



2024 SOUTH CENTRAL ZONE SUMMER CHAMPIONSHIP

JULY 26 - 28 • ROBSON & LINDLEY AQUATIC CENTER, TX

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Team Rankings - Through Event 47****Women - Team Scores**

Place	Team	Points
1	Lone Star Masters	1,401
2	Masters of South Texas	371
3	O2 Performance Aquatics	203
4	Texas Ford Aquatics Masters	190
5	City of Plano Swimmers Wetcats	95
6	Terrapin Masters	94
7	Mid-Cities Arlington Swimming	84
8	Houston Cougar Masters	68
9	Arizona Masters Swim Club Inc	66
10	Tulsa Masters Swim Club	61
11	Colonials 1776	60
12	Ensworth Aquatics Masters	54
13	North Carolina Masters Swimmin	52
14	Minnesota Masters Swim Club	50
15	Little Rock Masters	48
16	Jim Montgomery Masters Swim	40
17	Swim Melbourne Masters	36
17	Southern Masters Swimmers	36
19	Woodlands Masters Swim Team	34
20	Longhorn Aquatics	25
21	Rice Aquatic Masters	23
22	Cowtown Swimming	19
23	Team Redbird	18
23	Colorado Masters Swimming	18
Total		3,146.00

Men - Team Scores

Place	Team	Points
1	Lone Star Masters	1,763
2	Masters of South Texas	185
3	O2 Performance Aquatics	168
4	Terrapin Masters	158
5	Longhorn Aquatics	156
6	Cowtown Swimming	121
7	Texas Ford Aquatics Masters	102
8	Rice Aquatic Masters	75
9	Mid-Cities Arlington Swimming	65
10	Colonials 1776	64
11	Fort Worth Area Swim Team	61
12	New Braunfels Masters Swimmers	58
13	Club Tribe	57
14	Fina	55
15	Little Rock Masters	52
16	North Carolina Masters Swimmin	45
17	Arizona Masters Swim Club Inc	44

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Team Rankings - Through Event 47****Men - Team Scores**

Place	Team		Points
18	Schwimmclub Kreuzlingen	Schwimmclub Kreuzlingen	39
19	Southeastern Area Masters Swim	Southeastern Area Masters Swim	36
19	Team Walker	Team Walker	36
21	Novaquatics Masters	Novaquatics Masters	26
22	St Pete Masters Inc	St Pete Masters Inc	20
23	Southern Masters Swimmers	Southern Masters Swimmers	18
24	Woodlands Masters Swim Team	Woodlands Masters Swim Team	17
25	Houston Cougar Masters	Houston Cougar Masters	16
26	Texas Gold Georgetown Masters	Texas Gold Georgetown Masters	14
27	Austin Swim Club	Austin Swim Club	13
28	Team Redbird	Team Redbird	8
28	Central Texas Masters Swimmers	Central Texas Masters Swimmers	8
30	Jim Montgomery Masters Swim	Jim Montgomery Masters Swim	3
Total			3,483.00

Combined Team Scores

Place	Team		Points
1	Lone Star Masters	Lone Star Masters	3,444
2	Masters of South Texas	Masters of South Texas	624
3	O2 Performance Aquatics	O2 Performance Aquatics	371
4	Texas Ford Aquatics Masters	Texas Ford Aquatics Masters	292
5	Terrapin Masters	Terrapin Masters	270
6	Longhorn Aquatics	Longhorn Aquatics	181
7	Mid-Cities Arlington Swimming	Mid-Cities Arlington Swimming	149
8	Cowtown Swimming	Cowtown Swimming	140
9	City of Plano Swimmers Wetcats	City of Plano Swimmers Wetcats	127
10	Colonials 1776	Colonials 1776	124
11	Arizona Masters Swim Club Inc	Arizona Masters Swim Club Inc	110
12	Little Rock Masters	Little Rock Masters	100
13	Rice Aquatic Masters	Rice Aquatic Masters	98
14	North Carolina Masters Swimmin	North Carolina Masters Swimmin	97
15	Houston Cougar Masters	Houston Cougar Masters	84
16	Fort Worth Area Swim Team	Fort Worth Area Swim Team	61
16	Tulsa Masters Swim Club	Tulsa Masters Swim Club	61
18	New Braunfels Masters Swimmers	New Braunfels Masters Swimmers	58
19	Club Tribe	Club Tribe	57
20	Fina	Fina	55
21	Ensworth Aquatics Masters	Ensworth Aquatics Masters	54
21	Southern Masters Swimmers	Southern Masters Swimmers	54
23	Woodlands Masters Swim Team	Woodlands Masters Swim Team	51
24	Minnesota Masters Swim Club	Minnesota Masters Swim Club	50
25	Jim Montgomery Masters Swim	Jim Montgomery Masters Swim	43
26	Schwimmclub Kreuzlingen	Schwimmclub Kreuzlingen	39
27	Southeastern Area Masters Swim	Southeastern Area Masters Swim	36
27	Team Walker	Team Walker	36

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Team Rankings - Through Event 47****Combined Team Scores**

Place	Team		Points
27	Swim Melbourne Masters	Swim Melbourne Masters	36
30	Team Redbird	Team Redbird	26
30	Novaquatics Masters	Novaquatics Masters	26
32	St Pete Masters Inc	St Pete Masters Inc	20
33	Colorado Masters Swimming	Colorado Masters Swimming	18
34	Texas Gold Georgetown Masters	Texas Gold Georgetown Masters	14
35	Austin Swim Club	Austin Swim Club	13
36	Central Texas Masters Swimmers	Central Texas Masters Swimmers	8
Total			7,027.00

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Team Rankings - Through Event 47****Combined Team Scores - Arizona-48**

Place	Team	Points
1	Arizona Masters Swim Club Inc	110
Arizona Masters Swim Club Inc		110.00

Combined Team Scores - Arkansas-23

Place	Team	Points
1	Little Rock Masters	100
Little Rock Masters		100.00

Combined Team Scores - Colorado-32

Place	Team	Points
1	Colorado Masters Swimming	18
Colorado Masters Swimming		18.00

Combined Team Scores - Delaware Valley-8

Place	Team	Points
1	Colonials 1776	124
Colonials 1776		124.00

Combined Team Scores - Florida-14

Place	Team	Points
1	Swim Melbourne Masters	36
2	St Pete Masters Inc	20
St Pete Masters Inc		56.00

Combined Team Scores - Gulf-25

Place	Team	Points
1	Rice Aquatic Masters	98
2	Houston Cougar Masters	84
3	Woodlands Masters Swim Team	51
Woodlands Masters Swim Team		233.00

Combined Team Scores - Indiana-16

Place	Team	Points
1	Southeastern Area Masters Swim	36
Southeastern Area Masters Swim		36.00

Combined Team Scores - LSC Unknown

Place	Team	Points
1	Fina	55
2	Schwimmclub Kreuzlingen	39
Schwimmclub Kreuzlingen		94.00

Combined Team Scores - Minnesota-30

Place	Team	Points
1	Minnesota Masters Swim Club	50
Minnesota Masters Swim Club		50.00

Combined Team Scores - No LMSC-

Place	Team	Points
1	Fina	55
2	Schwimmclub Kreuzlingen	39

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Team Rankings - Through Event 47****Total 94.00****Combined Team Scores - North Carolina-13**

Place	Team	Points
1	North Carolina Masters Swimmin	97
		Total 97.00

Combined Team Scores - North Texas-26

Place	Team	Points
1	Lone Star Masters	3,444
2	O2 Performance Aquatics	371
3	Texas Ford Aquatics Masters	292
4	Mid-Cities Arlington Swimming	149
5	Cowtown Swimming	140
6	City of Plano Swimmers Wetcats	127
7	Fort Worth Area Swim Team	61
8	Jim Montgomery Masters Swim	43
		Total 4,627.00

Combined Team Scores - Oklahoma-27

Place	Team	Points
1	Tulsa Masters Swim Club	61
		Total 61.00

Combined Team Scores - Potomac Valley-10

Place	Team	Points
1	Terrapin Masters	270
		Total 270.00

Combined Team Scores - South Texas-43

Place	Team	Points
1	Masters of South Texas	624
2	Longhorn Aquatics	181
3	New Braunfels Masters Swimmers	58
4	Team Walker	36
5	Texas Gold Georgetown Masters	14
6	Austin Swim Club	13
7	Central Texas Masters Swimmers	8
		Total 934.00

Combined Team Scores - Southeastern-15

Place	Team	Points
1	Ensworth Aquatics Masters	54
		Total 54.00

Combined Team Scores - Southern Pacific-33

Place	Team	Points
1	Team Redbird	26
1	Novaquatics Masters	26
		Total 52.00

Combined Team Scores - Southern-24

Place	Team	Points
-------	------	--------

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024

Team Rankings - Through Event 47

Combined Team Scores - Southern-24

Place	Team		Points	
1	Southern Masters Swimmers	Southern Masters Swimmers	54	
			Total	54.00

Combined Team Scores - Virginia-12

Place	Team		Points	
1	Club Tribe	Club Tribe	57	
			Total	57.00

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Individual Rankings - Through Event 44****24 & Under Women - Individual Scores**

Place	Name	Age	Team	Points
1	Braden, Malia	21	Uc31	62
2	Kocheich, Madison	24	Mid-Cities Arlington Swimming-26	43
3	Lugbill, Ashley	22	Lone Star Masters-26	36
3	Josko, Julita	20	City of Plano Swimmers Wetcats-26	36
5	Jackson, Samantha	21	Texas Ford Aquatics Masters-26	15

24 & Under Men - Individual Scores

Place	Name	Age	Team	Points
1	Rodriguez Moran, Carlos Abel	24	Lone Star Masters-26	70
2	Huuki, Erik	23	Lone Star Masters-26	36
3	Wurtz, Tanner	22	Cowtown Swimming-26	35
4	Henderson, Myles	23	Terrapin Masters-10	33
5	Pennington, Thaddaeus	23	Uc26	28

25-29 Women - Individual Scores

Place	Name	Age	Team	Points
1	Trahan, Erin	27	Lone Star Masters-26	70
2	Bickerstaff, Bailey	27	Texas Ford Aquatics Masters-26	32
3	Alpha, Megan	26	Lone Star Masters-26	31
4	Miller, Rylie	27	Lone Star Masters-26	28
5	Wang, Sheena	28	Longhorn Aquatics-43	25

25-29 Men - Individual Scores

Place	Name	Age	Team	Points
1	Shozda, Alex	28	Lone Star Masters-26	41
2	Garriga, Alexander	28	Lone Star Masters-26	39
3	Sok, Sam	26	Cowtown Swimming-26	36
4	Armstrong, Trayton	26	Uc26	31
5	Thompson, Noah	27	Lone Star Masters-26	28

30-34 Women - Individual Scores

Place	Name	Age	Team	Points
1	Randolph, Courtney	33	Terrapin Masters-10	59
2	Miller, Rebecca	30	Minnesota Masters Swim Club-30	50
3	Pickett, Sarah	31	Lone Star Masters-26	45
4	Batten, Courtney	33	Lone Star Masters-26	33
5	Merianos, Jacky	33	Lone Star Masters-26	27
5	Lampe, Corinne	33	Uc26	27

30-34 Men - Individual Scores

Place	Name	Age	Team	Points
1	Sussmeier, Robert	34	O2 Performance Aquatics-26	45
2	Smith, Mark	30	Terrapin Masters-10	43
3	Hong, Jimmy	34	Longhorn Aquatics-43	41
4	Fatora, Morgan	30	Lone Star Masters-26	29
5	Smiddy, Samuel	30	Lone Star Masters-26	27
5	Tierney, Sam	31	Uc43	27

35-39 Women - Individual Scores

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Individual Rankings - Through Event 44**

Place	Name	Age	Team	Points
1	Wilson, Jacquelyn	38	Lone Star Masters-26	43
2	Whitehead, Laurel	35	Lone Star Masters-26	27
3	Orr, Laura	36	Lone Star Masters-26	14

35-39 Men - Individual Scores

Place	Name	Age	Team	Points
1	Germain, Gregory	35	Rice Aquatic Masters-25	48
2	Duong, William	35	Lone Star Masters-26	43
3	Baxter, Kyle	38	O2 Performance Aquatics-26	39
3	Reynolds, Justin	39	Longhorn Aquatics-43	39
5	Owen, Cameron	35	Southeastern Area Masters Swim-16	36

40-44 Women - Individual Scores

Place	Name	Age	Team	Points
1	Frees, Heather	41	Lone Star Masters-26	95
2	Poteet, Christina	40	O2 Performance Aquatics-26	55
3	Warren, Laura	44	Lone Star Masters-26	36
4	Grover, Mollie	43	Terrapin Masters-10	29
5	Kim, Julie	41	Lone Star Masters-26	11

40-44 Men - Individual Scores

Place	Name	Age	Team	Points
1	Griffin, Brendan	41	Club Tribe-12	57
2	Strahota, Jeffrey	44	Terrapin Masters-10	45
3	Ingraham, Chase	42	Masters of South Texas-43	24
4	Fike, James	43	Lone Star Masters-26	18
5	Ebel, Dirk	44	Uc26	15

45-49 Women - Individual Scores

Place	Name	Age	Team	Points
1	Day, Jacqueline	46	Texas Ford Aquatics Masters-26	59
2	Fidler, Ruth	46	Jim Montgomery Masters Swim-26	40
3	Heughan, Lee	47	Lone Star Masters-26	36
3	Enderle, Wendy	47	Southern Masters Swimmers-24	36
5	Upton, Alexandra	48	Lone Star Masters-26	33

45-49 Men - Individual Scores

Place	Name	Age	Team	Points
1	Reed, Benjamin	49	O2 Performance Aquatics-26	84
2	Jackson, Scott	49	Texas Ford Aquatics Masters-26	59
3	Ayer, Scott	48	Mid-Cities Arlington Swimming-26	50
4	Chamberlin, Christopher	48	Lone Star Masters-26	20
5	Anton, Michael	47	Texas Ford Aquatics Masters-26	11

50-54 Women - Individual Scores

Place	Name	Age	Team	Points
1	Visser, Linda	54	Houston Cougar Masters-25	68
2	Braun, Erika	52	North Carolina Masters Swimmin-13	52
3	Boutwell, Katrina	52	Mid-Cities Arlington Swimming-26	41
4	Mackinnon, Amy	53	O2 Performance Aquatics-26	36

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Individual Rankings - Through Event 44**

Place	Name	Age	Team	Points
5	Moore, Alison	54	Lone Star Masters-26	25

50-54 Men - Individual Scores

Place	Name	Age	Team	Points
1	Seabert, William	50	Fort Worth Area Swim Team-26	61
2	Yepo, Fabrizio	53	Uc42	45
3	Mastracchio, Dominic	50	Little Rock Masters-23	36
4	Hiemke, Scott	52	Lone Star Masters-26	31
5	Dietrich, Jim	53	Novaquatics Masters-33	26

55-59 Women - Individual Scores

Place	Name	Age	Team	Points
1	Lopez, Xiomara	55	O2 Performance Aquatics-26	61
2	Ottman, Sharon	56	Texas Ford Aquatics Masters-26	43
3	Chubb, Courtney	55	Swim Melbourne Masters-14	36
4	Gray, Christina	58	Lone Star Masters-26	30
5	Anderson, Julie	58	Lone Star Masters-26	16

55-59 Men - Individual Scores

Place	Name	Age	Team	Points
1	Harman, Brad	56	Lone Star Masters-26	66
2	Hiltabiddle, Steve	58	Colonials 1776-8	64
3	Gale, Andrew	58	Masters of South Texas-43	56
4	Von Readen, Brad	59	Lone Star Masters-26	44
5	Ellis, Andrew	56	Terrapin Masters-10	23

60-64 Women - Individual Scores

Place	Name	Age	Team	Points
1	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-48	66
2	Klimko, Sue	64	Lone Star Masters-26	52
3	Smart, Denise	62	Tulsa Masters Swim Club-27	43
4	Matherne, Susan	62	Rice Aquatic Masters-25	23
5	Griffith, Sharyl	63	City of Plano Swimmers Wetcats-26	21

60-64 Men - Individual Scores

Place	Name	Age	Team	Points
1	Pegues, Lex	64	New Braunfels Masters Swimmers-43	58
2	Czerwinski, Robert	61	Lone Star Masters-26	52
3	Doyle, Michael	60	Lone Star Masters-26	44
4	Sondermann, Axel	61	Lone Star Masters-26	42
5	Lorenz, Andreas	63	Schwimmclub Kreuzlingen	39

65-69 Women - Individual Scores

Place	Name	Age	Team	Points
1	Ingraham, Susan	65	Masters of South Texas-43	81
2	Lampe, Betty	69	Colonials 1776-8	60
3	Russell, Melissa	66	Lone Star Masters-26	57
4	Pederson, Deborah	67	Masters of South Texas-43	49
5	Schueckler, Leslie	69	Masters of South Texas-43	42

65-69 Men - Individual Scores

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Individual Rankings - Through Event 44**

Place	Name	Age	Team	Points
1	Woolley, Ken	66	Lone Star Masters-26	69
2	Bludworth, Rocky	65	Lone Star Masters-26	58
3	Sanchez, Greg	67	North Carolina Masters Swimmin-13	45
4	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-48	44
5	Archer, Branch	65	Longhorn Aquatics-43	32

70-74 Women - Individual Scores

Place	Name	Age	Team	Points
1	Noyes, Penny	70	Ensworth Aquatics Masters-15	54
2	Myer, Cynthia	71	O2 Performance Aquatics-26	38
3	Ray, Dianna	70	Lone Star Masters-26	25
4	Hirsty, Jacki	72	Lone Star Masters-26	9
4	Bowling, Cindy	70	Tulsa Masters Swim Club-27	9
4	Morrison, Lynn	70	Lone Star Masters-26	9

70-74 Men - Individual Scores

Place	Name	Age	Team	Points
1	Darrow, Larry	72	Lone Star Masters-26	54
2	Christian, Tom	71	Lone Star Masters-26	35
3	Wood, Larry	70	Longhorn Aquatics-43	32
4	Gooding, Jack	71	Uc26	27
4	Wolf, Tom	70	Lone Star Masters-26	27

75-79 Women - Individual Scores

Place	Name	Age	Team	Points
1	Stewart, Jamie	76	Masters of South Texas-43	54
2	Simmons, Pam	75	Lone Star Masters-26	16

75-79 Men - Individual Scores

Place	Name	Age	Team	Points
1	Fox, Michael	75	Uc45	36
2	Rollins, Bruce	75	Uc25	18
3	Newman, Lawrence	77	Lone Star Masters-26	16
4	Gagnet, Alan	75	Uc23	9

80-84 Women - Individual Scores

Place	Name	Age	Team	Points
1	Hlavacek, Ida	82	Lone Star Masters-26	86
2	Sauer, DeEtte	83	Masters of South Texas-43	52
3	Marsch, Gail	84	Masters of South Texas-43	29

80-84 Men - Individual Scores

Place	Name	Age	Team	Points
1	Welty, Bob	80	Lone Star Masters-26	54
2	Thatcher, Sandy	81	Lone Star Masters-26	30

85-89 Women - Individual Scores

Place	Name	Age	Team	Points
1	Burke, Dorothy	85	Little Rock Masters-23	48
2	Leilich, Joann	85	Woodlands Masters Swim Team-25	27

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 18-24 50 LC Meter Freestyle**

NATL: 25.72 @ 6/19/2021 ALY TETZLOFF
 ZON: 28.06 ! 2011 Traci Van Matre

	Name	Age	Team	Seed Time	Finals Time	Points
1	Josko, Julita r:+0.80	20	City of Plano Swimmers Wetcats	28.08	29.35	9
2	Braden, Malia r:+0.78	21	Uc31	29.29	31.02	7
3	Koceich, Madison r:+0.77	24	Mid-Cities Arlington Swimming-	36.00	35.30	6

Women 18-24 100 LC Meter Freestyle

NATL: 56.08 @ 6/17/2021 ALY TETZLOFF
 ZON: 1:01.02 ! 2011 Traci Van Matre

1	Josko, Julita r:+0.70 30.94	20	City of Plano Swimmers Wetcats	1:00.13	1:08.43	9
2	Braden, Malia r:+0.80 32.67	21	Uc31	1:19.23	1:09.40	7
3	Jackson, Samantha r:+0.89 35.20	21	Texas Ford Aquatics Masters-26	1:29.99	1:18.32	6
4	Koceich, Madison r:+0.80 36.87	24	Mid-Cities Arlington Swimming-	1:20.00	1:18.57	5

Women 18-24 200 LC Meter Freestyle

NATL: 2:03.06 @ 8/17/2003 JESSICA FOSCHI
 ZON: 2:10.40 ! 2011 Traci Van Matre

1	Braden, Malia r:+0.75 36.22	21	Uc31	2:58.23	2:38.06	9
2	Koceich, Madison r:+0.81 37.87	24	Mid-Cities Arlington Swimming-	3:00.00	2:57.84	7

Women 18-24 1500 LC Meter Freestyle

NATL: 17:22.39 @ 7/5/2012 LUANE ROWE
 ZON: 19:16.00 ! 1993 Kyle Fisher

1	Braden, Malia r:+0.76 39.45	21	Uc31	29:43.64	23:04.08	9
	3:44.51 (47.89)			2:09.61 (46.12)	2:56.62 (47.01)	
	6:55.93 (48.54)			5:19.42 (47.66)	6:07.39 (47.97)	
	10:06.60 (47.83)			8:31.88 (48.12)	9:18.77 (46.89)	
	13:14.62 (46.91)			11:41.26 (47.72)	12:27.71 (46.45)	
	16:21.79 (46.53)			14:48.82 (47.38)	15:35.26 (46.44)	
	19:26.56 (46.24)			17:54.95 (46.25)	18:40.32 (45.37)	
	22:23.52 (43.08)			20:57.99 (45.06)	21:40.44 (42.45)	

Women 18-24 50 LC Meter Backstroke

NATL: 30.77 @ 7/9/2022 ADELYN DIAZ
 ZON: 32.60 ! 2000 Quinn Michie

1	Josko, Julita r:+0.66	20	City of Plano Swimmers Wetcats	31.20	34.07	9
---	--------------------------	----	--------------------------------	-------	-------	---

Women 18-24 100 LC Meter Backstroke

NATL: 1:04.67 @ 7/20/2012 JENNY VON JOUANNE
 ZON: 1:09.64 ! 1994 Andrea Fisher

1	Jackson, Samantha r:+0.95 43.52	21	Texas Ford Aquatics Masters-26	1:34.99	1:29.47	9
---	------------------------------------	----	--------------------------------	---------	---------	---

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 18-24 50 LC Meter Breaststroke**

NATL: 32.92 @ 8/1/2015 LAUREN GREENBERG

ZON: 38.20 ! 1998 M. Rinehold-Armst

1	Lugbill, Ashley r:+0.79	22	Lone Star Masters-26	33.59	35.77!	9
2	Braden, Malia r:+0.80	21	Uc31	58.14	45.45	7
3	Koceich, Madison r:+0.79	24	Mid-Cities Arlington Swimming-	45.00	46.53	6

Women 18-24 100 LC Meter Breaststroke

NATL: 1:10.32 @ 7/30/2011 BREEJA LARSON

ZON: 1:15.66 ! 2009 Marissa Clapp

1	Lugbill, Ashley r:+0.82 36.90	22	Lone Star Masters-26	1:13.07	1:19.06	9
2	Braden, Malia r:+0.77 47.84	21	Uc31	1:49.03	1:39.50	7
3	Koceich, Madison r:+0.85 48.80	24	Mid-Cities Arlington Swimming-	1:45.00	1:44.47	6

Women 18-24 200 LC Meter Breaststroke

NATL: 2:35.23 @ 4/22/2023 CAROLINE THEIL

ZON: 2:36.61 ! 2009 Marissa Clapp

1	Lugbill, Ashley r:+0.79 38.37	22	Lone Star Masters-26	2:36.06	2:51.12	9
2	Braden, Malia r:+0.77 45.85	21	Uc31	3:32.89	3:30.08	7
3	Koceich, Madison r:+0.82 52.18	24	Mid-Cities Arlington Swimming-	3:45.00	3:49.94	6

Women 18-24 50 LC Meter Butterfly

NATL: 27.83 @ 8/4/2022 ALICIA CARDIE

ZON: 30.21 ! 2011 Traci Van Matre

1	Josko, Julita r:+0.69	20	City of Plano Swimmers Wetcats	30.21	33.52	9
2	Koceich, Madison r:+0.90	24	Mid-Cities Arlington Swimming-	40.00	40.45	7

Women 18-24 200 LC Meter Butterfly

NATL: 2:12.75 @ 7/2/2008 LAURA DAVIS

ZON: 2:33.30 ! 2011 Traci Van Matre

1	Braden, Malia r:+0.80 38.53	21	Uc31	3:12.09	3:57.65	9
---	--------------------------------	----	------	---------	---------	---

Women 18-24 400 LC Meter IM

NATL: 5:04.81 @ 8/7/2022 ALICIA CARDIE

ZON: 5:23.69 ! 2011 Traci Van Matre

1	Lugbill, Ashley r:+0.78 33.59	22	Lone Star Masters-26	5:05.89	5:33.11	9
---	----------------------------------	----	----------------------	---------	---------	---

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 25-29 50 LC Meter Freestyle**

WORLD: 25.42 # 2/15/2004 Annabel KOSTEN NED
NATL: 24.83 @ 8/10/2014 MADISON KENNEDY
ZON: 27.66 ! 2004 Jennifer Brooks

1	Trahan, Erin	27	Lone Star Masters-26	29.29	28.04	9
	r:+0.70					
2	Cogswell, Elizabeth	29	City of Plano Swimmers Wetcats	28.46	29.26	7
	r:+0.73					
3	Boring, Sophie	26	Lone Star Masters-26	32.44	31.32	6
	r:+0.87					
4	Bickerstaff, Bailey	27	Texas Ford Aquatics Masters-26	32.03	31.37	5
	r:+0.77					
5	Alpha, Megan	26	Lone Star Masters-26	32.39	32.54	4
	r:+0.78					
6	LunaHowell, Mason	25	Masters of South Texas-43	35.00	36.43	3
	r:+0.81					

Women 25-29 100 LC Meter Freestyle

WORLD: 56.96 # 8/11/2015 Emma GAGE GBR
NATL: 54.72 @ 8/6/2014 MADISON KENNEDY
ZON: 1:00.42 ! 2003 Jennifer Brooks

1	Wang, Sheena	28	Longhorn Aquatics-43	1:05.00	1:05.64	9
	r:+0.73 30.46		1:05.64 (35.18)			
2	Miller, Rylie	27	Lone Star Masters-26	1:13.00	1:07.53	7
	r:+0.73 31.70		1:07.53 (35.83)			
3	Bickerstaff, Bailey	27	Texas Ford Aquatics Masters-26	1:11.02	1:08.79	6
	r:+0.77 32.74		1:08.79 (36.05)			
4	Alpha, Megan	26	Lone Star Masters-26	1:12.99	1:09.47	5
	r:+0.81 33.13		1:09.47 (36.34)			
5	Myers, Morgan	28	Tulsa Masters Swim Club-27	1:07.00	1:09.80	4
	r:+0.77 32.52		1:09.80 (37.28)			
6	Boring, Sophie	26	Lone Star Masters-26	1:15.00	1:12.05	3
	r:+0.88 33.83		1:12.05 (38.22)			
7	Miller, Alyse	29	Cowtown Swimming-26	1:13.00	1:16.33	2
	r:+0.81 35.21		1:16.33 (41.12)			
8	LunaHowell, Mason	25	Masters of South Texas-43	1:15.00	1:19.07	1
	r:+0.79 37.42		1:19.07 (41.65)			

Women 25-29 200 LC Meter Freestyle

WORLD: 2:04.56 # 7/10/2010 Megan JENDRICK USA
NATL: 2:02.06 @ 12/2/1995 SHEILA TAORMINA
ZON: 2:12.89 ! 2003 Jennifer Brooks

1	Wu, Angelia	26	City of Plano Swimmers Wetcats	2:35.94	2:29.82	9
	r:+0.72 33.26		1:10.90 (37.64) 1:50.59 (39.69) 2:29.82 (39.23)			

Women 25-29 400 LC Meter Freestyle

WORLD: 4:18.62 # 6/18/2011 Sophie CASSON GBR
NATL: 4:13.03 @ 12/2/1995 SHEILA TAORMINA
ZON: 4:37.84 ! 2003 Jennifer Brooks

1	Wang, Sheena	28	Longhorn Aquatics-43	6:30.00	5:32.01	9
	r:+0.77 37.95		1:19.40 (41.45) 2:00.90 (41.50) 2:43.03 (42.13)			
	3:24.31 (41.28)		4:06.76 (42.45) 4:48.78 (42.02) 5:32.01 (43.23)			
2	Miller, Alyse	29	Cowtown Swimming-26	5:45.00	6:02.19	7
	r:+0.83 39.56		1:23.38 (43.82) 2:09.70 (46.32) 2:56.09 (46.39)			
	3:43.43 (47.34)		4:29.81 (46.38) 5:16.76 (46.95) 6:02.19 (45.43)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 25-29 50 LC Meter Backstroke**

WORLD: 28.39 # 8/2/2018 Emi MORONUKI USA
NATL: 28.39 @ 8/2/2018 EMI MORONUKI
ZON: 31.55 ! 2004 Jennifer Brooks

1	Cogswell, Elizabeth	29	City of Plano Swimmers Wetcats	33.85	33.03	9
	r:+0.68					
2	Trahan, Erin	27	Lone Star Masters-26	40.00	33.88	7
	r:+0.57					
3	Bickerstaff, Bailey	27	Texas Ford Aquatics Masters-26	37.04	34.43	6
	r:+0.64					
4	Miller, Rylie	27	Lone Star Masters-26	38.00	35.40	5
	r:+0.64					
5	Weisberg, Shaina	27	Lone Star Masters-26	42.00	38.43	4
	r:+0.66					

Women 25-29 100 LC Meter Backstroke

WORLD: 1:01.60 # 7/31/2018 Emi MORONUKI USA
NATL: 1:01.60 @ 7/31/2018 EMI MORONUKI
ZON: 1:06.37 ! 2004 Lia Oberstar

1	Bickerstaff, Bailey	27	Texas Ford Aquatics Masters-26	1:17.24	1:15.06	9
	r:+0.65 36.40		1:15.06 (38.66)			
2	Miller, Rylie	27	Lone Star Masters-26	1:22.00	1:17.65	7
	r:+0.63 37.29		1:17.65 (40.36)			
3	Boring, Sophie	26	Lone Star Masters-26	1:23.00	1:21.13	6
	r:+0.61 37.94		1:21.13 (43.19)			

Women 25-29 200 LC Meter Backstroke

WORLD: 2:13.19 # 7/30/2018 Emi MORONUKI USA
NATL: 2:13.19 @ 7/30/2018 EMI MORONUKI
ZON: 2:22.41 ! 2004 Lia Oberstar

1	Miller, Rylie	27	Lone Star Masters-26	3:00.00	2:47.66	9
	r:+0.64 39.34		1:21.87 (42.53) 2:04.87 (43.00) 2:47.66 (42.79)			

Women 25-29 50 LC Meter Breaststroke

WORLD: 31.60 # 7/10/2010 Megan JENDRICK USA
NATL: 30.82 @ 6/27/2016 KATIE MEILI
ZON: 34.13 ! 2008 Laura Glass

1	Trahan, Erin	27	Lone Star Masters-26	40.00	37.28	9
	r:+0.71					
2	Cogswell, Elizabeth	29	City of Plano Swimmers Wetcats	41.50	39.60	7
	r:+0.74					
3	Alpha, Megan	26	Lone Star Masters-26	41.20	42.41	6
	r:+0.81					

Women 25-29 100 LC Meter Breaststroke

WORLD: 1:10.56 # 7/10/2010 Megan JENDRICK USA
NATL: 1:06.07 @ 6/28/2016 KATIE MEILI
ZON: 1:15.66 ! 7/30/2016 Marissa Clapp

1	Trahan, Erin	27	Lone Star Masters-26	1:30.00	1:21.36	9
	r:+0.68 38.46		1:21.36 (42.90)			
2	Alpha, Megan	26	Lone Star Masters-26	1:31.16	1:28.37	7
	r:+0.83 41.31		1:28.37 (47.06)			
3	Wu, Angelia	26	City of Plano Swimmers Wetcats	1:31.44	1:30.20	6
	r:+0.71 41.91		1:30.20 (48.29)			
4	Weisberg, Shaina	27	Lone Star Masters-26	1:40.00	1:30.58	5
	r:+0.77 42.99		1:30.58 (47.59)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 25-29 200 LC Meter Breaststroke**

WORLD: 2:32.35 # 6/24/2023 Irina SHVAEVA RUS
NATL: 2:29.90 @ 6/26/2013 JUSTINE MUELLER
ZON: 2:42.35 ! 7/31/2016 Marissa Clapp

1 Alpha, Megan 26 Lone Star Masters-26 3:18.08 3:14.38 9
 r:+0.82 43.34 1:33.55 (50.21) 2:24.14 (50.59) 3:14.38 (50.24)

Women 25-29 50 LC Meter Butterfly

WORLD: 26.32 # 6/16/2019 Masako KUROKI JPN
NATL: 26.78 @ 8/4/2022 AI SOMA
ZON: 28.19 ! 2003 Jennifer Brooks

1 Trahan, Erin 27 Lone Star Masters-26 29.29 28.31 9
 r:+0.68
 2 Wang, Sheena 28 Longhorn Aquatics-43 33.00 31.60 7
 r:+0.72
 3 Bickerstaff, Bailey 27 Texas Ford Aquatics Masters-26 34.02 32.33 6
 r:+0.73
 4 Myers, Morgan 28 Tulsa Masters Swim Club-27 34.00 33.38 5
 r:+0.78
 5 LunaHowell, Mason 25 Masters of South Texas-43 36.36 36.50 4
 r:+0.80
 6 Miller, Alyse 29 Cowtown Swimming-26 38.00 37.34 3
 r:+0.80

Women 25-29 100 LC Meter Butterfly

WORLD: 59.99 # 8/13/2015 Anna POLIAKOVA RUS
NATL: 59.74 @ 8/4/2017 HANNAH SAIZ
ZON: 1:03.89 ! 2003 Jennifer Brooks

1 Trahan, Erin 27 Lone Star Masters-26 1:06.01 1:03.81! 9
 r:+0.70 29.60 1:03.81 (34.21)
 2 Boring, Sophie 26 Lone Star Masters-26 1:25.00 1:18.79 7
 r:+0.88 34.88 1:18.79 (43.91)
 3 Weisberg, Shaina 27 Lone Star Masters-26 1:25.00 1:18.80 6
 r:+0.79 36.51 1:18.80 (42.29)
 4 LunaHowell, Mason 25 Masters of South Texas-43 1:20.00 1:23.76 5
 r:+0.82 37.71 1:23.76 (46.05)

Women 25-29 200 LC Meter Butterfly

WORLD: 2:15.02 # 5/20/2017 Hannah SAIZ USA
NATL: 2:10.83 @ 6/27/2017 HANNAH SAIZ
ZON: 2:32.74 ! 1993 Karen Jacobson

1 Trahan, Erin 27 Lone Star Masters-26 2:35.00 2:24.17! 9
 r:+0.67 31.17 1:07.21 (36.04) 1:45.45 (38.24) 2:24.17 (38.72)

Women 25-29 200 LC Meter IM

WORLD: 2:20.71 # 10/2/2005 Hitomi MATSUDA JPN
NATL: 2:14.03 @ 6/29/2013 JUSTINE MUELLER
ZON: 2:26.47 ! 7/30/2016 Marissa Clapp

1 Trahan, Erin 27 Lone Star Masters-26 2:45.00 2:33.26 9
 r:+0.74 30.86 1:11.06 (40.20) 1:56.52 (45.46) 2:33.26 (36.74)
 2 Miller, Alyse 29 Cowtown Swimming-26 3:10.00 3:14.48 7
 r:+0.82 40.08 1:31.38 (51.30) 2:31.01 (59.63) 3:14.48 (43.47)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 25-29 400 LC Meter IM**

WORLD: 5:02.78 # 11/5/2006 Hitomi MATSUDA JPN
NATL: 5:06.34 @ 7/30/1989 SARA SHAND
ZON: 5:08.24 ! 7/29/2016 Marissa Clapp

1	LunaHowell, Mason	25	Masters of South Texas-43	6:59.00	6:39.06	9
	r:+0.81 37.31	1:25.94 (48.63)	2:19.03 (53.09)	3:12.55 (53.52)		
	4:11.04 (58.49)	5:07.28 (56.24)	5:54.04 (46.76)	6:39.06 (45.02)		

Women 30-34 50 LC Meter Freestyle

WORLD: 25.74 # 6/6/2008 Martina MORAVCOVA USA
NATL: 25.57 @ 8/8/2009 ERIKA ERNDL
ZON: 27.41 ! 2014 Laura Holt

1	Spadoni, Marina	31	Lone Star Masters-26	25.69	26.46!	9
	r:+0.68					
2	Randolph, Courtney	33	Terrapin Masters-10	29.41	29.80	7
	r:+0.77					
3	Lampe, Corinne	33	Uc26	33.30	31.82	6
	r:+0.79					
4	Merianos, Jacky	33	Lone Star Masters-26	35.00	35.69	5
	r:+0.79					
5	Ahonen, Jenna	32	Lone Star Masters-26	34.00	35.86	4
	r:+0.78					

Women 30-34 100 LC Meter Freestyle

WORLD: 55.24 # 7/11/2009 Erika ERNDL USA
NATL: 54.59 @ 8/5/2009 ERIKA ERNDL
ZON: 59.72 ! 2003 Nadine Day

1	Ahonen, Jenna	32	Lone Star Masters-26	1:20.00	1:19.65	9
	r:+0.85 37.57	1:19.65 (42.08)				

Women 30-34 200 LC Meter Freestyle

WORLD: 2:02.35 # 8/14/2019 N.JUNKRAJANG THA
NATL: 1:58.92 @ 8/7/2009 ERIKA ERNDL
ZON: 2:11.11 ! 2003 Nadine Day

1	Pickett, Sarah	31	Lone Star Masters-26	2:55.14	2:44.42	9
	r:+0.90 36.71	1:18.55 (41.84)	2:02.58 (44.03)	2:44.42 (41.84)		
2	Ahonen, Jenna	32	Lone Star Masters-26	2:50.00	2:54.84	7
	r:+0.84 39.17	1:24.04 (44.87)	2:10.87 (46.83)	2:54.84 (43.97)		
3	Batten, Courtney	33	Lone Star Masters-26	2:46.17	3:09.15	6
	r:+0.70 35.07	1:14.55 (39.48)	2:41.84 (1:27.29)	3:09.15 (27.31)		

Women 30-34 400 LC Meter Freestyle

WORLD: 4:18.63 # 7/16/2011 Dawn HECKMAN USA
NATL: 4:17.52 @ 8/3/2010 DAWN HECKMAN
ZON: 4:40.94 ! 2003 Nadine Day

1	Pickett, Sarah	31	Lone Star Masters-26	5:54.00	5:42.69	9
	r:+0.92 38.37	1:20.98 (42.61)	2:04.81 (43.83)	2:48.75 (43.94)		
	3:33.31 (44.56)	4:17.64 (44.33)	5:01.38 (43.74)	5:42.69 (41.31)		
2	Miller, Rebecca	30	Minnesota Masters Swim Club-3	6:07.76	5:58.20	7
	r:+0.76 40.88	1:25.80 (44.92)	2:11.60 (45.80)	2:57.64 (46.04)		
	3:43.45 (45.81)	4:29.08 (45.63)	5:14.89 (45.81)	5:58.20 (43.31)		
3	Ahonen, Jenna	32	Lone Star Masters-26	6:00.00	6:12.55	6
	r:+0.90 39.77	1:25.52 (45.75)	2:13.22 (47.70)	3:02.28 (49.06)		
	3:49.91 (47.63)	4:38.18 (48.27)	5:26.18 (48.00)	6:12.55 (46.37)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 30-34 800 LC Meter Freestyle**

WORLD: 8:46.47 # 7/14/2011 Dawn HECKMAN USA
NATL: 8:46.22 @ 5/30/2010 DAWN HECKMAN
ZON: 9:35.70 ! 2003 Nadine Day

1	Pickett, Sarah	31	Lone Star Masters-26	11:50.00	11:50.18	9
	r:+0.85 38.25	1:21.59 (43.34)	2:06.90 (45.31)	2:52.31 (45.41)		
	3:37.88 (45.57)	4:23.59 (45.71)	5:08.87 (45.28)	5:54.13 (45.26)		
	6:39.53 (45.40)	7:24.78 (45.25)	8:09.92 (45.14)	8:55.01 (45.09)		
	9:40.21 (45.20)	10:24.77 (44.56)	11:08.84 (44.07)	11:50.18 (41.34)		
2	Miller, Rebecca	30	Minnesota Masters Swim Club-3	12:30.00	12:31.46	7
	r:+0.84 41.64	1:28.00 (46.36)	2:14.25 (46.25)	3:01.42 (47.17)		
	3:48.55 (47.13)	4:36.41 (47.86)	5:23.98 (47.57)	6:11.89 (47.91)		
	6:59.27 (47.38)	7:48.11 (48.84)	8:35.86 (47.75)	9:24.02 (48.16)		
	10:11.72 (47.70)	10:59.45 (47.73)	11:46.29 (46.84)	12:31.46 (45.17)		

Women 30-34 1500 LC Meter Freestyle

WORLD: 17:20.55 # 6/16/2017 Sophie CASSON GBR
NATL: 17:07.54 @ 4/25/2010 DAWN HECKMAN
ZON: 19:07.22 ! 1991 Bonnie Rhodes

1	Pickett, Sarah	31	Lone Star Masters-26	25:55.80	22:44.72	9
	r:+0.85 41.09	1:25.99 (44.90)	2:11.99 (46.00)	2:58.04 (46.05)		
	3:44.85 (46.81)	4:30.71 (45.86)	5:17.08 (46.37)	6:03.83 (46.75)		
	6:49.88 (46.05)	7:35.70 (45.82)	8:21.29 (45.59)	9:07.13 (45.84)		
	9:52.65 (45.52)	10:38.63 (45.98)	11:24.01 (45.38)	12:09.67 (45.66)		
	12:54.79 (45.12)	13:41.23 (46.44)	14:26.84 (45.61)	15:12.80 (45.96)		
	15:59.02 (46.22)	16:44.33 (45.31)	17:30.48 (46.15)	18:17.02 (46.54)		
	19:02.34 (45.32)	19:47.94 (45.60)	20:33.25 (45.31)	21:18.33 (45.08)		
	22:03.93 (45.60)	22:44.72 (40.79)				

Women 30-34 50 LC Meter Backstroke

WORLD: 28.57 # 8/7/2012 Noriko INADA USA
NATL: 28.57 @ 7/8/2012 NORIKO INADA
ZON: 31.57 ! 2014 Laura Holt

1	Spadoni, Marina	31	Lone Star Masters-26	30.10	30.75!	9
	r:+0.58					
2	Randolph, Courtney	33	Terrapin Masters-10	34.22	33.09	7
	r:+0.64					
3	Lampe, Corinne	33	Uc26	38.89	38.12	6
	r:+0.71					
4	Miller, Rebecca	30	Minnesota Masters Swim Club-3	41.92	40.90	5
	r:+0.75					
5	Merianos, Jacky	33	Lone Star Masters-26	42.00	42.41	4
	r:+0.72					

Women 30-34 100 LC Meter Backstroke

WORLD: 1:01.78 # 8/6/2011 Noriko INADA USA
NATL: 1:01.78 @ 8/6/2011 NORIKO INADA
ZON: 1:10.51 ! 7/8/2018 Marissa Clapp

1	Pickett, Sarah	31	Lone Star Masters-26	1:45.00	1:22.01	9
	r:+0.99 38.55	1:22.01 (43.46)				
2	Miller, Rebecca	30	Minnesota Masters Swim Club-3	1:32.41	1:27.77	7
	r:+0.72 42.37	1:27.77 (45.40)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 30-34 50 LC Meter Breaststroke**

WORLD: 32.22 # 9/3/2013 Nicole HEIDEMANN GER
NATL: 31.76 @ 7/17/2021 DANIELLE HERRMANN
ZON: 33.32 ! 2014 Laura Holt

1	Randolph, Courtney	33	Terrapin Masters-10	37.34	37.85	9
	r:+0.82					
2	Batten, Courtney	33	Lone Star Masters-26	44.22	42.81	7
	r:+0.72					
3	Lampe, Corinne	33	Uc26	43.39	42.87	6
	r:+0.83					
4	Merianos, Jacky	33	Lone Star Masters-26	45.00	44.22	5
	r:+0.77					
5	Miller, Rebecca	30	Minnesota Masters Swim Club-3	48.83	49.64	4
	r:+0.78					

Women 30-34 100 LC Meter Breaststroke

WORLD: 1:10.10 # 10/3/2009 Hitomi MATSUDA JPN
NATL: 1:10.18 @ 6/12/2021 DANIELLE HERRMANN
ZON: 1:14.60 ! 7/22/2017 Marissa Clapp

1	Randolph, Courtney	33	Terrapin Masters-10	1:27.03	1:22.37	9
	r:+0.80 39.34		1:22.37 (43.03)			
2	Batten, Courtney	33	Lone Star Masters-26	1:39.98	1:40.09	7
	r:+0.67 46.37		1:40.09 (53.72)			
3	Miller, Rebecca	30	Minnesota Masters Swim Club-3	1:50.00	1:51.70	6
	r:+0.80 53.14		1:51.70 (58.56)			

Women 30-34 200 LC Meter Breaststroke

WORLD: 2:28.93 # 10/17/2009 Hitomi MATSUDA JPN
NATL: 2:38.90 @ 7/23/2017 MARISSA CLAPP
ZON: 2:38.90 ! 7/23/2017 Marissa Clapp

