

All Time South Central Zone Records Women - SCM - Update 05/10/2024

| Women 18-24 | | | | Women 30-34 | | | |
|--------------------|-------------|---------------------|------|--------------------|-------------|---------------------|------|
| Time | NAME | YEAR | | Time | NAME | YEAR | |
| 50 M Free | 26.91 | Emily Vavourakis | 2008 | 50 M Free | 27.77 | Amber Smolik | 2013 |
| 100 M Free | 58.89 | Michelle Vlasakova | 2007 | 100 M Free | 1:00.78 | Amber Smolik | 2013 |
| 200 M Free | 2:21.61 | Mariah Harper | 2014 | 200 M Free | 2:18.27 | Nicole D Ebert | 2013 |
| 400 M Free | 5:06.68 | Erika L Roach | 2012 | 400 M Free | 4:58.67 | Amber Smolik | 2013 |
| 800 M Free | 10:59.68 | Erika L Roach | 2012 | 800 M Free | 10:12.12 | Nicole D Ebert | 2013 |
| 1500 M Free | 20:21.53 | Krystin Demsher | 2018 | 1500 M Free | 19:40.53 | Nicole D Ebert | 2013 |
| 50 M Back | 29.12 | Anja Carman | 2008 | 50 M Back | 31.47 | Laura Holt | 2012 |
| 100 M Back | 59.45 | Petra Klosova | 2009 | 100 M Back | 1:09.49 | Jessica Schauwecker | 2019 |
| 200 M Back | 2:08.35 | Anja Carman | 2008 | 200 M Back | 2:12.47 | Lia Oberstar-Brown | 2008 |
| 50 M Breast | 38.64 | Claire Collins | 2016 | 50 M Breast | 33.97 | Laura Holt | 2012 |
| 100 M Breast | 1:20.86 | Carly Antonucci | 2014 | 100 M Breast | 1:13.66 | Marissa Clapp | 2017 |
| 200 M Breast | 2:54.70 | Charis Parker | 2016 | 200 M Breast | 2:36.20 | Marissa Clapp | 2017 |
| 50 M Fly | 29.80 | Genny M Konicke | 2013 | 50 M Fly | 26.79 | Martina Moravcova | 2006 |
| 100 M Fly | 1:08.73 | Genny M Konicke | 2013 | 100 Fly | 59.11 | Martina Moravcova | 2006 |
| 200 M Fly | 3:08.14 | Mason LunaHowell | 2022 | 200 M Fly | 2:31.05 | Lia Oberstar-Brown | 2007 |
| 100 M IM | 1:02.54 | Petra Klosova | 2009 | 100 M IM | 1:02.07 | Martina Moravcova | 2006 |
| 200 M IM | 2:43.28 | Vicki S Blocker | 2007 | 200 M IM | 2:21.23 | Marissa Clapp | 2017 |
| 400 M IM | 6:32.14 | Mason LunaHowell | 2021 | 400 M IM | 4:54.95 | Marissa Clapp | 2017 |
| | | | | | | | |
| Women 25-29 | | | | Women 35-39 | | | |
| Time | NAME | YEAR | | Time | NAME | YEAR | |
| 50 M Free | 27.29 | Emily E Clark | 2015 | 50 M Free | 26.05 | Martina Moravcova | 2011 |
| 100 M Free | 56.91 | Angela Cisneros | 2008 | 100 M Free | 1:03.16 | Alisha M. Anderson | 2023 |
| 200 M Free | 2:06.36 | Flavia Rigamonti | 2007 | 200 M Free | 2:25.44 | Healthier M. Frees | 2022 |
| 400 M Free | 4:17.77 | Flavia Rigamonti | 2007 | 400 M Free | 4:53.12 | Laura K Koch Davis | 2011 |
| 800 M Free | 10:04.53 | Marielle Baiz | 2018 | 800 M Free | 10:41.84 | Heather M. Frees | 2022 |
| 1500 M Free | 19:00.53 | Carleigh L Kutac | 2015 | 1500 M Free | 20:16.64 | Anna Prociou | 2009 |
