Free Food and Clothing, ID Required	
Harvest Compassion Center Maryvale	623-247-0039	4002 N. 67th Ave, Phoenix, AZ 85033	Tuesday, Friday and Saturday 9:00 am - 11:00 am	Free Food and Clothing, ID Required	https://nourishphx.org/
Harvest Compassion Center North Phoenix	602-788-2444	4744 E. Thunderbird Rd, Phoenix, AZ 85022	Monday, Wednesday and Saturday 9:00 am - 11:00 am	Free Food and Clothing, ID Required	
Matthew's Crossing	480-857-2296	1368 N. Arizona Ave. #112, Chandler, AZ	Mon, Tues, Thurs, Friday 8:00-11 am (Wed 4-6pm)	Free Emergency Food Boxes, Photo ID Required (May receive Food Box every 14 days)	
NourishPHX	602-254-7450	501 S. 9th Ave, Phoenix, AZ 85007	Monday -Friday 9:00 am - 11:00 am	Free Food Pantry, Bring IDs of everyone in the household & Proof of address	https://usda.gov https://www.westvalleycommunityfoodpantry.org/
Paz de Cristo	480-464-2370	424 W Broadway Rd, Mesa, AZ	Tuesday 9:00 - 11:00 am (except last Tues of month)	Free Food Boxes, Drive through - Bring ID & Proof of Residency within 30 days (Nov 4, 18 & 25th, 2025)	
Phoenix Rescue Mission Hope For Hunger	602-773-4344	5606 N. 55th Ave, Glendale, AZ 85301	Monday - Friday 7:30 am - 12:00 pm	Free Food Box - ID required	
Rio Vista Center	602-243-1866	1431 E. Southern Ave, Phoenix, AZ 85040	Tuesday, Wednesday, Thursday 9:00 am - 11:30 am	1 Free Box of non-perishables each week (Farmer's Market each day)	
Salvation Army Chandler	480-963-2041	85 E Saragosa St, Chandler, AZ 85225	Tuesday - Friday 8:30 - 11:30 am	Free Food Pantry, Bring ID and Proof of Residency	
St. Mary's Food Bank Phoenix	602-242-3663	3131 W. Thomas Rd, Phoenix, AZ 85017	Monday - Friday 8:00 am - 1:30 pm	Free Food Boxes - Drive through, also serves walk-ins. Photo ID required or address verification	
St. Mary's Food Bank in Surprise	602-242-3663	13050 W. Elm St, Surprise, AZ 85378	Monday - Friday 8:00 am - 1:30 pm	Free Food Boxes - Drive through. Photo ID required or address verification	
USDA "TEFAP" The Emergency Food Assistance Program		Online select your state		Free groceries, doesn't compete with SNAP. Income limits are higher than SNAP	
West Valley Community Food Pantry	623-848-8278	7205 N. 51st Ave, Glendale, AZ 85301	Monday, Wednesday, Thursday 9:00 am - 12:00 pm	Free Food Pantry, Bring IDs of everyone in the household & Proof of address	