1	Randolph, Courtney	33	Terrapin Masters-10	3:05.37	2:55.87	9
	r:+0.79 40.52		1:25.23 (44.71) 2:10.00 (44.77) 2:55.87 (45.87)			

Women 30-34 50 LC Meter Butterfly

WORLD: 27.48 # 6/7/2008 Martina MORAVCOVA USA
NATL: 27.48 @ 6/7/2008 MARTINA MORAVCOVA
ZON: 28.48 ! 1995 Jane Schweppe

1	Lampe, Corinne	33	Uc26	34.11	33.92	9
	r:+0.82					
2	Batten, Courtney	33	Lone Star Masters-26	44.06	37.56	7
	r:+0.71					
3	Merianos, Jacky	33	Lone Star Masters-26	42.00	40.73	6
	r:+0.85					
4	Miller, Rebecca	30	Minnesota Masters Swim Club-3	44.61	42.91	5
	r:+0.78					

Women 30-34 100 LC Meter Butterfly

WORLD: 58.81 # 6/7/2008 Martina MORAVCOVA USA
NATL: 58.81 @ 6/7/2008 MARTINA MORAVCOVA
ZON: 1:05.98 ! 2003 Nadine Day

1	Miller, Rebecca	30	Minnesota Masters Swim Club-3	1:40.00	1:38.90	9
	r:+0.82 45.13		1:38.90 (53.77)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 30-34 200 LC Meter IM**

WORLD: 2:13.89 # 7/7/2009 Erika ERNDL USA
NATL: 2:13.72 @ 8/8/2009 ERIKA ERNDL
ZON: 2:24.54 ! 7/22/2017 Marissa Clapp

1	Randolph, Courtney	33	Terrapin Masters-10	2:35.99	2:33.06	9
	r:+0.83 32.81	1:12.04 (39.23)	1:57.40 (45.36)	2:33.06 (35.66)		
2	Merianos, Jacky	33	Lone Star Masters-26	3:24.00	3:16.94	7
	r:+0.77 43.85	1:34.25 (50.40)	2:28.85 (54.60)	3:16.94 (48.09)		
3	Batten, Courtney	33	Lone Star Masters-26	3:17.74	3:16.95	6
	r:+0.70 43.93	1:34.07 (50.14)	2:31.70 (57.63)	3:16.95 (45.25)		

Women 30-34 400 LC Meter IM

WORLD: 4:56.08 # 11/8/2009 Hitomi MATSUDA JPN
NATL: 4:47.06 @ 6/29/2008 ERIKA ERNDL
ZON: 5:09.91 ! 7/21/2017 Marissa Clapp

1	Randolph, Courtney	33	Terrapin Masters-10	5:32.19	5:25.77	9
	r:+0.88 34.37	1:12.83 (38.46)	1:54.95 (42.12)	2:36.90 (41.95)		
	3:24.45 (47.55)	4:11.16 (46.71)	4:49.48 (38.32)	5:25.77 (36.29)		

Women 35-39 50 LC Meter Freestyle

WORLD: 25.98 # 8/8/2006 Dara TORRES USA
NATL: 25.52 @ 6/29/2013 ERIKA ERNDL
ZON: 27.80 ! 1994 Sandi Neilson-Bel

1	Wilson, Jacquelyn	38	Lone Star Masters-26	32.74	31.54	9
	r:+0.66					

Women 35-39 800 LC Meter Freestyle

WORLD: 9:08.47 # 11/18/2012 Kirsten CAMERON AUS
NATL: 8:47.28 @ 6/3/2012 DAWN HECKMAN
ZON: 9:54.23 ! 2002 Jill Gellatly

1	Wilson, Jacquelyn	38	Lone Star Masters-26	14:20.00	12:18.19	9
	r:+0.70 38.61	1:22.42 (43.81)	2:08.72 (46.30)	2:55.78 (47.06)		
	3:43.34 (47.56)	4:30.87 (47.53)	5:18.53 (47.66)	6:05.80 (47.27)		
	6:53.04 (47.24)	7:40.15 (47.11)	8:28.54 (48.39)	9:15.90 (47.36)		
	9:58.45 (42.55)	10:50.64 (52.19)	11:24.78 (34.14)	12:18.19 (53.41)		

Women 35-39 50 LC Meter Backstroke

WORLD: 28.63 # 8/18/2016 Noriko INADA USA
NATL: 28.63 @ 8/18/2016 NORIKO INADA
ZON: 34.51 ! 2003 Wendy Segrest

1	Wilson, Jacquelyn	38	Lone Star Masters-26	36.00	34.79	9
	r:+0.60					

Women 35-39 100 LC Meter Backstroke

WORLD: 1:01.75 # 8/19/2017 Noriko INADA USA
NATL: 1:01.75 @ 8/19/2017 NORIKO INADA
ZON: 1:14.49 ! 2003 Wendy Segrest

1	Wilson, Jacquelyn	38	Lone Star Masters-26	1:20.81	1:18.31	9
	r:+0.63 37.79	1:18.31 (40.52)				

Women 35-39 50 LC Meter Breaststroke

WORLD: 31.35 # 8/7/2022 Danielle HERRMANN USA
NATL: 31.06 @ 4/28/2022 DANIELLE HERRMANN
ZON: 35.67 ! 2004 Kiim Macklin

1	Whitehead, Laurel	35	Lone Star Masters-26	40.00	37.02	9
	r:+0.70					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Women 35-39 50 LC Meter Breaststroke)**

2	Wilson, Jacquelyn	38	Lone Star Masters-26	43.38	41.53	7
	r:+0.69					

Women 35-39 50 LC Meter Butterfly

WORLD: 27.46 # 8/5/2014 Noriko INADA USA
NATL: 27.46 @ 8/5/2014 NORIKO INADA
ZON: 30.95 ! 7/30/2016 Christy Breiby

1	Whitehead, Laurel	35	Lone Star Masters-26	33.50	30.67!	9
	r:+0.74					
2	Orr, Laura	36	Lone Star Masters-26	40.00	35.22	7
	r:+0.87					

Women 35-39 200 LC Meter IM

WORLD: 2:21.09 # 8/6/2022 Danielle HERRMANN USA
NATL: 2:21.09 @ 8/6/2022 DANIELLE HERRMANN
ZON: 2:35.60 ! 2009 Nadine Day

1	Whitehead, Laurel	35	Lone Star Masters-26	3:00.00	2:40.44	9
	r:+0.75 32.62 1:15.67 (43.05) 2:01.07 (45.40) 2:40.44 (39.37)					
2	Orr, Laura	36	Lone Star Masters-26	3:15.00	3:01.21	7
	r:+0.83 36.73 1:23.73 (47.00) 2:17.07 (53.34) 3:01.21 (44.14)					

Women 40-44 50 LC Meter Freestyle

WORLD: 26.44 # 11/7/2009 Edith OTTERMANN RSA
NATL: 24.25 @ 7/6/2008 DARA TORRES
ZON: 27.60 ! 2015 Julie Coskey

1	Warren, Laura	44	Lone Star Masters-26	28.59	28.21	9
	r:+0.73					
2	Grover, Mollie	43	Terrapin Masters-10	28.89	29.70	7
	r:+0.76					
3	Frees, Heather	41	Lone Star Masters-26	32.00	31.77	6
	r:+0.73					
4	Kim, Julie	41	Lone Star Masters-26	1:15.00	47.02	5
	r:+0.76					

Women 40-44 100 LC Meter Freestyle

WORLD: 58.04 # 6/8/2013 Erika BRAUN USA
NATL: 53.78 @ 7/4/2008 DARA TORRES
ZON: 1:01.61 ! 2015 Julie Coskey

1	Grover, Mollie	43	Terrapin Masters-10	1:02.97	1:04.53	9
	r:+0.76 31.36 1:04.53 (33.17)					
2	Frees, Heather	41	Lone Star Masters-26	1:08.48	1:08.31	7
	r:+0.75 32.70 1:08.31 (35.61)					

Women 40-44 200 LC Meter Freestyle

WORLD: 2:09.28 # 8/15/2005 K.PIPES-NEILSEN USA
NATL: 2:09.00 @ 5/25/2003 K PIPES-NEILSEN
ZON: 2:15.87 ! 2015 Julie Coskey

1	Frees, Heather	41	Lone Star Masters-26	2:23.63	2:23.76	9
	r:+0.75 32.94 1:09.16 (36.22) 1:46.65 (37.49) 2:23.76 (37.11)					
2	Poteet, Christina	40	O2 Performance Aquatics-26	2:30.00	2:29.26	7
	r:+0.77 34.45 1:12.91 (38.46) 1:52.45 (39.54) 2:29.26 (36.81)					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 40-44 400 LC Meter Freestyle**

WORLD: 4:22.87 # 8/13/2011 Janet EVANS USA
NATL: 4:22.87 @ 8/13/2011 JANET EVANS
ZON: 4:36.05 ! 7/7/2018 Heidi George

1	Frees, Heather	41	Lone Star Masters-26	4:59.32	5:03.74	9
	r:+0.81 33.26	1:10.91 (37.65)	1:49.14 (38.23)	2:28.51 (39.37)		
	3:07.43 (38.92)	3:46.78 (39.35)	4:26.05 (39.27)	5:03.74 (37.69)		
2	Poteet, Christina	40	O2 Performance Aquatics-26	5:30.00	5:21.00	7
	r:+0.86 36.86	1:17.36 (40.50)	1:59.09 (41.73)	2:40.85 (41.76)		
	3:22.15 (41.30)	4:03.87 (41.72)	4:43.97 (40.10)	5:21.00 (37.03)		

Women 40-44 800 LC Meter Freestyle

WORLD: 8:59.06 # 6/11/2011 Janet EVANS USA
NATL: 8:59.06 @ 6/11/2011 JANET EVANS
ZON: 9:21.19 ! 7/8/2018 Heidi George

1	Frees, Heather	41	Lone Star Masters-26	10:26.31	10:47.96	9
	r:+0.74 35.50	1:14.56 (39.06)	1:54.86 (40.30)	2:35.34 (40.48)		
	3:16.51 (41.17)	3:57.53 (41.02)	4:38.99 (41.46)	5:20.46 (41.47)		
	6:02.32 (41.86)	6:44.16 (41.84)	7:25.67 (41.51)	8:06.85 (41.18)		
	8:47.78 (40.93)	9:28.26 (40.48)	10:08.55 (40.29)	10:47.96 (39.41)		

Women 40-44 1500 LC Meter Freestyle

WORLD: 17:29.43 # 6/30/2017 Heidi GEORGE USA
NATL: 17:17.59 @ 4/30/2017 HEIDI GEORGE
ZON: 17:30.65 ! 7/6/2018 Heidi George

1	Frees, Heather	41	Lone Star Masters-26	19:42.13	20:12.74	9
	r:+0.76 34.55	1:12.50 (37.95)	1:51.26 (38.76)	2:31.36 (40.10)		
	3:11.17 (39.81)	3:51.93 (40.76)	4:32.24 (40.31)	5:12.42 (40.18)		
	5:53.03 (40.61)	6:33.89 (40.86)	7:14.88 (40.99)	7:55.98 (41.10)		
	8:37.11 (41.13)	9:18.29 (41.18)	9:59.56 (41.27)	10:40.14 (40.58)		
	11:20.98 (40.84)	12:02.14 (41.16)	12:43.35 (41.21)	13:24.23 (40.88)		
	14:05.22 (40.99)	14:45.96 (40.74)	15:27.15 (41.19)	16:08.15 (41.00)		
	16:49.34 (41.19)	17:30.78 (41.44)	18:12.08 (41.30)	18:52.41 (40.33)		
	19:33.00 (40.59)	20:12.74 (39.74)				

Women 40-44 50 LC Meter Backstroke

WORLD: 29.62 # 8/2/2018 Noriko INADA USA
NATL: 29.62 @ 8/2/2018 NORIKO INADA
ZON: 33.92 ! 2009 Michelle Chow

1	Warren, Laura	44	Lone Star Masters-26	32.95	32.17!	9
	r:+0.64					
2	Grover, Mollie	43	Terrapin Masters-10	33.89	34.64	7
	r:+0.60					
3	Kim, Julie	41	Lone Star Masters-26	1:20.00	1:40.91	6

Women 40-44 200 LC Meter Backstroke

WORLD: 2:23.18 # 8/6/2009 Jody SMITH USA
NATL: 2:23.18 @ 8/6/2009 JODY SMITH
ZON: 2:37.28 ! 2009 Sandie Easton

1	Poteet, Christina	40	O2 Performance Aquatics-26	2:55.00	2:49.07	9
	r:+0.73 40.05	1:22.76 (42.71)	2:06.62 (43.86)	2:49.07 (42.45)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 40-44 50 LC Meter Breaststroke**

WORLD: 32.42 # 9/2/2022 Nicole HEIDEMANN GER
NATL: 32.47 @ 8/19/2016 KATIE GLENN
ZON: 38.16 ! 2010 Kendal Jacobson

1 Warren, Laura 44 Lone Star Masters-26 34.91 34.73! 9
 r:+0.73

Women 40-44 100 LC Meter Breaststroke

WORLD: 1:12.29 # 3/12/2022 Nicole HEIDEMANN GER
NATL: 1:12.12 @ 6/30/2008 S VON DER LIPPE
ZON: 1:25.34 ! 2010 Kendal Jacobson

1 Frees, Heather 41 Lone Star Masters-26 1:40.00 1:37.31 9
 r:+0.77 46.51 1:37.31 (50.80)

Women 40-44 50 LC Meter Butterfly

WORLD: 28.36 # 6/8/2013 Erika BRAUN USA
NATL: 28.36 @ 6/8/2013 ERIKA BRAUN
ZON: 29.66 ! 7/30/2016 Maureen Rea

1 Warren, Laura 44 Lone Star Masters-26 30.57 30.36 9
 r:+0.73
 2 Poteet, Christina 40 O2 Performance Aquatics-26 33.00 31.18 7
 r:+0.75
 3 Grover, Mollie 43 Terrapin Masters-10 30.83 31.20 6
 r:+0.74
 4 Frees, Heather 41 Lone Star Masters-26 34.76 34.35 5
 r:+0.74

Women 40-44 100 LC Meter Butterfly

WORLD: 1:03.36 # 5/23/2009 S.VON DER LIPPE USA
NATL: 1:02.47 @ 6/29/2008 S VON DER LIPPE
ZON: 1:07.15 ! 2016 Maureen Rae

1 Poteet, Christina 40 O2 Performance Aquatics-26 1:15.00 1:11.69 9
 r:+0.81 34.11 1:11.69 (37.58)
 2 Frees, Heather 41 Lone Star Masters-26 1:12.32 1:14.57 7
 r:+0.74 34.79 1:14.57 (39.78)

Women 40-44 200 LC Meter Butterfly

WORLD: 2:24.78 # 7/23/2006 S.VON DER LIPPE USA
NATL: 2:24.77 @ 8/17/2003 K PIPES-NEILSEN
ZON: 2:31.80 ! 2009 Sandie Easton

1 Frees, Heather 41 Lone Star Masters-26 2:38.93 2:41.92 9
 r:+0.90 35.52 1:17.03 (41.51) 1:58.54 (41.51) 2:41.92 (43.38)

Women 40-44 200 LC Meter IM

WORLD: 2:25.03 # 8/5/2007 S.VON DER LIPPE USA
NATL: 2:25.03 @ 8/5/2007 S VON DER LIPPE
ZON: 2:37.76 ! 2009 Sandi Easton

1 Poteet, Christina 40 O2 Performance Aquatics-26 2:55.00 2:46.61 9
 r:+0.78 33.69 1:19.34 (45.65) 2:09.39 (50.05) 2:46.61 (37.22)
 2 Frees, Heather 41 Lone Star Masters-26 2:53.77 2:48.36 7
 r:+0.77 35.29 1:20.87 (45.58) 2:11.64 (50.77) 2:48.36 (36.72)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 40-44 400 LC Meter IM**

WORLD: 5:09.83 # 8/1/2004 K.PIPES-NEILSEN USA
NATL: 5:09.83 @ 8/1/2004 K PIPES-NEILSEN
ZON: 5:44.62 ! 2011 Mary Ruppe

1	Frees, Heather	41	Lone Star Masters-26	5:49.78	5:47.13	9
	r:+0.74 34.82	1:16.10 (41.28)	2:03.18 (47.08)	2:49.30 (46.12)		
	3:40.79 (51.49)	4:32.76 (51.97)	5:10.61 (37.85)	5:47.13 (36.52)		
2	Poteet, Christina	40	O2 Performance Aquatics-26	6:45.00	6:02.66	7
	r:+0.84 35.92	1:16.98 (41.06)	2:06.15 (49.17)	2:54.41 (48.26)		
	3:47.80 (53.39)	4:40.81 (53.01)	5:22.01 (41.20)	6:02.66 (40.65)		

Women 45-49 50 LC Meter Freestyle

WORLD: 26.59 # 3/16/2011 Edith OTTERMANN RSA
NATL: 27.09 @ 8/5/2017 THOMAS\BRAUN
ZON: 28.60 ! 2008 Susan Matherne

1	Brodeur, Diana	49	Lone Star Masters-26	37.21	36.60	9
	r:+1.08					
2	Fidler, Ruth	46	Jim Montgomery Masters Swim-	53.00	50.12	7
	r:+0.88					

Women 45-49 100 LC Meter Freestyle

WORLD: 57.40 # 8/8/2015 Melanie THOMAS USA
NATL: 57.40 @ 8/8/2015 MELANIE THOMAS
ZON: 1:02.71 ! 2008 Susan Matherne

1	Heughan, Lee	47	Lone Star Masters-26	1:08.00	1:07.37	9
	r:+1.08 32.18	1:07.37 (35.19)				
2	Brodeur, Diana	49	Lone Star Masters-26	1:27.87	1:23.13	7
	r:+1.06 38.21	1:23.13 (44.92)				
3	Fidler, Ruth	46	Jim Montgomery Masters Swim-	2:10.00	2:05.14	6
	r:+0.93 57.45	2:05.14 (1:07.69)				

Women 45-49 200 LC Meter Freestyle

WORLD: 2:10.09 # 6/13/2009 K.PIPES-NEILSEN USA
NATL: 2:10.09 @ 6/13/2009 K PIPES-NEILSEN
ZON: 2:18.73 ! 2013 Stephanie Stone

1	Day, Jacqueline	46	Texas Ford Aquatics Masters-26	2:33.89	2:24.81	9
	r:+0.84 33.11	1:09.52 (36.41)	1:47.19 (37.67)	2:24.81 (37.62)		
2	Heughan, Lee	47	Lone Star Masters-26	2:29.00	2:43.65	7
	r:+0.94 34.78	1:14.63 (39.85)	1:58.75 (44.12)	2:43.65 (44.90)		
3	Corley, Marie	47	Terrapin Masters-10	4:00.00	3:43.92	6
	r:+0.89 49.10	1:46.29 (57.19)	2:46.72 (1:00.43)	3:43.92 (57.20)		

Women 45-49 400 LC Meter Freestyle

WORLD: 4:30.64 # 4/14/2023 Heidi GEORGE USA
NATL: 4:30.64 @ 4/14/2023 HEIDI GEORGE
ZON: 4:54.27 ! 2013 Stephanie Stone

1	George, Heidi	48	Uc38	4:30.64	4:38.18!	9
	r:+0.88 32.23	1:06.30 (34.07)	1:41.27 (34.97)	2:16.69 (35.42)		
	2:52.31 (35.62)	3:28.05 (35.74)	4:03.53 (35.48)	4:38.18 (34.65)		
2	Heughan, Lee	47	Lone Star Masters-26	5:20.00	5:19.77	7
	r:+1.05 35.17	1:14.07 (38.90)	1:54.15 (40.08)	2:35.00 (40.85)		
	3:15.86 (40.86)	3:57.54 (41.68)	4:39.20 (41.66)	5:19.77 (40.57)		
3	Upton, Alexandra	48	Lone Star Masters-26	6:24.00	6:15.66	6
	r:+1.01 43.07	1:30.13 (47.06)	2:17.00 (46.87)	3:05.74 (48.74)		
	3:53.18 (47.44)	4:42.03 (48.85)	5:29.72 (47.69)	6:15.66 (45.94)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Women 45-49 400 LC Meter Freestyle)**

4	Brodeur, Diana	49	Lone Star Masters-26	6:48.77	6:31.56	5
	r:+1.16 43.47	1:32.21 (48.74)	2:22.28 (50.07)	3:12.84 (50.56)		
	4:02.90 (50.06)	4:53.86 (50.96)	5:43.55 (49.69)	6:31.56 (48.01)		
5	Fidler, Ruth	46	Jim Montgomery Masters Swim-	8:45.00	11:15.08	4
	r:+0.90 56.94	2:13.67 (1:16.73)	4:59.35 (2:45.68)	6:16.00 (1:16.65)		
	7:32.91 (1:16.91)	8:48.33 (1:15.42)	10:03.84 (1:15.51)	11:15.08 (1:11.24)		

Women 45-49 800 LC Meter Freestyle

WORLD: 9:11.47 # 6/27/2021 Heidi GEORGE USA
NATL: 9:11.47 @ 6/27/2021 HEIDI GEORGE
ZON: 10:12.34 ! 7/31/2016 Stephanie Stone

1	Rogers, Jenny	47	Lone Star Masters-26	17:00.00	12:50.82	9
	r:+0.98 40.97	1:26.29 (45.32)	2:14.38 (48.09)	3:02.92 (48.54)		
	3:50.98 (48.06)	4:39.76 (48.78)	5:28.52 (48.76)	6:18.19 (49.67)		
	7:07.46 (49.27)	7:56.76 (49.30)	8:46.64 (49.88)	9:35.71 (49.07)		
	10:25.14 (49.43)	11:15.19 (50.05)	12:03.77 (48.58)	12:50.82 (47.05)		
2	Upton, Alexandra	48	Lone Star Masters-26	13:34.00	12:58.64	7
	r:+0.89 44.27	1:31.76 (47.49)	2:20.46 (48.70)	3:10.02 (49.56)		
	3:59.18 (49.16)	4:48.21 (49.03)	5:37.51 (49.30)	6:26.72 (49.21)		
	7:15.54 (48.82)	8:05.60 (50.06)	8:55.50 (49.90)	9:45.68 (50.18)		
	10:35.12 (49.44)	11:24.86 (49.74)	12:12.28 (47.42)	12:58.64 (46.36)		
3	Brodeur, Diana	49	Lone Star Masters-26	14:11.61	13:43.47	6
	r:+1.02 44.84	1:33.84 (49.00)	2:24.99 (51.15)	3:16.79 (51.80)		
	4:08.87 (52.08)	5:01.28 (52.41)	5:55.07 (53.79)	6:46.71 (51.64)		
	7:38.95 (52.24)	8:31.52 (52.57)	9:24.38 (52.86)	10:17.38 (53.00)		
	11:10.08 (52.70)	12:02.75 (52.67)	12:42.75 (40.00)	13:43.47 (1:00.72)		
4	Fidler, Ruth	46	Jim Montgomery Masters Swim-	18:45.00	20:35.85	5
	1:03.19	2:18.39 (1:15.20)	3:37.04 (1:18.65)	4:55.51 (1:18.47)		
	6:13.72 (1:18.21)	7:33.95 (1:20.23)	8:54.73 (1:20.78)	10:11.49 (1:16.76)		
	11:31.95 (1:20.46)	12:51.13 (1:19.18)	14:11.04 (1:19.91)	15:30.09 (1:19.05)		
	16:49.15 (1:19.06)	18:07.81 (1:18.66)	19:25.89 (1:18.08)	20:35.85 (1:09.96)		

Women 45-49 1500 LC Meter Freestyle

WORLD: 17:27.11 # 4/13/2023 Heidi GEORGE USA
NATL: 17:26.47 @ 12/2/2023 HEIDI GEORGE
ZON: 20:26.83 ! 2004 Sally Maddox

1	George, Heidi	48	Uc38	17:26.47	17:39.25!	9
	r:+0.91 33.51	1:08.86 (35.35)	1:44.60 (35.74)	2:20.04 (35.44)		
	2:55.61 (35.57)	3:31.01 (35.40)	4:06.46 (35.45)	4:42.18 (35.72)		
	5:17.84 (35.66)	5:53.30 (35.46)	6:29.04 (35.74)	7:04.53 (35.49)		
	7:40.01 (35.48)	8:15.36 (35.35)	8:50.85 (35.49)	9:26.13 (35.28)		
	10:01.50 (35.37)	10:36.70 (35.20)	11:12.22 (35.52)	11:47.52 (35.30)		
	12:23.04 (35.52)	12:58.36 (35.32)	13:33.85 (35.49)	14:09.22 (35.37)		
	14:44.68 (35.46)	15:19.90 (35.22)	15:55.20 (35.30)	16:30.31 (35.11)		
	17:05.30 (34.99)	17:39.25 (33.95)				
2	Day, Jacqueline	46	Texas Ford Aquatics Masters-26	23:00.00	19:43.39!	7
	r:+0.89 34.23	1:13.11 (38.88)	1:52.88 (39.77)	2:32.97 (40.09)		
	3:13.00 (40.03)	3:53.50 (40.50)	4:33.54 (40.04)	5:13.71 (40.17)		
	5:53.51 (39.80)	6:33.31 (39.80)	7:12.88 (39.57)	7:52.46 (39.58)		
	8:31.88 (39.42)	9:11.43 (39.55)	9:50.97 (39.54)	10:30.51 (39.54)		
	11:10.07 (39.56)	11:49.76 (39.69)	12:29.48 (39.72)	13:09.50 (40.02)		
	13:49.08 (39.58)	14:28.53 (39.45)	15:08.28 (39.75)	15:48.11 (39.83)		
	16:27.74 (39.63)	17:07.40 (39.66)	17:46.85 (39.45)	18:26.30 (39.45)		
	19:05.39 (39.09)	19:43.39 (38.00)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Women 45-49 1500 LC Meter Freestyle)**

3	Upton, Alexandra	48	Lone Star Masters-26	25:34.00	24:29.51	6
	r:+0.96 44.56	1:32.10 (47.54)	2:21.93 (49.83)	3:11.94 (50.01)		
	4:02.32 (50.38)	4:51.02 (48.70)	5:40.75 (49.73)	6:29.93 (49.18)		
	7:19.69 (49.76)	8:08.52 (48.83)	8:58.10 (49.58)	9:46.52 (48.42)		
	10:35.96 (49.44)	11:24.74 (48.78)	12:13.86 (49.12)	13:02.48 (48.62)		
	13:51.99 (49.51)	14:40.22 (48.23)	15:29.71 (49.49)	16:19.04 (49.33)		
	17:08.23 (49.19)	17:57.44 (49.21)	18:47.32 (49.88)	19:36.28 (48.96)		
	20:26.63 (50.35)	21:15.45 (48.82)	22:05.65 (50.20)	22:54.35 (48.70)		
	23:44.07 (49.72)	24:29.51 (45.44)				
4	Christian, Melisa	48	Lone Star Masters-26	24:35.01	25:58.00	5
	r:+1.03 43.43	1:31.82 (48.39)	2:22.65 (50.83)	3:12.89 (50.24)		
	4:05.08 (52.19)	4:57.76 (52.68)	5:50.28 (52.52)	6:43.42 (53.14)		
	7:36.28 (52.86)	8:29.72 (53.44)	9:23.29 (53.57)	10:16.52 (53.23)		
	11:09.65 (53.13)	12:02.65 (53.00)	12:55.09 (52.44)	13:47.95 (52.86)		
	14:40.41 (52.46)	15:33.06 (52.65)	16:26.14 (53.08)	17:19.62 (53.48)		
	18:11.95 (52.33)	19:04.26 (52.31)	19:55.73 (51.47)	20:47.81 (52.08)		
	21:40.37 (52.56)	22:33.53 (53.16)	23:26.50 (52.97)	24:19.39 (52.89)		
	25:12.00 (52.61)	25:58.00 (46.00)				
5	Fidler, Ruth	46	Jim Montgomery Masters Swim-	38:00.00	39:02.80	4
	r:+1.70 1:08.19	2:21.25 (1:13.06)	3:39.72 (1:18.47)	4:56.00 (1:16.28)		
	6:15.65 (1:19.65)	7:33.05 (1:17.40)	8:50.22 (1:17.17)	10:07.24 (1:17.02)		
	11:26.26 (1:19.02)	12:43.77 (1:17.51)	14:04.01 (1:20.24)	15:22.60 (1:18.59)		
	16:42.61 (1:20.01)	18:02.13 (1:19.52)	19:21.52 (1:19.39)	20:38.72 (1:17.20)		
	21:58.51 (1:19.79)	23:17.00 (1:18.49)	24:37.29 (1:20.29)	25:56.12 (1:18.83)		
	27:19.08 (1:22.96)	28:35.81 (1:16.73)	29:56.69 (1:20.88)	31:15.90 (1:19.21)		
	32:36.75 (1:20.85)	33:55.13 (1:18.38)	35:15.73 (1:20.60)	36:34.09 (1:18.36)		
	37:52.54 (1:18.45)	39:02.80 (1:10.26)				

Women 45-49 50 LC Meter Backstroke

WORLD: 31.02 # 8/18/2016 Cindy MABEE CAN
NATL: 31.71 @ 7/7/2012 JENKINS\REYNOLDS
ZON: 33.73 ! 2014 Michelle Chow

1	Enderle, Wendy	47	Southern Masters Swimmers-24	33.48	33.73!	9
	r:+0.60					
2	Fidler, Ruth	46	Jim Montgomery Masters Swim-	1:05.00	1:02.31	7
	r:+0.94					

Women 45-49 100 LC Meter Backstroke

WORLD: 1:07.04 # 6/14/2019 Joanna CORBEN GBR
NATL: 1:07.45 @ 5/19/2024 JENNIFER MIHALIK
ZON: 1:11.37 ! 7/21/2019 Kerry Lindauer

1	Enderle, Wendy	47	Southern Masters Swimmers-24	1:13.69	1:13.51	9
	r:+0.59 34.42	1:13.51 (39.09)				
2	Heughan, Lee	47	Lone Star Masters-26	1:16.82	1:19.28	7
	r:+0.70 38.26	1:19.28 (41.02)				

Women 45-49 200 LC Meter Backstroke

WORLD: 2:24.06 # 5/28/2016 Joanna CORBEN GBR
NATL: 2:26.06 @ 5/22/2009 K PIPES-NEILSEN
ZON: 2:31.54 ! 7/30/2016 Stephanie Stone

1	Enderle, Wendy	47	Southern Masters Swimmers-24	2:44.27	2:38.79	9
	r:+0.59 36.56	1:16.68 (40.12)	1:57.56 (40.88)	2:38.79 (41.23)		
2	Day, Jacqueline	46	Texas Ford Aquatics Masters-26	3:05.00	2:48.34	7
	r:+0.71 39.90	1:22.59 (42.69)	2:06.38 (43.79)	2:48.34 (41.96)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Women 45-49 200 LC Meter Backstroke)**

3	Heughan, Lee	47	Lone Star Masters-26	2:53.61	2:58.97	6
	r:+0.82 41.66	1:26.34 (44.68)	2:12.62 (46.28)	2:58.97 (46.35)		

Women 45-49 50 LC Meter Breaststroke

WORLD:	33.56	#	8/20/2017	Linley FRAME	AUS
NATL:	31.92	@	4/13/2024	GABRIELLE ROSE	
ZON:	36.26	!	7/21/2019	Kerry Lindauer	

1	Day, Jacqueline	46	Texas Ford Aquatics Masters-26	40.81	39.85	9
	r:+0.82					
2	Fidler, Ruth	46	Jim Montgomery Masters Swim-	1:20.00	1:14.31	7
	r:+0.94					

Women 45-49 100 LC Meter Breaststroke

WORLD:	1:12.34	#	8/14/2022	Gabrielle ROSE	USA
NATL:	1:08.32	@	6/16/2024	GABRIELLE ROSE	
ZON:	1:19.72	!	7/20/2019	Sara Dunn	

1	Day, Jacqueline	46	Texas Ford Aquatics Masters-26	1:30.81	1:25.34	9
	r:+0.81 40.54	1:25.34 (44.80)				
2	Upton, Alexandra	48	Lone Star Masters-26	1:44.00	1:42.42	7
	r:+0.93 50.71	1:42.42 (51.71)				

Women 45-49 200 LC Meter Breaststroke

WORLD:	2:39.95	#	6/24/2023	Gabrielle ROSE	USA
NATL:	2:30.13	@	6/19/2024	GABRIELLE ROSE	
ZON:	2:59.33	!	7/21/2019	Sara Dunn	

1	Day, Jacqueline	46	Texas Ford Aquatics Masters-26	3:17.42	3:04.89	9
	r:+0.84 42.42	1:29.58 (47.16)	2:17.88 (48.30)	3:04.89 (47.01)		
2	Upton, Alexandra	48	Lone Star Masters-26	3:52.00	3:44.54	7
	r:+0.96 52.31	1:48.77 (56.46)	2:45.93 (57.16)	3:44.54 (58.61)		

Women 45-49 50 LC Meter Butterfly

WORLD:	28.40	#	8/5/2017	Erika BRAUN	USA
NATL:	28.40	@	8/5/2017	ERIKA BRAUN	
ZON:	29.46	!	7/20/2019	Erika Braun	

1	Enderle, Wendy	47	Southern Masters Swimmers-24	32.89	33.26	9
	r:+0.73					

Women 45-49 200 LC Meter IM

WORLD:	2:21.37	#	8/14/2022	Gabrielle ROSE	USA
NATL:	2:20.41	@	7/9/2023	GABRIELLE ROSE	
ZON:	2:39.94	!	2014	Stephanie Stone	

1	Day, Jacqueline	46	Texas Ford Aquatics Masters-26	2:55.31	2:42.71	9
	r:+0.86 34.92	1:18.19 (43.27)	2:05.20 (47.01)	2:42.71 (37.51)		

Women 50-54 50 LC Meter Freestyle

WORLD:	27.09	#	6/28/2015	M.Therese FUZZATI	FRA
NATL:	27.13	@	6/17/2023	ERIKA BRAUN	
ZON:	29.61	!	2016	Susan Matherne	

1	Braun, Erika	52	North Carolina Masters Swimm	27.13	28.32!	9
	r:+0.76					
2	Visser, Linda	54	Houston Cougar Masters-25	31.70	31.45	7
	r:+0.75					
3	Boutwell, Katrina	52	Mid-Cities Arlington Swimming-	40.31	39.57	6
	r:+0.83					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 50-54 100 LC Meter Freestyle**

WORLD: 1:00.40 # 8/6/2023 Erika BRAUN USA
NATL: 1:00.40 @ 8/6/2023 ERIKA BRAUN
ZON: 1:05.15 ! 7/7/2018 Stephanie Stone

1	Braun, Erika	52	North Carolina Masters Swimmi	1:00.40	1:01.21!	9
	r:+2.79 29.35	1:01.21 (31.86)				
2	Boutwell, Katrina	52	Mid-Cities Arlington Swimming-	1:28.81	1:30.43	7
	r:+0.81 41.97	1:30.43 (48.46)				
3	Mackinnon, Amy	53	O2 Performance Aquatics-26	1:50.00	1:35.28	6
	r:+0.79 43.18	1:35.28 (52.10)				

Women 50-54 200 LC Meter Freestyle

WORLD: 2:13.18 # 8/8/2013 Jill HERNANDEZ USA
NATL: 2:13.18 @ 8/8/2013 JILL HERNANDEZ
ZON: 2:20.23 ! 7/8/2018 Jill Gellatly

1	Braun, Erika	52	North Carolina Masters Swimmi	4:00.00	3:20.21	9
	r:+0.78 28.28	1:43.24 (1:14.96)	2:33.15 (49.91)	3:20.21 (47.06)		
2	Mackinnon, Amy	53	O2 Performance Aquatics-26	3:32.00	3:36.43	7
	r:+0.84 45.10	1:37.82 (52.72)	2:36.59 (58.77)	3:36.43 (59.84)		

Women 50-54 400 LC Meter Freestyle

WORLD: 4:40.66 # 8/11/2013 Jill HERNANDEZ USA
NATL: 4:40.66 @ 8/11/2013 JILL HERNANDEZ
ZON: 4:53.19 ! 7/7/2018 Jill Gellatly

1	Mackinnon, Amy	53	O2 Performance Aquatics-26	7:05.00	7:45.47	9
	r:+0.90 46.98	1:38.49 (51.51)	2:36.03 (57.54)	3:37.38 (1:01.35)		
	4:39.74 (1:02.36)	5:43.04 (1:03.30)	6:44.94 (1:01.90)	7:45.47 (1:00.53)		

Women 50-54 800 LC Meter Freestyle

WORLD: 9:34.12 # 7/23/2016 Susan PRESTON USA
NATL: 9:34.12 @ 7/23/2016 SUSAN PRESTON
ZON: 10:06.80 ! 7/8/2018 Jill Gellatly

1	Moore, Alison	54	Lone Star Masters-26	11:45.18	11:35.53	9
	r:+0.93 39.77	1:22.97 (43.20)	2:07.38 (44.41)	2:51.56 (44.18)		
	3:35.67 (44.11)	4:19.55 (43.88)	5:03.66 (44.11)	5:47.30 (43.64)		
	6:31.34 (44.04)	7:14.90 (43.56)	7:58.88 (43.98)	8:42.71 (43.83)		
	9:26.58 (43.87)	10:10.19 (43.61)	10:53.52 (43.33)	11:35.53 (42.01)		
2	Mackinnon, Amy	53	O2 Performance Aquatics-26	16:00.00	16:04.31	7
	r:+0.87 52.42	1:49.56 (57.14)	2:49.82 (1:00.26)	3:50.37 (1:00.55)		
	4:51.65 (1:01.28)	5:52.85 (1:01.20)	6:55.38 (1:02.53)	7:56.81 (1:01.43)		
	8:58.76 (1:01.95)	10:00.75 (1:01.99)	11:02.41 (1:01.66)	12:02.96 (1:00.55)		
	13:04.24 (1:01.28)	14:05.10 (1:00.86)	15:06.17 (1:01.07)	16:04.31 (58.14)		

Women 50-54 1500 LC Meter Freestyle

WORLD: 18:15.80 # 7/29/2022 Alison ZAMANIAN USA
NATL: 18:15.80 @ 7/29/2022 ALISON ZAMANIAN
ZON: 21:00.55 ! 2015 Amy Hayes

1	Moore, Alison	54	Lone Star Masters-26	22:08.10	22:38.11	9
	r:+0.92 40.47	1:24.64 (44.17)	2:10.09 (45.45)	2:55.88 (45.79)		
	3:41.76 (45.88)	4:27.38 (45.62)	5:13.07 (45.69)	5:58.73 (45.66)		
	6:44.64 (45.91)	7:30.20 (45.56)	8:15.77 (45.57)	9:01.64 (45.87)		
	9:47.27 (45.63)	10:32.99 (45.72)	11:19.16 (46.17)	12:04.65 (45.49)		
	12:50.08 (45.43)	13:35.86 (45.78)	14:21.38 (45.52)	15:07.33 (45.95)		
	15:52.80 (45.47)	16:38.54 (45.74)	17:23.67 (45.13)	18:09.45 (45.78)		
	18:54.97 (45.52)	19:40.38 (45.41)	20:25.11 (44.73)	21:09.86 (44.75)		
	21:54.30 (44.44)	22:38.11 (43.81)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Women 50-54 1500 LC Meter Freestyle)**

2	Mackinnon, Amy	53	O2 Performance Aquatics-26	30:49.00	30:41.52	7
	r:+1.57 54.90	1:53.19 (58.29)	2:52.71 (59.52)	3:52.41 (59.70)		
	4:52.91 (1:00.50)	5:54.09 (1:01.18)	6:54.30 (1:00.21)	7:56.19 (1:01.89)		
	8:57.91 (1:01.72)	10:00.58 (1:02.67)	11:00.97 (1:00.39)	12:02.51 (1:01.54)		
	13:03.84 (1:01.33)	14:04.94 (1:01.10)	15:05.57 (1:00.63)	16:07.26 (1:01.69)		
	17:09.87 (1:02.61)	18:12.19 (1:02.32)	19:13.31 (1:01.12)	20:14.58 (1:01.27)		
	21:16.89 (1:02.31)	22:19.76 (1:02.87)	23:22.47 (1:02.71)	24:24.93 (1:02.46)		
	25:27.99 (1:03.06)	26:31.25 (1:03.26)	27:34.09 (1:02.84)	28:37.92 (1:03.83)		
	29:41.01 (1:03.09)	30:41.52 (1:00.51)				

Women 50-54 50 LC Meter Backstroke

WORLD: 31.59 # 7/6/2019 Cindy MABEE CAN
NATL: 32.30 @ 8/6/2022 ERIKA BRAUN
ZON: 35.07 ! 7/7/2018 Jelena Kunovac

1	Visser, Linda	54	Houston Cougar Masters-25	37.50	36.02	9
	r:+0.70					
2	Moore, Alison	54	Lone Star Masters-26	40.63	41.90	7
	r:+0.84					
3	Boutwell, Katrina	52	Mid-Cities Arlington Swimming-	49.51	47.38	6
	r:+0.80					

Women 50-54 100 LC Meter Backstroke

WORLD: 1:07.87 # 1/21/2023 Jo CORBEN GBR
NATL: 1:09.28 @ 8/8/2014 ELLEN REYNOLDS
ZON: 1:13.41 ! 7/21/2019 Stephanie Stone

1	Boutwell, Katrina	52	Mid-Cities Arlington Swimming-	1:46.29	1:51.80	9
	r:+0.73 53.38	1:51.80 (58.42)				

Women 50-54 200 LC Meter Backstroke

WORLD: 2:26.14 # 4/19/2024 Jo CORBEN GBR
NATL: 2:26.64 @ 8/4/2014 ELLEN REYNOLDS
ZON: 2:34.49 ! 7/7/2018 Stephanie Stone

1	Visser, Linda	54	Houston Cougar Masters-25	2:58.00	2:55.43	9
	r:+0.63 41.76	1:26.38 (44.62)	2:12.17 (45.79)	2:55.43 (43.26)		

Women 50-54 50 LC Meter Breaststroke

WORLD: 34.18 # 6/13/2012 Monica CORO ITA
NATL: 36.47 @ 8/20/2022 ERIKA BRAUN
ZON: 39.71 ! 7/31/2016 Kendal Jacobson

1	Visser, Linda	54	Houston Cougar Masters-25	40.00	38.88!	9
	r:+0.81					

Women 50-54 100 LC Meter Breaststroke

WORLD: 1:15.44 # 6/4/2022 Helen GORMAN GBR
NATL: 1:21.34 @ 7/8/2023 ERIKA BRAUN
ZON: 1:27.28 ! 7/30/2016 Kendal Jacobson

1	Visser, Linda	54	Houston Cougar Masters-25	1:25.50	1:25.34!	9
	r:+0.82 40.22	1:25.34 (45.12)				
2	Braun, Erika	52	North Carolina Masters Swimmi	3:00.00	2:16.90	7
	r:+0.88 38.40	2:16.90 (1:38.50)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 50-54 200 LC Meter Breaststroke**

WORLD: 2:44.66 # 6/17/2022 Helen GORMAN GBR
NATL: 2:54.00 @ 8/6/2016 ELLEN REYNOLDS
ZON: 3:07.34 ! 7/31/2016 Kendal Jacobson

1 Visser, Linda 54 Houston Cougar Masters-25 3:07.00 3:04.80! 9
 r:+0.80 42.76 1:29.58 (46.82) 2:17.13 (47.55) 3:04.80 (47.67)

Women 50-54 50 LC Meter Butterfly

WORLD: 29.08 # 8/7/2023 Susan O'NEILL AUS
NATL: 29.47 @ 8/4/2022 ERIKA BRAUN
ZON: 32.30 ! 7/30/2016 Susan Matherne

1 Braun, Erika 52 North Carolina Masters Swimming 29.47 29.97! 9
 r:+0.75
 2 Visser, Linda 54 Houston Cougar Masters-25 33.50 33.74 7
 r:+0.83
 3 Boutwell, Katrina 52 Mid-Cities Arlington Swimming- 45.68 43.90 6
 r:+0.85

Women 50-54 100 LC Meter Butterfly

WORLD: 1:07.80 # 8/13/2011 Jill HERNANDEZ USA
NATL: 1:07.80 @ 8/13/2011 JILL HERNANDEZ
ZON: 1:15.70 ! 2015 Kristy Ditzler

1 Braun, Erika 52 North Carolina Masters Swimming 1:08.03 1:10.09! 9
 r:+0.85 31.87 1:10.09 (38.22)
 2 Boutwell, Katrina 52 Mid-Cities Arlington Swimming- 1:50.31 1:48.36 7
 r:+0.84 48.48 1:48.36 (59.88)

Women 50-54 200 LC Meter IM

WORLD: 2:31.02 # 8/7/2016 Ellen REYNOLDS USA
NATL: 2:31.02 @ 8/7/2016 ELLEN REYNOLDS
ZON: 2:40.49 ! 7/7/2018 Stephanie Stone

1 Visser, Linda 54 Houston Cougar Masters-25 2:58.00 2:49.09 9
 r:+0.82 37.46 1:21.22 (43.76) 2:10.70 (49.48) 2:49.09 (38.39)

Women 55-59 50 LC Meter Freestyle

WORLD: 27.94 # 4/21/2023 Jennie BUCKNELL AUS
NATL: 28.46 @ 8/8/2019 HOLLY GREEN BLAIR
ZON: 29.68 ! 2013 Sue Massett-Murph

1 Ottman, Sharon 56 Texas Ford Aquatics Masters-26 36.00 35.47 9
 r:+0.86
 2 Anderson, Julie 58 Lone Star Masters-26 38.10 39.17 7
 r:+0.98
 3 Lopez, Xiomara 55 O2 Performance Aquatics-26 48.25 50.40 6
 r:+1.18

Women 55-59 100 LC Meter Freestyle

WORLD: 1:01.87 # 4/20/2023 Jennie BUCKNELL AUS
NATL: 1:02.02 @ 8/13/2007 VAL\VAL
ZON: 1:06.31 ! 7/22/2017 Susan Matherne