| 50 M Back | 30.81 | Jessica Schauwecker | 2015 | 50 M Back | 31.33 | Laura Warren | 2019 |
| 100 M Back | 1:06.45 | Jessica Schauwecker | 2015 | 100 M Back | 1:11.16 | Michelle H Chow | 2005 |
| 200 M Back | 2:28.54 | Carliegh Kutac | 2017 | 200 M Back | 2:35.10 | Lia Oberstar-Brown | 2015 |
| 50 M Breast | 34.42 | Laura H Glass | 2008 | 50 M Breast | 33.20 | Laura Warren | 2019 |
| 100 M Breast | 1:15.55 | Marissa Clapp | 2016 | 100 M Breast | 1:18.23 | Laura K Koch Davis | 2012 |
| 200 M Breast | 2:41.29 | Marissa L Clapp | 2016 | 200 M Breast | 2:50.09 | Laura K Koch Davis | 2013 |
| 50 M Fly | 27.89 | Angela Cisneros | 2008 | 50 M Fly | 30.57 | Michelle H Chow | 2005 |
| 100 M Fly | 1:01.37 | Angela Cisneros | 2008 | 100 M Fly | 1:09.24 | Michelle H Chow | 2005 |
| 200 M Fly | 2:37.32 | Ana Rodal | 2011 | 200 M Fly | 2:33.94 | Laura K Koch Davis | 2014 |
| 100 M IM | 1:08.40 | Jessica Schauwecker | 2015 | 100 M IM | 1:10.54 | Michelle H Chow | 2005 |
| 200 M IM | 2:27.47 | Marissa L Clapp | 2016 | 200 M IM | 2:32.02 | Laura K Koch Davis | 2012 |
| 400 M IM | 5:12.69 | Marissa Clapp | 2016 | 400 M IM | 5:25.77 | Laura K Koch Davis | 2011 |
| | | | | | | | |
| Women 40-44 | | | | Women 50-54 | | | |
| Time | NAME | YEAR | | Time | NAME | YEAR | |
| 50 M Free | 27.73 | Michelle H Chow | 2008 | 50 M Free | 27.73 | Leslie C Livingston | 2015 |
| 100 M Free | 1:03.76 | Julie Coskey | 2014 | 100 M Free | 1:05.91 | Kristin W Henderson | 2010 |
| 200 M Free | 2:14.59 | Jill E Gellatly | 2009 | 200 M Free | 2:16.65 | Jill Gellatly | 2017 |
| 400 M Free | 4:44.11 | Jill E Gellatly | 2014 | 400 M Free | 4:45.61 | Jill Gellatly | 2017 |
| 800 M Free | 9:37.48 | Jill E Gellatly | 2014 | 800 M Free | 9:51.08 | Jill Gellatly | 2017 |
| 1500 M Free | 18:12.13 | Jill E Gellatly | 2009 | 1500 M Free | 18:57.08 | Jill Gellatly | 2017 |
| 50 M Back | 32.46 | Michelle H Chow | 2008 | 50 M Back | 30.27 | Leslie C Livingston | 2015 |
| 100 M Back | 1:10.66 | Michelle H Chow | 2008 | 100 M Back | 1:10.66 | Stephanie Stone | 2018 |
| 200 M Back | 2:31.43 | Jill E Gellatly | 2009 | 200 M Back | 2:26.67 | Stephanie Stone | 2018 |
| 50 M Breast | 36.45 | Michelle H Chow | 2008 | 50 M Breast | 36.91 | Leslie C Livingston | 2015 |
| 100 M Breast | 1:22.29 | Michelle H Chow | 2008 | 100 M Breast | 1:22.04 | Leslie C Livingston | 2015 |
| 200 M Breast | 2:55.28 | Tanya Lane | 2012 | 200 M Breast | 2:58.60 | Nicole P. Van Nood | 2023 |
| 50 M Fly | 30.17 | Maureen Rea | 2016 | 50 M Fly | 29.89 | Leslie C Livingston | 2015 |
| 100 M Fly | 1:07.65 | Maureen Rea | 2016 | 100 M Fly | 1:15.03 | Susan R Ingraham | 2010 |