1 Ottman, Sharon 56 Texas Ford Aquatics Masters-26 1:21.00 1:19.27 9
 r:+0.94 37.03 1:19.27 (42.24)
 2 Autry, Amanda 56 Uc27 1:24.00 1:21.58 7
 r:+0.95 38.52 1:21.58 (43.06)
 3 Lopez, Xiomara 55 O2 Performance Aquatics-26 1:40.42 1:53.09 6
 r:+1.08 52.85 1:53.09 (1:00.24)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 55-59 200 LC Meter Freestyle****WORLD: 2:16.28 # 8/11/2019 Ellen REYNOLDS USA****NATL: 2:16.28 @ 8/11/2019 VAL\REYNOLDS****ZON: 2:25.50 ! 7/22/2023 Stephanie Stone**

1	Ottman, Sharon	56	Texas Ford Aquatics Masters-26	3:03.00	2:52.09	9
	r:+0.94 40.47	1:23.96 (43.49)	2:08.58 (44.62)	2:52.09 (43.51)		
2	Lopez, Xiomara	55	O2 Performance Aquatics-26	4:29.45	3:59.36	7
	r:+1.13 53.31	1:55.38 (1:02.07)	2:58.46 (1:03.08)	3:59.36 (1:00.90)		

Women 55-59 400 LC Meter Freestyle**WORLD: 4:43.41 # 7/10/2016 Lynn MARSHALL CAN****NATL: 4:46.49 @ 8/10/2019 ELLEN REYNOLDS****ZON: 5:26.84 ! 2008 Heidi Ernst**

1	Chubb, Courtney	55	Swim Melbourne Masters-14	5:30.00	5:20.80!	9
	r:+0.85 36.11	1:16.21 (40.10)	1:58.06 (41.85)	2:39.39 (41.33)		
	3:20.38 (40.99)	4:01.30 (40.92)	4:42.08 (40.78)	5:20.80 (38.72)		
2	Gray, Christina	58	Lone Star Masters-26	8:00.00	6:29.70	7
	r:+1.20 43.65	1:31.78 (48.13)	2:21.33 (49.55)	3:11.50 (50.17)		
	4:00.87 (49.37)	4:51.70 (50.83)	5:41.85 (50.15)	6:29.70 (47.85)		
3	Lopez, Xiomara	55	O2 Performance Aquatics-26	9:11.23	8:17.40	6
	r:+1.09 55.83	1:59.18 (1:03.35)	3:03.01 (1:03.83)	4:06.87 (1:03.86)		
	5:11.43 (1:04.56)	6:14.58 (1:03.15)	7:17.41 (1:02.83)	8:17.40 (59.99)		

Women 55-59 800 LC Meter Freestyle**WORLD: 9:44.76 # 2/25/2017 Lynn MARSHALL CAN****NATL: 9:46.56 @ 7/25/2015 JILL HERNANDEZ****ZON: 10:30.27 ! 7/21/2019 Patricia Campbell**

1	Gray, Christina	58	Lone Star Masters-26	16:00.00	13:23.73	9
	r:+1.18 44.04	1:31.24 (47.20)	2:20.85 (49.61)	3:11.03 (50.18)		
	4:02.02 (50.99)	4:52.94 (50.92)	5:43.92 (50.98)	6:35.42 (51.50)		
	7:26.25 (50.83)	8:17.71 (51.46)	9:09.78 (52.07)	10:01.65 (51.87)		
	10:53.11 (51.46)	11:44.77 (51.66)	12:35.48 (50.71)	13:23.73 (48.25)		

Women 55-59 1500 LC Meter Freestyle**WORLD: 18:36.30 # 8/7/2019 Ellen REYNOLDS USA****NATL: 18:36.30 @ 8/7/2019 ELLEN REYNOLDS****ZON: 21:43.62 ! 7/21/2017 Susan Ingraham**

1	Chubb, Courtney	55	Swim Melbourne Masters-14	22:00.00	20:33.24!	9
	r:+0.91 36.24	1:17.10 (40.86)	1:58.42 (41.32)	2:40.60 (42.18)		
	3:22.18 (41.58)	4:03.57 (41.39)	4:44.90 (41.33)	5:26.63 (41.73)		
	6:07.80 (41.17)	6:49.06 (41.26)	7:30.34 (41.28)	8:12.27 (41.93)		
	8:53.45 (41.18)	9:35.13 (41.68)	10:16.02 (40.89)	10:57.66 (41.64)		
	11:38.56 (40.90)	12:20.33 (41.77)	13:01.22 (40.89)	13:42.68 (41.46)		
	14:23.71 (41.03)	15:05.63 (41.92)	15:46.55 (40.92)	16:28.34 (41.79)		
	17:09.52 (41.18)	17:51.22 (41.70)	18:32.07 (40.85)	19:13.64 (41.57)		
	19:54.23 (40.59)	20:33.24 (39.01)				
2	Gray, Christina	58	Lone Star Masters-26	30:00.00	25:29.90	7
	r:+1.16 45.49	1:35.30 (49.81)	2:26.79 (51.49)	3:19.12 (52.33)		
	4:11.57 (52.45)	5:03.61 (52.04)	5:55.06 (51.45)	6:48.41 (53.35)		
	7:40.00 (51.59)	8:31.56 (51.56)	9:22.66 (51.10)	10:13.74 (51.08)		
	11:04.90 (51.16)	11:56.01 (51.11)	12:47.22 (51.21)	13:39.10 (51.88)		
	14:30.16 (51.06)	15:22.21 (52.05)	16:13.29 (51.08)	17:04.18 (50.89)		
	17:54.32 (50.14)	18:45.35 (51.03)	19:36.04 (50.69)	20:27.43 (51.39)		
	21:18.06 (50.63)	22:09.45 (51.39)	23:00.12 (50.67)	23:51.24 (51.12)		
	24:41.93 (50.69)	25:29.90 (47.97)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Women 55-59 1500 LC Meter Freestyle)**

3	Lopez, Xiomara	55	O2 Performance Aquatics-26	45:00.00	31:53.72	6
	r:+1.23 55.59 1:57.45 (1:01.86) 3:00.15 (1:02.70) 4:03.45 (1:03.30)					
	5:06.12 (1:02.67) 6:10.54 (1:04.42) 7:13.61 (1:03.07) 8:18.85 (1:05.24)					
	9:21.95 (1:03.10) 10:24.70 (1:02.75) 11:27.57 (1:02.87) 12:31.45 (1:03.88)					
	13:35.88 (1:04.43) 14:39.39 (1:03.51) 15:42.98 (1:03.59) 16:47.32 (1:04.34)					
	17:51.15 (1:03.83) 18:55.59 (1:04.44) 20:00.57 (1:04.98) 21:06.82 (1:06.25)					
	22:12.02 (1:05.20) 23:16.22 (1:04.20) 24:20.39 (1:04.17) 25:26.30 (1:05.91)					
	26:30.76 (1:04.46) 27:34.70 (1:03.94) 28:40.56 (1:05.86) 29:46.04 (1:05.48)					
	30:49.51 (1:03.47) 31:53.72 (1:04.21)					

Women 55-59 50 LC Meter Backstroke

WORLD: 31.99 # 8/2/2018 Holly GREEN BLAIR USA
NATL: 31.99 @ 8/2/2018 HOLLY GREEN BLAIR
ZON: 36.40 ! 7/30/2016 Monica Bailey

1	Lopez, Xiomara	55	O2 Performance Aquatics-26	2:00.00	1:18.75	9
	r:+0.84					

Women 55-59 50 LC Meter Breaststroke

WORLD: 35.59 # 8/11/2023 Andrea MULLER CHI
NATL: 37.13 @ 7/16/2017 CAROLINE KRATTLI
ZON: 41.59 ! 7/21/2019 Jelena Kunovac

1	Anderson, Julie	58	Lone Star Masters-26	48.90	51.05	9
	r:+1.06					

Women 55-59 50 LC Meter Butterfly

WORLD: 30.43 # 8/7/2023 Andrea MULLER CHI
NATL: 30.52 @ 7/10/2016 LESLIE LIVINGSTON
ZON: 32.88 ! 7/22/2017 Susan Matherne

1	Ottman, Sharon	56	Texas Ford Aquatics Masters-26	45.00	40.21	9
	r:+0.89					
2	Gray, Christina	58	Lone Star Masters-26	50.00	42.82	7
	r:+1.13					
3	Lopez, Xiomara	55	O2 Performance Aquatics-26	1:45.74	1:10.40	6
	r:+1.16					

Women 55-59 100 LC Meter Butterfly

WORLD: 1:07.55 # 8/8/2023 Franca BOSISIO ITA
NATL: 1:09.47 @ 8/9/2009 LAURA VAL
ZON: 1:18.42 ! 2016 Susan Ingraham

1	Chubb, Courtney	55	Swim Melbourne Masters-14	1:14.02	1:17.16!	9
	r:+0.84 36.91 1:17.16 (40.25)					
2	Ottman, Sharon	56	Texas Ford Aquatics Masters-26	1:35.00	1:31.78	7
	r:+0.95 42.78 1:31.78 (49.00)					
3	Lopez, Xiomara	55	O2 Performance Aquatics-26	5:00.00	2:43.80	6
	r:+1.13 1:19.83 2:43.80 (1:23.97)					

Women 55-59 200 LC Meter Butterfly

WORLD: 2:36.33 # 8/10/2023 C.THIELEMANN GER
NATL: 2:41.51 @ 7/8/2007 LAURA VAL
ZON: 3:08.76 ! 2012 Elaine Valdez

1	Chubb, Courtney	55	Swim Melbourne Masters-14	2:53.02	3:01.10!	9
	r:+0.88 38.54 1:25.24 (46.70) 2:12.99 (47.75) 3:01.10 (48.11)					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 55-59 200 LC Meter IM**

WORLD: 2:31.51 # 7/6/2019 Ellen REYNOLDS USA
NATL: 2:31.51 @ 7/6/2019 ELLEN REYNOLDS
ZON: 2:56.01 ! 7/20/2019 Patricia Campbell

1 Lopez, Xiomara 55 02 Performance Aquatics-26 5:21.51 5:25.23 9
 r:+1.10 1:16.17 2:36.20 (1:20.03) 4:29.40 (1:53.20) 5:25.23 (55.83)

Women 60-64 50 LC Meter Freestyle

WORLD: 28.84 # 8/5/2023 Holly GREEN USA
NATL: 28.84 @ 8/5/2023 HOLLY GREEN
ZON: 31.66 ! 7/8/2018 Lynn Morrison

1 Sappey, Collette 60 Colorado Masters Swimming-32 30.79 29.99! 9
 r:+0.79
 2 Matherne, Susan 62 Rice Aquatic Masters-25 32.00 31.31! 7
 r:+0.95
 3 Klimko, Sue 64 Lone Star Masters-26 38.00 37.94 6
 r:+0.97
 4 Griffith, Sharyl 63 City of Plano Swimmers Wetcats 56.00 43.27 5
 r:+0.86

Women 60-64 100 LC Meter Freestyle

WORLD: 1:03.83 # 8/5/2011 Laura VAL USA
NATL: 1:03.83 @ 8/5/2011 LAURA VAL
ZON: 1:08.42 ! 2015 Lynn Morrison

1 Matherne, Susan 62 Rice Aquatic Masters-25 1:09.00 1:11.20 9
 r:+0.92 34.08 1:11.20 (37.12)
 2 Esahak-Gage, Jane 62 Arizona Masters Swim Club Inc- 1:12.78 1:11.39 7
 r:+0.79 33.99 1:11.39 (37.40)
 3 Klimko, Sue 64 Lone Star Masters-26 1:30.00 1:29.89 6
 r:+0.87 42.44 1:29.89 (47.45)

Women 60-64 200 LC Meter Freestyle

WORLD: 2:21.03 # 3/20/2019 Jenny WHITELEY AUS
NATL: 2:21.48 @ 6/12/2012 LAURA VAL
ZON: 2:43.29 ! 7/22/2023 Susan Ingraham

1 Esahak-Gage, Jane 62 Arizona Masters Swim Club Inc- 2:35.81 2:33.08! 9
 r:+0.75 35.63 1:15.00 (39.37) 1:53.87 (38.87) 2:33.08 (39.21)
 2 Smart, Denise 62 Tulsa Masters Swim Club-27 2:59.52 3:03.36 7
 r:+0.74 40.79 1:28.49 (47.70) 2:16.50 (48.01) 3:03.36 (46.86)
 3 Klimko, Sue 64 Lone Star Masters-26 3:30.00 3:18.71 6
 r:+0.93 45.59 1:35.69 (50.10) 2:27.77 (52.08) 3:18.71 (50.94)

Women 60-64 400 LC Meter Freestyle

WORLD: 4:53.58 # 6/11/2022 Lynn MARSHALL CAN
NATL: 4:59.82 @ 8/12/2012 LAURA VAL
ZON: 5:41.46 ! 7/22/2023 Susan Ingraham

1 Esahak-Gage, Jane 62 Arizona Masters Swim Club Inc- 5:30.55 5:21.87! 9
 r:+0.82 36.82 1:16.63 (39.81) 1:57.63 (41.00) 2:38.79 (41.16)
 3:20.00 (41.21) 4:01.41 (41.41) 4:42.37 (40.96) 5:21.87 (39.50)
 2 Smart, Denise 62 Tulsa Masters Swim Club-27 6:11.16 6:15.37 7
 r:+0.75 41.79 1:29.76 (47.97) 2:17.24 (47.48) 3:05.30 (48.06)
 3:52.34 (47.04) 4:40.70 (48.36) 5:28.57 (47.87) 6:15.37 (46.80)
 3 Klimko, Sue 64 Lone Star Masters-26 8:00.00 7:01.09 6
 r:+0.99 46.60 1:37.89 (51.29) 2:31.16 (53.27) 3:26.58 (55.42)
 4:21.06 (54.48) 5:15.35 (54.29) 6:09.29 (53.94) 7:01.09 (51.80)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 60-64 800 LC Meter Freestyle**

WORLD: 10:06.23 # 2/11/2023 Lynn MARSHALL CAN
NATL: 10:18.82 @ 6/18/2022 LYNN MARSHALL
ZON: 11:36.65 ! 2015 Heidi Ernst

1	Reynolds, Ellen	60	Team Redbird-33	10:22.46	10:47.54!	9
	r:+0.86 34.89	1:12.16 (37.27)	1:49.91 (37.75)	2:28.73 (38.82)		
	3:07.86 (39.13)	3:46.50 (38.64)	4:25.18 (38.68)	5:03.84 (38.66)		
	5:42.12 (38.28)	6:35.19 (53.07)	7:22.02 (46.83)	8:04.63 (42.61)		
	8:45.94 (41.31)	9:26.23 (40.29)	10:07.38 (41.15)	10:47.54 (40.16)		
2	Klimko, Sue	64	Lone Star Masters-26	16:00.00	14:12.86	7
	r:+0.98 47.80	1:39.54 (51.74)	2:33.58 (54.04)	3:27.53 (53.95)		
	4:21.02 (53.49)	5:14.95 (53.93)	6:08.66 (53.71)	7:02.41 (53.75)		
	7:56.33 (53.92)	8:50.45 (54.12)	9:45.02 (54.57)	10:38.70 (53.68)		
	11:33.11 (54.41)	12:26.73 (53.62)	13:21.34 (54.61)	14:12.86 (51.52)		
3	Holmes, Ginnie	61	O2 Performance Aquatics-26	19:00.00	19:49.36	6
	r:+1.13 1:09.01	2:22.81 (1:13.80)	3:37.77 (1:14.96)	4:52.03 (1:14.26)		
	6:07.40 (1:15.37)	7:22.97 (1:15.57)	8:37.33 (1:14.36)	9:51.30 (1:13.97)		
	11:06.41 (1:15.11)	12:20.85 (1:14.44)	13:37.87 (1:17.02)	14:52.67 (1:14.80)		
	16:08.91 (1:16.24)	17:23.98 (1:15.07)	18:39.80 (1:15.82)	19:49.36 (1:09.56)		

Women 60-64 1500 LC Meter Freestyle

WORLD: 19:23.70 # 6/18/2022 Lynn MARSHALL USA
NATL: 19:23.70 @ 6/18/2022 LYNN MARSHALL
ZON: 22:39.64 ! 7/19/2019 Elaine Valdez

1	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-	21:38.21	21:14.82!	9
	r:+0.81 38.26	1:19.44 (41.18)	2:01.70 (42.26)	2:44.30 (42.60)		
	3:26.20 (41.90)	4:08.66 (42.46)	4:51.23 (42.57)	5:34.44 (43.21)		
	6:17.34 (42.90)	7:00.48 (43.14)	7:43.73 (43.25)	8:26.44 (42.71)		
	9:09.16 (42.72)	9:51.62 (42.46)	10:33.75 (42.13)	11:14.77 (41.02)		
	11:57.77 (43.00)	12:40.61 (42.84)	13:23.61 (43.00)	14:06.96 (43.35)		
	14:50.02 (43.06)	15:33.19 (43.17)	16:16.26 (43.07)	16:59.46 (43.20)		
	17:42.43 (42.97)	18:25.71 (43.28)	19:08.84 (43.13)	19:51.67 (42.83)		
	20:34.62 (42.95)	21:14.82 (40.20)				
2	Smart, Denise	62	Tulsa Masters Swim Club-27	24:35.22	24:41.96	7
	r:+0.74 41.59	1:29.66 (48.07)	2:18.71 (49.05)	3:07.08 (48.37)		
	3:56.17 (49.09)	4:45.35 (49.18)	5:34.49 (49.14)	6:23.61 (49.12)		
	7:13.66 (50.05)	8:02.81 (49.15)	8:52.54 (49.73)	9:41.26 (48.72)		
	10:31.10 (49.84)	11:20.69 (49.59)	12:10.74 (50.05)	13:00.30 (49.56)		
	13:50.63 (50.33)	14:40.15 (49.52)	15:30.09 (49.94)	16:19.73 (49.64)		
	17:10.46 (50.73)	18:00.48 (50.02)	18:51.27 (50.79)	19:41.21 (49.94)		
	20:31.57 (50.36)	21:21.53 (49.96)	22:12.80 (51.27)	23:03.00 (50.20)		
	23:53.67 (50.67)	24:41.96 (48.29)				
3	Klimko, Sue	64	Lone Star Masters-26	30:00.00	27:11.71	6
	r:+1.14 47.57	1:39.26 (51.69)	2:33.15 (53.89)	3:27.95 (54.80)		
	4:22.96 (55.01)	5:18.11 (55.15)	6:13.05 (54.94)	7:07.85 (54.80)		
	8:02.96 (55.11)	8:56.37 (53.41)	9:50.75 (54.38)	10:45.05 (54.30)		
	11:39.84 (54.79)	12:34.26 (54.42)	13:28.35 (54.09)	14:23.64 (55.29)		
	15:18.46 (54.82)	16:13.31 (54.85)	17:07.91 (54.60)	18:03.12 (55.21)		
	18:58.16 (55.04)	19:54.08 (55.92)	20:49.21 (55.13)	21:44.35 (55.14)		
	22:39.31 (54.96)	23:33.68 (54.37)	24:29.18 (55.50)	25:23.61 (54.43)		
	26:18.78 (55.17)	27:11.71 (52.93)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 60-64 50 LC Meter Backstroke**

WORLD: 33.38 # 8/5/2023 **Holly GREEN** **USA**
NATL: 33.38 @ 8/5/2023 **HOLLY GREEN**
ZON: 39.29 ! 7/30/2016 **Elaine Valdez**

1	Smart, Denise	62	Tulsa Masters Swim Club-27	43.40	42.80	9
	r:+0.69					

Women 60-64 200 LC Meter Backstroke

WORLD: 2:30.58 # 2/27/2024 **Ellen REYNOLDS** **USA**
NATL: 2:30.58 @ 2/27/2024 **ELLEN REYNOLDS**
ZON: 3:16.01 ! 7/20/2019 **Mary Anne Hines**

1	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-	3:10.00	3:06.96!	9
	r:+0.71 44.49		1:32.69 (48.20) 2:20.52 (47.83) 3:06.96 (46.44)			
2	Holmes, Ginnie	61	O2 Performance Aquatics-26	5:30.00	5:12.90	7
	r:+0.82 1:17.23		2:37.40 (1:20.17) 3:57.62 (1:20.22) 5:12.90 (1:15.28)			

Women 60-64 50 LC Meter Breaststroke

WORLD: 37.43 # 2/6/2022 **Monica CORO'** **ITA**
NATL: 39.02 @ 8/19/2016 **BETH ESTEL**
ZON: 42.08 ! 2012 **Krissy MacCurdy**

1	Griffith, Sharyl	63	City of Plano Swimmers Wetcats	53.00	51.22	9
	r:+0.90					

Women 60-64 100 LC Meter Breaststroke

WORLD: 1:23.04 # 5/20/2022 **Moncia CORO'** **ITA**
NATL: 1:27.24 @ 8/18/2016 **BETH ESTEL**
ZON: 1:31.11 ! 2012 **Krissy MacCurdy**

1	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-	1:39.22	1:39.81	9
	r:+0.82 47.29		1:39.81 (52.52)			
2	Griffith, Sharyl	63	City of Plano Swimmers Wetcats	1:58.00	1:48.79	7
	r:+0.87 53.22		1:48.79 (55.57)			

Women 60-64 200 LC Meter Breaststroke

WORLD: 3:00.11 # 3/2/2024 **Ellen REYNOLDS** **USA**
NATL: 3:00.11 @ 3/2/2024 **ELLEN REYNOLDS**
ZON: 3:20.45 ! 2012 **Krissy MacCurdy**

1	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-	3:33.72	3:36.07	9
	r:+0.81 49.09		1:42.51 (53.42) 2:39.04 (56.53) 3:36.07 (57.03)			

Women 60-64 50 LC Meter Butterfly

WORLD: 29.90 # 8/4/2023 **Holly GREEN** **USA**
NATL: 29.90 @ 8/4/2023 **HOLLY GREEN**
ZON: 34.58 ! 7/30/2016 **Elaine Valdez**

1	Sappey, Collette	60	Colorado Masters Swimming-32	37.06	33.28!	9
	r:+0.87					
2	Matherne, Susan	62	Rice Aquatic Masters-25	36.00	34.71	7
	r:+0.96					
3	Smart, Denise	62	Tulsa Masters Swim Club-27	34.92	35.58	6
	r:+0.76					
4	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-	38.50	37.48	5
	r:+0.82					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 60-64 200 LC Meter IM****WORLD: 2:34.27 # 2/29/2024 Ellen REYNOLDS USA****NATL: 2:34.27 @ 2/29/2024 ELLEN REYNOLDS****ZON: 3:03.05 ! 2012 Krissy MacCurdy**

1	Reynolds, Ellen	60	Team Redbird-33	2:34.27	2:32.30 #	9
	r:+0.78 33.55	1:11.69 (38.14)	1:57.82 (46.13)	2:32.30 (34.48)		
2	Smart, Denise	62	Tulsa Masters Swim Club-27	3:36.59	3:27.35	7
	r:+0.71 36.70	1:33.80 (57.10)	2:38.76 (1:04.96)	3:27.35 (48.59)		
3	Klimko, Sue	64	Lone Star Masters-26	4:00.00	4:03.17	6
	r:+0.89 54.61	2:01.38 (1:06.77)	3:12.75 (1:11.37)	4:03.17 (50.42)		

Women 60-64 400 LC Meter IM**WORLD: 5:30.07 # 3/3/2024 Ellen REYNOLDS USA****NATL: 5:30.07 @ 3/3/2024 ELLEN REYNOLDS****ZON: 6:33.41 ! 7/21/2017 Elaine Valdez**

1	Klimko, Sue	64	Lone Star Masters-26	20:00.00	9:20.36	9
	r:+0.99 58.52	2:06.42 (1:07.90)	3:25.25 (1:18.83)	4:49.76 (1:24.51)		
	6:08.23 (1:18.47)	7:24.90 (1:16.67)	8:22.34 (57.44)	9:20.36 (58.02)		

Women 65-69 50 LC Meter Freestyle**WORLD: 29.10 # 8/3/2019 Penny NOYES USA****NATL: 29.10 @ 8/3/2019 PENNY NOYES****ZON: 32.33 ! 7/8/2018 Christina McKelvey**

1	Ingraham, Susan	65	Masters of South Texas-43	33.00	33.19	9
	r:+0.83					
2	Kersten, Holly	66	Texas Ford Aquatics Masters-26	36.75	33.91	7
	r:+0.89					
3	Pederson, Deborah	67	Masters of South Texas-43	42.60	43.89	6
	r:+1.03					
4	Lampe, Betty	69	Colonials 1776-8	46.00	44.64	5
	r:+1.04					
5	Schueckler, Leslie	69	Masters of South Texas-43	46.00	45.50	4
	r:+0.92					

Women 65-69 100 LC Meter Freestyle**WORLD: 1:04.89 # 7/30/2018 Laura VAL USA****NATL: 1:04.89 @ 7/30/2018 LAURA VAL****ZON: 1:12.77 ! 7/22/2023 Lynn Morrison**

1	Ingraham, Susan	65	Masters of South Texas-43	1:12.00	1:14.64	9
	r:+0.86 35.30	1:14.64 (39.34)				
2	Pederson, Deborah	67	Masters of South Texas-43	1:36.56	1:39.07	7
	r:+0.93 47.03	1:39.07 (52.04)				
3	Schueckler, Leslie	69	Masters of South Texas-43	1:38.00	1:45.62	6
	r:+0.95 50.64	1:45.62 (54.98)				

Women 65-69 200 LC Meter Freestyle**WORLD: 2:25.29 # 8/18/2016 Laura VAL USA****NATL: 2:25.29 @ 8/18/2016 LAURA VAL****ZON: 2:39.06 ! 7/21/2019 Lynn Morrison**

1	Ingraham, Susan	65	Masters of South Texas-43	2:45.00	2:45.30	9
	r:+0.81 37.32	1:20.07 (42.75)	2:03.79 (43.72)	2:45.30 (41.51)		
2	Lampe, Betty	69	Colonials 1776-8	3:30.00	3:21.80	7
	r:+1.00 45.58	1:37.05 (51.47)	2:30.66 (53.61)	3:21.80 (51.14)		
3	Pederson, Deborah	67	Masters of South Texas-43	3:29.38	3:33.21	6
	r:+1.07 47.60	1:43.08 (55.48)	2:39.06 (55.98)	3:33.21 (54.15)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Women 65-69 200 LC Meter Freestyle)**

4	Schueckler, Leslie	69	Masters of South Texas-43	3:34.00	3:50.29	5
	r:+0.97 52.21	1:50.42 (58.21)	2:50.78 (1:00.36)	3:50.29 (59.51)		

Women 65-69 400 LC Meter Freestyle**WORLD: 5:12.80 # 8/10/2019 Laura VAL USA****NATL: 5:12.80 @ 8/10/2019 LAURA VAL****ZON: 5:55.11 ! 2011 Carolyn Boak**

1	Ingraham, Susan	65	Masters of South Texas-43	5:42.00	5:45.54!	9
	r:+0.86 38.00	1:20.85 (42.85)	2:05.12 (44.27)	2:49.88 (44.76)		
	3:34.07 (44.19)	4:18.09 (44.02)	5:02.40 (44.31)	5:45.54 (43.14)		
2	Hines, Mary Anne	67	Woodlands Masters Swim Team-	6:10.00	6:07.97	7
	r:+1.00 41.78	1:27.66 (45.88)	2:14.17 (46.51)	3:01.05 (46.88)		
	3:48.30 (47.25)	4:35.72 (47.42)	5:23.12 (47.40)	6:07.97 (44.85)		
3	Hinkamp, Kristianne	65	Lone Star Masters-26	7:10.70	6:43.17	6
	r:+0.97 45.38	1:35.42 (50.04)	2:27.76 (52.34)	3:20.02 (52.26)		
	4:12.18 (52.16)	5:03.72 (51.54)	5:55.00 (51.28)	6:43.17 (48.17)		
4	Russell, Melissa	66	Lone Star Masters-26	6:36.61	6:43.73	5
	r:+0.94 46.52	1:37.01 (50.49)	2:28.36 (51.35)	3:20.21 (51.85)		
	4:11.55 (51.34)	5:03.08 (51.53)	5:54.49 (51.41)	6:43.73 (49.24)		
5	Lampe, Betty	69	Colonials 1776-8	7:25.00	6:54.75	4
	r:+1.03 46.19	1:38.65 (52.46)	2:31.22 (52.57)	3:24.82 (53.60)		
	4:17.58 (52.76)	5:10.70 (53.12)	6:03.97 (53.27)	6:54.75 (50.78)		
6	Pederson, Deborah	67	Masters of South Texas-43	7:25.62	7:41.36	3
	r:+1.06 40.82	1:49.37 (1:08.55)	2:50.68 (1:01.31)	3:51.43 (1:00.75)		
	4:51.23 (59.80)	5:50.80 (59.57)	6:47.89 (57.09)	7:41.36 (53.47)		

Women 65-69 800 LC Meter Freestyle**WORLD: 10:49.60 # 7/15/2017 Laura VAL USA****NATL: 10:49.60 @ 7/15/2017 LAURA VAL****ZON: 12:06.92 ! 7/8/2018 Heidi Ernst**

1	Ingraham, Susan	65	Masters of South Texas-43	12:10.00	11:51.36!	9
	r:+0.82 39.14	1:23.85 (44.71)	2:10.70 (46.85)	2:55.65 (44.95)		
	3:41.71 (46.06)	4:26.62 (44.91)	5:11.76 (45.14)	5:56.90 (45.14)		
	6:42.02 (45.12)	7:27.34 (45.32)	8:12.75 (45.41)	8:58.03 (45.28)		
	9:43.11 (45.08)	10:27.94 (44.83)	11:11.03 (43.09)	11:51.36 (40.33)		
2	Russell, Melissa	66	Lone Star Masters-26	14:38.22	13:52.54	7
	r:+0.90 45.61	1:37.02 (51.41)	2:28.71 (51.69)	3:21.28 (52.57)		
	4:13.29 (52.01)	5:05.76 (52.47)	5:58.20 (52.44)	6:51.50 (53.30)		
	7:44.10 (52.60)	8:37.48 (53.38)	9:30.31 (52.83)	10:23.82 (53.51)		
	11:16.78 (52.96)	12:10.10 (53.32)	13:02.22 (52.12)	13:52.54 (50.32)		
3	Hinkamp, Kristianne	65	Lone Star Masters-26	14:10.00	13:58.32	6
	r:+0.93 46.41	1:37.64 (51.23)	2:29.93 (52.29)	3:23.42 (53.49)		
	4:16.65 (53.23)	5:09.80 (53.15)	6:03.54 (53.74)	6:56.14 (52.60)		
	7:50.15 (54.01)	8:42.07 (51.92)	9:35.73 (53.66)	10:28.42 (52.69)		
	11:22.24 (53.82)	12:14.19 (51.95)	13:07.16 (52.97)	13:58.32 (51.16)		
4	Lampe, Betty	69	Colonials 1776-8	15:00.00	14:01.30	5
	r:+1.10 48.12	1:40.36 (52.24)	2:34.05 (53.69)	3:28.08 (54.03)		
	4:21.67 (53.59)	5:14.81 (53.14)	6:07.65 (52.84)	7:00.52 (52.87)		
	7:53.36 (52.84)	8:46.88 (53.52)	9:39.64 (52.76)	10:32.33 (52.69)		
	11:26.04 (53.71)	12:18.58 (52.54)	13:11.23 (52.65)	14:01.30 (50.07)		
5	Lennon, Dana	66	Lone Star Masters-26	21:28.77	20:58.86	4
	r:+1.17 1:04.91	2:22.03 (1:17.12)	3:41.68 (1:19.65)	5:00.20 (1:18.52)		
	6:20.49 (1:20.29)	7:40.62 (1:20.13)		9:01.35 ()		
	10:21.07 (1:19.72)	11:40.04 (1:18.97)	13:01.81 (1:21.77)			
	15:41.50 ()	20:58.86 (5:17.36)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 65-69 1500 LC Meter Freestyle****WORLD: 20:41.53 # 7/21/2023 S.HEIM-BOWEN****USA****NATL: 20:41.53 @ 7/21/2023 S HEIM-BOWEN****ZON: 23:02.15 ! 7/19/2019 Heidi Ernst**

1	Hinkamp, Kristianne	65	Lone Star Masters-26	26:15.00	26:03.53	9
	r:+1.03 45.51	1:36.29 (50.78)	2:27.33 (51.04)	3:19.57 (52.24)		
	4:11.01 (51.44)	5:03.05 (52.04)	5:55.77 (52.72)	6:46.94 (51.17)		
	7:39.11 (52.17)	8:30.84 (51.73)	9:23.33 (52.49)	10:15.72 (52.39)		
	11:08.00 (52.28)	12:00.60 (52.60)	12:52.87 (52.27)	13:45.73 (52.86)		
	14:37.77 (52.04)	15:30.44 (52.67)	16:23.67 (53.23)	17:16.23 (52.56)		
	18:09.16 (52.93)	19:02.48 (53.32)	19:55.25 (52.77)	20:48.48 (53.23)		
	21:41.71 (53.23)	22:34.10 (52.39)	23:27.12 (53.02)	24:19.77 (52.65)		
	25:12.58 (52.81)	26:03.53 (50.95)				
2	Pederson, Deborah	67	Masters of South Texas-43	29:19.51	30:00.28	7
	r:+1.05 49.46	1:48.94 (59.48)	2:49.32 (1:00.38)	3:51.70 (1:02.38)		
	4:53.37 (1:01.67)	5:54.42 (1:01.05)	6:54.34 (59.92)	7:55.55 (1:01.21)		
	8:55.70 (1:00.15)	9:57.19 (1:01.49)	10:55.91 (58.72)	11:57.40 (1:01.49)		
	12:56.90 (59.50)	13:57.93 (1:01.03)	14:55.90 (57.97)	15:56.92 (1:01.02)		
	16:57.17 (1:00.25)	17:59.52 (1:02.35)	19:00.05 (1:00.53)	20:01.78 (1:01.73)		
	21:02.37 (1:00.59)	22:04.71 (1:02.34)	23:04.90 (1:00.19)	24:07.17 (1:02.27)		
	25:06.52 (59.35)	26:07.93 (1:01.41)	27:06.65 (58.72)	28:07.13 (1:00.48)		
	30:00.28 (1:53.15)					

Women 65-69 50 LC Meter Backstroke**WORLD: 33.59 # 8/2/2018 Laura VAL****USA****NATL: 33.59 @ 8/2/2018 LAURA VAL****ZON: 37.22 ! 7/30/2016 Cecilia McCloskey**

1	Ingraham, Susan	65	Masters of South Texas-43	39.00	39.58	9
	r:+1.16					
2	Pederson, Deborah	67	Masters of South Texas-43	52.72	56.59	7
	r:+0.92					
3	Schueckler, Leslie	69	Masters of South Texas-43	1:08.00	1:02.50	6
	r:+0.79					
4	Lennon, Dana	66	Lone Star Masters-26	1:01.41	1:03.09	5
	r:+1.02					

Women 65-69 100 LC Meter Backstroke**WORLD: 1:14.49 # 7/31/2018 Laura VAL****USA****NATL: 1:14.49 @ 7/31/2018 LAURA VAL****ZON: 1:21.35 ! 2016 Cecillia McCloske**

1	Ingraham, Susan	65	Masters of South Texas-43	1:26.00	1:29.78	9
	r:+0.80 42.94	1:29.78 (46.84)				
2	Pederson, Deborah	67	Masters of South Texas-43	2:04.58	2:11.09	7
	r:+0.81 1:03.82	2:11.09 (1:07.27)				

Women 65-69 200 LC Meter Backstroke**WORLD: 2:47.70 # 8/8/2019 Laura VAL****USA****NATL: 2:47.70 @ 8/8/2019 LAURA VAL****ZON: 2:58.81 ! 7/30/2016 Cecilia McCloskey**

1	Ingraham, Susan	65	Masters of South Texas-43	3:10.00	3:16.93	9
	r:+0.80 46.01	1:37.33 (51.32)	2:28.58 (51.25)	3:16.93 (48.35)		
2	Russell, Melissa	66	Lone Star Masters-26	3:42.12	3:49.41	7
	r:+0.91 55.02	1:53.50 (58.48)	2:52.18 (58.68)	3:49.41 (57.23)		
3	Pederson, Deborah	67	Masters of South Texas-43	4:33.35	4:55.01	6
	r:+1.30 1:09.61	2:30.81 (1:21.20)	3:49.31 (1:18.50)	4:55.01 (1:05.70)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 65-69 50 LC Meter Breaststroke**

WORLD: 39.91 # 4/2/2023 **Jenny WHITELEY** **AUS**
NATL: 41.71 @ 9/9/2023 **KAREN MAREB**
ZON: 43.61 ! 7/8/2018 **Christina McKelvey**

1	Hinkamp, Kristianne	65	Lone Star Masters-26	56.40	54.93	9
	r:+0.99					
2	Schueckler, Leslie	69	Masters of South Texas-43	1:01.00	1:02.79	7
	r:+0.90					
3	Lennon, Dana	66	Lone Star Masters-26	1:10.76	1:08.19	6
	r:+1.21					

Women 65-69 100 LC Meter Breaststroke

WORLD: 1:28.18 # 2/25/2023 **Jenney WHITELEY** **AUS**
NATL: 1:32.24 @ 8/10/2019 **LO KNAPP**
ZON: 1:40.40 ! 7/30/2016 **Deb Coellner**

1	Kersten, Holly	66	Texas Ford Aquatics Masters-26	1:47.14	1:45.69	9
	r:+0.88 51.79 1:45.69 (53.90)					
2	Hinkamp, Kristianne	65	Lone Star Masters-26	1:59.60	2:00.01	7
	r:+0.93 56.09 2:00.01 (1:03.92)					
3	Lampe, Betty	69	Colonials 1776-8	2:10.00	2:04.71	6
	r:+0.96 1:00.02 2:04.71 (1:04.69)					
4	Schueckler, Leslie	69	Masters of South Texas-43	2:12.00	2:19.21	5
	r:+0.93 1:06.60 2:19.21 (1:12.61)					

Women 65-69 200 LC Meter Breaststroke

WORLD: 3:12.63 # 6/17/2022 **Amanda HEATH** **GBR**
NATL: 3:19.03 @ 8/4/2023 **KAREN MAREB**
ZON: 3:34.59 ! 2008 **Joann Lelich**

1	Lampe, Betty	69	Colonials 1776-8	4:30.00	4:28.26	9
	r:+1.02 59.21 2:08.30 (1:09.09) 3:18.42 (1:10.12) 4:28.26 (1:09.84)					

Women 65-69 50 LC Meter Butterfly

WORLD: 32.36 # 8/7/2023 **Traci GRANGER** **USA**
NATL: 32.36 @ 8/7/2023 **TRACI GRANGER**
ZON: 33.10 ! 7/20/2019 **Penny Noyes**

1	Ingraham, Susan	65	Masters of South Texas-43	39.00	38.01	9
	r:+0.83					
2	Kersten, Holly	66	Texas Ford Aquatics Masters-26	38.84	38.46	7
	r:+0.91					
3	Russell, Melissa	66	Lone Star Masters-26	52.70	50.30	6
	r:+0.98					
4	Lampe, Betty	69	Colonials 1776-8	53.00	53.20	5
	r:+1.05					
5	Schueckler, Leslie	69	Masters of South Texas-43	57.00	59.22	4
	r:+0.93					
6	Lennon, Dana	66	Lone Star Masters-26	1:08.93	1:05.39	3
	r:+1.14					

Women 65-69 100 LC Meter Butterfly

WORLD: 1:13.70 # 8/18/2016 **Laura VAL** **USA**
NATL: 1:13.70 @ 8/18/2016 **LAURA VAL**
ZON: 1:15.94 ! 7/21/2019 **Penny Noyes**

1	Kersten, Holly	66	Texas Ford Aquatics Masters-26	1:36.57	1:31.62	9
	r:+0.90 42.06 1:31.62 (49.56)					
2	Russell, Melissa	66	Lone Star Masters-26	2:01.32	2:03.31	7
	r:+0.95 56.82 2:03.31 (1:06.49)					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Women 65-69 100 LC Meter Butterfly)**

3	Lampe, Betty	69	Colonials 1776-8	2:10.00	2:16.38	6
	1:03.55	2:16.38 (1:12.83)				

Women 65-69 200 LC Meter Butterfly

WORLD: 2:57.26 # 7/20/2019 Penny NOYES USA

NATL: 2:57.26 @ 7/20/2019 PENNY NOYES

ZON: 2:57.26 ! 7/20/2019 Penny Noyes

1	Russell, Melissa	66	Lone Star Masters-26	4:19.06	4:30.54	9
	r:+0.97 59.47	2:12.18 (1:12.71)	3:24.48 (1:12.30)	4:30.54 (1:06.06)		
2	Lampe, Betty	69	Colonials 1776-8	4:48.00	4:52.57	7
	1:00.30	2:15.09 (1:14.79)	3:36.78 (1:21.69)	4:52.57 (1:15.79)		

Women 65-69 200 LC Meter IM

WORLD: 2:51.52 # 8/4/2019 Penny NOYES USA

NATL: 2:51.52 @ 8/4/2019 PENNY NOYES

ZON: 2:57.43 ! 7/20/2019 Penny Noyes

1	Kersten, Holly	66	Texas Ford Aquatics Masters-26	3:33.79	3:31.89	9
	r:+0.90 42.08	1:41.57 (59.49)	2:42.69 (1:01.12)	3:31.89 (49.20)		
2	Russell, Melissa	66	Lone Star Masters-26	4:03.68	3:52.57	7
	r:+0.90 53.80	1:52.57 (58.77)	3:03.46 (1:10.89)	3:52.57 (49.11)		
3	Lampe, Betty	69	Colonials 1776-8	4:10.00	4:08.18	6
	r:+1.00		3:19.56 ()	4:08.18 (48.62)		
4	Schueckler, Leslie	69	Masters of South Texas-43	4:25.00	4:41.07	5
	r:+0.89 1:01.28	2:17.36 (1:16.08)	3:38.17 (1:20.81)	4:41.07 (1:02.90)		

Women 65-69 400 LC Meter IM

WORLD: 6:14.58 # 7/19/2019 Penny NOYES USA

NATL: 6:14.58 @ 7/19/2019 PENNY NOYES

ZON: 6:14.58 ! 7/19/2019 Penny Noyes

1	Russell, Melissa	66	Lone Star Masters-26	8:13.53	8:09.09	9
	r:+0.96 57.21	2:05.65 (1:08.44)	3:06.72 (1:01.07)	4:05.23 (58.51)		
	5:15.31 (1:10.08)	6:27.60 (1:12.29)	7:18.68 (51.08)	8:09.09 (50.41)		

Women 70-74 50 LC Meter Freestyle

WORLD: 30.73 # 10/9/2021 Laura VAL USA

NATL: 30.73 @ 10/9/2021 LAURA VAL

ZON: 40.22 ! 2016 Ann Vitt

1	Noyes, Penny	70	Ensworth Aquatics Masters-15	32.50	31.88!	9
	r:+0.78					

Women 70-74 100 LC Meter Freestyle

WORLD: 1:06.68 # 8/6/2023 Laura VAL USA

NATL: 1:06.68 @ 8/6/2023 LAURA VAL

ZON: 1:19.45 ! 2015 Carolyn Boak

1	Hirsty, Jacki	72	Lone Star Masters-26	1:30.00	1:19.00!	9
	r:+0.86					

Women 70-74 200 LC Meter Freestyle

WORLD: 2:29.72 # 8/14/2022 Laura VAL USA

NATL: 2:29.72 @ 8/14/2022 LAURA VAL

ZON: 2:53.32 ! 2015 Carolyn Boak

1	Morrison, Lynn	70	Lone Star Masters-26	3:00.00	3:57.62	9
	r:+0.87 33.04	2:06.43 (1:33.39)	3:04.64 (58.21)	3:57.62 (52.98)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 70-74 400 LC Meter Freestyle**

WORLD: 5:21.19 # 8/13/2022 Laura VAL USA
NATL: 5:21.19 @ 8/13/2022 LAURA VAL
ZON: 6:09.66 ! 2015 Carolyn Boak

1	Noyes, Penny	70	Ensworth Aquatics Masters-15	7:30.00	7:28.22	9
	r:+2.27 31.46	1:49.66 (1:18.20)	2:55.31 (1:05.65)	3:58.88 (1:03.57)		
	4:49.21 (50.33)	5:48.29 (59.08)	6:36.04 (47.75)	7:28.22 (52.18)		

Women 70-74 1500 LC Meter Freestyle

WORLD: 21:02.79 # 8/2/2023 Christie CIRAULO USA
NATL: 21:02.79 @ 8/2/2023 CHRISTIE CIRAULO
ZON: 26:17.67 ! 2013 Sarah Kopsky

1	Bowling, Cindy	70	Tulsa Masters Swim Club-27	24:49.78	25:06.63!	9
	r:+0.95 43.59	1:31.71 (48.12)	2:20.87 (49.16)	3:10.73 (49.86)		
	4:00.25 (49.52)	4:50.12 (49.87)	5:40.52 (50.40)	6:30.97 (50.45)		
	7:09.95 (38.98)	8:11.88 (1:01.93)	9:02.54 (50.66)	9:52.67 (50.13)		
	10:43.31 (50.64)	11:33.80 (50.49)	12:24.71 (50.91)	13:15.41 (50.70)		
	14:06.37 (50.96)	14:57.07 (50.70)	15:48.00 (50.93)	16:38.68 (50.68)		
	17:29.19 (50.51)	18:20.08 (50.89)	19:10.82 (50.74)	20:02.21 (51.39)		
	20:53.11 (50.90)	21:44.36 (51.25)	22:35.67 (51.31)	23:26.65 (50.98)		
	24:18.38 (51.73)	25:06.63 (48.25)				

Women 70-74 50 LC Meter Backstroke

WORLD: 34.65 # 10/10/2021 Laura VAL USA
NATL: 34.65 @ 10/10/2021 LAURA VAL
ZON: 48.45 ! 2013 Sarah Kopsky

1	Ray, Dianna	70	Lone Star Masters-26	46.38	45.88!	9
	r:+0.68					
2	Myer, Cynthia	71	O2 Performance Aquatics-26	1:05.32	59.61	7
	r:+0.89					

Women 70-74 100 LC Meter Backstroke

WORLD: 1:16.27 # 8/4/2023 Laura VAL USA
NATL: 1:16.27 @ 8/4/2023 LAURA VAL
ZON: 1:44.99 ! 2013 Sarah Kopsky

1	Ray, Dianna	70	Lone Star Masters-26	1:41.80	1:38.78!	9
	r:+0.74 47.71	1:38.78 (51.07)				

Women 70-74 200 LC Meter Backstroke

WORLD: 2:49.43 # 10/8/2021 Laura VAL USA
NATL: 2:49.43 @ 10/8/2021 LAURA VAL
ZON: 3:49.64 ! 7/22/2017 Ann Vitt

1	Noyes, Penny	70	Ensworth Aquatics Masters-15	3:10.00	3:17.49!	9
	r:+0.73 44.64	1:35.41 (50.77)	2:27.51 (52.10)	3:17.49 (49.98)		
2	Ray, Dianna	70	Lone Star Masters-26	3:32.53	3:27.50!	7
	r:+0.68 49.07	1:42.09 (53.02)	2:36.51 (54.42)	3:27.50 (50.99)		
3	Myer, Cynthia	71	O2 Performance Aquatics-26	5:15.99	4:48.44	6
	r:+0.92 1:08.21	2:23.29 (1:15.08)	3:38.19 (1:14.90)	4:48.44 (1:10.25)		

Women 70-74 50 LC Meter Breaststroke

WORLD: 41.67 # 6/22/2014 Monika SENFTLEBEN GER
NATL: 43.19 @ 8/3/2018 DANA BROWN
ZON: 46.91 ! 2011 Joann Lelich

1	Noyes, Penny	70	Ensworth Aquatics Masters-15	46.50	46.92	9
	r:+0.79					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Women 70-74 50 LC Meter Breaststroke)**

2	Myer, Cynthia	71	O2 Performance Aquatics-26	1:04.29	1:03.33	7
	r:+0.95					

Women 70-74 100 LC Meter Breaststroke

WORLD:	1:35.93	#	10/2/2016	Nobuko YASUDA	JPN
NATL:	1:36.91	@	7/31/2021	CHARLOTTE DAVIS	
ZON:	1:38.78	!	2009	Joann Leilich	

1	Myer, Cynthia	71	O2 Performance Aquatics-26	2:30.85	2:18.14	9
	r:+1.00 1:06.99 2:18.14 (1:11.15)					

Women 70-74 200 LC Meter Breaststroke

WORLD:	3:29.25	#	7/15/2017	Nobuko YASUDA	JPN
NATL:	3:29.91	@	10/9/2021	CHARLOTTE DAVIS	
ZON:	3:39.59	!	2009	Joann Leilich	

1	Myer, Cynthia	71	O2 Performance Aquatics-26	5:15.99	4:59.39	9
	r:+1.10 1:07.64 2:28.64 (1:21.00) 3:46.63 (1:17.99) 4:59.39 (1:12.76)					

Women 70-74 50 LC Meter Butterfly

WORLD:	34.43	#	1/19/2024	Penny NOYES	USA
NATL:	34.43	@	1/19/2024	PENNY NOYES	
ZON:	55.60	!	2012	Ida Hlavacek	

1	Noyes, Penny	70	Ensworth Aquatics Masters-15	35.50	35.50!	9
	r:+0.80					

Women 70-74 100 LC Meter Butterfly

WORLD:	1:16.07	#	10/8/2021	Laura VAL	USA
NATL:	1:16.07	@	10/8/2021	LAURA VAL	
ZON:	1:38.72	!	7/8/2018	Carolyn Boak	

1	Noyes, Penny	70	Ensworth Aquatics Masters-15	1:22.00	1:27.54!	9
	r:+0.74 37.46 1:27.54 (50.08)					

Women 75-79 50 LC Meter Freestyle

WORLD:	34.11	#	10/8/2021	Diann UUSTAL	USA
NATL:	34.11	@	10/8/2021	DIANN UUSTAL	
ZON:	43.82	!	2014	Joann Leilich	

1	Stewart, Jamie	76	Masters of South Texas-43	41.06	41.97!	9
	r:+0.94					

2	Simmons, Pam	75	Lone Star Masters-26	1:08.28	1:13.00	7
---	--------------	----	----------------------	---------	---------	---

Women 75-79 100 LC Meter Freestyle

WORLD:	1:17.38	#	10/9/2021	Diann UUSTAL	USA
NATL:	1:17.38	@	10/9/2021	DIANN UUSTAL	
ZON:	1:45.38	!	7/22/2023	Ann Vitt	

1	Stewart, Jamie	76	Masters of South Texas-43	1:45.00	1:43.04!	9
	r:+1.14 48.14 1:43.04 (54.90)					

Women 75-79 50 LC Meter Backstroke

WORLD:	40.08	#	10/9/2021	Diann UUSTAL	USA
NATL:	40.08	@	10/9/2021	DIANN UUSTAL	
ZON:	53.04	!	7/22/2023	Ann Vitt	

1	Simmons, Pam	75	Lone Star Masters-26	1:23.98	1:11.55	9
	r:+1.14					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 75-79 200 LC Meter Backstroke**

WORLD: 3:16.80 # 4/28/2019 Clary MUNNS AUS
NATL: 3:17.63 @ 8/5/2022 DIANN UUSTAL
ZON: 4:20.45 ! 7/22/2023 Ann Vitt

1 Stewart, Jamie 76 Masters of South Texas-43 4:33.56 4:35.40 9
 r:+0.92 1:04.52 2:15.42 (1:10.90) 3:27.15 (1:11.73) 4:35.40 (1:08.25)

Women 75-79 200 LC Meter Breaststroke

WORLD: 3:40.84 # 7/19/2014 Joann LEILICH USA
NATL: 3:40.84 @ 7/19/2014 JOANN LEILICH
ZON: 3:40.84 ! 2014 Joann Leich

1 Stewart, Jamie 76 Masters of South Texas-43 5:30.00 6:13.54 9
 r:+1.14 1:19.72 2:56.87 (1:37.15) 4:38.65 (1:41.78) 6:13.54 (1:34.89)

Women 75-79 50 LC Meter Butterfly

WORLD: 38.93 # 5/25/2019 Judy WILSON FRA
NATL: 44.95 @ 8/1/2004 GAIL ROPER
ZON: 1:00.06 ! 7/7/2018 DeEtte Sauer

1 Stewart, Jamie 76 Masters of South Texas-43 53.24 50.65! 9
 r:+1.02

Women 75-79 100 LC Meter Butterfly

WORLD: 1:34.88 # 6/23/2019 Judy WILSON FRA
NATL: 1:50.84 @ 7/20/2019 DANIELA BARNEA
ZON: 2:16.06 ! 7/31/2016 DeEtte Sauer

1 Stewart, Jamie 76 Masters of South Texas-43 2:09.58 2:10.82! 9
 r:+1.09 59.91 2:10.82 (1:10.91)

Women 80-84 100 LC Meter Freestyle

WORLD: 1:23.16 # 7/14/2018 Yoshiko OSAKI JPN
NATL: 1:27.55 @ 3/7/2009 GAIL ROPER
ZON: 1:53.30 ! 7/22/2023 DeEtte Sauer

1 Sauer, DeEtte 83 Masters of South Texas-43 1:49.60 1:54.06 9
 53.92 1:54.06 (1:00.14)

Women 80-84 400 LC Meter Freestyle

WORLD: 6:39.90 # 5/5/2012 Jane ASHER GBR
NATL: 7:24.53 @ 6/10/2007 JEAN TROY
ZON: 8:26.67 ! 7/22/2023 DeEtte Sauer

1 Sauer, DeEtte 83 Masters of South Texas-43 8:26.67 8:26.21! 9
 57.35 2:02.23 (1:04.88) 3:07.56 (1:05.33) 4:12.97 (1:05.41)
 5:18.09 (1:05.12) 6:22.77 (1:04.68) 7:26.22 (1:03.45) 8:26.21 (59.99)

Women 80-84 800 LC Meter Freestyle

WORLD: 13:51.21 # 1/29/2011 Jane ASHER GBR
NATL: 15:12.94 @ 7/15/2007 JEAN TROY
ZON: 17:31.66 ! 7/22/2023 DeEtte Sauer

1 Sauer, DeEtte 83 Masters of South Texas-43 17:06.26 18:07.31 9
 1:08.82 2:16.45 (1:07.63) 3:27.99 (1:11.54) 4:38.31 (1:10.32)
 5:46.78 (1:08.47) 6:56.17 (1:09.39) 8:04.72 (1:08.55) 9:13.03 (1:08.31)
 10:20.28 (1:07.25) 11:28.25 (1:07.97) 12:36.37 (1:08.12) 13:44.54 (1:08.17)
 14:52.36 (1:07.82) 15:58.81 (1:06.45) 17:06.51 (1:07.70) 18:07.31 (1:00.80)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 80-84 50 LC Meter Backstroke**

WORLD: 43.04 # 3/11/2023 **Satoko TAKEUJI** **JPN**
NATL: 46.39 @ 3/29/2002 **BUNNY CEDERLUND**
ZON: 1:05.29 ! 2009 **Georgia Goggin**

1	Hlavacek, Ida r:+0.82	82	Lone Star Masters-26	1:06.88	1:06.50	9
2	Marsch, Gail r:+0.86	84	Masters of South Texas-43	1:07.82	1:10.14	7

Women 80-84 100 LC Meter Backstroke

WORLD: 1:39.25 # 5/29/2023 **E.KETELSEN** **DEN**
NATL: 1:46.16 @ 7/1/2023 **JOY WARD**
ZON: 2:25.87 ! 2009 **Georgia Goggin**

1	Hlavacek, Ida r:+0.84 1:10.86 2:24.73 (1:13.87)	82	Lone Star Masters-26	2:27.80	2:24.73!	9
2	Marsch, Gail r:+0.90 1:14.18 2:33.20 (1:19.02)	84	Masters of South Texas-43	2:30.85	2:33.20	7

Women 80-84 200 LC Meter Backstroke

WORLD: 3:32.61 # 6/4/2023 **Noriko YOSHIDA** **JPN**
NATL: 3:51.50 @ 6/12/2022 **JOY WARD**
ZON: 5:15.91 ! 2009 **Georgia Goggin**

1	Hlavacek, Ida r:+0.88 1:14.86 2:35.94 (1:21.08)	82	Lone Star Masters-26	5:18.13	5:19.76	9
2	Sauer, DeEtte r:+0.92	83	Masters of South Texas-43	5:10.69	5:30.14	7
3	Marsch, Gail r:+1.00 1:18.46 2:46.89 (1:28.43)	84	Masters of South Texas-43	5:26.14	5:34.83	6

Women 80-84 50 LC Meter Breaststroke

WORLD: 46.94 # 6/2/2023 **Diane FORD** **GBR**
NATL: 51.37 @ 8/11/2018 **ANNE WILLIAMS**
ZON: 51.39 ! 7/21/2019 **Joann Leilich**

1	Marsch, Gail r:+0.97	84	Masters of South Texas-43	1:25.01	1:29.60	9
---	-------------------------	----	---------------------------	---------	---------	---

Women 80-84 100 LC Meter Breaststroke

WORLD: 1:43.90 # 6/3/2023 **Diane FORD** **GBR**
NATL: 1:49.04 @ 7/20/2019 **JOANN LEILICH**
ZON: 1:49.04 ! 7/20/2019 **Joann Leilich**

1	Hlavacek, Ida 1:36.48 3:29.90 (1:53.42)	82	Lone Star Masters-26	3:35.16	3:29.90	9
---	--	----	----------------------	---------	---------	---

Women 80-84 200 LC Meter Breaststroke

WORLD: 3:51.53 # 6/4/2023 **Diane FORD** **GBR**
NATL: 3:59.55 @ 7/21/2019 **JOANN LEILICH**
ZON: 3:59.55 ! 7/21/2019 **Joann Leilich**

1	Hlavacek, Ida 1:41.36 3:37.97 (1:56.61)	82	Lone Star Masters-26	7:10.33	7:38.47	9
---	--	----	----------------------	---------	---------	---

Women 80-84 50 LC Meter Butterfly

WORLD: 42.79 # 3/3/2024 **Judy WILSON** **FRA**
NATL: 47.37 @ 3/7/2009 **GAIL ROPER**
ZON: 1:09.16 ! 7/22/2023 **DeEtte Sauer**

1	Sauer, DeEtte	83	Masters of South Texas-43	1:03.97	1:08.96!	9
2	Hlavacek, Ida	82	Lone Star Masters-26	1:16.94	1:17.86	7

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 80-84 100 LC Meter Butterfly**

WORLD: 1:52.70 # 2/29/2024 Judy WILSON FRA
NATL: 2:06.55 @ 5/21/2004 LOIS NOCHMAN
ZON: 2:36.94 ! 7/22/2023 DeEtte Sauer

1	Sauer, DeEtte	83	Masters of South Texas-43	2:23.52	2:43.56	9
	r:+1.14 1:19.21 2:43.56 (1:24.35)					
2	Hlavacek, Ida	82	Lone Star Masters-26	3:18.76	3:06.35	7
	1:24.32 3:06.35 (1:42.03)					

Women 80-84 200 LC Meter Butterfly

WORLD: 4:15.19 # 7/14/2012 Judie OLIVER CAN
NATL: 4:34.86 @ 5/22/2004 LOIS NOCHMAN
ZON: 6:47.16 ! 7/22/2023 Ida Hlavacek

1	Hlavacek, Ida	82	Lone Star Masters-26	6:47.16	7:03.12	9
	1:30.03 3:20.54 (1:50.51) 5:12.40 (1:51.86) 7:03.12 (1:50.72)					

Women 80-84 200 LC Meter IM

WORLD: 3:53.63 # 8/17/2017 Katharina FLORA HUN
NATL: 4:05.75 @ 5/27/2023 JOY WARD
ZON: 5:51.66 ! 7/22/2023 Ida Hlavacek

1	Hlavacek, Ida	82	Lone Star Masters-26	5:51.66	5:53.74	9
	1:24.29 2:49.22 (1:24.93) 4:43.18 (1:53.96) 5:53.74 (1:10.56)					

Women 80-84 400 LC Meter IM

WORLD: 8:21.88 # 1/30/2011 Jane ASHER GBR
NATL: 9:12.87 @ 7/1/2023 JOY WARD
ZON: 12:12.56 ! 7/22/2023 Ida Hlavacek

1	Hlavacek, Ida	82	Lone Star Masters-26	12:12.56	12:27.64	9
	1:26.79 3:14.87 (1:48.08) 4:37.54 (1:22.67) 6:02.11 (1:24.57) 7:57.05 (1:54.94) 9:58.20 (2:01.15) 11:11.06 (1:12.86) 12:27.64 (1:16.58)					

Women 85-89 200 LC Meter Freestyle

WORLD: 3:14.51 # 8/7/2023 Yoshiko OSAKI JPN
NATL: 3:49.67 @ 7/14/2012 JEAN TROY

1	Burke, Dorothy	85	Little Rock Masters-23	4:45.00	4:29.15	9
	1:04.10 2:12.06 (1:07.96) 3:23.02 (1:10.96) 4:29.15 (1:06.13)					

Women 85-89 50 LC Meter Backstroke

WORLD: 47.23 # 9/18/2023 Yoshiko OSAKI JPN
NATL: 51.81 @ 7/7/2012 BETTY LORENZI
ZON: 1:13.08 ! 2014 Georgia Goggin

1	Burke, Dorothy	85	Little Rock Masters-23	1:20.00	1:11.73!	9
	r:+0.83					

Women 85-89 100 LC Meter Backstroke

WORLD: 1:45.27 # 6/30/2019 Katharina FLORA HUN
NATL: 1:53.28 @ 3/10/2012 BETTY LORENZI
ZON: 5:22.96 ! 7/8/2018 Lillian Kates

1	Burke, Dorothy	85	Little Rock Masters-23	3:00.00	2:30.70!	9
	r:+0.89 1:14.79 2:30.70 (1:15.91)					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 85-89 50 LC Meter Breaststroke**

WORLD: 51.83 # 5/6/2016 A.VAN OBBERGHEN BEL
NATL: 56.61 @ 6/29/2024 JOANN LEILICH
ZON: 1:21.54 ! 2014 Georgia Goggin

1 Leilich, Joann 85 Woodlands Masters Swim Team- 56.61 55.01@ 9
 r:+1.14

Women 85-89 100 LC Meter Breaststroke

WORLD: 1:54.96 # 5/6/2016 A.VAN OBBERGHEN BEL
NATL: 2:00.10 @ 6/29/2024 JOANN LEILICH

1 Leilich, Joann 85 Woodlands Masters Swim Team- 2:00.10 2:00.09@ 9
 r:+1.11 57.98 2:00.09 (1:02.11)
 2 Burke, Dorothy 85 Little Rock Masters-23 2:55.00 2:33.71 7
 1:15.48 2:33.71 (1:18.23)

Women 85-89 200 LC Meter Breaststroke

WORLD: 4:18.23 # 5/8/2016 A.VAN OBBERGHEN BEL
NATL: 5:04.17 @ 8/6/2016 ANN HIRSCH
ZON: 6:51.41 ! 2014 Georgia Goggin

1 Leilich, Joann 85 Woodlands Masters Swim Team- 4:22.00 4:26.79@ 9
 r:+1.17 1:03.75 2:12.45 (1:08.70) 3:22.41 (1:09.96) 4:26.79 (1:04.38)
 2 Burke, Dorothy 85 Little Rock Masters-23 5:50.00 5:37.32! 7
 1:21.71 2:46.94 (1:25.23) 4:14.19 (1:27.25) 5:37.32 (1:23.13)

Men 18-24 50 LC Meter Freestyle

NATL: 21.78 @ 7/1/2012 JOSH SCHNEIDER
ZON: 23.52 ! 2014 Stephen Culberson

1 Rodriguez Moran, Carlos Abi 24 Lone Star Masters-26 26.11 26.30 9
 r:+0.73
 2 Wurtz, Tanner 22 Cowtown Swimming-26 28.17 27.28 7
 r:+0.72
 3 Henson, David 24 Mid-Cities Arlington Swimming- 30.04 27.80 6
 r:+0.73
 4 Rose, Dylan 22 Woodlands Masters Swim Team- 40.00 29.92 5
 r:+0.69

Men 18-24 100 LC Meter Freestyle

NATL: 48.45 @ 6/16/2021 COLEMAN STEWART
ZON: 52.25 ! 2014 Stephen Culberson

1 Huuki, Erik 23 Lone Star Masters-26 57.50 54.54 9
 r:+0.74 25.72 54.54 (28.82)
 2 Rodriguez Moran, Carlos Abi 24 Lone Star Masters-26 57.26 57.14 7
 r:+0.75 27.22 57.14 (29.92)
 3 Wurtz, Tanner 22 Cowtown Swimming-26 1:02.39 1:01.48 6
 r:+0.73 28.74 1:01.48 (32.74)
 4 Alvarez, Camilo 24 Lone Star Masters-26 1:05.00 1:03.17 5
 r:+0.67 29.78 1:03.17 (33.39)
 5 Henson, David 24 Mid-Cities Arlington Swimming- 1:15.75 1:04.18 4
 r:+0.94 30.88 1:04.18 (33.30)

Men 18-24 200 LC Meter Freestyle

NATL: 1:52.74 @ 8/16/1998 JOE TRISTAN
ZON: 1:56.88 ! 2008 Shane Milu

1 Huuki, Erik 23 Lone Star Masters-26 2:02.00 1:59.42 9
 r:+0.78 27.65 57.75 (30.10) 1:28.63 (30.88) 1:59.42 (30.79)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 18-24 200 LC Meter Freestyle)**

2	Rodriguez Moran, Carlos Abi	24	Lone Star Masters-26	2:10.33	2:10.26	7
	r:+0.72 29.50	1:01.42 (31.92)	1:35.78 (34.36)	2:10.26 (34.48)		
3	Henderson, Myles	23	Terrapin Masters-10	2:09.74	2:10.72	6
	r:+0.73 29.68	1:02.07 (32.39)	1:36.25 (34.18)	2:10.72 (34.47)		
4	Pennington, Thaddaeus	23	Uc26	2:38.49	2:21.74	5
	r:+0.75 30.26	1:05.55 (35.29)	1:43.13 (37.58)	2:21.74 (38.61)		
5	Wurtz, Tanner	22	Cowtown Swimming-26	2:23.75	2:25.55	4
	r:+0.70 32.07	1:09.04 (36.97)	1:47.57 (38.53)	2:25.55 (37.98)		

Men 18-24 400 LC Meter Freestyle**NATL: 4:04.68 @ 8/13/2007 HYUN SEUNG LEE****ZON: 4:32.02 ! 1991 James Allen**

1	Henderson, Myles	23	Terrapin Masters-10	4:29.53	4:33.38	9
	r:+0.70 30.87	1:03.82 (32.95)	1:38.54 (34.72)	2:13.64 (35.10)		
	2:49.42 (35.78)	3:24.55 (35.13)	3:59.87 (35.32)	4:33.38 (33.51)		
2	Alvarez, Camilo	24	Lone Star Masters-26	5:25.00	5:21.05	7
	r:+0.67 33.10	1:12.84 (39.74)	1:54.27 (41.43)	2:36.58 (42.31)		
	3:19.23 (42.65)	4:00.60 (41.37)	4:41.48 (40.88)	5:21.05 (39.57)		

Men 18-24 800 LC Meter Freestyle**NATL: 8:44.80 @ 8/6/2015 RYAN ROSENBAUM****ZON: 9:21.90 ! 1997 Jonathan Armstron**

1	Henderson, Myles	23	Terrapin Masters-10	9:25.84	9:27.27	9
	r:+0.70 32.11	1:06.35 (34.24)	1:41.86 (35.51)	2:17.37 (35.51)		
	2:53.66 (36.29)	3:29.31 (35.65)	4:05.33 (36.02)	4:41.19 (35.86)		
	5:17.53 (36.34)	5:53.19 (35.66)	6:29.10 (35.91)	7:05.37 (36.27)		
	7:41.30 (35.93)	8:16.92 (35.62)	8:52.52 (35.60)	9:27.27 (34.75)		

Men 18-24 1500 LC Meter Freestyle**NATL: 16:58.37 @ 8/7/2013 JACOB JEZEK****ZON: 18:07.16 ! 1991 James Allen**

1	Henderson, Myles	23	Terrapin Masters-10	18:04.68	18:11.14	9
	r:+0.73 31.87	1:06.06 (34.19)	1:41.52 (35.46)	2:17.44 (35.92)		
	2:53.26 (35.82)	3:29.37 (36.11)	4:05.66 (36.29)	4:42.53 (36.87)		
	5:19.11 (36.58)	5:55.77 (36.66)	6:32.48 (36.71)	7:09.60 (37.12)		
	7:46.60 (37.00)	8:23.47 (36.87)	9:00.52 (37.05)	9:37.35 (36.83)		
	10:14.53 (37.18)	10:51.28 (36.75)	11:27.99 (36.71)	12:04.98 (36.99)		
	12:41.57 (36.59)	13:18.51 (36.94)	13:55.36 (36.85)	14:32.56 (37.20)		
	15:09.40 (36.84)	15:46.06 (36.66)	16:22.39 (36.33)	16:59.18 (36.79)		
	17:35.56 (36.38)	18:11.14 (35.58)				

Men 18-24 50 LC Meter Backstroke**NATL: 26.91 @ 8/15/2005 DAVE ROLLINS****ZON: 28.40 ! 7/22/2017 Kyle Hendricks**

1	Huuki, Erik	23	Lone Star Masters-26	28.64	28.44	9
	r:+0.65					
2	Rodriguez Moran, Carlos Abi	24	Lone Star Masters-26	30.59	31.14	7
	r:+0.62					
3	Alvarez, Camilo	24	Lone Star Masters-26	36.00	34.90	6
	r:+0.67					
4	Wurtz, Tanner	22	Cowtown Swimming-26	33.83	35.20	5
	r:+0.62					
5	Rose, Dylan	22	Woodlands Masters Swim Team-	40.00	40.76	4
	r:+0.61					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 18-24 100 LC Meter Backstroke**

NATL: 53.61 @ 6/27/2012 EUGENE GODSOE

ZON: 1:01.24 ! 7/23/2017 Kyle Hendricks

1	Rodriguez Moran, Carlos Abi	24	Lone Star Masters-26	1:07.59	1:08.13	9
	r:+0.66 32.90 1:08.13 (35.23)					

Men 18-24 50 LC Meter Breaststroke

NATL: 28.87 @ 8/15/2005 DAVE ROLLINS

ZON: 30.54 ! 1998 Jonathan Armstron

1	Sok, Vincent	22	Cowtown Swimming-26	33.19	32.47	9
	r:+0.72					
2	Pennington, Thaddaeus	23	Uc26	38.95	34.02	7
	r:+0.75					
3	Wurtz, Tanner	22	Cowtown Swimming-26	42.45	41.98	6
	r:+0.73					
4	Rose, Dylan	22	Woodlands Masters Swim Team-	1:00.00	42.53	5
	r:+0.81					

Men 18-24 100 LC Meter Breaststroke

NATL: 1:00.68 @ 8/25/2016 JACOB MONTAGUE

ZON: 1:08.15 ! 7/22/2017 Stephen Schmuhl

1	Pennington, Thaddaeus	23	Uc26	1:32.37	1:18.25	9
	r:+0.76 35.54 1:18.25 (42.71)					

Men 18-24 50 LC Meter Butterfly

NATL: 24.20 @ 8/8/2014 THOMAS SHIELDS

ZON: 26.17 ! 7/22/2017 Kyle Hendricks

1	Sok, Vincent	22	Cowtown Swimming-26	29.56	28.43	9
	r:+0.68					
2	Wurtz, Tanner	22	Cowtown Swimming-26	29.84	29.43	7
	r:+0.72					
3	Rodriguez Moran, Carlos Abi	24	Lone Star Masters-26	29.75	29.89	6
	r:+0.75					
4	Henson, David	24	Mid-Cities Arlington Swimming-	31.00	30.14	5
	r:+0.77					
5	Alvarez, Camilo	24	Lone Star Masters-26	29.00	31.60	4
	r:+0.67					
6	Rose, Dylan	22	Woodlands Masters Swim Team-	1:00.00	35.48	3
	r:+0.73					

Men 18-24 100 LC Meter Butterfly

NATL: 51.29 @ 8/8/2014 THOMAS SHIELDS

ZON: 57.70 ! 7/23/2017 Kyle Hendricks

1	Rodriguez Moran, Carlos Abi	24	Lone Star Masters-26	1:07.49	1:07.85	9
	r:+0.74 30.24 1:07.85 (37.61)					

Men 18-24 200 LC Meter IM

NATL: 2:05.80 @ 6/30/2016 JACOB MONTAGUE

ZON: 2:16.82 ! 7/30/2016 Andrew Smiddy

1	Rodriguez Moran, Carlos Abi	24	Lone Star Masters-26	2:28.78	2:32.52	9
	r:+2.42 30.08 1:07.18 (37.10) 1:57.36 (50.18) 2:32.52 (35.16)					
2	Pennington, Thaddaeus	23	Uc26	2:49.88	2:37.79	7
	r:+0.72 30.79 1:14.86 (44.07) 2:00.87 (46.01) 2:37.79 (36.92)					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 18-24 400 LC Meter IM****NATL: 4:44.53 @ 8/21/2010 PETER GALAN****ZON: 4:49.90 ! 7/21/2017 Kyle Hendricks**

1	Huuki, Erik	23	Lone Star Masters-26	4:55.00	4:47.13!	9
	r:+0.75 29.20	1:04.08 (34.88)	1:40.36 (36.28)	2:16.24 (35.88)		
	2:57.70 (41.46)	3:39.87 (42.17)	4:14.09 (34.22)	4:47.13 (33.04)		
2	Rodriguez Moran, Carlos Abi	24	Lone Star Masters-26	5:30.64	5:25.85	7
	r:+0.72 30.19	1:08.15 (37.96)	1:49.19 (41.04)	2:29.95 (40.76)		
	3:21.63 (51.68)	4:12.60 (50.97)	4:49.74 (37.14)	5:25.85 (36.11)		

Men 25-29 50 LC Meter Freestyle**WORLD: 22.30 # 2/18/2017 A.LIUKKONEN****FIN****NATL: 21.69 @ 8/10/2014 NATHAN ADRIAN****ZON: 24.09 ! 1991 Anders Rasmussen**

1	Sok, Sam	26	Cowtown Swimming-26	27.00	25.70	9
	r:+0.62					
2	Shozda, Alex	28	Lone Star Masters-26	25.49	25.81	7
	r:+0.69					
3	Thompson, Noah	27	Lone Star Masters-26	27.07	26.18	6
	r:+0.70					
4	Dunigan, Ryan	29	Lone Star Masters-26	29.00	26.30	5
	r:+0.67					
5	Martens, Galen	26	Austin Swim Club-43	30.85	29.42	4
	r:+0.83					
6	Armstrong, Trayton	26	Uc26	32.00	29.87	3
	r:+0.78					
7	Boring, Joshua	27	Lone Star Masters-26	33.93	34.00	2
	r:+0.96					
8	Chuanromanee, Tee	27	Lone Star Masters-26	44.89	35.44	1
	r:+0.84					

Men 25-29 100 LC Meter Freestyle**WORLD: 48.72 # 5/26/2023 Vladislav GRINEV****RUS****NATL: 47.96 @ 6/27/2017 NATHAN ADRIAN****ZON: 54.87 ! 1991 Anders Rasmussen**

1	Shozda, Alex	28	Lone Star Masters-26	57.74	56.57	9
	r:+0.66 27.55	56.57 (29.02)				
2	Garriga, Alexander	28	Lone Star Masters-26	58.49	57.30	7
	r:+0.68 26.99	57.30 (30.31)				
3	Thompson, Noah	27	Lone Star Masters-26	59.79	58.61	6
	r:+0.78 26.90	58.61 (31.71)				
4	Dunigan, Ryan	29	Lone Star Masters-26	1:05.00	58.99	5
	r:+0.65 28.25	58.99 (30.74)				
5	Dorsey, Brad	29	Lone Star Masters-26	1:02.00	1:00.86	4
	r:+0.71 28.69	1:00.86 (32.17)				
6	Martens, Galen	26	Austin Swim Club-43	1:05.68	1:04.19	3
	r:+0.82 30.52	1:04.19 (33.67)				
7	Armstrong, Trayton	26	Uc26	1:15.00	1:04.44	2
	r:+0.83 30.52	1:04.44 (33.92)				
8	Chuanromanee, Tee	27	Lone Star Masters-26	1:45.00	1:21.83	1
	r:+0.79 37.91	1:21.83 (43.92)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 25-29 200 LC Meter Freestyle**

WORLD: 1:50.76 # 8/16/2017 D.DURANGO ESP
NATL: 1:50.69 @ 6/26/2013 ALEX WOLD
ZON: 2:02.09 ! 2016 Rodolfo Escalante

1	Dunigan, Ryan	29	Lone Star Masters-26	2:15.00	2:17.18	9
	r:+0.67 30.74	1:04.86 (34.12)	1:40.50 (35.64)	2:17.18 (36.68)		
2	Armstrong, Trayton	26	Uc26	2:30.00	2:32.32	7
	r:+0.79 32.93	1:09.84 (36.91)	1:49.54 (39.70)	2:32.32 (42.78)		

Men 25-29 400 LC Meter Freestyle

WORLD: 4:00.96 # 6/5/2022 Alexander FEDOROV RUS
NATL: 3:55.01 @ 6/28/2013 ALEX WOLD
ZON: 4:23.79 ! 7/22/2017 Rodolfo Escalante

1	Armstrong, Trayton	26	Uc26	5:20.00	5:38.67	9
	r:+0.75 34.38	1:12.62 (38.24)	1:52.97 (40.35)	2:35.89 (42.92)		
	3:19.51 (43.62)	4:04.78 (45.27)	4:51.51 (46.73)	5:38.67 (47.16)		

Men 25-29 1500 LC Meter Freestyle

WORLD: 15:49.04 # 8/12/2022 David HERON USA
NATL: 15:49.04 @ 8/12/2022 DAVID HERON
ZON: 16:51.97 ! 1991 Bobby Patten

1	Shozda, Alex	28	Lone Star Masters-26	18:04.90	19:12.15	9
	r:+0.67 33.79	1:10.16 (36.37)	1:47.22 (37.06)	2:24.20 (36.98)		
	3:01.88 (37.68)	3:39.84 (37.96)	4:17.95 (38.11)	4:55.63 (37.68)		
	5:33.97 (38.34)	6:12.48 (38.51)	6:51.34 (38.86)	7:29.99 (38.65)		
	8:08.71 (38.72)	8:48.11 (39.40)	9:27.12 (39.01)	10:05.94 (38.82)		
	10:45.11 (39.17)	11:23.77 (38.66)	12:02.57 (38.80)	12:41.83 (39.26)		
	13:21.27 (39.44)	14:00.84 (39.57)	14:39.90 (39.06)	15:18.86 (38.96)		
	15:57.65 (38.79)	16:36.83 (39.18)	17:16.04 (39.21)	17:55.08 (39.04)		
	18:33.94 (38.86)	19:12.15 (38.21)				

Men 25-29 50 LC Meter Backstroke

WORLD: 25.44 # 4/3/2016 Anton BUTYMOV RUS
NATL: 26.05 @ 5/22/2011 ADAM MANIA
ZON: 26.88 ! 2016 Jay Warner

1	Boring, Joshua	27	Lone Star Masters-26	50.00	51.60	9
	r:+0.64					

Men 25-29 100 LC Meter Backstroke

WORLD: 55.09 # 11/21/2021 Ryota MAEJIMA JPN
NATL: 55.15 @ 8/3/2011 ADAM MANIA
ZON: 1:03.75 ! 1989 Ross Myers

1	Garriga, Alexander	28	Lone Star Masters-26	1:10.23	1:09.82	9
	r:+0.60 33.42	1:09.82 (36.40)				

Men 25-29 50 LC Meter Breaststroke

WORLD: 27.21 # 4/18/2021 Kirill STRELNIKOV RUS
NATL: 27.83 @ 8/13/2022 PAVEL ROMANOV
ZON: 31.00 ! 1998 Mark Stohrer

1	Sok, Sam	26	Cowtown Swimming-26	32.00	32.05	9
	r:+0.62					
2	Boring, Joshua	27	Lone Star Masters-26	50.00	51.98	7
	r:+1.07					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 25-29 100 LC Meter Breaststroke**

WORLD: 1:00.39 # 4/16/2021 Kirill STRELNIKOV RUS
NATL: 1:00.68 @ 6/28/2013 BJ JOHNSON
ZON: 1:10.37 ! 1998 Mark Stohrer

1	Sok, Sam	26	Cowtown Swimming-26	1:12.00	1:10.95	9
	r:+0.62 32.54		1:10.95 (38.41)			
2	Garriga, Alexander	28	Lone Star Masters-26	1:11.19	1:13.39	7
	r:+0.69 33.17		1:13.39 (40.22)			

Men 25-29 200 LC Meter Breaststroke

WORLD: 2:11.78 # 8/10/2013 C.BURCKLE USA
NATL: 2:10.09 @ 6/26/2013 BJ JOHNSON
ZON: 2:37.85 ! 1989 Mark Stohrer

1	Sok, Sam	26	Cowtown Swimming-26	2:45.00	2:42.92	9
	r:+0.58 38.06		1:20.75 (42.69) 2:01.32 (40.57) 2:42.92 (41.60)			
2	Garriga, Alexander	28	Lone Star Masters-26	2:39.18	2:43.20	7
	r:+0.67 36.49		1:17.16 (40.67) 2:00.48 (43.32) 2:43.20 (42.72)			

Men 25-29 50 LC Meter Butterfly

WORLD: 23.71 # 8/16/2008 Kohei KAWAMOTO USA
NATL: 23.71 @ 8/16/2008 KOHEI KAWAMOTO
ZON: 25.56 ! 2016 Jay Warner

1	Shozda, Alex	28	Lone Star Masters-26	28.68	28.06	9
	r:+0.66					
2	Thompson, Noah	27	Lone Star Masters-26	29.23	28.07	7
	r:+0.76					
3	Dorsey, Brad	29	Lone Star Masters-26	30.00	29.57	6
	r:+0.70					
4	Armstrong, Trayton	26	Uc26	40.00	32.27	5
	r:+0.75					
5	Boring, Joshua	27	Lone Star Masters-26	44.16	42.50	4
	r:+0.98					
6	Chuanromanee, Tee	27	Lone Star Masters-26	52.00	45.04	3
	r:+0.83					

Men 25-29 100 LC Meter Butterfly

WORLD: 53.09 # 8/15/2008 Kohei KAWAMOTO USA
NATL: 51.20 @ 7/2/2016 THOMAS SHIELDS
ZON: 57.34 ! 7/21/2019 Alexander Aceino

1	Garriga, Alexander	28	Lone Star Masters-26	59.63	1:00.54	9
	r:+0.67 28.37		1:00.54 (32.17)			
2	Shozda, Alex	28	Lone Star Masters-26	1:04.70	1:04.18	7
	r:+0.66 28.55		1:04.18 (35.63)			
3	Martens, Galen	26	Austin Swim Club-43	1:21.07	1:19.01	6
	r:+0.83 35.67		1:19.01 (43.34)			
4	Armstrong, Trayton	26	Uc26	1:25.00	1:21.67	5
	r:+0.76 33.66		1:21.67 (48.01)			

Men 25-29 400 LC Meter IM

WORLD: 4:30.05 # 9/12/2009 D.YABE BRA
NATL: 4:20.83 @ 6/27/2013 ALEX WOLD
ZON: 5:07.00 ! 1998 Luke Hardy

1	Thompson, Noah	27	Lone Star Masters-26	5:30.00	5:28.99	9
	r:+0.81 31.04		1:08.06 (37.02) 1:54.16 (46.10) 2:38.45 (44.29)			
	3:23.77 (45.32)		4:09.85 (46.08) 4:50.06 (40.21) 5:28.99 (38.93)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 30-34 50 LC Meter Freestyle**

WORLD: 22.13 # 7/13/2013 Roland SCHOEMAN USA
NATL: 21.55 @ 8/10/2014 ANTHONY ERVIN
ZON: 24.83 ! 2013 Ben Michaelson

1	Sussmeier, Robert	34	O2 Performance Aquatics-26	26.14	26.20	9
	r:+0.82					
2	Smith, Mark	30	Terrapin Masters-10	28.00	26.81	7
	r:+0.74					
3	Stickler, Christopher	34	St Pete Masters Inc-14	27.18	27.25	6
	r:+0.76					
4	Fatora, Morgan	30	Lone Star Masters-26	27.31	27.56	5
	r:+0.71					
5	Everett, Jake	32	Lone Star Masters-26	31.00	29.72	4
	r:+0.82					
6	Hong, Jimmy	34	Longhorn Aquatics-43	35.00	30.88	3
	r:+0.71					

Men 30-34 100 LC Meter Freestyle

WORLD: 49.80 # 7/23/2016 Darian TOWNSEND USA
NATL: 48.71 @ 8/6/2014 ANTHONY ERVIN
ZON: 55.00 ! 2013 Ben Michaelson

1	Maryatt, Austin	32	Masters of South Texas-43	55.00	55.19	9
	r:+2.24 26.59					
			55.19 (28.60)			
2	Sussmeier, Robert	34	O2 Performance Aquatics-26	54.60	55.97	7
	r:+0.79 26.66					
			55.97 (29.31)			
3	Smith, Mark	30	Terrapin Masters-10	1:05.00	58.39	6
	r:+0.71 28.35					
			58.39 (30.04)			
4	Fatora, Morgan	30	Lone Star Masters-26	1:00.90	1:01.03	5
	r:+0.69 28.62					
			1:01.03 (32.41)			
5	Hall, Collin	30	Lone Star Masters-26	1:07.26	1:04.63	4
	r:+0.83 30.12					
			1:04.63 (34.51)			
6	Hong, Jimmy	34	Longhorn Aquatics-43	1:15.00	1:08.55	3
	r:+0.91 33.00					
			1:08.55 (35.55)			

Men 30-34 200 LC Meter Freestyle

WORLD: 1:49.56 # 8/6/2016 Darian TOWNSEND USA
NATL: 1:49.34 @ 8/7/2014 DARIAN TOWNSEND
ZON: 2:00.75 ! 7/21/2019 Jake Vogel

1	Sussmeier, Robert	34	O2 Performance Aquatics-26	2:01.82	2:05.21	9
	r:+0.83 28.23					
			59.67 (31.44)	1:31.97 (32.30)	2:05.21 (33.24)	
2	Hong, Jimmy	34	Longhorn Aquatics-43	2:40.00	2:46.67	7
	r:+0.71 36.35					
			1:18.37 (42.02)	2:02.44 (44.07)	2:46.67 (44.23)	

Men 30-34 400 LC Meter Freestyle

WORLD: 3:58.12 # 7/23/2016 Darian TOWNSEND USA
NATL: 3:58.12 @ 7/23/2016 DARIAN TOWNSEND
ZON: 4:21.33 ! 1993 Bobby Patten

1	Tierney, Sam	31	Uc43	4:49.02	4:35.94	9
	r:+0.84 31.04					
			1:05.38 (34.34)	1:39.61 (34.23)	2:14.60 (34.99)	
	2:49.88 (35.28)		3:25.39 (35.51)	4:35.94 (1:10.55)		
2	Losch, Nathan	33	Cowtown Swimming-26	5:35.00	5:00.99	7
	r:+0.84 32.77					
			1:08.68 (35.91)	1:45.99 (37.31)	2:25.13 (39.14)	
	3:03.41 (38.28)		3:42.96 (39.55)	4:22.14 (39.18)	5:00.99 (38.85)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 30-34 400 LC Meter Freestyle)**

3	Hong, Jimmy	34	Longhorn Aquatics-43	6:00.00	5:45.12	6
	r:+0.70	1:19.00 ()	2:03.21 (44.21)	2:48.90 (45.69)		
	3:34.10 (45.20)	4:19.63 (45.53)	5:04.09 (44.46)	5:45.12 (41.03)		

Men 30-34 800 LC Meter Freestyle

WORLD: 8:08.53 # 3/11/2012 Jan WOLFGARTEN GER
NATL: 8:28.76 @ 8/7/2019 CHAD LA TOURETTE
ZON: 9:19.93 ! 1995 John Walton

1	Stickle, Christopher	34	St Pete Masters Inc-14	9:24.51	9:50.94	9
	r:+0.80 31.85	1:07.76 (35.91)	1:45.09 (37.33)	2:22.72 (37.63)		
	3:00.72 (38.00)	3:38.27 (37.55)	4:16.25 (37.98)	4:53.65 (37.40)		
	5:31.80 (38.15)	6:09.23 (37.43)	6:46.93 (37.70)	7:24.47 (37.54)		
	8:02.06 (37.59)	8:39.32 (37.26)	9:15.40 (36.08)	9:50.94 (35.54)		
2	Hong, Jimmy	34	Longhorn Aquatics-43	14:00.00	12:09.65	7
	r:+0.73 39.29	1:22.99 (43.70)	2:08.31 (45.32)	2:54.24 (45.93)		
	3:40.02 (45.78)	4:27.01 (46.99)	5:13.96 (46.95)	6:01.25 (47.29)		
	6:49.27 (48.02)	7:37.05 (47.78)	8:24.13 (47.08)	9:11.14 (47.01)		
	9:57.86 (46.72)	10:44.04 (46.18)	11:28.82 (44.78)	12:09.65 (40.83)		

Men 30-34 1500 LC Meter Freestyle

WORLD: 15:25.79 # 3/11/2012 Jan WOLFGARTEN GER
NATL: 15:52.24 @ 8/7/2019 CHAD LA TOURETTE
ZON: 17:06.68 ! 1993 Bobby Patten

1	Tierney, Sam	31	Uc43	19:00.00	18:51.22	9
	r:+0.82 33.01	1:08.44 (35.43)	1:44.12 (35.68)	2:20.11 (35.99)		
	2:56.63 (36.52)	3:33.30 (36.67)	4:09.89 (36.59)	4:46.88 (36.99)		
	5:24.85 (37.97)	6:02.94 (38.09)	6:41.36 (38.42)	7:19.71 (38.35)		
	7:58.22 (38.51)	8:36.69 (38.47)	9:15.50 (38.81)	9:53.78 (38.28)		
	10:32.20 (38.42)	11:10.92 (38.72)	11:49.18 (38.26)	12:27.87 (38.69)		
	13:06.66 (38.79)	13:45.04 (38.38)	14:23.28 (38.24)	15:01.31 (38.03)		
	15:39.99 (38.68)	16:18.35 (38.36)	16:57.17 (38.82)	17:36.24 (39.07)		
	18:14.71 (38.47)	18:51.22 (36.51)				
2	Losch, Nathan	33	Cowtown Swimming-26	21:15.00	20:00.03	7
	r:+0.89 34.46	1:11.77 (37.31)	1:50.55 (38.78)	2:30.18 (39.63)		
	3:09.84 (39.66)	3:49.75 (39.91)	4:30.26 (40.51)	5:10.71 (40.45)		
	5:50.91 (40.20)	6:30.98 (40.07)	7:11.39 (40.41)	7:51.77 (40.38)		
	8:32.18 (40.41)	9:12.66 (40.48)	9:53.20 (40.54)	10:33.64 (40.44)		
	11:14.00 (40.36)	11:54.28 (40.28)	12:35.45 (41.17)	13:16.56 (41.11)		
	13:57.34 (40.78)	14:37.81 (40.47)	15:18.31 (40.50)	15:58.76 (40.45)		
	16:39.19 (40.43)	17:19.79 (40.60)	17:59.96 (40.17)	18:40.43 (40.47)		
	19:20.78 (40.35)	20:00.03 (39.25)				