| 200 M Fly | 2:41.75 | Mary D Ruppe | 2011 | 200 M Fly | 2:57.11 | Elaine S Valdez | 2008 |
| 100 M IM | 1:09.13 | Michelle H Chow | 2008 | 100 M IM | 1:10.69 | Leslie C Livingston | 2015 |
| 200 M IM | 2:42.68 | Jill E Gellatly | 2007 | 200 M IM | 2:36.22 | Stephanie Stone | 2017 |
| 400 M IM | 5:43.61 | Mary D Ruppe | 2012 | 400 M IM | 5:32.14 | Jill Gellatly | 2017 |

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| <u>Women 45-49</u> | <u>Time</u> | <u>NAME</u> | <u>YEAR</u> | <u>Women 55-59</u> | <u>Time</u> | <u>NAME</u> | <u>YEAR</u> |
|--------------------|-------------|----------------------|-------------|--------------------|-------------|-----------------------|-------------|
| 50 M Free | 28.49 | Michelle H Chow | 2014 | 50 M Free | 27.81 | Leslie Livingston | 2016 |
| 100 M Free | 1:02.64 | Stephanie Stone | 2016 | 100 M Free | 1:05.29 | Kristin W Henderson | 2015 |
| 200 M Free | 2:13.30 | Stephanie Stone | 2014 | 200 M Free | 2:22.27 | Patricia A. Campbell | 2023 |
| 400 M Free | 4:38.46 | Stephanie Stone | 2014 | 400 M Free | 4:56.47 | Patricia A. Campbell | 2023 |
| 800 M Free | 9:43.60 | Stephanie Stone | 2015 | 800 M Free | 10:09.46 | Patricia A. Campbell | 2023 |
| 1500 M Free | 18:28.87 | Nicole Van Hood | 2019 | 1500 M Free | 19:24.86 | Patricia A. Campbell | 2023 |
| 50 M Back | 33.02 | Michelle H Chow | 2014 | 50 M Back | 30.12 | Leslie Livingston | 2016 |
| 100 M Back | 1:09.19 | Stephanie Stone | 2015 | 100 M Back | 1:10.08 | Leslie Livingston | 2016 |
| 200 M Back | 2:25.52 | Stephanie Stone | 2014 | 200 M Back | 2:48.18 | Debbie L Loux | 2013 |
| 50 M Breast | 36.61 | Linda Visser | 2017 | 50 M Breast | 37.62 | Leslie Livingston | 2016 |
| 100 M Breast | 1:19.44 | Linda Visser | 2018 | 100 M Breast | 1:24.32 | Leslie Livingston | 2016 |
| 200 M Breast | 2:52.49 | Linda Visser | 2018 | 200 M Breast | 3:14.71 | Krissy Maccurdy | 2011 |
| 50 M Fly | 31.00 | Michelle H Chow | 2013 | 50 M Fly | 29.39 | Leslie Livingston | 2016 |
| 100 M Fly | 1:09.66 | Michelle H Chow | 2014 | 100 M Fly | 1:17.20 | Susan Ingraham | 2014 |
| 200 M Fly | 2:43.86 | Linda Visser | 2019 | 200 M Fly | 2:57.70 | Elaine S Valdez | 2010 |
| 100 M IM | 1:11.57 | Michelle H Chow | 2014 | 100 M IM | 1:20.37 | Sandra Penney | 2019 |
| 200 M IM | 2:32.81 | Stephanie Stone | 2013 | 200 M IM | 2:52.44 | Sandra Penney | 2019 |
| 400 M IM | 5:17.54 | Stephanie Stone | 2014 | 400 M IM | 6:06.35 | Sandra Penney | 2019 |
| <u>Women 60-64</u> | <u>Time</u> | <u>NAME</u> | <u>YEAR</u> | <u>Women 70-74</u> | <u>Time</u> | <u>NAME</u> | <u>YEAR</u> |
| 50 M Free | 30.30 | Susan K. Matherne | 2023 | 50 M Free | 38.10 | Jane C Birkhead | 2010 |