Men 30-34 50 LC Meter Backstroke

WORLD: 25.53 # 9/24/2023 Sergey FESIKOV RUN
NATL: 24.67 @ 6/29/2017 MATT GREVERS
ZON: 29.31 ! 2009 Adrian Montoya

1	Maryatt, Austin	32	Masters of South Texas-43	30.00	29.14!	9
	r:+0.66					
2	Smith, Mark	30	Terrapin Masters-10	40.00	33.61	7
	r:+0.66					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 30-34 100 LC Meter Backstroke**

WORLD: 55.93 # 7/13/2014 **Darian TOWNSEND** **USA**
NATL: 52.71 @ 6/30/2017 **MATT GREVERS**
ZON: 1:01.92 ! 2010 **Scott Ayer**

1	Tierney, Sam	31	Uc43	1:05.99	1:13.59	9
	r:+0.69 32.39		1:13.59 (41.20)			

Men 30-34 50 LC Meter Breaststroke

WORLD: 27.74 # 3/12/2022 **Kohhei TOMINAGA** **JPN**
NATL: 27.26 @ 6/15/2019 **BRANDON FISCHER**
ZON: 29.82 ! 2014 **Alejandro Jacobo**

1	Smiddy, Samuel	30	Lone Star Masters-26	37.00	33.57	9
	r:+0.74					
2	Smith, Mark	30	Terrapin Masters-10	40.00	34.94	7
	r:+0.69					
3	Fatora, Morgan	30	Lone Star Masters-26	39.50	40.02	6
	r:+0.73					

Men 30-34 100 LC Meter Breaststroke

WORLD: 1:01.25 # 8/31/2019 **Ryo KOBAYASHI** **JPN**
NATL: 59.86 @ 6/13/2019 **BRANDON FISCHER**
ZON: 1:05.80 ! 1993 **David Guthrie**

1	Hall, Collin	30	Lone Star Masters-26	1:21.52	1:16.99	9
	r:+0.80 35.71		1:16.99 (41.28)			
2	Fatora, Morgan	30	Lone Star Masters-26	1:30.31	1:26.34	7
	r:+0.73 39.07		1:26.34 (47.27)			
3	Hong, Jimmy	34	Longhorn Aquatics-43	1:40.00	1:38.11	6
	r:+0.72 45.78		1:38.11 (52.33)			

Men 30-34 200 LC Meter Breaststroke

WORLD: 2:16.79 # 8/10/2023 **Shotaro SHIMAZAKI** **JPN**
NATL: 2:11.91 @ 6/14/2019 **BRANDON FISCHER**
ZON: 2:27.48 ! 1993 **David Guthrie**

1	Hong, Jimmy	34	Longhorn Aquatics-43	3:15.00	3:32.15	9
	r:+0.69 46.72		1:40.23 (53.51) 2:36.86 (56.63) 3:32.15 (55.29)			

Men 30-34 50 LC Meter Butterfly

WORLD: 23.16 # 5/26/2023 **Oleg KOSTIN** **RUS**
NATL: 23.26 @ 7/13/2013 **ROLAND SCHOEMAN**
ZON: 26.06 ! 2013 **Ben Michaelson**

1	Smith, Mark	30	Terrapin Masters-10	32.00	27.76	9
	r:+0.72					
2	Sussmeier, Robert	34	O2 Performance Aquatics-26	28.11	28.35	7
	r:+0.80					
3	Fatora, Morgan	30	Lone Star Masters-26	29.40	29.98	6
	r:+0.70					

Men 30-34 100 LC Meter Butterfly

WORLD: 53.10 # 4/8/2022 **Henrique MARTINS** **BRA**
NATL: 53.36 @ 8/8/2014 **DARIAN TOWNSEND**
ZON: 57.94 ! 7/8/2018 **Jake Vogel**

1	Petric, Jan Karel	33	Lone Star Masters-26	1:03.00	1:01.23	9
	r:+0.77 28.79		1:01.23 (32.44)			
2	Smith, Mark	30	Terrapin Masters-10	1:10.00	1:03.18	7
	r:+0.75 28.68		1:03.18 (34.50)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 30-34 100 LC Meter Butterfly)**

3	Sussmeier, Robert	34	O2 Performance Aquatics-26	1:02.34	1:04.24	6
	r:+0.80 28.93		1:04.24 (35.31)			
4	Stickle, Christopher	34	St Pete Masters Inc-14	1:04.09	1:04.45	5
	r:+0.75 29.92		1:04.45 (34.53)			

Men 30-34 200 LC Meter Butterfly

WORLD: 2:03.43 # 8/17/2019 Takatsugu OGA JPN
NATL: 2:03.76 @ 8/12/2010 MATT HAUPT
ZON: 2:13.43 ! 1993 Bobby Patten

1	Petric, Jan Karel	33	Lone Star Masters-26	2:20.00	2:17.41	9
	r:+0.82 29.98		1:03.54 (33.56) 1:39.38 (35.84)		2:17.41 (38.03)	

Men 30-34 200 LC Meter IM

WORLD: 2:02.18 # 5/22/2016 Darian TOWNSEND USA
NATL: 1:59.24 @ 8/6/2017 RYAN LOCHTE
ZON: 2:15.75 ! 7/20/2019 Jake Vogel

1	Smiddy, Samuel	30	Lone Star Masters-26	2:25.00	2:22.27	9
	r:+0.72 28.35		1:05.26 (36.91) 1:48.09 (42.83)		2:22.27 (34.18)	

Men 30-34 400 LC Meter IM

WORLD: 4:20.81 # 7/23/2016 Darian TOWNSEND USA
NATL: 4:20.81 @ 7/23/2016 DARIAN TOWNSEND
ZON: 4:55.45 ! 2005 Matt Hooper

1	Smiddy, Samuel	30	Lone Star Masters-26	5:25.00	4:51.92!	9
	r:+0.72 29.36		1:04.53 (35.17) 1:43.01 (38.48)		2:21.49 (38.48)	
	3:03.01 (41.52)		3:44.96 (41.95) 4:18.86 (33.90)		4:51.92 (33.06)	
2	Sussmeier, Robert	34	O2 Performance Aquatics-26	5:15.00	5:08.95	7
	r:+0.87 30.09		1:06.33 (36.24) 1:46.51 (40.18)		2:25.87 (39.36)	
	3:12.25 (46.38)		3:59.75 (47.50) 4:34.18 (34.43)		5:08.95 (34.77)	

Men 35-39 50 LC Meter Freestyle

WORLD: 22.76 # 8/20/2005 Mark FOSTER GBR
NATL: 22.98 @ 6/19/2021 MATT GREVERS
ZON: 24.90 ! 2008 Tyler Blessing

1	Owen, Cameron	35	Southeastern Area Masters Swin	23.99	23.83!	9
	r:+0.71					
2	Banos, Antonio	39	Uc26	27.22	27.39	7
	r:+0.69					
3	Baxter, Kyle	38	O2 Performance Aquatics-26	27.84	27.63	6
	r:+0.64					
4	Esserman, Mark	38	Lone Star Masters-26	34.00	31.16	5
	r:+0.97					
5	Duong, William	35	Lone Star Masters-26	31.40	32.39	4
	r:+0.81					

Men 35-39 100 LC Meter Freestyle

WORLD: 50.78 # 9/27/2009 Hideaki HARA JPN
NATL: 51.45 @ 10/9/2021 ADAM RITTER
ZON: 54.78 ! 2008 Tyler Blessing

1	Owen, Cameron	35	Southeastern Area Masters Swin	51.73	52.17!	9
	r:+0.71 24.89		52.17 (27.28)			
2	Germain, Gregory	35	Rice Aquatic Masters-25	59.00	57.50	7
	r:+0.72 27.67		57.50 (29.83)			
3	Baxter, Kyle	38	O2 Performance Aquatics-26	1:00.41	1:00.55	6
	r:+0.69 29.43		1:00.55 (31.12)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 35-39 100 LC Meter Freestyle)**

4	Banos, Antonio	39	Uc26	1:05.60	1:00.85	5
	r:+0.73 28.49	1:00.85 (32.36)				
5	Reynolds, Justin	39	Longhorn Aquatics-43	1:14.89	1:16.62	4
	r:+0.89 34.79	1:16.62 (41.83)				
6	Barrios, Barry	39	Jim Montgomery Masters Swim-	2:30.00	1:57.43	3
	r:+1.08 50.26	1:57.43 (1:07.17)				

Men 35-39 200 LC Meter Freestyle

WORLD: 1:51.84 # 8/7/2023 Shogo HIRARA JPN
NATL: 1:49.23 @ 6/14/2021 RYAN LOCHTE
ZON: 1:59.38 ! 2015 Tamas Kerekjarto

1	Germain, Gregory	35	Rice Aquatic Masters-25	2:10.00	2:12.68	9
	r:+0.71 30.13	1:02.85 (32.72)	1:36.61 (33.76)	2:12.68 (36.07)		

Men 35-39 1500 LC Meter Freestyle

WORLD: 16:00.04 # 3/11/2012 Petar STOYCHEV BUL
NATL: 16:32.72 @ 8/14/2008 CHRISTOPHER DERKS
ZON: 17:42.69 ! 1991 James Monthomery

1	Osada, Akihiko	38	Lone Star Masters-26	21:30.00	20:29.35	9
	r:+0.73 37.79	1:19.57 (41.78)	1:59.88 (40.31)	2:41.85 (41.97)		
	3:22.55 (40.70)	4:03.48 (40.93)	4:45.03 (41.55)	5:26.04 (41.01)		
	6:07.41 (41.37)	6:49.07 (41.66)	7:30.72 (41.65)	8:11.98 (41.26)		
	8:53.43 (41.45)	9:34.83 (41.40)	10:16.30 (41.47)	10:57.55 (41.25)		
	11:38.95 (41.40)	12:19.87 (40.92)	13:00.71 (40.84)	13:41.26 (40.55)		
	14:21.32 (40.06)	15:01.34 (40.02)	15:42.31 (40.97)	16:23.21 (40.90)		
	17:04.06 (40.85)	17:44.82 (40.76)	18:26.32 (41.50)	19:07.69 (41.37)		
	19:49.49 (41.80)	20:29.35 (39.86)				
2	Duong, William	35	Lone Star Masters-26	24:41.54	24:07.71	7
	r:+0.86 42.22	1:28.95 (46.73)	2:16.34 (47.39)	3:05.01 (48.67)		
	3:53.56 (48.55)	4:43.18 (49.62)	5:17.11 (33.93)			
	7:10.36 ()	7:59.72 (49.36)	8:48.27 (48.55)	9:38.35 (50.08)		
	10:26.96 (48.61)	11:16.01 (49.05)	12:04.62 (48.61)	12:54.16 (49.54)		
	13:42.94 (48.78)	14:33.27 (50.33)	15:21.84 (48.57)	16:10.97 (49.13)		
	17:00.23 (49.26)	17:48.59 (48.36)	18:37.28 (48.69)	19:27.14 (49.86)		
	20:16.50 (49.36)	21:05.23 (48.73)	21:54.03 (48.80)	22:41.05 (47.02)		
	23:24.56 (43.51)	24:07.71 (43.15)				

Men 35-39 50 LC Meter Backstroke

WORLD: 26.04 # 3/1/2024 C.BRUSQUETTI PAR
NATL: 26.54 @ 8/10/2019 JEFF NATALIZIO
ZON: 28.16 ! 2008 Jeff Thibault

1	Germain, Gregory	35	Rice Aquatic Masters-25	32.00	30.92	9
	r:+0.63					
2	Osada, Akihiko	38	Lone Star Masters-26	32.80	32.54	7
	r:+1.07					
3	Duong, William	35	Lone Star Masters-26	41.97	42.99	6
	r:+0.73					

Men 35-39 100 LC Meter Backstroke

WORLD: 56.59 # 2/28/2024 C.BRUSQUETTI PAR
NATL: 53.18 @ 6/14/2021 MATT GREVERS
ZON: 1:01.05 ! 2009 Jeff Thibault

1	Germain, Gregory	35	Rice Aquatic Masters-25	1:05.00	1:08.40	9
	r:+0.67 33.24	1:08.40 (35.16)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 35-39 100 LC Meter Backstroke)**

2	Reynolds, Justin	39	Longhorn Aquatics-43	1:30.00	1:30.94	7
	r:+0.76 44.49		1:30.94 (46.45)			

Men 35-39 200 LC Meter Backstroke

WORLD: 2:01.71 # 3/24/2024 Junichi MORITA JPN
NATL: 2:07.16 @ 7/29/2001 RON KARNAUGH
ZON: 2:18.56 ! 2004 Ross Davis

1	Osada, Akihiko	38	Lone Star Masters-26	2:50.00	2:39.32	9
	r:+0.64 37.48		1:18.34 (40.86) 1:58.90 (40.56) 2:39.32 (40.42)			

Men 35-39 50 LC Meter Breaststroke

WORLD: 27.83 # 8/11/2023 Ryouta NOMURA JPN
NATL: 28.53 @ 5/25/2009 JEFF COMMINGS
ZON: 31.53 ! 1997 David Guthrie

1	Baxter, Kyle	38	O2 Performance Aquatics-26	33.01	32.91	9
	r:+0.68					
2	Duong, William	35	Lone Star Masters-26	45.38	45.53	7
	r:+0.83					

Men 35-39 100 LC Meter Breaststroke

WORLD: 1:02.40 # 2/11/2020 Ryo KOBAYASHI JPN
NATL: 1:01.54 @ 6/15/2024 BRANDON FISCHER
ZON: 1:12.34 ! 2008 Todd Bartee

1	Baxter, Kyle	38	O2 Performance Aquatics-26	1:14.60	1:13.66	9
	r:+0.69 34.72		1:13.66 (38.94)			

Men 35-39 200 LC Meter Breaststroke

WORLD: 2:20.29 # 6/5/2004 Nick GILLINGHAM GBR
NATL: 2:13.09 @ 6/18/2024 BRANDON FISCHER
ZON: 2:32.31 ! 1997 David Guthrie

1	Baxter, Kyle	38	O2 Performance Aquatics-26	2:45.97	2:46.65	9
	r:+0.67 38.29		1:20.06 (41.77) 2:03.56 (43.50) 2:46.65 (43.09)			

Men 35-39 50 LC Meter Butterfly

WORLD: 24.03 # 12/2/2022 Benjamin HOCKIN PAR
NATL: 24.14 @ 8/15/2015 KOHEI KAWAMOTO
ZON: 25.92 ! 2008 Bradley Bailey

1	Owen, Cameron	35	Southeastern Area Masters Swin	25.39	25.26!	9
	r:+0.70					
2	Germain, Gregory	35	Rice Aquatic Masters-25	30.00	28.94	7
	r:+0.73					
3	Banos, Antonio	39	Uc26	32.23	29.42	6
	r:+0.70					
4	Thomas, Harold	38	Lone Star Masters-26	30.00	29.85	5
	r:+0.82					
5	Duong, William	35	Lone Star Masters-26	34.89	35.49	4
	r:+0.77					
6	Reynolds, Justin	39	Longhorn Aquatics-43	35.74	38.10	3
	r:+0.79					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 35-39 100 LC Meter Butterfly**

WORLD: 53.65 # 8/2/2018 Kohei KAWAMOTO USA
NATL: 53.65 @ 8/2/2018 KOHEI KAWAMOTO
ZON: 56.02 ! 2015 Tamas Kerekjarto

1	Owen, Cameron	35	Southeastern Area Masters Swin	56.28	56.59	9
	r:+0.72 26.55	56.59 (30.04)				
2	Germain, Gregory	35	Rice Aquatic Masters-25	1:03.00	1:05.91	7
	r:+2.56 30.35	1:05.91 (35.56)				
3	Duong, William	35	Lone Star Masters-26	1:20.70	1:27.77	6
	r:+0.82 39.05	1:27.77 (48.72)				

Men 35-39 200 LC Meter Butterfly

WORLD: 2:02.54 # 4/26/2019 Nikolay SKVORTSOV RUS
NATL: 2:04.76 @ 8/1/2015 BRENT CREAGER
ZON: 2:09.37 ! 2015 Tamas Kerekjarto

1	Reynolds, Justin	39	Longhorn Aquatics-43	3:20.71	3:36.55	9
	r:+0.83 42.30	1:36.88 (54.58)	2:38.35 (1:01.47)	3:36.55 (58.20)		

Men 35-39 200 LC Meter IM

WORLD: 2:05.65 # 7/7/2019 Darian TOWNSEND USA
NATL: 1:58.48 @ 6/17/2021 RYAN LOCHTE
ZON: 2:19.66 ! 2010 Tyler Blessing

1	Duong, William	35	Lone Star Masters-26	2:56.03	3:04.00	9
	r:+0.85 38.39	1:26.01 (47.62)	2:17.55 (51.54)	3:04.00 (46.45)		
2	Reynolds, Justin	39	Longhorn Aquatics-43	3:13.33	3:17.70	7
	r:+0.79 40.39	1:31.01 (50.62)	2:32.21 (1:01.20)	3:17.70 (45.49)		

Men 35-39 400 LC Meter IM

WORLD: 4:36.66 # 8/14/2019 I.DRYMONAKOS GRE
NATL: 4:34.10 @ 7/29/2001 RON KARNAUGH
ZON: 4:59.05 ! 2010 Tyler Blessing

1	Reynolds, Justin	39	Longhorn Aquatics-43	6:36.88	7:05.25	9
	r:+0.79 44.73	1:42.08 (57.35)	2:36.18 (54.10)	3:29.53 (53.35)		
	4:29.30 (59.77)	5:30.65 (1:01.35)	6:18.98 (48.33)	7:05.25 (46.27)		

Men 40-44 50 LC Meter Freestyle

WORLD: 23.14 # 8/8/2023 Andrei KURNOSOV ESP
NATL: 22.61 @ 6/19/2021 ANTHONY ERVIN
ZON: 25.00 ! 2009 Bradley Bailey

1	Ingraham, Chase	42	Masters of South Texas-43	30.00	27.33	9
	r:+0.80					
2	Griffin, Brendan	41	Club Tribe-12	30.20	28.88	7
	r:+0.81					
3	Strahota, Jeffrey	44	Terrapin Masters-10	29.92	29.40	6
	r:+0.72					

Men 40-44 100 LC Meter Freestyle

WORLD: 50.73 # 6/30/2023 Filippo MAGNINI ITA
NATL: 51.72 @ 8/1/2010 VLAD PYSHNENKO
ZON: 55.07 ! 2009 Ross Davis

1	Griffin, Brendan	41	Club Tribe-12	1:05.91	1:03.20	9
	r:+0.82 29.56	1:03.20 (33.64)				
2	Strahota, Jeffrey	44	Terrapin Masters-10	1:05.01	1:03.67	7
	r:+0.74 30.22	1:03.67 (33.45)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 40-44 200 LC Meter Freestyle**

WORLD: 1:53.65 # 8/2/2010 Vladmir PYSHNENKO USA
NATL: 1:53.65 @ 8/2/2010 VLAD PYSHNENKO
ZON: 2:01.16 ! 1995 Hess Yntema

1 Strahota, Jeffrey 44 Terrapin Masters-10 2:18.12 2:22.63 9
 r:+0.71 32.83 1:09.37 (36.54) 1:46.71 (37.34) 2:22.63 (35.92)

Men 40-44 400 LC Meter Freestyle

WORLD: 4:06.74 # 7/24/2009 Erik HOCHSTEIN USA
NATL: 4:06.74 @ 7/24/2009 ERIK HOCHSTEIN
ZON: 4:25.27 ! 2008 Ross Davis

1 Strahota, Jeffrey 44 Terrapin Masters-10 4:56.54 5:00.39 9
 r:+0.76 34.70 1:13.56 (38.86) 1:52.88 (39.32) 2:32.70 (39.82)
 3:10.95 (38.25) 3:48.66 (37.71) 4:25.54 (36.88) 5:00.39 (34.85)

Men 40-44 1500 LC Meter Freestyle

WORLD: 16:24.76 # 4/7/2018 Nicola NISATO ITA
NATL: 16:36.91 @ 7/23/2010 ALEX KOSTICH
ZON: 16:58.52 ! 1995 Hess Yntema

1 Ebel, Dirk 44 Uc26 18:00.00 27:02.80 9
 r:+0.78 38.80 1:23.64 (44.84) 2:13.33 (49.69) 3:05.86 (52.53)
 3:59.63 (53.77) 4:53.91 (54.28) 5:49.33 (55.42) 6:44.70 (55.37)
 8:35.93 () 9:31.99 (56.06) 10:26.93 (54.94)
 11:22.15 (55.22) 12:17.32 (55.17) 14:07.50 ()
 15:58.07 () 16:54.24 (56.17) 17:49.71 (55.47)
 18:45.49 (55.78) 19:40.61 (55.12) 20:35.74 (55.13) 21:30.99 (55.25)
 22:26.19 (55.20) 23:21.80 (55.61) 24:17.28 (55.48) 25:13.03 (55.75)
 26:10.64 (57.61) 27:02.80 (52.16)

Men 40-44 50 LC Meter Backstroke

WORLD: 27.10 # 4/20/2024 Matthew CLAY GBR
NATL: 27.47 @ 8/23/2008 MICHAEL ROSS
ZON: 29.59 ! 2004 Anders Rasmussen

1 Griffin, Brendan 41 Club Tribe-12 34.72 34.46 9
 r:+0.72
 2 Strahota, Jeffrey 44 Terrapin Masters-10 35.53 36.13 7
 r:+0.68
 3 Ebel, Dirk 44 Uc26 35.00 41.16 6
 r:+0.69

Men 40-44 100 LC Meter Backstroke

WORLD: 58.38 # 2/3/2024 Enrico CATALANO ITA
NATL: 59.08 @ 8/7/2009 MICHAEL ROSS
ZON: 1:04.44 ! 2009 Ross Davis

1 Griffin, Brendan 41 Club Tribe-12 1:13.48 1:12.45 9
 r:+0.71 34.83 1:12.45 (37.62)

Men 40-44 50 LC Meter Breaststroke

WORLD: 28.84 # 9/16/2009 Alberto MONTINI ITA
NATL: 28.38 @ 7/25/2024 JAMES FIKE
ZON: 31.60 ! 2004 David Guthrie

1 Fike, James 43 Lone Star Masters-26 28.33 28.85! 9
 r:+0.69
 2 Griffin, Brendan 41 Club Tribe-12 38.00 35.42 7
 r:+0.82

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 40-44 50 LC Meter Breaststroke)**

3	Ingraham, Chase	42	Masters of South Texas-43	40.00	38.84	6
	r:+0.90					

Men 40-44 100 LC Meter Breaststroke

WORLD: 1:03.60 # 5/20/2012 Vladislav BRAGIN RUS

NATL: 1:03.76 @ 7/6/2012 STEVE WEST

ZON: 1:09.06 ! 7/20/2019 Kurt Hirsekorn

1	Fike, James	43	Lone Star Masters-26	1:03.78	1:16.69	9
	r:+0.73 28.88		1:16.69 (47.81)			
2	Griffin, Brendan	41	Club Tribe-12	1:25.00	1:19.05	7
	r:+0.82 37.01		1:19.05 (42.04)			

Men 40-44 50 LC Meter Butterfly

WORLD: 24.11 # 8/7/2023 Andrejs DUDA LAT

NATL: 25.11 @ 6/9/2018 JAMES ZENYUH

ZON: 26.37 ! 2009 Bradley Bailey

1	Ingraham, Chase	42	Masters of South Texas-43	35.00	29.93	9
	r:+0.87					
2	Strahota, Jeffrey	44	Terrapin Masters-10	31.13	31.34	7
	r:+0.75					

Men 40-44 400 LC Meter IM

WORLD: 4:42.54 # 3/3/2024 I.DRYMONAKOS GRE

NATL: 4:47.82 @ 7/29/2018 ERIC CHRISTENSEN

ZON: 4:53.03 ! 1995 Hess Yntema

1	Griffin, Brendan	41	Club Tribe-12	6:00.00	5:48.14	9
	r:+0.83 32.72		1:14.11 (41.39)	1:58.86 (44.75)	2:43.41 (44.55)	
	3:32.11 (48.70)		4:23.31 (51.20)	5:05.99 (42.68)	5:48.14 (42.15)	

Men 45-49 50 LC Meter Freestyle

WORLD: 23.55 # 8/15/2019 Hideaki HARA JPN

NATL: 24.12 @ 6/23/2018 BRIAN JACOBSON

ZON: 24.80 ! 2001 Gary Schatz

1	Jackson, Scott	49	Texas Ford Aquatics Masters-26	28.77	29.03	9
	r:+0.75					
2	Reed, Benjamin	49	O2 Performance Aquatics-26	28.67	29.08	7
	r:+0.78					
3	Chamberlin, Christopher	48	Lone Star Masters-26	35.00	30.76	6
	r:+1.03					
4	Anton, Michael	47	Texas Ford Aquatics Masters-26	46.00	33.00	5
	r:+0.83					

Men 45-49 100 LC Meter Freestyle

WORLD: 52.24 # 8/13/2019 Hideaki HARA JPN

NATL: 53.77 @ 8/7/2016 NICOLAS GRANGER

ZON: 55.88 ! 2009 Scott Carpenter

1	Reed, Benjamin	49	O2 Performance Aquatics-26	1:02.70	1:04.98	9
	r:+0.74 31.00		1:04.98 (33.98)			
2	Chamberlin, Christopher	48	Lone Star Masters-26	1:10.00	1:08.43	7
	r:+0.84 33.64		1:08.43 (34.79)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 45-49 200 LC Meter Freestyle****WORLD: 1:55.39 # 11/25/2023 R.Rocha CASTRO****BRA****NATL: 1:57.89 @ 8/6/2009 KEITH SWITZER****ZON: 2:03.36 ! 2011 Ross Davis**

1	Reed, Benjamin	49	O2 Performance Aquatics-26	2:16.75	2:20.44	9
	r:+0.75 31.80	1:06.22 (34.42)	1:42.87 (36.65)	2:20.44 (37.57)		
2	Chamberlin, Christopher	48	Lone Star Masters-26	2:30.00	2:33.85	7
	r:+0.89 35.70	1:13.99 (38.29)	1:54.52 (40.53)	2:33.85 (39.33)		

Men 45-49 400 LC Meter Freestyle**WORLD: 4:09.66 # 11/24/2023 R.Rocha CASTRO****BRA****NATL: 4:09.20 @ 7/19/2008 DENNIS BAKER****ZON: 4:30.96 ! 2011 Ross Davis**

1	Reed, Benjamin	49	O2 Performance Aquatics-26	5:00.00	5:02.33	9
	r:+0.75 33.32	1:11.17 (37.85)	1:50.50 (39.33)	2:29.07 (38.57)		
	3:07.10 (38.03)	3:45.59 (38.49)	4:25.32 (39.73)	5:02.33 (37.01)		
2	Ayer, Scott	48	Mid-Cities Arlington Swimming-	4:40.00	7:40.80	7
	r:+0.72 27.13	58.67 (31.54)	2:31.13 (1:32.46)			
	4:34.27 ()	5:38.78 (1:04.51)	6:38.26 (59.48)	7:40.80 (1:02.54)		

Men 45-49 800 LC Meter Freestyle**WORLD: 8:40.79 # 8/10/2015 Fabio CALMASINI****ITA****NATL: 8:51.98 @ 8/9/2010 JEFF ERWIN****ZON: 9:40.00 ! 2011 Ande Rasmussen**

1	Ayer, Scott	48	Mid-Cities Arlington Swimming-	9:30.00	11:38.52	9
	r:+0.71 30.74	1:05.33 (34.59)	1:40.77 (35.44)	2:14.89 (34.12)		
	3:15.48 (1:00.59)	4:03.97 (48.49)	4:50.93 (46.96)	5:39.17 (48.24)		
	6:24.55 (45.38)	7:09.10 (44.55)	7:55.57 (46.47)	8:41.07 (45.50)		
	9:25.90 (44.83)	10:11.04 (45.14)	10:55.80 (44.76)	11:38.52 (42.72)		

Men 45-49 1500 LC Meter Freestyle**WORLD: 16:38.81 # 8/10/2009 Jeff ERWIN****USA****NATL: 16:38.81 @ 8/10/2009 JEFF ERWIN****ZON: 18:17.07 ! 2009 Bobby Patten**

1	Reed, Benjamin	49	O2 Performance Aquatics-26	25:00.00	20:47.68	9
	r:+0.84 37.09	1:15.68 (38.59)	1:55.25 (39.57)	2:36.94 (41.69)		
	3:17.81 (40.87)	3:59.42 (41.61)	4:31.55 (32.13)	5:22.10 (50.55)		
	6:03.13 (41.03)	6:44.66 (41.53)	7:25.93 (41.27)	8:07.97 (42.04)		
	8:49.94 (41.97)	9:31.66 (41.72)	10:13.57 (41.91)	10:56.80 (43.23)		
	11:37.92 (41.12)	12:19.55 (41.63)	13:00.92 (41.37)	13:43.87 (42.95)		
	14:25.72 (41.85)	15:08.55 (42.83)	15:50.38 (41.83)	16:33.11 (42.73)		
	17:15.19 (42.08)	17:58.88 (43.69)	18:41.18 (42.30)	19:24.80 (43.62)		
	20:07.10 (42.30)	20:47.68 (40.58)				
2	Jackson, Scott	49	Texas Ford Aquatics Masters-26	24:00.00	21:41.40	7
	r:+0.83 37.66	1:19.69 (42.03)	2:03.16 (43.47)	2:46.73 (43.57)		
	3:30.19 (43.46)	4:13.58 (43.39)	4:57.49 (43.91)	5:40.75 (43.26)		
	6:24.92 (44.17)	7:08.22 (43.30)	7:52.46 (44.24)	8:35.83 (43.37)		
	9:19.73 (43.90)	10:02.77 (43.04)	10:46.23 (43.46)	11:29.47 (43.24)		
	12:13.24 (43.77)	12:56.81 (43.57)	13:40.55 (43.74)	14:24.67 (44.12)		
	15:09.61 (44.94)	15:53.12 (43.51)	16:38.36 (45.24)	17:22.45 (44.09)		
	18:07.33 (44.88)	18:51.18 (43.85)	19:34.93 (43.75)	20:17.93 (43.00)		
	21:02.05 (44.12)	21:41.40 (39.35)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 45-49 50 LC Meter Backstroke**

WORLD: 27.56 # 6/4/2023 **Marcin KACZMAREK** **POL**
NATL: 27.73 @ 8/4/2023 **CHUCK BARNES**
ZON: 29.02 ! 2012 **Anders Rasmussen**

1	Ayer, Scott	48	Mid-Cities Arlington Swimming-	29.67	29.88	9
	r:+0.64					
2	Jackson, Scott	49	Texas Ford Aquatics Masters-26	36.09	35.51	7
	r:+0.76					

Men 45-49 100 LC Meter Backstroke

WORLD: 59.57 # 8/4/2023 **Chuck BARNES** **USA**
NATL: 59.57 @ 8/4/2023 **CHUCK BARNES**
ZON: 1:04.45 ! 2008 **Ande Rasmussen**

1	Ayer, Scott	48	Mid-Cities Arlington Swimming-	4:00.00	1:06.15	9
	r:+0.64 31.65 1:06.15 (34.50)					

Men 45-49 200 LC Meter Backstroke

WORLD: 2:11.56 # 6/7/2013 **Eduardo MAROCCO** **BRA**
NATL: 2:12.67 @ 8/6/2023 **CHUCK BARNES**
ZON: 2:23.69 ! 2011 **Phil Sundahl**

1	Jackson, Scott	49	Texas Ford Aquatics Masters-26	2:47.72	2:48.51	9
	r:+0.81 38.61 1:20.34 (41.73) 2:04.62 (44.28) 2:48.51 (43.89)					

Men 45-49 50 LC Meter Breaststroke

WORLD: 29.22 # 9/8/2019 **Hideaki TOGO** **JPN**
NATL: 29.29 @ 8/13/2022 **JEFF COMMINGS**
ZON: 31.71 ! 2008 **David Guthrie**

1	Jackson, Scott	49	Texas Ford Aquatics Masters-26	35.86	35.94	9
	r:+0.80					

Men 45-49 200 LC Meter Breaststroke

WORLD: 2:19.44 # 6/22/2018 **Steve WEST** **USA**
NATL: 2:19.44 @ 6/22/2018 **STEVE WEST**
ZON: 2:36.55 ! 2009 **David Guthrie**

1	Jackson, Scott	49	Texas Ford Aquatics Masters-26	3:00.54	2:58.67	9
	r:+0.78 40.17 1:27.05 (46.88) 2:12.87 (45.82) 2:58.67 (45.80)					

Men 45-49 50 LC Meter Butterfly

WORLD: 24.96 # 3/3/2024 **Marc Kevin ALLAN** **RSA**
NATL: 25.24 @ 10/10/2021 **CHUCK BARNES**
ZON: 26.55 ! 2008 **Ande Rasmussen**

1	Ayer, Scott	48	Mid-Cities Arlington Swimming-	27.90	28.09	9
	r:+0.69					
2	Reed, Benjamin	49	O2 Performance Aquatics-26	31.72	32.26	7
	r:+0.80					
3	Anton, Michael	47	Texas Ford Aquatics Masters-26	50.00	36.56	6
	r:+0.81					

Men 45-49 100 LC Meter Butterfly

WORLD: 56.75 # 2/29/2024 **Marc ALLAN** **RSA**
NATL: 56.42 @ 8/4/2002 **PAUL CARTER**
ZON: 1:00.09 ! 2009 **Ande Rasmussen**

1	Reed, Benjamin	49	O2 Performance Aquatics-26	1:10.31	1:10.91	9
	r:+0.73 32.68 1:10.91 (38.23)					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 45-49 200 LC Meter Butterfly**

WORLD: 2:06.94 # 8/9/2006 Dennis BAKER USA
NATL: 2:04.07 @ 7/19/2008 DENNIS BAKER
ZON: 2:28.63 ! 2001 David Vandam

1	Reed, Benjamin	49	O2 Performance Aquatics-26	2:45.00	2:47.07	9
	r:+0.78 35.89	1:18.14 (42.25)	2:03.48 (45.34)	2:47.07 (43.59)		
2	Ayer, Scott	48	Mid-Cities Arlington Swimming-	2:30.00	3:18.49	7
	r:+0.72 29.52	1:04.29 (34.77)	2:24.64 (1:20.35)	3:18.49 (53.85)		

Men 45-49 200 LC Meter IM

WORLD: 2:10.09 # 8/7/2016 Nicolas GRANGER USA
NATL: 2:10.09 @ 8/7/2016 NICOLAS GRANGER
ZON: 2:20.63 ! 2011 Ande Rasmussen

1	Jackson, Scott	49	Texas Ford Aquatics Masters-26	2:45.00	2:40.25	9
	r:+0.77 34.51	1:19.37 (44.86)	2:04.45 (45.08)	2:40.25 (35.80)		
2	Reed, Benjamin	49	O2 Performance Aquatics-26	2:45.00	2:45.67	7
	r:+0.77 34.25	1:18.19 (43.94)	2:09.49 (51.30)	2:45.67 (36.18)		

Men 45-49 400 LC Meter IM

WORLD: 4:43.83 # 8/5/2014 Nicolas GRANGER FRA
NATL: 4:46.41 @ 8/5/2016 NICOLAS GRANGER
ZON: 5:01.70 ! 2011 Ande Rasmussen

1	Reed, Benjamin	49	O2 Performance Aquatics-26	6:15.00	5:58.81	9
	r:+0.80 35.57	1:17.24 (41.67)	2:06.50 (49.26)	2:52.96 (46.46)		
	3:45.88 (52.92)	4:38.65 (52.77)	5:21.26 (42.61)	5:58.81 (37.55)		

Men 50-54 50 LC Meter Freestyle

WORLD: 24.08 # 6/27/2009 Brent BARNES JPN
NATL: 24.58 @ 8/9/2009 ROWDY GAINES
ZON: 25.17 ! 7/31/2016 Steve Hiltabiddle

1	Mastracchio, Dominic	50	Little Rock Masters-23	26.00	27.11	9
	r:+0.71					
2	Glass, Mark	50	Lone Star Masters-26	29.06	28.30	7
	r:+0.70					
3	Dietrich, Jim	53	Novaquatics Masters-33	28.11	28.51	6
	r:+0.72					
4	Dunn, Russell	50	Lone Star Masters-26	30.09	30.26	5
	r:+0.88					
5	Yepo, Fabrizio	53	Uc42	32.02	32.27	4
	r:+0.83					
6	Guerrero, Leonel	53	Uc43	36.54	36.43	3
	r:+1.19					

Men 50-54 100 LC Meter Freestyle

WORLD: 54.15 # 6/30/2017 Nicolas GRANGER FRA
NATL: 54.18 @ 8/4/2017 NICOLAS GRANGER
ZON: 55.96 ! 2016 Steve Hiltabiddle

1	Mastracchio, Dominic	50	Little Rock Masters-23	1:00.00	1:00.65	9
	r:+2.65 28.75	1:00.65 (31.90)				
2	Langley, Matthew	54	Longhorn Aquatics-43	1:04.39	1:04.69	7
	r:+0.89 30.15	1:04.69 (34.54)				
3	Glass, Mark	50	Lone Star Masters-26	1:07.01	1:04.99	6
	r:+0.71 31.55	1:04.99 (33.44)				
4	Yepo, Fabrizio	53	Uc42	1:13.50	1:11.52	5
	r:+0.85 33.69	1:11.52 (37.83)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 50-54 100 LC Meter Freestyle)**

5	Dunn, Russell	50	Lone Star Masters-26	1:09.10	1:12.96	4
	r:+0.92 34.03		1:12.96 (38.93)			
6	Ganus, Dale	51	Lone Star Masters-26	1:13.75	1:21.13	3
	r:+0.95 39.02		1:21.13 (42.11)			
7	Guerrero, Leonel	53	Uc43	1:30.00	1:34.71	2
	r:+1.29 44.52		1:34.71 (50.19)			

Men 50-54 200 LC Meter Freestyle

WORLD: 1:58.62 # 7/1/2017 Nicolas GRANGER FRA
NATL: 2:00.34 @ 8/13/2007 DAN STEPHENSON
ZON: 2:12.36 ! 2004 Larry Wood

1	Seabert, William	50	Fort Worth Area Swim Team-26	2:20.76	2:16.13	9
	r:+0.83		1:04.84 () 1:40.49 (35.65) 2:16.13 (35.64)			
2	Yepo, Fabrizio	53	Uc42	2:50.00	2:48.96	7
	r:+0.86 37.08		1:19.52 (42.44) 2:04.10 (44.58) 2:48.96 (44.86)			
3	Ganus, Dale	51	Lone Star Masters-26	2:41.81	2:53.77	6
	r:+1.04 38.97		1:23.06 (44.09) 2:08.50 (45.44) 2:53.77 (45.27)			

Men 50-54 400 LC Meter Freestyle

WORLD: 4:15.93 # 8/4/2017 Nicolas GRANGER USA
NATL: 4:15.93 @ 8/4/2017 NICOLAS GRANGER
ZON: 4:28.59 ! 7/7/2018 Barton Wells

1	Seabert, William	50	Fort Worth Area Swim Team-26	5:18.48	4:57.96	9
	r:+0.78 33.27		1:09.86 (36.59) 1:47.88 (38.02) 2:26.01 (38.13)			
	3:04.44 (38.43)		3:42.56 (38.12) 4:20.84 (38.28) 4:57.96 (37.12)			
2	Hiemke, Scott	52	Lone Star Masters-26	5:24.81	5:22.69	7
	r:+0.82 35.90		1:15.99 (40.09) 1:57.07 (41.08) 2:38.72 (41.65)			
	3:19.88 (41.16)		4:00.72 (40.84) 4:41.75 (41.03) 5:22.69 (40.94)			
3	Ganus, Dale	51	Lone Star Masters-26	6:09.50	6:05.70	6
	r:+1.07 41.29		1:26.21 (44.92) 2:12.96 (46.75) 2:59.27 (46.31)			
	3:46.82 (47.55)		4:33.39 (46.57) 5:20.25 (46.86) 6:05.70 (45.45)			
4	Yepo, Fabrizio	53	Uc42	6:45.00	6:17.23	5
	r:+0.88 41.03		1:27.90 (46.87) 2:16.80 (48.90) 3:04.23 (47.43)			
	3:52.89 (48.66)		4:42.55 (49.66) 5:31.07 (48.52) 6:17.23 (46.16)			
5	Dunn, Russell	50	Lone Star Masters-26	6:08.50	6:27.23	4
	r:+0.95 42.19		1:28.74 (46.55) 2:17.54 (48.80) 3:07.24 (49.70)			
			4:48.47 () 5:38.99 (50.52) 6:27.23 (48.24)			

Men 50-54 50 LC Meter Backstroke

WORLD: 28.20 # 5/28/2023 M.GROMOV-IVANOV RUS
NATL: 28.58 @ 7/14/2018 RICK GOULD
ZON: 29.69 ! 2014 Anders Rasmussen

1	Mastracchio, Dominic	50	Little Rock Masters-23	32.00	32.72	9
	r:+0.59					
2	Dietrich, Jim	53	Novaquatics Masters-33	33.73	34.33	7
	r:+0.67					
3	Hiemke, Scott	52	Lone Star Masters-26	37.71	38.16	6
	r:+0.68					
4	Guerrero, Leonel	53	Uc43	48.80	46.64	5
	r:+0.84					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 50-54 100 LC Meter Backstroke**

WORLD: 1:01.57 # 8/6/2017 Nicolas GRANGER USA
NATL: 1:01.57 @ 8/6/2017 NICOLAS GRANGER
ZON: 1:05.38 ! 2004 Tom Wolf

1 Hiemke, Scott 52 Lone Star Masters-26 1:22.27 1:21.63 9
 r:+0.64 39.68 1:21.63 (41.95)

Men 50-54 200 LC Meter Backstroke

WORLD: 2:14.53 # 8/5/2017 Nicolas GRANGER USA
NATL: 2:14.53 @ 8/5/2017 NICOLAS GRANGER
ZON: 2:24.52 ! 2004 Tom Wolf

1 Seabert, William 50 Fort Worth Area Swim Team-26 2:50.00 2:41.00 9
 r:+0.75 37.88 1:18.59 (40.71) 2:00.72 (42.13) 2:41.00 (40.28)
 2 Hiemke, Scott 52 Lone Star Masters-26 3:00.09 2:59.31 7
 r:+0.65 42.40 1:27.74 (45.34) 2:14.78 (47.04) 2:59.31 (44.53)

Men 50-54 50 LC Meter Breaststroke

WORLD: 29.70 # 8/11/2023 Hideaki TOGO JPN
NATL: 29.90 @ 4/2/2022 STEVE WEST
ZON: 31.62 ! 2012 David Guthrie

1 Dietrich, Jim 53 Novaquatics Masters-33 35.48 35.11 9
 r:+0.70
 2 Goodale, Justin 52 Uc26 39.00 39.00 7
 r:+0.79
 3 Yepo, Fabrizio 53 Uc42 38.68 41.05 6
 r:+0.97
 4 Ganus, Dale 51 Lone Star Masters-26 43.29 44.65 5
 r:+1.00

Men 50-54 100 LC Meter Breaststroke

WORLD: 1:06.12 # 7/10/2022 Steve WEST USA
NATL: 1:06.12 @ 7/10/2022 STEVE WEST
ZON: 1:09.07 ! 2012 David Guthrie

1 Yepo, Fabrizio 53 Uc42 1:29.46 1:29.64 9
 r:+0.92 42.07 1:29.64 (47.57)
 2 Goodale, Justin 52 Uc26 1:28.00 1:30.76 7
 r:+0.77 42.32 1:30.76 (48.44)

Men 50-54 200 LC Meter Breaststroke

WORLD: 2:24.44 # 7/9/2022 Steve WEST USA
NATL: 2:24.44 @ 7/9/2022 STEVE WEST
ZON: 2:32.55 ! 2012 David Guthrie

1 Yepo, Fabrizio 53 Uc42 3:30.00 3:31.01 9
 r:+0.88 46.60 1:39.17 (52.57) 2:36.38 (57.21) 3:31.01 (54.63)

Men 50-54 50 LC Meter Butterfly

WORLD: 25.69 # 5/20/2023 Serkan ATASAY TUR
NATL: 25.88 @ 8/16/2008 PAUL CARTER
ZON: 26.26 ! 2016 Steve Hiltabiddle

1 Mastracchio, Dominic 50 Little Rock Masters-23 28.00 28.97 9
 r:+0.70
 2 Seabert, William 50 Fort Worth Area Swim Team-26 29.14 29.59 7
 r:+0.83
 3 Glass, Mark 50 Lone Star Masters-26 31.13 30.65 6
 r:+0.75

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 50-54 50 LC Meter Butterfly)**

4	Langley, Matthew r:+0.86	54	Longhorn Aquatics-43	30.10	31.19	5
5	Dietrich, Jim r:+0.69	53	Novaquatics Masters-33	31.65	31.80	4
6	Dunn, Russell r:+0.86	50	Lone Star Masters-26	31.90	32.41	3
7	Hiemke, Scott r:+0.69	52	Lone Star Masters-26	32.01	33.01	2

Men 50-54 100 LC Meter Butterfly

WORLD: 56.99 # 8/8/2023 Eiji NOMURA JPN
NATL: 57.23 @ 8/15/2008 PAUL CARTER
ZON: 1:00.11 ! 7/31/2016 Steve Hiltabiddle

1	Seabert, William r:+0.79 31.35 1:06.84 (35.49)	50	Fort Worth Area Swim Team-26	1:09.04	1:06.84	9
---	---	----	------------------------------	---------	---------	---

Men 50-54 200 LC Meter IM

WORLD: 2:11.15 # 8/6/2017 Nicolas GRANGER USA
NATL: 2:11.15 @ 8/6/2017 NICOLAS GRANGER
ZON: 2:25.83 ! 2014 Ande Rasmussen

1	Seabert, William r:+0.83 31.17 1:11.21 (40.04) 1:56.88 (45.67) 2:33.00 (36.12)	50	Fort Worth Area Swim Team-26	2:42.76	2:33.00	9
2	Goodale, Justin r:+0.82 40.16 1:31.18 (51.02) 2:25.72 (54.54) 3:15.35 (49.63)	52	Uc26	2:56.00	3:15.35	7

Men 50-54 400 LC Meter IM

WORLD: 4:45.61 # 8/3/2017 Nicolas GRANGER USA
NATL: 4:45.61 @ 8/3/2017 NICOLAS GRANGER
ZON: 5:26.02 ! 2014 Ande Rasmussen

1	Seabert, William r:+0.84 31.63 1:10.76 (39.13) 1:55.27 (44.51) 2:40.31 (45.04) 3:29.52 (49.21) 4:19.23 (49.71) 4:59.65 (40.42) 5:39.41 (39.76)	50	Fort Worth Area Swim Team-26	5:39.62	5:39.41	9
2	Dunn, Russell r:+0.95 42.57 1:35.72 (53.15) 2:43.88 (1:08.16) 3:49.88 (1:06.00) 4:51.86 (1:01.98) 5:54.40 (1:02.54) 6:49.92 (55.52) 7:44.60 (54.68)	50	Lone Star Masters-26	7:54.16	7:44.60	7

Men 55-59 50 LC Meter Freestyle

WORLD: 24.45 # 7/19/2015 Brent BARNES JPN
NATL: 25.01 @ 6/7/2009 JACK GROSELLE
ZON: 25.58 ! 7/31/2016 Steve Wood

1	Hiltabiddle, Steve r:+0.70	58	Colonials 1776-8	26.00	26.77	9
2	Von Readen, Brad r:+0.97	59	Lone Star Masters-26	30.75	30.28	7
3	Gale, Andrew r:+0.77	58	Masters of South Texas-43	31.00	31.20	6
4	Ellis, Andrew r:+0.85	56	Terrapin Masters-10	33.17	31.33	5
5	Van Pelt, Aaron r:+0.97	58	Lone Star Masters-26	29.00	32.80	4
6	Llorente, Roberto	56	Uc43	40.39	40.91	3

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 55-59 100 LC Meter Freestyle**

WORLD: 55.76 # 4/7/2024 Mark THOMPSON AUS
NATL: 56.07 @ 7/10/2015 STEVE WOOD
ZON: 56.91 ! 2016 Steve Wood

1	Hiltabiddle, Steve	58	Colonials 1776-8	1:45.00	58.11	9
	r:+0.73 27.71	58.11 (30.40)				
2	Von Readen, Brad	59	Lone Star Masters-26	1:10.00	1:07.17	7
	r:+0.89 31.61	1:07.17 (35.56)				
3	Llorente, Roberto	56	Uc43	1:31.91	1:31.67	6
	44.11	1:31.67 (47.56)				

Men 55-59 200 LC Meter Freestyle

WORLD: 2:04.01 # 7/26/2009 Michael MANN USA
NATL: 2:04.01 @ 7/26/2009 MICHAEL MANN
ZON: 2:11.85 ! 7/21/2019 Stephen Nichols

1	Ellis, Andrew	56	Terrapin Masters-10	2:43.02	2:33.22	9
	r:+0.86 34.43	1:14.05 (39.62)	1:55.11 (41.06)	2:33.22 (38.11)		
2	Von Readen, Brad	59	Lone Star Masters-26	2:35.01	2:35.91	7
	r:+0.95 34.96	1:14.60 (39.64)	1:56.44 (41.84)	2:35.91 (39.47)		
3	Harman, Brad	56	Lone Star Masters-26	2:36.00	2:36.64	6
	r:+0.77 35.55	1:14.89 (39.34)	1:57.04 (42.15)	2:36.64 (39.60)		

Men 55-59 400 LC Meter Freestyle

WORLD: 4:22.49 # 7/25/2009 Michael MANN USA
NATL: 4:22.49 @ 7/25/2009 MICHAEL MANN
ZON: 4:37.82 ! 7/7/2018 Len Gushe

1	Wells, Barton	57	Uc38	4:25.51	4:34.09!	9
	r:+0.82 31.81	1:05.21 (33.40)	1:39.26 (34.05)	2:13.23 (33.97)		
	2:48.11 (34.88)	3:23.15 (35.04)	3:58.56 (35.41)	4:34.09 (35.53)		
2	Von Readen, Brad	59	Lone Star Masters-26	5:45.00	5:23.43	7
	r:+0.98 36.28	1:16.42 (40.14)	1:57.87 (41.45)	2:39.40 (41.53)		
	3:21.37 (41.97)	4:03.35 (41.98)	4:44.77 (41.42)	5:23.43 (38.66)		
3	Harman, Brad	56	Lone Star Masters-26	5:36.00	5:38.87	6
	r:+0.75 37.75	1:19.53 (41.78)	2:02.80 (43.27)	2:45.71 (42.91)		
	3:30.08 (44.37)	4:13.62 (43.54)	4:57.70 (44.08)	5:38.87 (41.17)		
4	Hiltabiddle, Steve	58	Colonials 1776-8	5:40.00	6:18.22	5
	r:+0.73 27.86	57.99 (30.13)	2:10.78 (1:12.79)	3:07.00 (56.22)		
	3:57.10 (50.10)	4:47.97 (50.87)	5:36.37 (48.40)	6:18.22 (41.85)		
5	Llorente, Roberto	56	Uc43	7:39.43	7:31.18	4
	r:+1.48 50.71	1:48.14 (57.43)	2:46.29 (58.15)	3:45.52 (59.23)		
	4:43.43 (57.91)	5:41.70 (58.27)	6:38.22 (56.52)	7:31.18 (52.96)		

Men 55-59 800 LC Meter Freestyle

WORLD: 9:00.09 # 7/24/2009 Michael MANN USA
NATL: 9:00.09 @ 7/24/2009 MICHAEL MANN
ZON: 9:47.61 ! 7/8/2018 Len Gushe

1	Von Readen, Brad	59	Lone Star Masters-26	11:20.00	11:15.72	9
	r:+1.08 37.34	1:19.50 (42.16)	2:02.34 (42.84)	2:46.12 (43.78)		
	3:29.05 (42.93)	4:12.82 (43.77)	4:43.55 (30.73)	5:38.50 (54.95)		
	6:07.64 (29.14)	7:04.41 (56.77)	7:41.30 (36.89)	8:29.62 (48.32)		
	9:11.16 (41.54)	9:53.25 (42.09)	10:23.60 (30.35)	11:15.72 (52.12)		
2	Llorente, Roberto	56	Uc43	15:20.00	15:50.07	7
	54.10	1:51.60 (57.50)	2:51.66 (1:00.06)	3:53.34 (1:01.68)		
	4:55.66 (1:02.32)	5:56.07 (1:00.41)	6:56.96 (1:00.89)	7:57.73 (1:00.77)		
	8:58.39 (1:00.66)	9:59.08 (1:00.69)	10:59.30 (1:00.22)	11:58.90 (59.60)		
	12:57.65 (58.75)	13:56.11 (58.46)	14:54.04 (57.93)	15:50.07 (56.03)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 55-59 1500 LC Meter Freestyle**

WORLD: 17:22.61 # 8/10/2009 Michael MANN USA
NATL: 17:22.61 @ 8/10/2009 MICHAEL MANN
ZON: 18:53.88 ! 2014 Jim Sauer

1	Wells, Barton	57	Uc38	18:05.27	18:25.09!	9
	r:+0.85 33.58	1:09.58 (36.00)	1:45.61 (36.03)	2:21.90 (36.29)		
	2:57.69 (35.79)	3:33.91 (36.22)	4:10.31 (36.40)	4:46.74 (36.43)		
	5:23.22 (36.48)	5:59.99 (36.77)	6:36.61 (36.62)	7:13.36 (36.75)		
	7:50.25 (36.89)	8:27.35 (37.10)	9:03.93 (36.58)	9:40.64 (36.71)		
	10:17.47 (36.83)	10:54.90 (37.43)	11:31.82 (36.92)	12:08.81 (36.99)		
	12:46.09 (37.28)	13:23.81 (37.72)	14:01.69 (37.88)	14:39.88 (38.19)		
	15:17.50 (37.62)	15:55.87 (38.37)	16:33.28 (37.41)	17:11.60 (38.32)		
	17:49.24 (37.64)	18:25.09 (35.85)				
2	Von Readen, Brad	59	Lone Star Masters-26	22:00.00	21:20.91	7
	r:+0.98 37.85	1:19.31 (41.46)	2:02.37 (43.06)	2:44.67 (42.30)		
	3:26.93 (42.26)	4:09.70 (42.77)	4:53.33 (43.63)	5:36.67 (43.34)		
	6:20.04 (43.37)	7:03.14 (43.10)	7:47.05 (43.91)	8:30.60 (43.55)		
	9:13.60 (43.00)	9:56.55 (42.95)	10:39.51 (42.96)	11:22.37 (42.86)		
	12:05.25 (42.88)	12:48.35 (43.10)	13:31.64 (43.29)	14:14.53 (42.89)		
	14:57.25 (42.72)	15:39.87 (42.62)	16:22.40 (42.53)	17:05.17 (42.77)		
	17:48.07 (42.90)	18:30.88 (42.81)	19:13.99 (43.11)	19:56.99 (43.00)		
	20:39.69 (42.70)	21:20.91 (41.22)				

Men 55-59 50 LC Meter Backstroke

WORLD: 29.03 # 8/20/2016 Steve WOOD USA
NATL: 29.03 @ 8/20/2016 STEVE WOOD
ZON: 29.63 ! 2016 Steve Wood

1	Gale, Andrew	58	Masters of South Texas-43	38.36	38.45	9
	r:+0.70					
2	Harman, Brad	56	Lone Star Masters-26	44.00	43.57	7
	r:+0.66					

Men 55-59 200 LC Meter Backstroke

WORLD: 2:20.83 # 7/20/2019 Rip ESSELSTYN USA
NATL: 2:20.83 @ 7/20/2019 RIP ESSELSTYN
ZON: 2:20.83 ! 7/20/2019 Rip Esselstyn

1	Hiltabiddle, Steve	58	Colonials 1776-8	2:40.00	2:59.81	9
	r:+0.60 33.41	1:27.50 (54.09)	2:14.84 (47.34)	2:59.81 (44.97)		
2	Gale, Andrew	58	Masters of South Texas-43	3:08.72	3:20.61	7
	r:+0.71 46.44	1:38.08 (51.64)	2:30.94 (52.86)	3:20.61 (49.67)		
3	Harman, Brad	56	Lone Star Masters-26	3:30.00	3:33.78	6
	r:+0.68 48.43	1:42.35 (53.92)	2:38.29 (55.94)	3:33.78 (55.49)		

Men 55-59 50 LC Meter Breaststroke

WORLD: 30.02 # 6/2/2019 C.Arturo TRAVAINI ITA
NATL: 30.56 @ 8/6/2017 DAVID GUTHRIE
ZON: 31.39 ! 7/31/2016 David Guthrie

1	Gale, Andrew	58	Masters of South Texas-43	37.42	37.91	9
	r:+0.78					
2	Harman, Brad	56	Lone Star Masters-26	41.00	40.94	7
	r:+0.74					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 55-59 100 LC Meter Breaststroke****WORLD: 1:07.65 # 8/13/2019 C.Arturo TRAVAINI ITA****NATL: 1:07.97 @ 7/31/2015 DAVID GUTHRIE****ZON: 1:09.34 ! 7/22/2017 David Guthrie**

1	Gale, Andrew	58	Masters of South Texas-43	1:25.42	1:27.91	9
	r:+0.77 40.59	1:27.91 (47.32)				
2	Harman, Brad	56	Lone Star Masters-26	1:32.00	1:37.18	7
	r:+0.75 45.60	1:37.18 (51.58)				

Men 55-59 200 LC Meter Breaststroke**WORLD: 2:30.63 # 8/21/2016 David GUTHRIE USA****NATL: 2:30.63 @ 8/21/2016 DAVID GUTHRIE****ZON: 2:33.65 ! 7/31/2016 David Guthrie**

1	Gale, Andrew	58	Masters of South Texas-43	3:14.10	3:20.14	9
	r:+0.86 44.38	1:36.79 (52.41)	2:29.97 (53.18)	3:20.14 (50.17)		
2	Harman, Brad	56	Lone Star Masters-26	3:30.00	3:33.29	7
	r:+0.74 47.90	1:42.26 (54.36)	2:38.64 (56.38)	3:33.29 (54.65)		

Men 55-59 50 LC Meter Butterfly**WORLD: 26.56 # 10/10/2021 Steve HILTABIDDLE USA****NATL: 26.56 @ 10/10/2021 STEVE HILTABIDDLE****ZON: 28.33 ! 2015 Bruce Kone**

1	Hiltabiddle, Steve	58	Colonials 1776-8	27.00	28.05!	9
	r:+0.72					
2	Harman, Brad	56	Lone Star Masters-26	36.00	35.08	7
	r:+0.75					

Men 55-59 100 LC Meter Butterfly**WORLD: 1:00.56 # 8/11/2012 Paul CARTER USA****NATL: 1:00.56 @ 8/11/2012 PAUL CARTER****ZON: 1:02.23 ! 7/31/2016 Steve Wood**

1	Hiltabiddle, Steve	58	Colonials 1776-8	1:03.00	1:25.11	9
	r:+0.70 27.67	1:25.11 (57.44)				

Men 55-59 200 LC Meter IM**WORLD: 2:20.67 # 2/22/2020 Jerome FRENTSOS USA****NATL: 2:20.67 @ 2/22/2020 JEROME FRENTSOS****ZON: 2:31.24 ! 7/30/2016 Jim Sauer**

1	Ellis, Andrew	56	Terrapin Masters-10	2:59.76	2:46.37	9
	r:+0.87 33.79	1:20.36 (46.57)	2:08.73 (48.37)	2:46.37 (37.64)		
2	Gale, Andrew	58	Masters of South Texas-43	2:55.94	2:57.89	7
	r:+0.81 37.05	1:23.81 (46.76)	2:16.52 (52.71)	2:57.89 (41.37)		
3	Harman, Brad	56	Lone Star Masters-26	3:00.00	3:05.83	6
	r:+0.77 37.17	1:28.74 (51.57)	2:25.52 (56.78)	3:05.83 (40.31)		
4	Hiltabiddle, Steve	58	Colonials 1776-8	2:40.00	3:30.64	5
	r:+0.68 27.77	1:38.75 (1:10.98)	2:42.70 (1:03.95)	3:30.64 (47.94)		

Men 55-59 400 LC Meter IM**WORLD: 4:57.55 # 4/2/2022 Brent FOSTER NZL****NATL: 5:04.07 @ 7/26/2009 MICHAEL MANN****ZON: 5:19.66 ! 7/29/2016 Jim Sauer**

1	Hiltabiddle, Steve	58	Colonials 1776-8	7:30.00	6:34.93	9
	r:+0.79 28.66	1:03.72 (35.06)	2:10.91 (1:07.19)	3:10.29 (59.38)		
	4:08.25 (57.96)	5:07.59 (59.34)	5:51.77 (44.18)	6:34.93 (43.16)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 55-59 400 LC Meter IM)**

2	Harman, Brad	56	Lone Star Masters-26	6:40.00	6:47.08	7
	r:+0.84 40.93	1:28.59 (47.66)	2:23.94 (55.35)	3:18.82 (54.88)		
	4:19.39 (1:00.57)	5:18.99 (59.60)	6:04.63 (45.64)	6:47.08 (42.45)		

Men 60-64 50 LC Meter Freestyle

WORLD: 24.82 # 3/1/2024 Calvin MAUGHAN RSA
NATL: 25.23 @ 8/10/2006 RICHARD ABRAHAMAS
ZON: 26.69 ! 2013 Doug Martin

1	Nichols, Steve	60	Team Walker-43	26.13	26.29!	9
	r:+0.77					
2	Hasegawa, Brian	61	Fina	28.10	28.00	7
	r:+0.71					
3	Doyle, Michael	60	Lone Star Masters-26	28.99	29.57	6
	r:+0.83					
4	Richey, Steven	64	Masters of South Texas-43	33.51	31.83	5
	r:+0.78					
5	Daudelin, Andy	60	Lone Star Masters-26	33.00	32.18	4
	r:+0.88					
6	Robinson, Clark	63	Central Texas Masters Swimmer:	30.75	34.05	3
	r:+0.86					
7	Nelson, T Kevin	61	Masters of South Texas-43	33.50	34.11	2
	r:+0.97					
8	Sondermann, Axel	61	Lone Star Masters-26	32.10	34.24	1
	r:+0.97					

Men 60-64 100 LC Meter Freestyle

WORLD: 57.66 # 9/4/2022 Ahmet NAKKAS TUR
NATL: 57.39 @ 5/18/2024 CALVIN MAUGHAN
ZON: 1:01.54 ! 2016 Richard Hartman

1	Nichols, Steve	60	Team Walker-43	58.50	57.97!	9
	r:+0.79 27.77	57.97 (30.20)				
2	Nelson, T Kevin	61	Masters of South Texas-43	1:13.90	1:18.46	7
	r:+0.89 36.36	1:18.46 (42.10)				
3	Richey, Steven	64	Masters of South Texas-43	1:16.64	1:19.39	6
	r:+1.01 36.10	1:19.39 (43.29)				
4	Keen, John	61	Houston Cougar Masters-25	1:27.00	1:27.34	5
	r:+0.99 41.24	1:27.34 (46.10)				

Men 60-64 200 LC Meter Freestyle

WORLD: 2:07.68 # 8/6/2017 Dan STEPHENSON USA
NATL: 2:07.68 @ 8/6/2017 DAN STEPHENSON
ZON: 2:18.09 ! 2014 Dick Worrell

1	Nichols, Steve	60	Team Walker-43	2:10.50	2:10.38!	9
	r:+0.79 29.53	1:01.82 (32.29)	1:35.95 (34.13)	2:10.38 (34.43)		
2	Lorenz, Andreas	63	Schwimmclub Kreuzlingen	2:30.00	2:23.68	7
	r:+0.88 34.06	1:11.10 (37.04)	1:47.83 (36.73)	2:23.68 (35.85)		
3	Doyle, Michael	60	Lone Star Masters-26	2:28.98	2:29.16	6
	r:+0.86 34.43	1:12.28 (37.85)	1:51.38 (39.10)	2:29.16 (37.78)		
4	Czerwinski, Robert	61	Lone Star Masters-26	2:44.22	2:33.39	5
	r:+0.91 34.10	1:12.64 (38.54)	1:53.38 (40.74)	2:33.39 (40.01)		
5	Sondermann, Axel	61	Lone Star Masters-26	2:33.50	2:39.71	4
	r:+2.81 36.16	1:16.54 (40.38)	1:58.35 (41.81)	2:39.71 (41.36)		
6	Richey, Steven	64	Masters of South Texas-43	2:46.02	3:06.10	3
	r:+0.84 38.33	1:25.19 (46.86)	2:15.36 (50.17)	3:06.10 (50.74)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 60-64 200 LC Meter Freestyle)**

7	Keen, John	61	Houston Cougar Masters-25	3:06.00	3:13.18	2
	r:+1.02 43.23	1:33.25 (50.02)	2:24.54 (51.29)	3:13.18 (48.64)		

Men 60-64 400 LC Meter Freestyle**WORLD: 4:30.15 # 6/19/2023 J.Carlos VALLEJO ESP****NATL: 4:35.36 @ 2/28/2024 FRED SCHUSTER****ZON: 4:51.38 ! 7/30/2016 Dick Worrel**

1	Lorenz, Andreas	63	Schwimmclub Kreuzlingen	5:00.00	5:01.24	9
	r:+0.84 34.76	1:12.47 (37.71)	1:50.73 (38.26)	2:29.33 (38.60)		
	3:07.59 (38.26)	3:46.44 (38.85)	4:24.72 (38.28)	5:01.24 (36.52)		
2	Czerwinski, Robert	61	Lone Star Masters-26	5:23.71	5:21.51	7
	r:+0.97 35.84	1:14.77 (38.93)	1:55.60 (40.83)	2:37.38 (41.78)		
	3:18.64 (41.26)	4:00.43 (41.79)	4:40.54 (40.11)	5:21.51 (40.97)		
3	Sondermann, Axel	61	Lone Star Masters-26	5:25.00	5:32.16	6
	r:+0.97 36.68	1:17.12 (40.44)	1:59.10 (41.98)	2:40.96 (41.86)		
	3:24.43 (43.47)	4:07.12 (42.69)	4:50.15 (43.03)	5:32.16 (42.01)		
4	Pegues, Lex	64	New Braunfels Masters Swimme	6:23.63	6:12.64	5
	r:+0.85 42.66	1:29.70 (47.04)	2:18.11 (48.41)	3:06.39 (48.28)		
	3:54.74 (48.35)	4:43.48 (48.74)	5:30.85 (47.37)	6:12.64 (41.79)		
5	Keen, John	61	Houston Cougar Masters-25	6:50.00	6:42.38	4
	r:+0.97 45.06	1:34.80 (49.74)	2:27.12 (52.32)	3:18.76 (51.64)		
	4:10.34 (51.58)	5:01.93 (51.59)	5:52.70 (50.77)	6:42.38 (49.68)		
6	Tierney, Mark	63	Uc26	7:00.00	8:06.05	3
	r:+0.87 47.39	1:41.98 (54.59)	2:41.24 (59.26)	3:43.26 (1:02.02)		
		5:55.98 ()	7:02.05 (1:06.07)	8:06.05 (1:04.00)		

Men 60-64 800 LC Meter Freestyle**WORLD: 9:21.08 # 5/20/2022 Arnaldo PEREZ PUR****NATL: 9:29.70 @ 8/12/2018 ANDREW BRAY****ZON: 10:11.58 ! 7/31/2016 Richard Hartman**

1	Sondermann, Axel	61	Lone Star Masters-26	11:15.00	11:17.79	9
	r:+0.88 37.42	1:18.34 (40.92)	1:59.98 (41.64)	2:42.31 (42.33)		
	3:24.66 (42.35)	4:07.45 (42.79)	4:50.53 (43.08)	5:33.60 (43.07)		
	6:16.57 (42.97)	6:59.68 (43.11)	7:42.83 (43.15)	8:25.92 (43.09)		
	9:09.22 (43.30)	9:52.09 (42.87)	10:35.38 (43.29)	11:17.79 (42.41)		
2	Czerwinski, Robert	61	Lone Star Masters-26	11:29.90	11:36.99	7
	r:+0.92 37.24	1:17.83 (40.59)	2:00.69 (42.86)	2:44.25 (43.56)		
	3:28.43 (44.18)	4:12.50 (44.07)	4:57.48 (44.98)	5:42.14 (44.66)		
	6:27.66 (45.52)	7:12.70 (45.04)	7:56.88 (44.18)	8:41.55 (44.67)		
	9:26.04 (44.49)	10:10.77 (44.73)	10:55.41 (44.64)	11:36.99 (41.58)		
3	Pegues, Lex	64	New Braunfels Masters Swimme	13:16.93	13:36.27	6
	r:+0.93 44.57	1:35.23 (50.66)	2:26.87 (51.64)	3:19.22 (52.35)		
	4:11.76 (52.54)	5:04.49 (52.73)	5:57.47 (52.98)	6:50.13 (52.66)		
	7:42.62 (52.49)	8:33.66 (51.04)	9:24.84 (51.18)	10:15.90 (51.06)		
	11:08.02 (52.12)	11:57.93 (49.91)	13:36.27 (1:38.34)			
4	Keen, John	61	Houston Cougar Masters-25	15:40.00	13:37.77	5
	r:+1.03 46.15	1:37.00 (50.85)	2:29.27 (52.27)	3:21.36 (52.09)		
	4:13.13 (51.77)	5:05.98 (52.85)	5:57.61 (51.63)	6:49.56 (51.95)		
	7:41.74 (52.18)	8:33.89 (52.15)	9:25.35 (51.46)	10:16.95 (51.60)		
	11:08.48 (51.53)	11:59.89 (51.41)	12:50.11 (50.22)	13:37.77 (47.66)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 60-64 1500 LC Meter Freestyle**

WORLD: 17:55.91 # 8/3/2022 Arnaldo PEREZ USA
NATL: 17:55.91 @ 8/3/2022 ARNALDO PEREZ
ZON: 19:27.55 ! 2014 Dick Worrell

1	Lorenz, Andreas	63	Schwimmclub Kreuzlingen	19:50.00	20:33.54	9
	r:+0.82 35.37	1:14.12 (38.75)	1:53.24 (39.12)	2:32.73 (39.49)		
	3:12.32 (39.59)	3:52.02 (39.70)	4:31.62 (39.60)	5:11.53 (39.91)		
	5:51.42 (39.89)	6:31.25 (39.83)	7:10.96 (39.71)	7:51.42 (40.46)		
	8:31.54 (40.12)	9:11.51 (39.97)	9:52.73 (41.22)	10:33.65 (40.92)		
	11:15.46 (41.81)	12:10.39 (54.93)	12:51.58 (41.19)	13:45.80 (54.22)		
	14:27.72 (41.92)	15:07.64 (39.92)	15:49.58 (41.94)	16:30.19 (40.61)		
	17:11.11 (40.92)	17:51.78 (40.67)	18:32.82 (41.04)	19:13.42 (40.60)		
	19:54.16 (40.74)	20:33.54 (39.38)				
2	Sondermann, Axel	61	Lone Star Masters-26	21:29.36	21:52.13	7
	r:+1.00 39.31	1:21.66 (42.35)	2:05.85 (44.19)	2:48.69 (42.84)		
	3:33.07 (44.38)	4:16.86 (43.79)	5:01.40 (44.54)	5:44.98 (43.58)		
	6:29.41 (44.43)	7:12.74 (43.33)	7:57.28 (44.54)	8:41.12 (43.84)		
	9:25.98 (44.86)	10:09.39 (43.41)	10:53.75 (44.36)	11:37.81 (44.06)		
	12:22.51 (44.70)	13:06.34 (43.83)	13:50.71 (44.37)	14:34.38 (43.67)		
	15:18.36 (43.98)	16:00.12 (41.76)	16:45.15 (45.03)	17:28.72 (43.57)		
	18:12.94 (44.22)	18:56.79 (43.85)	19:41.18 (44.39)	20:25.01 (43.83)		
	21:09.06 (44.05)	21:52.13 (43.07)				

Men 60-64 50 LC Meter Backstroke

WORLD: 30.46 # 3/9/2024 Thomas DOCKHORN GER
NATL: 30.59 @ 8/10/2019 JAMIE FOWLER
ZON: 31.56 ! 2016 Tom Barton

1	Pegues, Lex	64	New Braunfels Masters Swimme	38.77	37.14	9
	r:+0.70					
2	Sondermann, Axel	61	Lone Star Masters-26	38.66	39.93	7
	r:+0.94					
3	Daudelin, Andy	60	Lone Star Masters-26	41.20	41.63	6
	r:+0.81					
4	Robinson, Clark	63	Central Texas Masters Swimmer:	38.06	43.14	5
	r:+0.77					
5	Nelson, T Kevin	61	Masters of South Texas-43	43.00	44.77	4
	r:+0.77					

Men 60-64 100 LC Meter Backstroke

WORLD: 1:06.08 # 8/11/2019 Jamie FOWLER USA
NATL: 1:06.08 @ 8/11/2019 JAMIE FOWLER
ZON: 1:07.85 ! 7/31/2016 Tom Barton

1	Pegues, Lex	64	New Braunfels Masters Swimme	1:23.38	1:20.95	9
	r:+0.65 39.66	1:20.95 (41.29)				
2	Lorenz, Andreas	63	Schwimmclub Kreuzlingen	1:30.00	1:21.70	7
	r:+1.11 40.09	1:21.70 (41.61)				
3	Czerwinski, Robert	61	Lone Star Masters-26	1:18.66	1:22.37	6
	r:+0.82 40.35	1:22.37 (42.02)				
4	Sondermann, Axel	61	Lone Star Masters-26	1:26.31	1:26.28	5
	r:+0.81 41.54	1:26.28 (44.74)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 60-64 200 LC Meter Backstroke****WORLD: 2:26.12 # 8/8/2019 Jamie FOWLER USA****NATL: 2:26.12 @ 8/8/2019 JAMIE FOWLER****ZON: 2:28.37 ! 7/30/2016 Tom Barton**

1	Czerwinski, Robert	61	Lone Star Masters-26	2:53.21	2:53.46	9
	r:+0.77 40.03	1:23.25 (43.22)	2:08.63 (45.38)	2:53.46 (44.83)		
2	Lorenz, Andreas	63	Schwimmclub Kreuzlingen	3:00.00	2:55.45	7
	r:+0.85 42.94	1:27.38 (44.44)	2:13.07 (45.69)	2:55.45 (42.38)		
3	Pegues, Lex	64	New Braunfels Masters Swimme	3:00.36	2:55.89	6
	r:+0.69 42.11	1:26.66 (44.55)	2:11.58 (44.92)	2:55.89 (44.31)		

Men 60-64 50 LC Meter Breaststroke**WORLD: 30.57 # 6/30/2023 C.Arturo TRAVAINI ITA****NATL: 31.95 @ 8/7/2022 DAVID GUTHRIE****ZON: 33.85 ! 7/21/2019 Richard Neville**

1	Guthrie, David	64	Rice Aquatic Masters-25	33.51	33.22!	9
	r:+0.76					
2	Hasegawa, Brian	61	Fina	34.50	35.84	7
	r:+0.77					
3	Richey, Steven	64	Masters of South Texas-43	41.75	41.95	6
	r:+0.81					
4	Pegues, Lex	64	New Braunfels Masters Swimme	45.36	41.99	5
	r:+0.77					
5	Endert, Craig	62	Uc26	42.51	42.25	4
	r:+0.77					
6	Sondermann, Axel	61	Lone Star Masters-26	44.38	44.84	3
	r:+0.94					
7	Nelson, T Kevin	61	Masters of South Texas-43	44.50	45.11	2
	r:+1.02					

Men 60-64 100 LC Meter Breaststroke**WORLD: 1:09.57 # 8/6/2023 C.Arturo TRAVAINI ITA****NATL: 1:11.64 @ 8/5/2022 DAVID GUTHRIE****ZON: 1:19.45 ! 2016 Richard Neville**

1	Guthrie, David	64	Rice Aquatic Masters-25	1:14.51	1:14.14!	9
	r:+0.70 35.14	1:14.14 (39.00)				
2	Hasegawa, Brian	61	Fina	1:21.50	1:19.87	7
	r:+0.73 36.93	1:19.87 (42.94)				
3	Richey, Steven	64	Masters of South Texas-43	1:32.16	1:31.87	6
	r:+0.85 42.40	1:31.87 (49.47)				
4	Pegues, Lex	64	New Braunfels Masters Swimme	1:38.64	1:33.52	5
	r:+0.81 42.82	1:33.52 (50.70)				
5	Endert, Craig	62	Uc26	1:37.47	1:36.12	4
	r:+0.76 46.21	1:36.12 (49.91)				

Men 60-64 200 LC Meter Breaststroke**WORLD: 2:33.57 # 6/29/2023 C.Arturo TRAVAINI ITA****NATL: 2:39.49 @ 8/6/2022 DAVID GUTHRIE****ZON: 3:02.26 ! 7/31/2016 Berry Hamilton**

1	Guthrie, David	64	Rice Aquatic Masters-25	2:45.01	2:45.13!	9
	r:+0.78 38.51	1:20.42 (41.91)	2:03.30 (42.88)	2:45.13 (41.83)		
2	Hasegawa, Brian	61	Fina	3:04.80	3:03.26	7
	r:+0.78 41.13	1:26.76 (45.63)	2:14.90 (48.14)	3:03.26 (48.36)		
3	Pegues, Lex	64	New Braunfels Masters Swimme	3:56.64	3:28.58	6
	r:+0.75 48.09	1:41.87 (53.78)	2:36.08 (54.21)	3:28.58 (52.50)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 60-64 200 LC Meter Breaststroke)**

4	Richey, Steven	64	Masters of South Texas-43	3:24.00	3:35.31	5
	r:+0.87 48.18	1:43.01 (54.83)	2:39.41 (56.40)	3:35.31 (55.90)		
5	Endert, Craig	62	Uc26	3:36.88	3:35.79	4
	r:+0.79 50.09	1:43.27 (53.18)	2:38.67 (55.40)	3:35.79 (57.12)		

Men 60-64 50 LC Meter Butterfly

WORLD: 27.57 # 6/4/2023 David EMERSON GBR
NATL: 27.85 @ 8/6/2017 TRIP HEDRICK
ZON: 29.55 ! 7/22/2017 John Fields

1	Nichols, Steve	60	Team Walker-43	29.00	28.59!	9
	r:+0.75					
2	Doyle, Michael	60	Lone Star Masters-26	31.01	31.74	7
	r:+0.81					
3	Daudelin, Andy	60	Lone Star Masters-26	34.77	34.62	6
	r:+0.90					
4	Nelson, T Kevin	61	Masters of South Texas-43	39.50	40.35	5
	r:+0.98					

Men 60-64 100 LC Meter Butterfly

WORLD: 1:02.00 # 5/5/2018 Hugo BREGMAN NED
NATL: 1:03.03 @ 8/15/2005 RICHARD ABRAHAMAS
ZON: 1:07.61 ! 7/21/2019 Greg Sanchez

1	Doyle, Michael	60	Lone Star Masters-26	1:09.64	1:11.00	9
	r:+0.86 34.15	1:11.00 (36.85)				

Men 60-64 200 LC Meter Butterfly

WORLD: 2:23.52 # 5/4/2018 Hugo BREGMAN NED
NATL: 2:27.05 @ 6/8/2024 ARNALDO PEREZ
ZON: 2:33.02 ! 7/7/2018 Jim Sauer

1	Doyle, Michael	60	Lone Star Masters-26	2:38.58	2:48.87	9
	r:+0.87 34.54	1:15.04 (40.50)	2:00.47 (45.43)	2:48.87 (48.40)		

Men 60-64 200 LC Meter IM

WORLD: 2:21.99 # 8/17/2014 Rick COLELLA USA
NATL: 2:21.99 @ 8/17/2014 RICK COLELLA
ZON: 2:33.09 ! 7/22/2023 Len D Gushe

1	Czerwinski, Robert	61	Lone Star Masters-26	2:50.69	2:50.69	9
	r:+0.92 34.86	1:19.53 (44.67)	2:10.22 (50.69)	2:50.69 (40.47)		
2	Pegues, Lex	64	New Braunfels Masters Swimme	3:06.63	3:03.73	7
	r:+0.84 38.06	1:25.66 (47.60)	2:20.79 (55.13)	3:03.73 (42.94)		

Men 60-64 400 LC Meter IM

WORLD: 5:08.20 # 8/15/2014 Rick COLELLA USA
NATL: 5:08.20 @ 8/15/2014 RICK COLELLA
ZON: 5:38.79 ! 7/19/2019 Branch Archer

1	Czerwinski, Robert	61	Lone Star Masters-26	6:00.00	6:15.17	9
	r:+1.02 35.69	1:18.93 (43.24)	2:08.09 (49.16)	2:57.48 (49.39)		
	3:51.77 (54.29)	4:45.18 (53.41)	5:31.05 (45.87)	6:15.17 (44.12)		
2	Doyle, Michael	60	Lone Star Masters-26	6:21.15	7:00.29	7
	r:+1.00 32.63	1:09.83 (37.20)	2:25.03 (1:15.20)	3:23.82 (58.79)		
	4:26.97 (1:03.15)	5:30.94 (1:03.97)	6:16.77 (45.83)	7:00.29 (43.52)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 65-69 50 LC Meter Freestyle**

WORLD: 26.21 # 7/6/2018 Doug MARTIN USA
NATL: 26.21 @ 7/6/2018 DOUG MARTIN
ZON: 26.51 ! 7/8/2018 Douglas Martin

1	Leigh, Jay	66	Lone Star Masters-26	29.08	29.31	9
	r:+0.76					
2	Woolley, Ken	66	Lone Star Masters-26	37.00	35.36	7
	r:+0.92					
3	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-	38.81	36.84	6
	r:+0.94					
4	Bludworth, Rocky	65	Lone Star Masters-26	35.85	38.61	5
	r:+1.02					
5	Shores, Wylie	66	Southern Masters Swimmers-24	42.75	39.29	4
	r:+0.96					

Men 65-69 100 LC Meter Freestyle

WORLD: 59.49 # 8/9/2019 Jack GROSELLE USA
NATL: 59.49 @ 8/9/2019 JACK GROSELLE
ZON: 1:04.31 ! 7/7/2018 Dick Worrel

1	Leigh, Jay	66	Lone Star Masters-26	1:06.43	1:06.00	9
	r:+0.78 31.04 1:06.00 (34.96)					
2	Burlingame, Douglas	65	Lone Star Masters-26	1:12.46	1:18.46	7
	r:+0.88 34.61 1:18.46 (43.85)					
3	Alkire, Jim	66	Lone Star Masters-26	1:20.00	1:18.91	6
	r:+1.37 36.64 1:18.91 (42.27)					
4	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-	1:22.75	1:24.56	5
	r:+0.97 41.20 1:24.56 (43.36)					
5	Bludworth, Rocky	65	Lone Star Masters-26	1:22.82	1:27.07	4
	r:+1.05 39.77 1:27.07 (47.30)					

Men 65-69 200 LC Meter Freestyle

WORLD: 2:09.39 # 8/6/2017 Rick COLELLA USA
NATL: 2:09.39 @ 8/6/2017 RICK COLELLA
ZON: 2:25.28 ! 7/22/2023 Tom Wolf

1	Strauss, Trip	66	Little Rock Masters-23	2:25.50	2:24.36!	9
	r:+0.83 33.65 1:10.02 (36.37) 1:47.42 (37.40) 2:24.36 (36.94)					
2	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-	2:57.43	2:54.64	7
	r:+0.86 39.88 1:23.88 (44.00) 2:09.17 (45.29) 2:54.64 (45.47)					
3	Alkire, Jim	66	Lone Star Masters-26	3:00.00	2:56.72	6
	r:+0.91 39.96 1:24.72 (44.76) 2:11.72 (47.00) 2:56.72 (45.00)					
4	Bludworth, Rocky	65	Lone Star Masters-26	3:05.74	3:21.27	5
	r:+1.05 42.36 1:34.55 (52.19) 2:28.28 (53.73) 3:21.27 (52.99)					

Men 65-69 400 LC Meter Freestyle

WORLD: 4:37.70 # 8/4/2017 Rick COLELLA USA
NATL: 4:37.70 @ 8/4/2017 RICK COLELLA
ZON: 4:54.35 ! 7/7/2018 Dick Worrel

1	Archer, Branch	65	Longhorn Aquatics-43	5:00.21	5:01.84	9
	r:+0.82 34.36 1:11.57 (37.21) 1:50.43 (38.86) 2:28.96 (38.53) 3:08.01 (39.05) 3:46.34 (38.33) 4:25.16 (38.82) 5:01.84 (36.68)					
2	Strauss, Trip	66	Little Rock Masters-23	5:06.50	5:04.58	7
	r:+0.79 35.44 1:13.48 (38.04) 1:51.99 (38.51) 2:30.46 (38.47) 3:09.13 (38.67) 3:47.77 (38.64) 4:26.61 (38.84) 5:04.58 (37.97)					
3	Alkire, Jim	66	Lone Star Masters-26	7:00.00	6:12.11	6
	r:+0.99 41.18 1:26.95 (45.77) 2:14.46 (47.51) 3:02.33 (47.87) 3:50.28 (47.95) 4:38.03 (47.75) 5:26.03 (48.00) 6:12.11 (46.08)					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 65-69 400 LC Meter Freestyle)**

4	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-	6:10.66	6:14.40	5
	r:+0.88 41.27	1:27.18 (45.91)	2:15.29 (48.11)	3:03.65 (48.36)		
	3:52.45 (48.80)	4:40.18 (47.73)	5:29.08 (48.90)	6:14.40 (45.32)		
5	Bludworth, Rocky	65	Lone Star Masters-26	7:35.00	7:09.89	4
	r:+1.07 44.79	1:36.20 (51.41)	2:31.52 (55.32)	3:27.85 (56.33)		
	4:25.01 (57.16)	5:21.56 (56.55)	6:18.02 (56.46)	7:09.89 (51.87)		

Men 65-69 800 LC Meter Freestyle

WORLD: 9:48.95 # 8/3/2023 Djan MADRUGA BRA
NATL: 10:01.92 @ 8/4/2022 DAN STEPHENSON
ZON: 11:34.17 ! 7/22/2023 Larry Wood

1	Redfern, Daniel	66	Texas Ford Aquatics Masters-26	11:58.54	11:29.40!	9
	r:+0.95 39.77	1:22.61 (42.84)	2:05.16 (42.55)	2:48.68 (43.52)		
	3:32.23 (43.55)	4:16.10 (43.87)	4:59.57 (43.47)	5:42.95 (43.38)		
	6:26.71 (43.76)	7:10.27 (43.56)	7:54.44 (44.17)	8:37.97 (43.53)		
	9:21.58 (43.61)	10:05.42 (43.84)	10:48.22 (42.80)	11:29.40 (41.18)		
2	Seagraves, Bob	68	Texas Gold Georgetown Masters-	11:46.37	11:48.44	7
	r:+1.06 41.84	1:26.51 (44.67)	2:11.91 (45.40)	2:57.07 (45.16)		
	3:42.17 (45.10)	4:27.73 (45.56)	5:12.56 (44.83)	5:57.46 (44.90)		
	6:42.09 (44.63)	7:27.14 (45.05)	8:10.96 (43.82)	8:55.56 (44.60)		
	9:39.65 (44.09)	10:23.74 (44.09)	11:07.21 (43.47)	11:48.44 (41.23)		
3	Alkire, Jim	66	Lone Star Masters-26	14:00.00	12:48.91	6
	r:+0.94 42.84	1:30.01 (47.17)	2:18.50 (48.49)	3:08.04 (49.54)		
	3:56.47 (48.43)	4:45.39 (48.92)	5:33.77 (48.38)	6:22.50 (48.73)		
	7:11.31 (48.81)	8:00.60 (49.29)	8:48.99 (48.39)	9:37.56 (48.57)		
	10:25.88 (48.32)	11:15.03 (49.15)	12:03.03 (48.00)	12:48.91 (45.88)		
4	Bludworth, Rocky	65	Lone Star Masters-26	15:55.00	15:12.84	5
	r:+1.06 46.31	1:39.15 (52.84)	2:35.90 (56.75)	3:33.85 (57.95)		
	4:33.23 (59.38)	5:31.16 (57.93)	6:31.25 (1:00.09)	7:30.20 (58.95)		
	8:29.41 (59.21)	9:30.33 (1:00.92)	10:29.56 (59.23)	11:26.94 (57.38)		
	12:24.39 (57.45)	13:21.78 (57.39)	14:18.76 (56.98)	15:12.84 (54.08)		

Men 65-69 1500 LC Meter Freestyle

WORLD: 18:43.53 # 10/15/2023 Paul BLACKBEARD AUS
NATL: 19:28.61 @ 6/17/2023 JAMES RITTER
ZON: 19:41.58 ! 7/6/2018 Dick Worrel

1	Archer, Branch	65	Longhorn Aquatics-43	19:54.41	20:09.59	9
	r:+0.94 36.14	1:14.59 (38.45)	1:54.57 (39.98)	2:34.40 (39.83)		
	3:14.78 (40.38)	3:54.80 (40.02)	4:35.05 (40.25)	5:14.89 (39.84)		
	5:55.58 (40.69)	6:35.84 (40.26)	7:16.46 (40.62)	7:56.38 (39.92)		
	8:37.07 (40.69)	9:17.35 (40.28)	9:58.21 (40.86)	10:39.03 (40.82)		
	11:19.77 (40.74)	12:00.66 (40.89)	12:41.73 (41.07)	13:22.82 (41.09)		
	14:03.64 (40.82)	14:44.56 (40.92)	15:25.42 (40.86)	16:06.56 (41.14)		
	16:47.19 (40.63)	17:27.91 (40.72)	18:08.42 (40.51)	18:49.30 (40.88)		
	19:30.01 (40.71)	20:09.59 (39.58)				
2	Redfern, Daniel	66	Texas Ford Aquatics Masters-26	21:25.00	22:07.44	7
	r:+1.03 39.16	1:20.89 (41.73)	2:03.75 (42.86)	2:47.44 (43.69)		
	3:31.18 (43.74)	4:15.60 (44.42)	5:00.43 (44.83)	5:44.38 (43.95)		
	6:29.27 (44.89)	7:14.00 (44.73)	7:58.85 (44.85)	8:43.68 (44.83)		
	9:28.52 (44.84)	10:13.36 (44.84)	10:58.84 (45.48)	11:43.74 (44.90)		
	12:29.20 (45.46)	13:13.68 (44.48)	13:59.00 (45.32)	14:43.21 (44.21)		
	15:28.64 (45.43)	16:13.41 (44.77)	16:58.17 (44.76)	17:42.67 (44.50)		
	18:27.86 (45.19)	19:12.40 (44.54)	19:57.33 (44.93)	20:41.28 (43.95)		
	21:25.94 (44.66)	22:07.44 (41.50)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 65-69 1500 LC Meter Freestyle)**