| 100 M Free | 1:07.27 | Susan K. Matherne | 2023 | 100 M Free | 1:28.79 | Jane C Birkhead | 2010 |
| 200 M Free | 2:34.48 | Susan Ingraham | 2019 | 200 M Free | 3:10.13 | Jane C Birkhead | 2010 |
| 400 M Free | 5:04.06 | Patricia A. Campbell | 2024 | 400 M Free | 5:56.79 | Carolyn Boak | 2016 |
| 800 M Free | 11:15.74 | Susan Ingraham | 2019 | 800 M Free | 12:11.34 | Carolyn Boak | 2016 |
| 1500 M Free | 21:25.42 | Susan Ingraham | 2019 | 1500 M Free | 26:21.58 | Suzy Rierson | 2023 |
| 50 M Back | 37.19 | Louise D Cleary | 2014 | 50 M Back | 39.37 | Jeannie L. Woolslayer | 2023 |
| 100 M Back | 1:24.65 | Susan Ingraham | 2021 | 100 M Back | 1:25.85 | Jeannie L. Woolslayer | 2023 |
| 200 M Back | 2:55.06 | Susan Ingraham | 2019 | 200 M Back | 3:32.72 | Sarah L Kopsky | 2012 |
| 50 M Breast | 41.10 | Krissy Maccurdy | 2013 | 50 M Breast | 44.22 | Joann Leilich | 2012 |
| 100 M Breast | 1:29.34 | Krissy Maccurdy | 2012 | 100 M Breast | 1:37.20 | Joann Leilich | 2009 |
| 200 M Breast | 3:15.75 | Krissy Maccurdy | 2012 | 200 M Breast | 3:25.76 | Joann Leilich | 2009 |
| 50 M Fly | 34.54 | Susan Ingraham | 2019 | 50 M Fly | 41.12 | Kris Wingenroth | 2023 |
| 100 M Fly | 1:22.65 | Susan Ingraham | 2019 | 100 M Fly | 1:33.41 | Kris Wingenroth | 2023 |
| 200 M Fly | 3:15.75 | Elaine Valdez | 2016 | 200 M Fly | 3:26.33 | Kris Wingenroth | 2023 |
| 100 M IM | 1:24.51 | Elaine Valdez | 2016 | 100 M IM | 1:39.44 | Joann Leilich | 2012 |
| 200 M IM | 3:01.63 | Krissy Maccurdy | 2012 | 200 M IM | 3:23.70 | Carolyn Boak | 2019 |
| 400 M IM | 6:22.41 | Elaine Valdez | 2016 | 400 M IM | 7:13.93 | Kris Wingenroth | 2023 |
| <u>Women 65-69</u> | <u>Time</u> | <u>NAME</u> | <u>YEAR</u> | <u>Women 75-79</u> | <u>Time</u> | <u>NAME</u> | <u>YEAR</u> |
| 50 M Free | 35.50 | Lynn Morrison | 2023 | 50 M Free | 42.35 | Ann Vitt | 2021 |
| 100 M Free | 1:09.58 | Lynn Morrison | 2021 | 100 M Free | 1:41.24 | Jamie Stewart | 2023 |
| 200 M Free | 2:38.45 | Linda Bland | 2024 | 200 M Free | 3:48.55 | Martha A. McDade | 2022 |
| 400 M Free | 5:25.96 | Linda Bland | 2023 | 400 M Free | 6:17.67 | Carolyn Boak | 2021 |
| 800 M Free | 11:07.78 | Linda Bland | 2023 | 800 M Free | 13:05.40 | Carolyn Boak | 2021 |
| 1500 M Free | 20:47.65 | Linda Bland | 2023 | 1500 M Free | 38:06.71 | Marsha L. Mauldin | 2020 |
| 50 M Back | 41.07 | Eliane S. Valdez | 2021 | 50 M Back | 51.23 | Ann Vitt | 2021 |
| 100 M Back | 1:25.84 | Mary Anne Hines | 2022 | 100 M Back | 1:54.65 | Ann Vitt | 2021 |
| 200 M Back | 3:18.18 | Karlene Denby | 2018 | 200 M Back | 4:27.59 | Jamie Stewart | 2023 |