3	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-	23:58.11	24:06.41	6
	r:+0.94 43.91		1:31.32 (47.41)	2:19.68 (48.36)	3:08.18 (48.50)	
	3:57.51 (49.33)		4:46.23 (48.72)	5:35.00 (48.77)	6:23.72 (48.72)	
	7:12.89 (49.17)		8:01.78 (48.89)	8:36.21 (34.43)	9:37.43 (1:01.22)	
	10:25.18 (47.75)		11:13.65 (48.47)	12:01.77 (48.12)	12:49.66 (47.89)	
	13:37.86 (48.20)		14:26.15 (48.29)	15:14.25 (48.10)	16:03.03 (48.78)	
	16:51.41 (48.38)		17:39.48 (48.07)	18:28.05 (48.57)	19:16.49 (48.44)	
	20:04.89 (48.40)		20:53.27 (48.38)	21:41.81 (48.54)	22:30.56 (48.75)	
	22:59.05 (28.49)		24:06.41 (1:07.36)			
4	Bludworth, Rocky	65	Lone Star Masters-26	29:00.00	28:28.19	5
	r:+1.09 47.41		1:41.00 (53.59)	2:38.35 (57.35)	3:35.48 (57.13)	
	4:33.25 (57.77)		5:29.45 (56.20)	6:27.28 (57.83)	7:24.32 (57.04)	
	8:23.09 (58.77)		9:20.23 (57.14)	10:17.90 (57.67)	11:14.98 (57.08)	
	12:13.52 (58.54)		13:10.29 (56.77)	14:08.21 (57.92)	15:03.88 (55.67)	
	16:03.13 (59.25)		17:00.48 (57.35)	17:59.78 (59.30)	18:57.07 (57.29)	
	19:55.06 (57.99)		20:52.06 (57.00)	21:50.53 (58.47)	22:47.00 (56.47)	
	23:45.63 (58.63)		24:42.06 (56.43)	25:40.40 (58.34)	26:37.32 (56.92)	
	27:34.11 (56.79)		28:28.19 (54.08)			

Men 65-69 50 LC Meter Backstroke

WORLD: 30.95 # 7/7/2012 Hugh WILDER USA
NATL: 30.95 @ 7/12/2012 HUGH WILDER
ZON: 33.14 ! 7/21/2019 Bruce Williams

1	Barton, Tom	68	Lone Star Masters-26	34.00	34.05	9
	r:+0.73					
2	Tierney, Robert	66	Texas Ford Aquatics Masters-26	34.06	34.13	7
	r:+1.00					
3	Leigh, Jay	66	Lone Star Masters-26	34.26	34.30	6
	r:+0.76					
4	Bludworth, Rocky	65	Lone Star Masters-26	43.38	50.40	5
	r:+0.72					
5	Woolley, Ken	66	Lone Star Masters-26	51.00	51.15	4
6	Johnson, Brian	67	Team Redbird-33	57.07	57.71	3
	r:+0.71					

Men 65-69 100 LC Meter Backstroke

WORLD: 1:08.15 # 4/22/2022 Vladimir GORKOV RUS
NATL: 1:09.79 @ 7/8/2012 HUGH WILDER
ZON: 1:13.33 ! 7/21/2019 Bruce Williams

1	Tierney, Robert	66	Texas Ford Aquatics Masters-26	1:14.90	1:13.16!	9
	r:+0.64 34.92		1:13.16 (38.24)			
2	Bludworth, Rocky	65	Lone Star Masters-26	1:45.00	1:47.36	7
	r:+0.88 51.11		1:47.36 (56.25)			
3	Woolley, Ken	66	Lone Star Masters-26	1:56.00	1:51.67	6
	r:+0.71 55.54		1:51.67 (56.13)			
4	Johnson, Brian	67	Team Redbird-33	2:14.53	2:08.26	5
	r:+0.83 1:00.70		2:08.26 (1:07.56)			

Men 65-69 200 LC Meter Backstroke

WORLD: 2:31.62 # 4/23/2022 Vladimir GORKOV RUS
NATL: 2:32.79 @ 8/5/2022 DAN STEPHENSON
ZON: 2:36.54 ! 7/22/2023 Tom Wolf

1	Barton, Tom	68	Lone Star Masters-26	2:45.00	2:44.02	9
	r:+0.69 39.46		1:21.12 (41.66)	2:03.52 (42.40)	2:44.02 (40.50)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 65-69 200 LC Meter Backstroke)**

2	Seagraves, Bob	68	Texas Gold Georgetown Masters-	2:56.07	3:12.48	7
	r:+0.79 46.45	1:35.06 (48.61)	2:24.59 (49.53)	3:12.48 (47.89)		
3	Woolley, Ken	66	Lone Star Masters-26	3:46.00	3:53.67	6
	r:+0.76 56.90	1:58.09 (1:01.19)	2:57.88 (59.79)	3:53.67 (55.79)		

Men 65-69 50 LC Meter Breaststroke

WORLD: 33.30 # 8/19/2016 Rick COLELLA USA
NATL: 33.30 @ 8/19/2016 RICK COLELLA
ZON: 39.11 ! 7/21/2019 Robert Kelsoe

1	Valencia, Alvaro	65	Fina	37.00	37.60!	9
	r:+0.97					
2	Woolley, Ken	66	Lone Star Masters-26	51.00	43.03	7
	r:+0.89					
3	Bludworth, Rocky	65	Lone Star Masters-26	48.56	49.44	6
	r:+0.99					
4	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-	47.89	50.22	5
	r:+0.91					
5	Shores, Wylie	66	Southern Masters Swimmers-24	58.34	59.49	4
	r:+0.94					

Men 65-69 100 LC Meter Breaststroke

WORLD: 1:14.77 # 8/5/2017 Rick COLELLA USA
NATL: 1:14.77 @ 8/5/2017 RICK COLELLA
ZON: 1:26.77 ! 2009 Thomas Boak

1	Valencia, Alvaro	65	Fina	1:22.00	1:22.58!	9
	r:+0.88 39.65	1:22.58 (42.93)				
2	Woolley, Ken	66	Lone Star Masters-26	1:56.00	1:41.13	7
	r:+0.95 48.06	1:41.13 (53.07)				
3	Bludworth, Rocky	65	Lone Star Masters-26	1:51.49	1:52.63	6
	r:+1.03 53.72	1:52.63 (58.91)				
4	Shores, Wylie	66	Southern Masters Swimmers-24	2:18.10	2:16.72	5
	r:+0.96 1:05.27	2:16.72 (1:11.45)				

Men 65-69 200 LC Meter Breaststroke

WORLD: 2:41.54 # 8/21/2016 Rick COLELLA USA
NATL: 2:41.54 @ 8/21/2016 RICK COLELLA
ZON: 3:18.58 ! 7/8/2018 Steven Heck

1	Valencia, Alvaro	65	Fina	2:58.00	3:02.08!	9
	r:+0.86 41.43	1:27.35 (45.92)	2:14.46 (47.11)	3:02.08 (47.62)		
2	Woolley, Ken	66	Lone Star Masters-26	3:46.00	3:50.05	7
	r:+0.91 52.36	1:52.89 (1:00.53)	2:52.69 (59.80)	3:50.05 (57.36)		
3	Bludworth, Rocky	65	Lone Star Masters-26	4:30.00	4:09.99	6
	r:+1.05 55.17	1:58.30 (1:03.13)	3:04.07 (1:05.77)	4:09.99 (1:05.92)		
4	Shores, Wylie	66	Southern Masters Swimmers-24	4:54.29	4:57.44	5
	r:+0.98 1:06.17	2:22.77 (1:16.60)	3:39.69 (1:16.92)	4:57.44 (1:17.75)		

Men 65-69 50 LC Meter Butterfly

WORLD: 28.26 # 8/7/2023 Dan THOMPSON CAN
NATL: 28.38 @ 8/8/2021 TRIP HEDRICK
ZON: 30.78 ! 7/7/2018 Bruce Williams

1	Sanchez, Greg	67	North Carolina Masters Swimmii	31.69	31.88	9
	r:+0.78					
2	Leigh, Jay	66	Lone Star Masters-26	32.16	32.45	7
	r:+0.79					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Men 65-69 50 LC Meter Butterfly)**

3	Woolley, Ken	66	Lone Star Masters-26	46.00	41.69	6
	r:+0.97					
4	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-	44.22	45.41	5
	r:+0.90					

Men 65-69 100 LC Meter Butterfly

WORLD: 1:05.82 # 5/5/2023 Hugo BREGMAN NED
NATL: 1:05.83 @ 8/6/2017 RICK COLELLA
ZON: 1:13.31 ! 7/22/2023 Steve Waters

1	Sanchez, Greg	67	North Carolina Masters Swimm	1:08.99	1:09.43!	9
	r:+0.77 32.47		1:09.43 (36.96)			
2	Archer, Branch	65	Longhorn Aquatics-43	1:15.00	1:11.74!	7
	r:+0.88 32.70		1:11.74 (39.04)			
3	Woolley, Ken	66	Lone Star Masters-26	1:36.00	1:38.75	6
	r:+0.92 44.78		1:38.75 (53.97)			

Men 65-69 200 LC Meter Butterfly

WORLD: 2:32.00 # 5/7/2023 Hugo BREGMAN NED
NATL: 2:33.40 @ 6/12/2016 LAWRENCE DAY
ZON: 3:16.25 ! 7/20/2019 Larry Wood

1	Sanchez, Greg	67	North Carolina Masters Swimm	2:38.14	2:39.54!	9
	r:+0.85 35.15		1:15.03 (39.88) 1:56.03 (41.00) 2:39.54 (43.51)			

Men 65-69 200 LC Meter IM

WORLD: 2:25.22 # 8/19/2016 Rick COLELLA USA
NATL: 2:25.22 @ 8/19/2016 RICK COLELLA
ZON: 2:47.11 ! 7/22/2023 Steve Waters

1	Sanchez, Greg	67	North Carolina Masters Swimm	2:45.91	2:45.44!	9
	r:+0.82 33.82		1:16.37 (42.55) 2:08.22 (51.85) 2:45.44 (37.22)			
2	Archer, Branch	65	Longhorn Aquatics-43	2:48.00	2:46.33!	7
	r:+0.88 34.26		1:17.94 (43.68) 2:08.70 (50.76) 2:46.33 (37.63)			
3	Woolley, Ken	66	Lone Star Masters-26	3:26.00	3:31.50	6
	r:+0.94 45.06		1:45.60 (1:00.54) 2:46.95 (1:01.35) 3:31.50 (44.55)			
4	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-	3:31.76	3:35.62	5
	r:+0.82 47.89		1:46.83 (58.94) 2:49.51 (1:02.68) 3:35.62 (46.11)			

Men 65-69 400 LC Meter IM

WORLD: 5:13.36 # 8/3/2017 Rick COLELLA USA
NATL: 5:13.36 @ 8/3/2017 RICK COLELLA
ZON: 6:39.99 ! 2014 Bruce Rollins

1	Sanchez, Greg	67	North Carolina Masters Swimm	6:12.36	5:46.32!	9
	r:+0.75 34.77		1:12.81 (38.04) 1:57.65 (44.84) 2:41.74 (44.09)			
	3:34.91 (53.17)		4:28.14 (53.23) 5:08.00 (39.86) 5:46.32 (38.32)			
2	Woolley, Ken	66	Lone Star Masters-26	7:33.00	7:38.57	7
	r:+0.96 49.78		1:48.40 (58.62) 2:51.11 (1:02.71) 3:52.18 (1:01.07)			
	4:56.18 (1:04.00)		5:56.95 (1:00.77) 6:49.86 (52.91) 7:38.57 (48.71)			

Men 70-74 50 LC Meter Freestyle

WORLD: 27.12 # 1/20/2023 Doug MARTIN USA
NATL: 27.12 @ 1/20/2023 DOUG MARTIN
ZON: 29.94 ! 2005 Bob Bailie

1	Christian, Tom	71	Lone Star Masters-26	40.00	40.70	9
	r:+1.11					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 70-74 100 LC Meter Freestyle**

WORLD: 1:03.32 # 8/8/2015 David QUIGGIN USA
NATL: 1:03.32 @ 8/8/2015 DAVID QUIGGIN
ZON: 1:09.80 ! 2005 Bob Bailie

1	Gooding, Jack	71	Uc26	1:06.50	1:09.03!	9
	r:+0.90 33.07	1:09.03 (35.96)				
2	Darrow, Larry	72	Lone Star Masters-26	1:20.00	1:21.26	7
	r:+1.25 38.82	1:21.26 (42.44)				
3	Christian, Tom	71	Lone Star Masters-26	1:30.00	1:31.91	6
	r:+1.15 42.81	1:31.91 (49.10)				
4	Williams, Bruce	71	Lone Star Masters-26	1:04.00	1:34.30	5

Men 70-74 200 LC Meter Freestyle

WORLD: 2:22.88 # 2/11/2024 Akira IIDA JPN
NATL: 2:23.30 @ 7/31/2018 FRED SCHLICHER
ZON: 2:26.36 ! 7/8/2018 Fred Schlicher

1	Gooding, Jack	71	Uc26	2:30.00	2:32.03	9
	r:+0.81 34.90	1:12.75 (37.85)	1:52.13 (39.38)	2:32.03 (39.90)		
2	Wood, Larry	70	Longhorn Aquatics-43	2:47.00	2:42.08	7
	r:+0.89 37.35	1:18.54 (41.19)	2:01.04 (42.50)	2:42.08 (41.04)		
3	Darrow, Larry	72	Lone Star Masters-26	3:10.00	3:12.17	6
	r:+1.17 40.04	1:27.56 (47.52)	2:19.82 (52.26)	3:12.17 (52.35)		
4	Christian, Tom	71	Lone Star Masters-26	3:10.00	3:17.62	5
	r:+1.12 44.97	1:33.51 (48.54)	3:17.62 (1:44.11)			

Men 70-74 400 LC Meter Freestyle

WORLD: 4:57.84 # 7/1/2023 Rick COLELLA USA
NATL: 4:57.84 @ 7/1/2023 RICK COLELLA
ZON: 5:15.62 ! 2002 Graham Johnston

1	Gooding, Jack	71	Uc26	5:35.00	5:26.44	9
	r:+0.81 36.96	1:17.56 (40.60)	1:59.05 (41.49)	2:40.93 (41.88)		
	3:22.80 (41.87)	4:05.02 (42.22)	4:47.08 (42.06)	5:26.44 (39.36)		
2	Wood, Larry	70	Longhorn Aquatics-43	5:47.00	5:39.67	7
	r:+1.01 38.47	1:21.74 (43.27)	2:05.15 (43.41)	2:49.25 (44.10)		
	3:32.80 (43.55)	4:16.67 (43.87)	4:59.20 (42.53)	5:39.67 (40.47)		
3	Christian, Tom	71	Lone Star Masters-26	7:00.00	7:07.25	6
	r:+1.13 48.94	1:44.15 (55.21)	2:39.01 (54.86)	3:33.61 (54.60)		
	4:27.73 (54.12)	5:21.69 (53.96)	6:13.94 (52.25)	7:07.25 (53.31)		

Men 70-74 800 LC Meter Freestyle

WORLD: 10:12.57 # 7/1/2023 Rick COLELLA USA
NATL: 10:12.57 @ 7/1/2023 RICK COLELLA
ZON: 10:56.33 ! 2001 Graham Johnstons

1	Wood, Larry	70	Longhorn Aquatics-43	11:47.00	11:45.64	9
	r:+0.84 40.52	1:25.16 (44.64)	2:10.11 (44.95)	2:55.09 (44.98)		
	3:40.21 (45.12)	4:25.06 (44.85)	5:10.67 (45.61)	5:55.14 (44.47)		
	6:39.58 (44.44)	7:23.78 (44.20)	8:07.91 (44.13)	8:52.34 (44.43)		
	9:36.99 (44.65)	10:21.94 (44.95)	11:05.00 (43.06)	11:45.64 (40.64)		
2	Herrin, Stanley	72	Lone Star Masters-26	17:00.00	17:24.98	7
	52.14	1:51.26 (59.12)	2:54.14 (1:02.88)	3:57.40 (1:03.26)		
	5:03.29 (1:05.89)	6:09.70 (1:06.41)	7:17.73 (1:08.03)	8:24.80 (1:07.07)		
	9:32.32 (1:07.52)	10:39.66 (1:07.34)	11:49.65 (1:09.99)	12:57.31 (1:07.66)		
	14:06.50 (1:09.19)	15:13.99 (1:07.49)	16:21.36 (1:07.37)	17:24.98 (1:03.62)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 70-74 1500 LC Meter Freestyle****WORLD: 20:26.12 # 7/20/2018 Dan KIRKLAND USA****NATL: 20:26.12 @ 7/20/2018 DAN KIRKLAND****ZON: 21:11.98 ! 2002 Graham Johnston**

1	Christian, Tom	71	Lone Star Masters-26	29:00.00	27:35.03	9
	r:+1.10 50.28	1:45.19 (54.91)	2:40.68 (55.49)	3:36.63 (55.95)		
	4:32.56 (55.93)	5:28.40 (55.84)	6:23.96 (55.56)	7:19.67 (55.71)		
	8:14.18 (54.51)	9:08.96 (54.78)	10:03.41 (54.45)	10:58.34 (54.93)		
	11:53.04 (54.70)	12:48.30 (55.26)	13:43.10 (54.80)	14:37.59 (54.49)		
	15:31.75 (54.16)	16:26.21 (54.46)	17:20.33 (54.12)	18:15.02 (54.69)		
	19:09.89 (54.87)	20:05.45 (55.56)	21:01.34 (55.89)	21:57.18 (55.84)		
	22:54.51 (57.33)	23:49.81 (55.30)	24:46.92 (57.11)	25:43.41 (56.49)		
	26:39.13 (55.72)	27:35.03 (55.90)				

Men 70-74 50 LC Meter Backstroke**WORLD: 33.16 # 1/19/2024 Tom WOLF USA****NATL: 33.16 @ 1/19/2024 TOM WOLF****ZON: 39.09 ! 2014 Bob Welty**

1	Wolf, Tom	70	Lone Star Masters-26	33.16	32.43 #	9
	r:+0.62					
2	Herrin, Stanley	72	Lone Star Masters-26	1:30.00	51.75	7
	r:+1.05					

Men 70-74 100 LC Meter Backstroke**WORLD: 1:13.49 # 8/6/2017 Hugh WILDER USA****NATL: 1:13.49 @ 8/6/2017 HUGH WILDER****ZON: 1:18.65 ! 7/8/2018 Fred Schlicher**

1	Wolf, Tom	70	Lone Star Masters-26	1:11.52	1:10.19 #	9
	r:+0.67 33.58	1:10.19 (36.61)				
2	Darrow, Larry	72	Lone Star Masters-26	1:30.00	1:49.15	7
	r:+0.88 50.24	1:49.15 (58.91)				

Men 70-74 200 LC Meter Backstroke**WORLD: 2:40.25 # 6/5/2021 Lawrence DAY USA****NATL: 2:40.25 @ 6/5/2021 LAWRENCE DAY****ZON: 3:02.28 ! 7/20/2019 Steven Heck**

1	Wolf, Tom	70	Lone Star Masters-26	2:41.48	2:36.31 #	9
	r:+0.69 37.20	1:16.42 (39.22)	1:56.92 (40.50)	2:36.31 (39.39)		
2	Darrow, Larry	72	Lone Star Masters-26	3:30.00	3:54.20	7
	r:+0.89 50.64	1:48.48 (57.84)	2:51.40 (1:02.92)	3:54.20 (1:02.80)		

Men 70-74 50 LC Meter Breaststroke**WORLD: 34.69 # 7/1/2023 Rick COLELLA USA****NATL: 34.69 @ 7/1/2023 RICK COLELLA****ZON: 39.76 ! 7/22/2023 Robert Kelsoe**

1	Kelsoe, Robert	71	Lone Star Masters-26	38.76	40.27	9
	r:+0.77					

Men 70-74 100 LC Meter Breaststroke**WORLD: 1:17.80 # 7/1/2023 Rick COLELLA USA****NATL: 1:17.80 @ 7/1/2023 RICK COLELLA****ZON: 1:30.40 ! 7/20/2019 Steven Heck**

1	Darrow, Larry	72	Lone Star Masters-26	1:55.00	1:52.53	9
	r:+1.14 51.37	1:52.53 (1:01.16)				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 70-74 200 LC Meter Breaststroke**

WORLD: 2:48.97 # 7/1/2023 Rick COLELLA USA
NATL: 2:48.97 @ 7/1/2023 RICK COLELLA
ZON: 3:21.48 ! 7/21/2019 Steven Heck

1 Darrow, Larry 72 Lone Star Masters-26 3:55.00 4:23.66 9
 r:+1.18 55.54 2:01.55 (1:06.01) 3:13.92 (1:12.37) 4:23.66 (1:09.74)

Men 70-74 200 LC Meter Butterfly

WORLD: 2:47.17 # 10/9/2021 Lawrence DAY USA
NATL: 2:47.17 @ 10/9/2021 LAWRENCE DAY
ZON: 2:55.63 ! 7/7/2018 Fred Schlicher

1 Wood, Larry 70 Longhorn Aquatics-43 3:42.00 3:28.13 9
 r:+2.94 46.56 1:39.36 (52.80) 2:33.32 (53.96) 3:28.13 (54.81)

Men 70-74 200 LC Meter IM

WORLD: 2:35.97 # 7/1/2023 Rick COLELLA USA
NATL: 2:35.97 @ 7/1/2023 RICK COLELLA
ZON: 2:49.38 ! 7/7/2018 Fred Schlicher

1 Darrow, Larry 72 Lone Star Masters-26 3:15.00 3:49.03 9
 r:+1.16 45.37 1:43.32 (57.95) 2:57.41 (1:14.09) 3:49.03 (51.62)

Men 75-79 50 LC Meter Freestyle

WORLD: 29.19 # 8/25/2019 David QUIGGIN USA
NATL: 29.19 @ 8/25/2019 DAVID QUIGGIN
ZON: 32.49 ! 2010 Bob Bailie

1 Gagnet, Alan 75 Uc23 40.00 35.34 9
 r:+0.95
 2 Newman, Lawrence 77 Lone Star Masters-26 46.95 51.59 7

Men 75-79 100 LC Meter Freestyle

WORLD: 1:06.40 # 3/3/2018 Akira FUJIMAKI JPN
NATL: 1:06.55 @ 8/9/2019 RICHARD BURNS
ZON: 1:15.43 ! 2008 Graham Johnston

1 Rollins, Bruce 75 Uc25 1:20.02 1:21.85 9
 r:+1.04 38.33 1:21.85 (43.52)

Men 75-79 400 LC Meter Freestyle

WORLD: 5:17.77 # 3/7/2009 David RADCLIFF USA
NATL: 5:17.77 @ 3/7/2009 DAVID RADCLIFF
ZON: 5:57.96 ! 2006 Graham Johnston

1 Fox, Michael 75 Uc45 7:00.00 6:25.44 9
 r:+1.30 44.49 1:32.68 (48.19) 2:22.95 (50.27) 3:12.31 (49.36)
 4:02.07 (49.76) 4:50.33 (48.26) 5:39.28 (48.95) 6:25.44 (46.16)

Men 75-79 800 LC Meter Freestyle

WORLD: 11:01.70 # 8/11/2023 Dan KIRKLAND USA
NATL: 11:01.70 @ 8/11/2023 DAN KIRKLAND
ZON: 12:39.17 ! 2008 Graham Johnston

1 Fox, Michael 75 Uc45 14:45.00 13:21.62 9
 r:+1.22 44.90 1:33.81 (48.91) 2:25.26 (51.45) 3:15.44 (50.18)
 4:08.00 (52.56) 4:57.94 (49.94) 5:49.69 (51.75) 6:40.39 (50.70)
 7:30.97 (50.58) 8:21.63 (50.66) 9:12.84 (51.21) 10:04.25 (51.41)
 10:54.40 (50.15) 11:45.60 (51.20) 12:35.47 (49.87) 13:21.62 (46.15)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 75-79 1500 LC Meter Freestyle**

WORLD: 21:02.80 # 8/11/2023 Dan KIRKLAND USA
NATL: 21:02.80 @ 8/11/2023 DAN KIRKLAND
ZON: 23:02.25 ! 2006 Graham Johnston

1	Fox, Michael	75	Uc45	28:00.00	24:39.55	9
	r:+1.15 44.56	1:32.38 (47.82)	2:23.20 (50.82)	3:12.62 (49.42)		
	4:02.99 (50.37)	4:52.59 (49.60)	5:42.72 (50.13)	6:31.82 (49.10)		
	7:22.64 (50.82)	8:11.99 (49.35)	9:02.11 (50.12)	9:51.65 (49.54)		
	10:41.72 (50.07)	11:32.04 (50.32)	12:21.86 (49.82)	13:11.15 (49.29)		
	14:01.92 (50.77)	14:51.72 (49.80)	15:42.34 (50.62)	16:31.99 (49.65)		
	17:22.04 (50.05)	18:12.21 (50.17)	19:02.32 (50.11)	19:50.07 (47.75)		
	20:38.78 (48.71)	21:27.87 (49.09)	22:17.82 (49.95)	23:07.17 (49.35)		
	23:55.67 (48.50)	24:39.55 (43.88)				

Men 75-79 50 LC Meter Backstroke

WORLD: 34.45 # 8/2/2018 Richard BURNS USA
NATL: 34.45 @ 8/2/2018 RICHARD BURNS
ZON: 43.73 ! 2011 Bob Bailie

1	Newman, Lawrence	77	Lone Star Masters-26	58.02	1:02.46	9
	r:+1.62					

Men 75-79 200 LC Meter Butterfly

WORLD: 3:08.54 # 7/22/2023 Fred SCHLICHER USA
NATL: 3:08.54 @ 7/22/2023 FRED SCHLICHER
ZON: 3:08.54 ! 7/22/2023 Fred Schlicher

1	Rollins, Bruce	75	Uc25	3:51.02	4:01.85	
	r:+1.09 50.17	1:50.54 (1:00.37)	2:50.93 (1:00.39)	4:01.85 (1:10.92)		

Men 75-79 200 LC Meter IM

WORLD: 2:53.12 # 7/23/2023 Joel WILSON USA
NATL: 2:53.12 @ 7/23/2023 JOEL WILSON
ZON: 2:57.63 ! 7/22/2023 Fred Schlicher

1	Fox, Michael	75	Uc45	3:40.00	3:32.26	9
	r:+1.19 47.09		2:47.39 ()	3:32.26 (44.87)		

Men 75-79 400 LC Meter IM

WORLD: 6:34.91 # 8/5/2016 Mike FRESHLEY USA
NATL: 6:34.91 @ 8/5/2016 MIKE FRESHLEY
ZON: 7:17.61 ! 2006 Graham Johnston

1	Rollins, Bruce	75	Uc25	7:50.02	8:02.89	9
	r:+1.03 51.42	1:49.00 (57.58)	2:58.52 (1:09.52)	4:06.02 (1:07.50)		
	5:14.05 (1:08.03)	6:22.62 (1:08.57)	7:12.44 (49.82)	8:02.89 (50.45)		

Men 80-84 50 LC Meter Freestyle

WORLD: 31.23 # 3/12/2023 Akira FUJIMAKI JPN
NATL: 31.86 @ 8/5/2023 RICHARD BURNS
ZON: 35.93 ! 2011 Graham Johnston

1	Welty, Bob	80	Lone Star Masters-26	39.99	42.61	9
	r:+0.89					
2	Thatcher, Sandy	81	Lone Star Masters-26	52.99	59.37	7

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 80-84 50 LC Meter Backstroke**

WORLD: 36.83 # 8/4/2023 **Richard BURNS** **USA**
NATL: 36.83 @ 8/4/2023 **RICHARD BURNS**
ZON: 47.63 ! 2015 **Bob Bailie**

1	Welty, Bob	80	Lone Star Masters-26	45.01	46.41!	9
	r:+0.68					
2	Thatcher, Sandy	81	Lone Star Masters-26	55.20	1:05.09	7
	r:+1.01					

Men 80-84 100 LC Meter Backstroke

WORLD: 1:22.06 # 8/4/2023 **Richard BURNS** **USA**
NATL: 1:22.06 @ 8/4/2023 **RICHARD BURNS**
ZON: 1:41.99 ! 2011 **Graham Johnston**

1	Welty, Bob	80	Lone Star Masters-26	1:40.01	1:51.69	9
	r:+0.76 53.19 1:51.69 (58.50)					
2	Thatcher, Sandy	81	Lone Star Masters-26	1:57.01	2:15.85	7
	r:+1.05 1:05.99 2:15.85 (1:09.86)					

Men 80-84 200 LC Meter Backstroke

WORLD: 3:04.59 # 8/6/2023 **Richard BURNS** **USA**
NATL: 3:04.59 @ 8/6/2023 **RICHARD BURNS**
ZON: 3:55.39 ! 2014 **Graham Johnston**

1	Thatcher, Sandy	81	Lone Star Masters-26	4:20.87	5:00.77	9
	r:+0.97 1:13.24 2:32.90 (1:19.66) 3:44.88 (1:11.98) 5:00.77 (1:15.89)					

Men 80-84 50 LC Meter Breaststroke

WORLD: 41.68 # 9/18/2006 **Toshio TAJIMA** **JPN**
NATL: 42.84 @ 6/6/2021 **MIKE FRESHLEY**
ZON: 47.07 ! 2015 **Jerry Marchbanks**

1	Welty, Bob	80	Lone Star Masters-26	56.00	56.28	9
	r:+0.89					

Men 80-84 100 LC Meter Breaststroke

WORLD: 1:34.41 # 8/1/2021 **Masaru SHINKAI** **JPN**
NATL: 1:38.19 @ 8/21/2021 **MIKE FRESHLEY**
ZON: 1:57.53 ! 1994 **Bennett Allen**

1	Welty, Bob	80	Lone Star Masters-26	2:10.01	2:09.40	9
	r:+0.97 1:00.33 2:09.40 (1:09.07)					

Men 80-84 50 LC Meter Butterfly

WORLD: 34.39 # 8/4/2023 **Richard BURNS** **USA**
NATL: 34.39 @ 8/4/2023 **RICHARD BURNS**
ZON: 45.31 ! 2015 **Bob Bailie**

1	Welty, Bob	80	Lone Star Masters-26	52.01	57.33	9
	r:+0.94					

Women 100-119 200 LC Meter Freestyle Relay

WORLD: 1:50.28 # 10/16/2016 CMC SC **-JPN**
N HASEGAWA, N MIZUOCHI, S NAWATA, A KAWABATA
NATL: 1:50.04 @ 7/30/2011 **ARIZONA MASTERS**
K HARRIGAN, B LARSON, L URBATCHKA, H CALDAS
ZON: 1:58.36 ! 2003 **Dallas Area Mas**

1	Lone Star Masters-26	'''	A	2:12.15	1:59.52	18
	1) Trahan, Erin W27 2) Alpha, Megan W26 3) r:0.16 Lugbill, Ashley W22 4) Miller, Rylie W27					
	r:+0.66 27.59 58.64 (31.05) 1:29.00 (30.36) 1:59.52 (30.52)					

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 100-119 200 LC Meter Medley Relay****WORLD: 2:00.05 # 8/14/2015 NEVA STARS -RUS****E KARETINA, A KUZMICHEVA, A POLIAKOVA, E SHERSHEN****NATL: 2:01.91 @ 7/31/2011 ARIZONA MASTERS****K HARRIGAN, B LARSON, L URBATCHKA, H CALDAS****ZON: 2:13.72 ! 2003 DAM****J Brooks, L Koch, A Meschke, M Clifford**

1	Lone Star Masters-26	A	1:59.95	2:01.28@	18
	1) Spadoni, Marina W31	2) Lugbill, Ashley W22	3) r:0.41 Trahan, Erin W27	4) Lebl, Ilektra W25	
	r:+0.61 31.13	1:05.43 (34.30)	1:33.39 (27.96)	2:01.28 (27.89)	
2	Lone Star Masters-26	B	2:25.00	2:24.53	14
	1) Boring, Sophie W26	2) Alpha, Megan W26	3) r:0.48 Miller, Rylie W27	4) Pickett, Sarah W31	
	r:+0.62 36.97	1:18.48 (41.51)	1:50.11 (31.63)	2:24.53 (34.42)	

Women 100-119 400 LC Meter Medley Relay**WORLD: 4:30.81 # 12/11/2021 LINX RACING TEAM -JPN****K MORI, M MATSUKAWA, R TANIGUCHI, N HASEGAWA****NATL: 4:49.16 @ 8/8/2009 YMCA INDY SWIMFIT****B TAFLINGER, C HINE, J WEAVER, M SOBECKI****ZON: 5:11.26 ! 2009 RICE****V Blocker, J Holth, M Clapp, A Duke**

1	Lone Star Masters-26	A	5:20.00	4:54.72!	18
	1) Wilson, Jacquelyn W38	2) r:0.22 Lugbill, Ashley W22	3) r:0.26 Trahan, Erin W27	4) r:0.54 Alpha, Megan W26	
	r:+0.65 37.48	1:17.49 (1:17.49)	1:54.16 (36.67)	2:37.71 (1:20.22)	
	3:08.54 (30.83)	3:44.44 (1:06.73)	4:18.13 (33.69)	4:54.72 (1:10.28)	

Women 120-159 200 LC Meter Freestyle Relay**WORLD: 1:49.03 # 8/14/2015 TSUNAMI -RUS****S KNYAGININA, A FEOKTISTOVA, L YUDINA, I SHLEMOVA****NATL: 1:50.53 @ 6/9/2013 N CAROLINA MASTERS SWIMMING****RUTH JONES, CELIA WOLFF, ALICIA UHL, ERIKA BRAUN****ZON: 2:00.36 ! 2000**

1	Lone Star Masters-26	''' A	2:16.00	2:09.00	18
	1) Batten, Courtney W33	2) Boring, Sophie W26	3) Ahonen, Jenna W32	4) Flanigan, Marylyn W33	
	r:+0.77 32.45	1:00.43 ()	2:09.00 (1:08.57)		

Women 120-159 400 LC Meter Freestyle Relay**WORLD: 4:04.10 # 6/15/2019 BIRMINGHAM MASTERS -GBR****K WALKER-STABELER, A LANE, A MCCALL, J CLARK****NATL: 4:17.94 @ 7/31/1994 STANFORD MASTERS SWIMMING****M MC KINNEY, C CHICHESTER, D OGIER, K SHIBUYA****ZON: 4:45.06 ! 2005 RIDG**

1	Lone Star Masters-26	''' A	4:58.00	4:41.44!	18
	1) Lugbill, Ashley W22	2) r:0.50 Wilson, Jacquelyn W3	3) r:0.72 Heughan, Lee W47	4) r:0.18 Miller, Rylie W27	
	r:+0.80 31.95	1:07.24 (1:07.24)	1:41.70 (34.46)	2:20.90 (1:13.66)	
		3:32.39 (1:11.49)	4:04.87 (32.48)	4:41.44 (1:09.05)	
2	Lone Star Masters-26	B	5:10.00	5:17.50	14
	1) Batten, Courtney W33	2) r:-0.18 Ahonen, Jenna W32	3) r:0.56 Merianos, Jacky W3	4) r:0.49 Pickett, Sarah W31	
	r:+0.69 34.86	1:16.43 (1:16.43)	2:32.14 (1:15.71)		
		3:53.50 (1:21.36)	4:32.36 (38.86)	5:17.50 (1:24.00)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 120-159 800 LC Meter Freestyle Relay****WORLD: 9:10.37 # 11/2/2022 POTIGUAR/TNT MASTERS -BRA****F TURINI, M Santoro NAKAGAKI, N Goncalves LEIT, J****NATL: 9:41.97 @ 7/24/1999 GOLD COAST MASTERS****T MOLL, G DERKS-GARDNER, J HERRINGTON, C VICTORIA****ZON: 11:21.46 ! 2004 RIDG****B Jones, M Powell, N Paquette, J Rohlffs**

1 Lone Star Masters-26	A	11:50.00	11:21.15!	18
1) Miller, Rylie W27	2) r:0.61 Batten, Courtney W33	3) r:0.30 Merianos, Jacky W33	4) r:0.60 Wilson, Jacquelyn W	
r:+0.75 35.04	1:14.43 (1:14.43)	1:54.75 (1:54.75)	2:35.69 (2:35.69)	
3:12.79 (37.10)	3:56.64 (1:20.95)	4:43.42 (2:07.73)	5:29.72 (2:54.03)	
	6:47.34 (1:17.62)	7:31.21 (2:01.49)	8:14.98 (2:45.26)	
	9:40.36 (1:25.38)	10:30.52 (2:15.54)	11:21.15 (3:06.17)	

Women 120-159 200 LC Meter Medley Relay**WORLD: 1:59.41 # 8/9/2023 TEAM GO MAI WAY -JPN****E TABEL, M TAKAHASHI, A SATO, Y MATSUMOTO****NATL: 2:04.19 @ 8/23/1998 GOLD COAST MASTERS****B GARDNER, S GEYER, T MOLL, J HERRINGTON****ZON: 2:08.90 ! 7/31/2016 MOB****M Mick, M Ralston, C Breiby, J Coskey**

1 Lone Star Masters-26	A	2:30.00	2:19.55	18
1) Wilson, Jacquelyn W38	2) Batten, Courtney W33	3) r:0.10 Whitehead, Laurel W4	4) Orr, Laura W36	
r:+0.66 34.94	1:18.45 (43.51)	1:48.14 (29.69)	2:19.55 (31.41)	

Women 160-199 200 LC Meter Freestyle Relay**WORLD: 1:48.44 # 8/8/2006 TEAM TYR -USA****S HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE****NATL: 1:48.44 @ 8/8/2006 TEAM TYR****C HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE****ZON: 2:06.65 ! 2000**

1 Lone Star Masters-26	''' A	2:28.00	2:10.89	18
1) Wilson, Jacquelyn W38	2) Merianos, Jacky W33	3) r:0.22 Rogers, Jenny W47	4) Heughan, Lee W47	
r:+0.70 31.70	1:05.61 (33.91)	2:10.89 (1:05.28)		

Women 200-239 400 LC Meter Freestyle Relay**WORLD: 4:20.68 # 3/14/2013 CAPE TOWN -RSA****S KRUGER, C STANFORD, E OTTERMANN, P CADIZ****NATL: 4:26.53 @ 7/6/2014 UCLA BRUIN MASTERS****E STEBBINS, C CIRAULO, V HIBBEN, L DODD****ZON: 4:54.85 ! 2015 Masters of Sout**

1 Lone Star Masters-26	''' A	5:30.00	5:27.59	18
1) Upton, Alexandra W48	2) r:0.50 Brodeur, Diana W49	3) r:0.64 Gray, Christina W58	4) r:0.63 Moore, Alison W54	
r:+0.91 37.56	1:19.20 (1:19.20)	2:42.45 (1:23.25)		
3:23.62 (41.17)	4:08.56 (1:26.11)	4:46.52 (37.96)	5:27.59 (1:19.03)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 200-239 800 LC Meter Freestyle Relay**

WORLD: 9:34.53 # 7/7/2019 CONEJO VALLEY MASTERS -USA
J GELLATLY, B CLEAVENGER, E MAIDENBERG, L DALAND-J
NATL: 9:34.53 @ 7/7/2019 CONEJO VALLEY MASTERS
J GELLATLY, B CLEAVENGER, E MAIDENBERG, L DALAND-J
ZON: 13:02.18 ! 7/6/2018 TeamTexas Maste
E Ragland, S Whitehead, C George, C Miller

1 Lone Star Masters-26 A 14:00.00 12:49.59! 18
 1) Upton, Alexandra W48 2) r:0.58 Gray, Christina W58 3) r:0.79 Hinkamp, Kristianne 4) r:0.90 Russell, Melissa W66
 r:+0.86 42.50 1:28.76 (1:28.76) 2:16.23 (2:16.23) 3:04.09 (3:04.09)
 3:46.42 (42.33) 4:34.37 (1:30.28) 5:23.71 (2:19.62) 6:12.16 (3:08.07)
 6:56.60 (44.44) 7:46.59 (1:34.43) 8:37.68 (2:25.52) 9:27.44 (3:15.28)
 10:12.90 (45.46) 11:05.30 (1:37.86) 11:57.80 (2:30.36) 12:49.59 (3:22.15)

Women 240-279 200 LC Meter Freestyle Relay

WORLD: 2:00.75 # 3/17/2018 CAPE TOWN MASTERS -RSA
E OTTERMANN, S KRUGER, D COETZEE, C STANFORD
NATL: 2:01.52 @ 7/20/2019 NORTH TEXAS LONESTARS
K HENDERSON, L MORRISON, C MCKELVEY, S STONE
ZON: 2:05.98 ! 2000

1 Lone Star Masters-26 ' ' ' A 2:40.00 2:35.81 18
 1) Moore, Alison W54 2) Hinkamp, Kristianne W65 3) r:0.49 Klimko, Sue W64 4) Gray, Christina W58
 r:+1.01 37.41 1:20.12 (42.71) 1:58.57 (38.45) 2:35.81 (37.24)

Women 240-279 400 LC Meter Freestyle Relay

WORLD: 4:36.74 # 7/21/2019 NORTH TEXAS LONESTAR -USA
S STONE, K HENDERSON, L MORRISON, J WOOLSLAYER
NATL: 4:36.74 @ 7/21/2019 NORTH TEXAS LONESTARS
S STONE, K HENDERSON, L MORRISON, J WOOLSLAYER
ZON: 4:36.74 ! 2019 NTLS

1 Lone Star Masters-26 ' ' ' A 6:20.00 6:49.45 18
 1) Klimko, Sue W64 2) r:0.71 Hinkamp, Kristianne 3) r:0.94 Lennon, Dana W66 4) r:0.68 Russell, Melissa W66
 r:+0.91 45.55 1:34.89 (1:34.89) 2:19.85 (44.96) 3:07.96 (1:33.07)
 4:07.19 (59.23) 5:13.76 (2:05.80) 5:58.95 (45.19) 6:49.45 (1:35.69)

Women 240-279 200 LC Meter Medley Relay

WORLD: 2:19.90 # 3/16/2018 CAPE TOWN MASTERS -RSA
D COETZEE, C STANFORD, E OTTERMANN, S KRUGER
NATL: 2:22.45 @ 8/9/2019 OREGON MASTERS
V JENKINS, C CRABBE, A DELMAGE, J GETTLING
ZON: 2:25.44 ! 7/21/2019 North Texas Lon
S Stone, C McKelvey, K Henderson, L Morrison

1 Lone Star Masters-26 A 3:48.00 3:31.97 18
 1) Lennon, Dana W66 2) Hinkamp, Kristianne W65 3) r:0.80 Russell, Melissa W66 4) Klimko, Sue W64
 r:+1.03 1:02.38 1:56.27 (53.89) 2:49.42 (53.15) 3:31.97 (42.55)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Women 280-319 200 LC Meter Freestyle Relay****WORLD: 2:14.99 # 1/20/2023 LONE STAR MASTERS -USA****L MORRISON, J COLE, K MACCUDY, J WOOLSLAYER****NATL: 2:14.99 @ 1/20/2023 LONE STAR MASTERS****L MORRISON, J COLE, K MACCUDY, J WOOLSLAYER****ZON: 2:58.12 ! 2000**

1	Lone Star Masters-26	A	2:22.00	2:35.73!	18
	1) Cole, Janie W71	2) Lennon, Dana W66	3) r:0.32 Woolslayer, Jeannie	4) Hirsty, Jacki W72	
	r:+1.00 34.51	1:27.44 (52.93)	2:01.28 (33.84)	2:35.73 (34.45)	

Women 280-319 400 LC Meter Freestyle Relay**WORLD: 5:26.29 # 6/12/2022 SARASOTA SHARKS MASTERS -USA****Diann UUSTAL, Sue WATTS, June CARSON, Nancy KRYKA****NATL: 5:26.29 @ 6/12/2022 SARASOTA SHARKS****DIANN UUSTAL, SUE WATTS, JUNE CARSON, NANCY KRYKA**

1	Lone Star Masters-26	A	5:26.29	5:08.34 #	18
	1) Morrison, Lynn W70	2) r:0.39 Cole, Janie W71	3) r:0.15 Hirsty, Jacki W72	4) r:0.55 Woolslayer, Jeannie	
	r:+0.89 34.69	1:13.13 (1:13.13)	1:51.54 (38.41)	2:33.57 (1:20.44)	
	3:11.09 (37.52)	3:51.01 (1:17.44)	4:28.03 (37.02)	5:08.34 (1:17.33)	
2	Masters of South Texas-43	A	6:30.00	6:45.13	14
	1) Ingraham, Susan W65	2) r:0.58 Pederson, Deborah W3	3) r:0.58 Schueckler, Leslie W4	4) r:0.82 Sauer, DeEtte W83	
	r:+0.81 35.81	1:15.21 (1:15.21)	2:02.92 (47.71)	2:57.33 (1:42.12)	
	3:47.99 (50.66)	4:44.33 (1:47.00)	5:41.40 (57.07)	6:45.13 (2:00.80)	

Women 280-319 800 LC Meter Freestyle Relay**WORLD: 12:25.08 # 5/3/2019 PSV -NED****I WEEKERS, L GEURTS, C VERHOEVEN, E van LOHUIZEN****NATL: 12:40.22 @ 7/31/2021 MISSION VIEJO MASTERS****B MONTRELLA, J LEVINRAD, G UTHUS, D DOLAN LAMAR**

1	Lone Star Masters-26	A	20:00.00	11:45.91 #	18
	1) Morrison, Lynn W70	2) r:0.67 Woolslayer, Jeannie	3) r:0.78 Hirsty, Jacki W72	4) r:0.45 Cole, Janie W71	
	r:+0.87 37.55	1:19.67 (1:19.67)	2:05.18 (2:05.18)	2:49.45 (2:49.45)	
	3:28.81 (39.36)	4:12.64 (1:23.19)	4:59.30 (2:09.85)	5:46.53 (2:57.08)	
	6:26.71 (40.18)	7:10.11 (1:23.58)	7:55.54 (2:09.01)	8:39.98 (2:53.45)	
	9:20.98 (41.00)	10:07.07 (1:27.09)	10:56.64 (2:16.66)	11:45.91 (3:05.93)	
2	Masters of South Texas-43	A	16:00.00	16:25.00	14
	1) Pederson, Deborah W67	2) r:0.64 Ingraham, Susan W63	3) Stewart, Jamie W76	4) r:0.56 Marsch, Gail W84	
	r:+1.05 53.36	1:54.19 (1:54.19)	2:55.75 (2:55.75)	3:51.91 (3:51.91)	
	4:32.84 (40.93)	5:19.18 (1:27.27)	6:06.43 (2:14.52)	6:52.14 (3:00.23)	
	7:44.88 (52.74)	8:44.67 (1:52.53)	9:45.69 (2:53.55)	10:45.57 (3:53.43)	
	12:04.88 (1:19.31)	13:33.55 (2:47.98)	15:02.87 (4:17.30)	16:25.00 (5:39.43)	

Women 280-319 200 LC Meter Medley Relay**WORLD: 2:34.78 # 1/20/2023 LONE STAR MASTERS -USA****J WOOLSLAYER, K MACCUDY, J COLE, L MORRISON****NATL: 2:34.78 @ 1/20/2023 LONE STAR MASTERS****J WOOLSLAYER, K MACCUDY, J COLE, L MORRISON****ZON: 3:19.20 ! 7/8/2018 MOST****A Vitt, C Holloway, J Miller, D Sauer**

1	Lone Star Masters-26	A	2:42.00	3:00.81!	18
	1) Woolslayer, Jeannie W71	2) Morrison, Lynn W70	3) r:0.26 Ray, Dianna W70	4) Hirsty, Jacki W72	
	r:+0.77 41.48	1:37.06 (55.58)	2:41.74 (1:04.68)	3:00.81 (19.07)	
2	Masters of South Texas-43	A	3:35.00	3:45.98	14
	1) Pederson, Deborah W67	2) Schueckler, Leslie W69	3) Stewart, Jamie W76	4) Sauer, DeEtte W83	
	r:+0.84 1:01.36	2:01.58 (1:00.22)	2:55.44 (53.86)	3:45.98 (50.54)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 100-119 200 LC Meter Freestyle Relay****WORLD: 1:31.95 # 11/29/2009 MAC-MINA -BRA****R LEITE, R TRIVINO, D BELINI, P RODIGHERI****NATL: 1:34.09 @ 8/5/2023 CLUB TRIBE****P BRUKX, S KETTLEWELL-SITES, M HEALEY, L BUREAU****ZON: 1:41.20 ! 7/30/2016 Rice Aquatic Ma****A Allouache, R Escalante, R Littlefield, A Pujol**

1	Lone Star Masters-26	A	1:52.00	1:46.01	18
	1) Rodriguez Moran, Carlos A2) Thompson, Noah M27	3) r:0.56 Hall, Collin M30	4) Fatora, Morgan M30		
	r:+0.71 25.91 51.41 (25.50) 1:19.10 (27.69)	1:46.01 (26.91)			
2	Lone Star Masters-26	B	2:15.00	2:05.91	14
	1) Alvarez, Camilo M24 2) Boring, Joshua M27	3) Chuanromanee, Tee M27	4) Sanford, Christian M34		
	r:+0.70 28.48 1:09.24 (40.76) 1:37.51 (28.27)	2:05.91 (28.40)			

Men 100-119 400 LC Meter Freestyle Relay**WORLD: 3:30.77 # 6/23/2013 G-TRAVELERS -JPN****Y MURAMATSU, K MAEDA, K MAEDA, N UTSUGI****NATL: 3:37.49 @ 8/8/2009 YMCA INDY SWIMFIT****C CLARKE, D MICHAEL, G WIECZOREK, B CHRISTOFFEL****ZON: 3:52.97 ! 7/23/2017 Premier Aquatic****K Hendricks, J Miller, J Svoboda, T Subda**

1	Lone Star Masters-26	A	4:10.00	3:49.88!	18
	1) Huuki, Erik M23 2) r:0.46 Rodriguez Moran, Cæ3) r:0.56 Fatora, Morgan M304) r:0.21 Shozda, Alex M28				
	r:+0.73 54.59 (54.59) 1:21.97 (27.38) 1:52.01 (57.42)				
	2:20.89 (28.88) 2:53.37 (1:01.36) 3:20.45 (27.08) 3:49.88 (56.51)				

Men 100-119 800 LC Meter Freestyle Relay**WORLD: 7:39.05 # 9/3/2022 JFE KEIHIN -JPN****A FUJIYAMA, T KOJIMA, Y AMADA, S WATARAI****NATL: 8:04.17 @ 5/29/1994 SANTA CLARA SWIM CLUB MASTERS****S MARINIUK, F MORTENSEN, J PARRACK, M MOORE****ZON: 11:00.74 ! 2004 MCM**

1	Lone Star Masters-26	''' A	8:59.00	8:46.10!	18
	1) Huuki, Erik M23 2) r:0.43 Garriga, Alexander M3) r:0.55 Fatora, Morgan M304) r:0.08 Smiddy, Samuel M30				
	r:+0.76 27.98 58.55 (58.55) 1:29.44 (1:29.44) 1:59.71 (1:59.71)				
	2:29.32 (29.61) 3:03.33 (1:03.62) 3:39.25 (1:39.54) 4:15.65 (2:15.94)				
	4:47.76 (32.11) 5:24.86 (1:09.21) 6:03.50 (1:47.85) 6:41.30 (2:25.65)				
	7:09.18 (27.88) 7:40.61 (59.31) 8:13.76 (1:32.46) 8:46.10 (2:04.80)				

Men 100-119 200 LC Meter Medley Relay**WORLD: 1:41.78 # 9/3/2022 JFE KEIHIN -JPN****H YAMADA, K KUWAYAMA, K HAMAYA, S KAWASAKI****NATL: 1:44.55 @ 8/4/2022 CLUB TRIBE****S KETTLEWELL-SITES, A BROWER, L BUREAU, M HEALEY****ZON: 1:54.60 ! 7/23/2017 PACK****K Hendricks, T Subda, J Miller, J Svoboda**

1	Lone Star Masters-26	A	1:52.00	1:53.14!	18
	1) Huuki, Erik M23 2) Garriga, Alexander M28	3) r:0.28 Shozda, Alex M28	4) Thompson, Noah M27		
	r:+0.68 27.80 1:00.13 (32.33) 1:27.53 (27.40)	1:53.14 (25.61)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 100-119 400 LC Meter Medley Relay**

WORLD: 3:46.80 # 9/19/2022 MITSUUROKO -JPN
H MATSUBARA, K KOHINATA, K FUKAZAWA, G OGINO
NATL: 4:06.58 @ 8/8/2009 YMCA INDY SWIMFIT
G WIECZOREK, B CHRISTOFFEL, D MICHAEL, W MERKLE
ZON: 4:15.03 ! 7/22/2017 Premier Aquatic
K Hendricks, T Subda, J Miller, J Svoboda

1 Lone Star Masters-26 A 4:20.00 4:15.78 18
 1) Huuki, Erik M23 2) r:0.27 Thompson, Noah M23) r:0.50 Smiddy, Samuel M3(4) r:0.42 Rodriguez Moran, Ca
 r:+0.72 29.21 1:01.06 (1:01.06) 1:36.35 (35.29) 2:16.39 (1:15.33)
 2:45.05 (28.66) 3:18.45 (1:02.06) 3:45.30 (26.85) 4:15.78 (57.33)

Men 120-159 200 LC Meter Freestyle Relay

WORLD: 1:32.84 # 7/8/2018 GETXO -ESP
M BILDOSOLA, I BILDOSOLA, G ZUBIAUR, M DEBA
NATL: 1:34.82 @ 7/26/2009 SOUTHERN CAL AQUATIC MASTERS
M CORNUE, E HOCHSTEIN, E TOLMACHOFF, C BEACH
ZON: 1:43.14 ! 2000

1 Lone Star Masters-26 ''' A 1:59.00 1:47.43 18
 1) Shozda, Alex M28 2) Dunigan, Ryan M29 3) r:0.63 Everett, Jake M32 4) Osada, Akihiko M38
 r:+0.64 25.52 51.39 (25.87) 1:20.67 (29.28) 1:47.43 (26.76)
 2 Terrapin Masters-10 A 1:57.51 1:53.71 14
 1) Ellis, Andrew M56 2) Strahota, Jeffrey M44 3) r:0.26 Smith, Mark M30 4) Henderson, Myles M23
 r:+0.85 30.98 1:00.21 (29.23) 1:26.13 (25.92) 1:53.71 (27.58)

Men 120-159 200 LC Meter Medley Relay

WORLD: 1:42.06 # 5/27/2023 CSKA -RUS
D PAKHOMOV, A CHUPKOV, O KOSTIN, E LAGUNOV
NATL: 1:44.88 @ 8/1/2018 PHOENIX SWIM CLUB MASTERS
R FERREIRA, F DOS SANTOS, B DE PAULA, R FERREIRA
ZON: 1:48.83 ! 2009 TXLA
J Thibault, T Bartee, B Bailey, T Blessing

1 Cowtown Swimming-26 A 2:10.00 2:00.67 18
 1) Wurtz, Tanner M22 2) Sok, Sam M26 3) r:0.39 Losch, Nathan M33 4) Sok, Vincent M22
 r:+0.55 31.23 1:02.89 (31.66) 1:33.38 (30.49) 2:00.67 (27.29)
 2 Lone Star Masters-26 A 2:05.00 2:17.18 14
 1) Hiemke, Scott M52 2) Rodriguez Moran, Carlos A3) r:0.36 Fatora, Morgan M304) Alvarez, Camilo M24
 r:+0.65 36.96 1:18.24 (41.28) 1:47.65 (29.41) 2:17.18 (29.53)

Men 160-199 200 LC Meter Freestyle Relay

WORLD: 1:34.92 # 8/18/2017 NEVA STARS -RUS
A SHILIN, S MEDVEDEV, A MANZHULA, V PREDKIN
NATL: 1:36.28 @ 8/8/2006 TEAM TYR
M EISENHUTH, J SMITH, R SAEGER, P SMITH
ZON: 1:45.26 ! 2000

1 Lone Star Masters-26 ''' A 2:00.00 1:43.31! 18
 1) Dorsey, Brad M29 2) Petric, Jan Karel M33 3) r:0.21 Thomas, Harold M3(4) Norman, Brandon M30
 r:+0.69 25.60 51.20 (25.60) 1:18.00 (26.80) 1:43.31 (25.31)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 160-199 400 LC Meter Freestyle Relay**

WORLD: 3:38.60 # 7/3/2011 LONGHORN AQUATICS -USA
T BLESSING, M VAROZZA, A RASMUSSEN, C ECKERMAN
NATL: 3:38.60 @ 7/3/2011 LONGHORN AQUATICS
T BLESSING, M VAROZZA, A RASMUSSEN, C ECKERMAN
ZON: 3:54.75 ! 2009 Woodlands Maste
T Gawronski, G Leutner, P Sundahl, R Davis

1 Lone Star Masters-26 A 4:25.00 4:14.63 18
 1) Dunigan, Ryan M29 2) r:0.40 Glass, Mark M50 3) r:0.47 Hiemke, Scott M52 4) r:0.35 Osada, Akihiko M38
 r:+0.69 58.86 (58.86) 1:29.18 (30.32) 2:03.07 (1:04.21)
 2:36.91 (33.84) 3:13.78 (1:10.71) 3:42.39 (28.61) 4:14.63 (1:00.85)

Men 160-199 800 LC Meter Freestyle Relay

WORLD: 8:01.16 # 11/25/2023 BRASIL MASTERS -BRA
R Rocha CASTRO, F Souza Paiva MAIA, R Melo FERREIR
NATL: 8:15.15 @ 7/16/2006 TEAM TYR
R SAEGER, P SMITH, M RUFFNER, D WEGNER
ZON: 10:00.45 ! 2001 HOTS

1 Lone Star Masters-26 ''' A NT 9:08.04! 18
 1) Shozda, Alex M28 2) r:0.31 Thomas, Harold M38 3) r:0.24 Petric, Jan Karel M34 4) r:0.43 Rodriguez Moran, Ca
 r:+0.66 30.63 1:04.82 (1:04.82) 1:39.38 (1:39.38) 2:13.06 (2:13.06)
 3:28.72 (1:15.66) 4:08.57 (1:55.51) 4:46.95 (2:33.89)
 5:16.87 (29.92) 5:49.25 (1:02.30) 6:22.39 (1:35.44) 6:54.18 (2:07.23)
 7:23.54 (29.36) 7:57.20 (1:03.02) 8:32.87 (1:38.69) 9:08.04 (2:13.86)

Men 160-199 200 LC Meter Medley Relay

WORLD: 1:45.47 # 8/18/2017 NEVA STARS -RUS
A SHILIN, G GOGOL, A MANZHULA, V PREDKIN
NATL: 1:47.72 @ 8/8/2006 TEAM TYR
R SAEGER, G RHODENBAUGH, P SMITH, J SMITH
ZON: 1:57.32 ! 2009 TXLA
A Rasmussen, D Guthrie, J Smiley, L Wood

1 Lone Star Masters-26 A 2:10.00 1:57.17! 18
 1) Thomas, Harold M38 2) Dorsey, Brad M29 3) r:0.24 Petric, Jan Karel M34 4) Norman, Brandon M30
 r:+0.60 28.82 1:03.22 (34.40) 1:30.58 (27.36) 1:57.17 (26.59)

Men 200-239 200 LC Meter Freestyle Relay

WORLD: 1:38.24 # 8/8/2006 COLORADO -USA
J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS
NATL: 1:38.24 @ 8/8/2006 COLORADO MASTERS
J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS
ZON: 1:49.41 ! 2000

1 Masters of South Texas-43 ''' A 1:55.00 2:02.77 18
 1) Nelson, T Kevin M61 2) Gale, Andrew M58 3) r:0.29 Ingraham, Chase M44 4) Richey, Steven M64
 r:+0.89 33.91 1:04.28 (30.37) 1:30.98 (26.70) 2:02.77 (31.79)
 2 Lone Star Masters-26 A 2:10.00 2:04.75 14
 1) Glass, Mark M50 2) Dunn, Russell M50 3) r:0.57 Ganus, Dale M51 4) Harman, Brad M56
 r:+0.68 28.25 58.40 (30.15) 1:34.68 (36.28) 2:04.75 (30.07)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 200-239 400 LC Meter Freestyle Relay****WORLD: 3:46.05 # 5/14/2017 BRESCIA ACQUARE MAFECO -ITA****M GIALDI, M TERSAR, R BRUNORI, M COLOMBO****NATL: 3:52.34 @ 8/12/2012 LONGHORN AQUATICS****M VAROZZA, J SAUER, D GUTHRIE, A RASMUSSEN****ZON: 3:52.34 ! 2012 Woodlands Maste****M Varozza, J Sauer, D Guthrie, A Rasmussen**

1 Lone Star Masters-26	A	4:44.00	4:46.89	18
1) Dunn, Russell M50	2) r:0.33 Ganus, Dale M51	3) r:0.62 Harman, Brad M56	4) r:0.41 Doyle, Michael M60	
r:+0.91 34.40	1:14.31 (1:14.31)	1:49.12 (34.81)	2:29.71 (1:15.40)	
3:03.00 (33.29)	3:39.58 (1:09.87)	4:11.52 (31.94)	4:46.89 (1:07.31)	

Men 200-239 800 LC Meter Freestyle Relay**WORLD: 8:38.24 # 7/6/2013 BRASIL MASTERS -BRA****H CELIDONIO, D Garrido MADRUGA, R Carlos CARVALHO,****NATL: 8:38.51 @ 5/31/2019 ARIZONA MASTERS****T DEBIASE, E KRATZ, K DICKSON, J UTSCH****ZON: 11:44.67 ! 2004 RIDG****G Ingram, M Wright, T Sparks, D Light**

1 Lone Star Masters-26	A	10:49.00	11:09.15!	18
1) Hiemke, Scott M52	2) r:0.56 Ganus, Dale M51	3) r:0.77 Dunn, Russell M50	4) r:0.94 Harman, Brad M56	
r:+0.87 34.31	1:12.14 (1:12.14)	1:51.41 (1:51.41)	2:30.37 (2:30.37)	
3:09.56 (39.19)	3:53.92 (1:23.55)	4:38.78 (2:08.41)	5:22.94 (2:52.57)	
6:03.14 (40.20)	6:49.85 (1:26.91)	7:39.03 (2:16.09)	8:27.87 (3:04.93)	
	9:45.33 (1:17.46)	10:28.34 (2:00.47)	11:09.15 (2:41.28)	

Men 200-239 200 LC Meter Medley Relay**WORLD: 1:50.83 # 8/8/2006 COLORADO -USA****S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS****NATL: 1:50.83 @ 8/8/2006 COLORADO MASTERS****S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS****ZON: 2:09.83 ! 7/22/2023 Lone Star Maste****J Leigh, A Garriga, M Campbell, B Harman**

1 Masters of South Texas-43	A	2:15.00	2:25.60	18
1) Nelson, T Kevin M61	2) Richey, Steven M64	3) r:0.41 Gale, Andrew M58	4) Ingraham, Chase M42	
r:+0.80 43.85	1:24.95 (41.10)	1:58.97 (34.02)	2:25.60 (26.63)	
2 Lone Star Masters-26	A	2:19.00	2:27.48	14
1) Leigh, Jay M66	2) Czerwinski, Robert M61	3) r:0.73 Dunn, Russell M50	4) Ganus, Dale M51	
r:+0.72 35.17	1:18.85 (43.68)	1:51.12 (32.27)	2:27.48 (36.36)	

Men 200-239 400 LC Meter Medley Relay**WORLD: 4:13.76 # 8/11/2012 LONGHORN AQUATICS -USA****A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA****NATL: 4:13.76 @ 8/11/2012 LONGHORN AQUATICS****A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA****ZON: 4:13.76 ! 2012 Texas Longhorns****A Rasmussen, D Guthrie, J Sauer, M Varozza**

1 Lone Star Masters-26	A	5:20.00	5:20.45	18
1) Hiemke, Scott M52	2) r:0.77 Harman, Brad M56	3) r:0.36 Doyle, Michael M60	4) r:0.33 Czerwinski, Robert M	
r:+0.70 39.12	1:21.32 (1:21.32)	2:06.31 (44.99)	2:58.18 (1:36.86)	
3:30.54 (32.36)	4:08.43 (1:10.25)	4:42.45 (34.02)	5:20.45 (1:12.02)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 240-279 200 LC Meter Freestyle Relay**

WORLD: 1:42.40 # 8/19/2016 SARASOTA Y SHARKS -USA
S WOOD, D MARTIN, T HEDRICK, J GROSELLE
NATL: 1:42.40 @ 8/19/2016 SARASOTA Y SHARKS
S WOOD, D MARTIN, T HEDRICK, J GROSELLE
ZON: 2:01.89 ! 2000

1 Lone Star Masters-26 '''' A 2:10.00 2:04.84 18
 1) Doyle, Michael M60 2) Daudelin, Andy M60 3) r:0.32 Czerwinski, Robert M4) Leigh, Jay M66
 r:+0.82 30.84 1:02.81 (31.97) 1:34.60 (31.79) 2:04.84 (30.24)

Men 240-279 400 LC Meter Freestyle Relay

WORLD: 3:59.86 # 8/11/2018 COLORADO MASTERS -USA
M MANN, C PETERSEN, G SCOTT, K ANDERSON
NATL: 3:59.86 @ 8/11/2018 COLORADO MASTERS
M MANN, C PETERSEN, G SCOTT, K ANDERSON
ZON: 4:36.83 ! 7/22/2023 Lone Star Maste

1 Lone Star Masters-26 A 4:44.00 4:56.61 18
 1) Von Readen, Brad M59 2) r:0.51 Daudelin, Andy M603) r:0.43 Alkire, Jim M66 4) r:0.32 Leigh, Jay M66
 r:+0.98 33.69 1:12.59 (1:12.59) 1:47.83 (35.24) 2:27.20 (1:14.61)
 3:04.73 (37.53) 3:46.73 (1:19.53) 4:20.46 (33.73) 4:56.61 (1:09.88)

Men 240-279 800 LC Meter Freestyle Relay

WORLD: 8:56.62 # 8/12/2018 COLORADO MASTERS -USA
M MANN, C PETERSEN, G SCOTT, K ANDERSON
NATL: 8:56.62 @ 8/12/2018 COLORADO MASTERS
M MANN, C PETERSEN, G SCOTT, K ANDERSON
ZON: 10:54.33 ! 7/19/2019 North Texas Lon
M Doyle, R Czerwinski, G Krainik, B Maryan

1 Lone Star Masters-26 A 11:15.00 11:18.12 18
 1) Doyle, Michael M60 2) r:0.70 Alkire, Jim M66 3) r:0.75 Bludworth, Rocky M4) r:0.35 Czerwinski, Robert M
 r:+0.81 34.85 1:13.21 (1:13.21) 1:53.33 (1:53.33) 2:31.33 (2:31.33)
 3:11.01 (39.68) 3:56.39 (1:25.06) 4:42.80 (2:11.47) 5:27.28 (2:55.95)
 6:08.15 (40.87) 6:57.32 (1:30.04) 7:49.43 (2:22.15) 8:42.84 (3:15.56)
 9:17.61 (34.77) 9:56.25 (1:13.41) 10:37.38 (1:54.54) 11:18.12 (2:35.28)

Men 280-319 200 LC Meter Freestyle Relay

WORLD: 1:53.43 # 8/5/2023 SWIM FORT LAUDERDALE -USA
A STEYNBERG, H KERNS, T SHEAD, B WILLIAMS
NATL: 1:53.43 @ 8/5/2023 SWIM FORT LAUDERDALE
A STEYNBERG, H KERNS, T SHEAD, B WILLIAMS
ZON: 2:26.81 ! 2000

1 Lone Star Masters-26 '''' A 1:55.94 1:54.19! 18
 1) Wolf, Tom M70 2) Barton, Tom M68 3) r:0.33 Kelsoe, Robert M71 4) Williams, Bruce M71
 r:+0.91 29.41 57.53 (28.12) 1:27.40 (29.87) 1:54.19 (26.79)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 280-319 400 LC Meter Freestyle Relay****WORLD: 4:24.49 # 1/19/2024 LONE STAR MASTERS -USA****Jack GOODING, Tom WOLF, Tom BARTON, Bruce WILLIAMS****NATL: 4:24.49 @ 1/19/2024 LONE STAR MASTERS****JACK GOODING, TOM WOLF, TOM BARTON, BRUCE WILLIAMS****ZON: 4:53.16 ! 2003 Masters of Sout****C Baldwin, G Ferguson, G Johnston, B Ballie**

1 Lone Star Masters-26	A	4:24.49	4:30.05!	18
1) Williams, Bruce M71	2) r:0.29 Barton, Tom M68	3) Kelsoe, Robert M71	4) r:0.23 Wolf, Tom M70	
r:+0.89 1:03.61 (1:03.61)	1:35.57 (31.96)			
2:44.79 ()	3:21.27 ()	3:53.78 (32.51)	4:30.05 (1:08.78)	

Men 280-319 400 LC Meter Medley Relay**WORLD: 5:07.90 # 7/8/2023 SARASOTA SHARKS -USA****B BRACKETT, R WALKER, J BOATRIGHT, L CHILDS****NATL: 4:57.93 @ 1/19/2024 LONE STAR MASTERS****T WOLF, R NEVILLE, J GOODING, B WILLIAMS****ZON: 5:58.28 ! 2003 Masters of Sout****G Johnston, C Baldwin, B Bailie, G Ferguson**

1 Lone Star Masters-26	A	4:58.00	4:55.44@	18
1) Barton, Tom M68	2) r:0.26 Wolf, Tom M70	3) r:0.48 Kelsoe, Robert M71	4) r:0.44 Williams, Bruce M71	
r:+0.79 35.95 1:13.96 (1:13.96)	1:51.32 (37.36)	2:33.95 (1:19.99)		
3:07.58 (33.63)	3:52.58 (1:18.63)	4:22.49 (29.91)	4:55.44 (1:02.86)	

Men 320-359 200 LC Meter Freestyle Relay**WORLD: 2:12.73 # 7/23/2023 TAMALPAIS AQUATIC MASTERS-USA****R BURNS, P ANDERSEN, E REED, T RALPHS****NATL: 2:12.73 @ 7/23/2023 TAMALPAIS AQUATIC MASTERS****R BURNS, P ANDERSEN, E REED, T RALPHS****ZON: 2:47.50 ! 2000**

1 Lone Star Masters-26	''' A	4:00.00	3:37.96	18
1) Newman, Lawrence M77	2) Dillon, Thomas M83	3) Thatcher, Sandy M81	4) Welty, Bob M80	
51.78 1:54.99 (1:03.21)	2:53.60 (58.61)	3:37.96 (44.36)		

Men 320-359 400 LC Meter Freestyle Relay**WORLD: 5:05.88 # 7/22/2023 TAMALPAIS AQUATIC MASTERS-USA****R BURNS, P ANDERSON, E REED, T RALPHS****NATL: 5:05.88 @ 7/22/2023 TAMALPAIS AQUATIC MASTERS****R BURNS, P ANDERSEN, E REED, T RALPHS****ZON: 6:59.81 ! 2015 Masters of Sout****L Raiborn, J Marchbanks, B Blake, G Johnston**

1 Lone Star Masters-26	A	7:55.00	8:19.29	18
1) Newman, Lawrence M77	2) Thatcher, Sandy M81	3) Dillon, Thomas M83	4) r:0.44 Welty, Bob M80	
52.54 1:52.71 (1:52.71)	2:55.71 (1:03.00)			
5:18.09 ()	6:37.31 ()	7:26.86 (49.55)	8:19.29 (1:41.98)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Men 320-359 200 LC Meter Medley Relay**

WORLD: 2:31.00 # 3/1/2024 TNT MASTERS SP -BRA
J Orlando Loro LORO, A Carlos ORSELLI, P MOTTA, N

NATL: 2:37.00 @ 7/22/2023 TAMALPAIS AQUATIC MASTERS
E REED, P ANDERSEN, R BURNS, T RALPHS

ZON: 3:07.42 ! 7/22/2023 Masters of Sout
L Raiborn, P Krueger, D Morley, G Thompson

1 Lone Star Masters-26 A 4:10.00 4:18.55 18
 1) Newman, Lawrence M77 2) Thatcher, Sandy M81 3) r:0.23 Welty, Bob M80 4) Dillon, Thomas M83
 r:+1.48 1:02.77 2:23.18 (1:20.41) 4:18.55 (1:55.37)

Mixed 100-119 200 LC Meter Freestyle Relay

WORLD: 1:38.55 # 6/24/2023 SWIM-EASY SPB -RUS
A FEDOROV, A PRIBYTOK, D USTINOVA, S CHIMROVA

NATL: 1:41.71 @ 8/5/2022 CLUB TRIBE
L BUREAU, M HEALEY, A KENNA, G MIZERAK

ZON: 1:51.30 ! 7/23/2017 DADS
C Kutac, S Hall, A Rembach, J Edwards

1 Lone Star Masters-26 A 2:15.00 1:59.33 18
 1) Dunigan, Ryan M29 2) Boring, Sophie W26 3) r:0.01 Alpha, Megan W26 4) Everett, Jake M32
 r:+0.65 26.30 58.01 (31.71) 1:30.01 (32.00) 1:59.33 (29.32)

Mixed 100-119 400 LC Meter Freestyle Relay

WORLD: 3:48.68 # 6/20/2014 W98 HANNOVER -GER
T GRABOWSKI, C DAHLE, A MARX, N WINTER

NATL: 3:54.81 @ 7/25/2009 SOUTHERN CAL AQUATIC MASTERS
N JANOS, J CORCORAN, A YEARWOOD, E TOLMACHOFF

ZON: 4:36.21 ! 2001 HOTS

1 Lone Star Masters-26 A 4:00.00 3:57.37! 18
 1) Thompson, Noah M27 2) r:0.33 Spadoni, Marina W33) r:0.39 Trahan, Erin W27 4) r:0.23 Shozda, Alex M28
 r:+0.79 28.18 59.52 (59.52) 1:27.77 (28.25) 1:59.02 (59.50)
 2:28.47 (29.45) 3:01.19 (1:02.17) 3:28.07 (26.88) 3:57.37 (56.18)

Mixed 100-119 400 LC Meter Medley Relay

WORLD: 4:05.01 # 3/12/2023 QUEENDOM -JPN
T YAMAMOTO, Y TAKASAKI, T ITO, Y KATAYAMA

NATL: 4:36.14 @ 7/22/1990 WALNUT CREEK MASTERS
P BOSCOVICH, J JACQUES, K O'BRIEN, P ROEMER

ZON: 5:06.28 ! 2004 RIDG
D Drake, H Materson, N Paquette, M Wedlarski

1 Lone Star Masters-26 A 4:12.00 4:18.65@ 18
 1) Huuki, Erik M23 2) r:0.28 Thompson, Noah M23) r:0.38 Trahan, Erin W27 4) r:0.07 Spadoni, Marina W3
 r:+0.68 30.92 1:03.82 (1:03.82) 1:37.48 (33.66) 2:17.06 (1:13.24)
 2:46.39 (29.33) 3:20.98 (1:03.92) 3:47.99 (27.01) 4:18.65 (57.67)

2 Lone Star Masters-26 B 5:20.00 5:15.98 14
 1) Boring, Sophie W26 2) r:0.30 Weisberg, Shaina W3) r:0.53 Garriga, Alexander M4) r:0.82 Boring, Joshua M27
 r:+0.63 39.11 1:23.72 (1:23.72) 2:05.15 (41.43) 2:54.92 (1:31.20)
 3:22.56 (27.64) 3:55.89 (1:00.97) 4:32.97 (37.08) 5:15.98 (1:20.09)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Mixed 120-159 200 LC Meter Medley Relay**

WORLD: 1:49.61 # 5/28/2023 TSUNAMI -RUS
E IOGIN, A TISCHENKO, I SHELEMOVA, Y DROBYSHEVSAYA
NATL: 1:50.77 @ 7/8/2012 PHOENIX SWIM CLUB
N INADA, J COMMINGS, M HYMAN, J PONCE
ZON: 2:03.21 ! 2004 Plano Wet Cats
J Brooks, T Wolf, K Willis, A Edmondson

1	Lone Star Masters-26	A	2:30.00	2:19.51	18
	1) Hiemke, Scott M52	2) Alpha, Megan W26	3) r:0.62 Boring, Sophie W26	4) Osada, Akihiko M38	
	r:+0.64 37.67	1:18.38 (40.71)	1:51.76 (33.38)	2:19.51 (27.75)	
2	City of Plano Swimmers Wet	A	2:30.00	2:40.98	14
	1) Calabrese, Peter M58	2) Wu, Angelia W26	3) r:0.43 Lucardi, Kevin M27	4) Josko, Julita W20	
	r:+1.27 43.61	1:32.54 (48.93)	2:11.71 (39.17)	2:40.98 (29.27)	

Mixed 120-159 400 LC Meter Medley Relay

WORLD: 4:14.85 # 9/17/2022 FRONTIER RC -JPN
S TAKESHITA, R KOBAYASHI, M ITO, I MIYANAGI
NATL: 4:29.03 @ 8/8/2009 FORT LAUDERDALE AQUATICS
C FERNANDEZ, K LEGASPI, L GALVAN-SARABIA, J MARTIN
ZON: 4:30.83 ! 2004 PCAT
J Brooks, T Wolf, K Willis, A Edmondson

1	Terrapin Masters-10	A	4:51.37	4:40.57	18
	1) Grover, Mollie W43	2) r:0.06 Randolph, Courtney	3) r:0.18 Smith, Mark M30	4) r:0.24 Henderson, Myles M	
	r:+0.62 36.64	1:13.94 (1:13.94)	1:52.19 (38.25)	2:36.27 (1:22.33)	
	3:05.10 (28.83)	3:39.66 (1:03.39)	4:08.58 (28.92)	4:40.57 (1:00.91)	

Mixed 160-199 200 LC Meter Freestyle Relay

WORLD: 1:42.27 # 8/8/2006 TEAM TYR -USA
J SMITH, R SAEGER, C SAPPEY, S HART
NATL: 1:42.27 @ 8/8/2006 TEAM TYR
J SMITH, R SAEGER, C SAPPEY, S HART
ZON: 1:51.67 ! 2009 RICE
R Kammerer, M Ruppe, S Matherne, C Jimenez

1	Masters of South Texas-43	A	2:05.00	2:18.81	18
	1) LunaHowell, Mason W25	2) Ingraham, Susan W65	3) r:0.25 Ingraham, Chase M44	4) Richey, Steven M64	
	r:+0.81 37.20	1:10.67 (33.47)	1:38.74 (28.07)	2:18.81 (40.07)	

Mixed 160-199 400 LC Meter Freestyle Relay

WORLD: 3:51.77 # 12/2/2022 CBH -PAR
V BALSANO, D DUQUE, B HOCKIN, A CARRILLO
NATL: 3:57.18 @ 8/6/2016 NORTH CAROLINA MASTERS
E BRAUN, S DALLAMURA, K LINDAUER, V FLETCHER
ZON: 4:46.21 ! 7/22/2023 Lone Star Maste
C Batten, J Wilson, J Leigh, A Garriga

1	Lone Star Masters-26	A	4:30.00	4:42.79!	18
	1) Glass, Mark M50	2) r:0.41 Alpha, Megan W26	3) r:0.69 Boring, Sophie W26	4) r:0.41 Leigh, Jay M66	
	r:+0.73 31.31	1:04.96 (1:04.96)	1:38.02 (33.06)	2:16.13 (1:11.17)	
	2:50.61 (34.48)	3:32.95 (1:16.82)	4:07.31 (34.36)	4:42.79 (1:09.84)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Mixed 160-199 200 LC Meter Medley Relay****WORLD: 1:53.25 # 6/6/2021 MAD WAVE -RUS****A POVALIY, V BRAGIN, A POLIAKOVA, V PREDKIN****NATL: 1:56.34 @ 8/10/2019 NOVAQUATICS MASTERS****J NATALIZIO, S WEST, S BENNETT, C BERTELINK****ZON: 2:01.12 ! 7/20/2019 North Carolina****T Sauter, K Lindauer, S Dallamura, E Braun**

1 Masters of South Texas-43 A 2:20.00 2:47.66 18

1) Ingraham, Susan W65 2) Ingraham, Chase M42 3) r:0.34 Gale, Andrew M58 4) Schueckler, Leslie W69

r:+0.73 40.90 1:26.02 (45.12) 2:00.27 (34.25) 2:47.66 (47.39)

Mixed 160-199 400 LC Meter Medley Relay**WORLD: 4:15.64 # 6/18/2022 JSS FUKAI -JPN****K MORIHISA, Y SAKAI, T NAKANO, A OKI****NATL: 4:23.00 @ 6/11/2022 NORTH CAROLINA MASTERS****G HIGSON, C THOMAS, I HOLLAND, E BRAUN****ZON: 5:01.41 ! 2001 HOTS**

1 City of Plano Swimmers Wet ' ' ' A 5:45.00 6:06.63 18

1) Calabrese, Peter M58 2) r:0.54 Griffith, Sharyl W63 3) r:0.69 Wu, Angelia W26 4) r:0.76 Lucardi, Kevin M27

r:+1.31 47.25 1:35.83 (1:35.83) 2:30.80 (54.97) 3:29.47 (1:53.64)

4:05.59 (36.12) 4:44.82 (1:15.35) 5:22.38 (37.56) 6:06.63 (1:21.81)

Mixed 200-239 200 LC Meter Freestyle Relay**WORLD: 1:44.96 # 8/8/2006 COLORADO -USA****T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS****NATL: 1:44.96 @ 8/10/2006 COLORADO MASTERS****T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS****ZON: 1:57.04 ! 7/31/2016 NTXL****M Glass, T Barton, M Bailey, K Henderson**

1 Lone Star Masters-26 A 2:20.00 2:02.39 18

1) Glass, Mark M50 2) Heughan, Lee W47 3) r:0.38 Rogers, Jenny W47 4) Harman, Brad M56

r:+0.71 28.45 58.30 (29.85) 1:31.81 (33.51) 2:02.39 (30.58)

Mixed 200-239 400 LC Meter Freestyle Relay**WORLD: 3:57.74 # 5/7/2023 POWERPOINTS -AUS****J BUCKNELL, L MCDOWELL, G O'MARA, M THOMPSON****NATL: 4:02.62 @ 6/20/2015 ILLINOIS MASTERS****D SIMS, A BLOCK, L DILLMANN, J TUCHLER****ZON: 4:29.78 ! 2001 TTEX****S Ingraham, G Johnston, S Neilson-Bell, K Bell**

1 Lone Star Masters-26 A 5:48.00 5:18.92 18

1) Christian, Tom M71 2) r:0.81 Heughan, Lee W47 3) r:0.58 Brodeur, Diana W494) r:0.41 Daudelin, Andy M60

r:+1.13 42.67 1:30.58 (1:30.58) 2:03.74 (33.16) 2:40.20 (1:09.62)

3:18.94 (38.74) 4:03.90 (1:23.70) 4:39.46 (35.56) 5:18.92 (1:15.02)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Mixed 200-239 800 LC Meter Freestyle Relay**

WORLD: 8:55.03 # 3/3/2023 POWERPOINTS -AUS
L MCDOWELL, M THOMPSON, G O'MARA, J BUCKNELL
NATL: 9:15.06 @ 8/12/2018 CONEJO VALLEY MASTERS
B CLEAVENGER, J GELLATLY, K KARREN, D KOEHLER
ZON: 9:51.80 ! 2001 TTEX
S Ingraham, G Johnston, S Neilson-Bell, L Morrison

1 Lone Star Masters-26 A 12:20.00 11:58.00 18
 1) Ganus, Dale M51 2) r:0.56 Moore, Alison W54 3) r:-0.02 Upton, Alexandra W4) r:0.72 Dunn, Russell M50
 r:+0.96 40.97 1:25.68 (1:25.68) 2:10.50 (2:10.50) 2:53.99 (2:53.99)
 3:33.96 (39.97) 4:18.67 (1:24.68) 5:03.45 (2:09.46) 5:47.14 (2:53.15)
 6:31.46 (44.32) 7:21.32 (1:34.18) 8:09.25 (2:22.11) 8:57.55 (3:10.41)
 10:26.53 (1:28.98) 11:15.01 (2:17.46) 11:58.00 (3:00.45)

Mixed 240-279 200 LC Meter Freestyle Relay

WORLD: 1:52.45 # 3/1/2024 CAPE TOWN MSC -RSA
C MAUGHAN, C STANFORD, T SHEAD, P CADIZ
NATL: 1:54.54 @ 8/20/2016 SARASOTA Y SHARKS
D MARTIN, J GROSELLE, N KRYKA, L KIRKPATRICK
ZON: 2:06.53 ! 7/31/2016 RICE
C Jimenez, B Williams, H Ernst, S Reiersen

1 Lone Star Masters-26 A 2:30.00 2:17.24 18
 1) Woolslayer, Jeannie W71 2) Daudelin, Andy M60 3) r:0.19 Ray, Dianna W70 4) Leigh, Jay M66
 r:+0.92 35.22 1:06.50 (31.28) 1:46.52 (40.02) 2:17.24 (30.72)
 2 Masters of South Texas-43 A 2:40.00 3:05.77 14
 1) Schueckler, Leslie W69 2) Marsch, Gail W84 3) r:0.53 Gale, Andrew M58 4) Nelson, T Kevin M61
 r:+0.86 44.96 1:55.23 (1:10.27) 2:27.00 (31.77) 3:05.77 (38.77)

Mixed 240-279 800 LC Meter Freestyle Relay

WORLD: 9:35.54 # 7/22/2023 LONE STAR MASTERS -USA
T WOLF, P CAMPBELL, S STONE, M CAMPBELL
NATL: 9:35.54 @ 7/22/2023 LONE STAR MASTERS
T WOLF, P CAMPBELL, S STONE, M CAMPBELL
ZON: 9:35.54 ! 7/22/2023 Lone Star Maste
T Wolf, P Campbell, S Stone, M Campbell

1 Lone Star Masters-26 A 14:30.00 13:26.74 18
 1) Bludworth, Rocky M65 2) r:0.79 Hinkamp, Kristianne3) r:0.84 Russell, Melissa W6(4) Christian, Tom M71
 r:+1.08 42.74 1:32.24 (1:32.24) 2:25.71 (2:25.71) 3:18.25 (3:18.25)
 4:04.11 (45.86) 4:54.30 (1:36.05) 5:46.37 (2:28.12) 6:36.61 (3:18.36)
 7:23.61 (47.00) 8:15.66 (1:39.05) 9:09.01 (2:32.40)
 10:47.62 () 11:39.40 () 12:33.43 () 13:26.74 ()

Mixed 240-279 200 LC Meter Medley Relay

WORLD: 2:07.56 # 3/1/2024 CAPE TOWN MSC -RSA
P CADIZ, T SHEAD, C STANFORD, C MAUGHAN
NATL: 2:08.11 @ 8/20/2016 PUGET SOUND MASTERS
L DAHL, R COLELLA, D GRAHAM, C DAVIS
ZON: 2:23.21 ! 7/20/2019 North Texas Lon
M Bailey, R Kelsoe, J Leigh, L Morrison

1 Masters of South Texas-43 A 2:25.00 3:15.54 18
 1) Stewart, Jamie W76 2) Richey, Steven M64 3) r:0.66 Nelson, T Kevin M614) Pederson, Deborah W67
 r:+0.94 56.35 1:43.06 (46.71) 2:29.61 (46.55) 3:15.54 (45.93)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Mixed 280-319 400 LC Meter Freestyle Relay**

WORLD: 4:45.34 # 7/9/2023 SARASOTA SHARKS -USA
R WALKER, K EINSIDLER, J GRAY, L CHILDS

NATL: 4:45.34 @ 7/9/2023 SARASOTA SHARKS
R WALKER, K EINSIDLER, J GRAY, L CHILDS

ZON: 7:38.27 ! 7/20/2019 Masters of Sout
D Sauer, L Raiborn, W Blake, D Pederson

- | | | | | | |
|---|-----------------------|-------------------------------|----------------------------|-------------------------------|----|
| 1 | Lone Star Masters-26 | A | 4:00.00 | 4:39.44 # | 18 |
| | 1) Wolf, Tom M70 | 2) r:0.44 Morrison, Lynn W703 | r:0.44 Woolslayer, Jeannie | 4) r:0.46 Williams, Bruce M71 | |
| | r:+0.99 32.32 | 1:05.87 (1:05.87) | 1:40.46 (34.59) | 2:18.64 (1:12.77) | |
| | 2:55.58 (36.94) | 3:36.79 (1:18.15) | 4:06.31 (29.52) | 4:39.44 (1:02.65) | |
| 2 | Lone Star Masters-26 | B | 7:00.00 | 8:11.84 | 14 |
| | 1) Dillon, Thomas M83 | 2) Klimko, Sue W64 | 3) Hlavacek, Ida W82 | 4) r:0.35 Welty, Bob M80 | |
| | 1:12.38 | 3:19.71 () | 4:11.80 () | | |
| | 5:16.16 (1:04.36) | 6:27.67 (2:15.87) | 7:17.62 (49.95) | 8:11.84 (1:44.17) | |

Mixed 280-319 200 LC Meter Medley Relay

WORLD: 2:19.17 # 1/19/2024 LONE STAR MASTERS -USA
J WOOLSLAYER, R NEVILLE, B WILLIAMS, L MORRISON

NATL: 2:19.17 @ 1/19/2024 LONE STAR MASTERS
J WOOLSLAYER, R NEVILLE, B WILLIAMS, L MORRISON

ZON: 2:41.82 ! 2011 Woodlands Maste
C Boak, J Leilich, B Bailie, T Boak

- | | | | | | |
|---|----------------------|-------------------------|--------------------------|----------------------|----|
| 1 | Lone Star Masters-26 | A | 5:00.00 | 3:11.01 | 18 |
| | 1) Ray, Dianna W70 | 2) Russell, Melissa W66 | 3) r:0.89 Welty, Bob M80 | 4) Darrow, Larry M72 | |
| | r:+0.75 | 1:41.08 () | 2:34.46 (53.38) | 3:11.01 (36.55) | |

Mixed 320-359 200 LC Meter Freestyle Relay

WORLD: 2:33.44 # 4/13/2024 MIAMI MASTERS -AUS
H VAGNER, C SIMPSON, L SALTER, D BOYLSON

NATL: 2:35.97 @ 8/20/2016 OREGON MASTERS
R KAY, W LAMB, B FRID, D RADCLIFF

ZON: 3:15.18 ! 7/22/2023 Masters of Sout
G Marsch, G Thompson, D Sauer, P Krueger

- | | | | | | |
|---|----------------------|-----------------------|----------------------|-------------------|----|
| 1 | Lone Star Masters-26 | A | 4:38.00 | 4:00.57 | 18 |
| | 1) Simmons, Pam W75 | 2) Dillon, Thomas M83 | 3) Hlavacek, Ida W82 | 4) Welty, Bob M80 | |
| | 1:18.85 | 2:17.10 (58.25) | 3:16.68 (59.58) | 4:00.57 (43.89) | |

Mixed 320-359 200 LC Meter Medley Relay

WORLD: 2:55.98 # 7/20/2014 BIG S YOKOHAMA -JPN
S YONEZAWA, T NAKAMARU, H MAKIMOTO, M KAMOSHITA

NATL: 3:05.67 @ 8/25/2019 OREGON MASTERS
J WARD, R NAKATA, M TOPPEL, W LAMB

ZON: 4:01.09 ! 7/22/2023 Masters of Sout
L Raiborn, P Krueger, J Stewart, D Sauer

- | | | | | | |
|---|----------------------|------------------------|----------------------|-----------------------|----|
| 1 | Lone Star Masters-26 | A | 4:40.00 | 4:57.57 | 18 |
| | 1) Simmons, Pam W75 | 2) Thatcher, Sandy M81 | 3) Hlavacek, Ida W82 | 4) Dillon, Thomas M83 | |
| | r:+1.25 1:10.13 | 2:36.05 (1:25.92) | 3:54.01 (1:17.96) | 4:57.57 (1:03.56) | |