| 50 M Breast | 43.10 | Krissy Maccurdy | 2017 | 50 M Breast | 46.20 | Joann Leilich | 2014 |
| 100 M Breast | 1:35.21 | Krissy Maccurdy | 2017 | 100 M Breast | 1:40.82 | Joann Leilich | 2014 |
| 200 M Breast | 3:35.17 | Daniela Barnea | 2010 | 200 M Breast | 3:36.56 | Joann Leilich | 2014 |
| 50 M Fly | 35.91 | Lynn Morrison | 2021 | 50 M Fly | 553.879.77 | Jamie Stewart | 2023 |
| 100 M Fly | 1:25.67 | Carolyn Boak | 2010 | 100 M Fly | 2:14.75 | Jamie Stewart | 2023 |
| 200 M Fly | 3:15.63 | Carolyn Boak | 2012 | 200 M Fly | 4:48.13 | Jamie Stewart | 2023 |
| 100 M IM | 1:24.71 | Carolyn Boak | 2010 | 100 M IM | 1:42.98 | Joann Leilich | 2015 |
| 200 M IM | 3:04.22 | Carolyn Boak | 2010 | 200 M IM | 3:32.91 | Carolyn Boak | 2021 |
| 400 M IM | 6:31.71 | Carolyn Boak | 2010 | 400 M IM | 7:27.94 | Carolyn Boak | 2021 |

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| <u>Women 80-84</u> | | <u>Time</u> | <u>NAME</u> | <u>YEAR</u> | <u>Women 85-89</u> | | <u>Time</u> | <u>NAME</u> | <u>YEAR</u> |
|--------------------|--|-------------|-----------------|-------------|--------------------|--|-------------|----------------|-------------|
| 50 M Free | | 50.87 | DeEtte A. Sauer | 2022 | 50 M Free | | 1:02.91 | Georgia Goggin | 2014 |
| 100 M Free | | 1:49.14 | Joann Leilich | 2021 | 100 M Free | | | | |
| 200 M Free | | 4:24.35 | Diane Wheatley | 2013 | 200 M Free | | | | |
| 400 M Free | | 8:01.89 | Joann Leilich | 2021 | 400 M Free | | | | |
| 800 M Free | | 16:58.14 | DeEtte A. Sauer | 2022 | 800 M Free | | | | |
| 1500 M Free | | 31:13.03 | Joann Leilich | 2022 | 1500 M Free | | | | |
| 50 M Back | | 59.96 | Ida M. Hlavacek | 2023 | 50 M Back | | 1:18.32 | Georgia Goggin | 2014 |
| 100 M Back | | 2:24.81 | Ida M. Hlavacek | 2023 | 100 M Back | | 3:00.76 | Georgia Goggin | 2014 |
| 200 M Back | | 4:58.25 | Diane Wheatley | 2013 | 200 M Back | | | | |
| 50 M Breast | | 50.49 | Joann Leilich | 2019 | 50 M Breast | | 55.29 | Joann Leilich | 2024 |
| 100 M Breast | | 1:50.51 | Joann Leilich | 2019 | 100 M Breast | | 2:04.10 | Joann Leilich | 2024 |
| 200 M Breast | | 4:01.34 | Joann Leilich | 2019 | 200 M Breast | | 4:14.52 | Joann Leilich | 2024 |
| 50 M Fly | | 1:06.38 | DeEtte Sauer | 2021 | 50 M Fly | | | | |
| 100 M Fly | | 2:31.20 | DeEtte Sauer | 2022 | 100 M Fly | | | | |
| 200 M Fly | | 5:27.09 | DeEtte Sauer | 2021 | 200 M Fly | | | | |
| 100 M IM | | 1:57.27 | Joann Leilich | 2021 | 100 M IM | | | | |
| 200 M IM | | 4:36.50 | Dorothy Burke | 2019 | 200 M IM | | | | |
| 400 M IM | | 9:44.38 | Dorothy Burke | 2019 | 400 M IM | | | | |
| <u>Women 90-94</u> | | <u>Time</u> | <u>NAME</u> | <u>YEAR</u> | <u>Women 95-99</u> | | <u>Time</u> | <u>NAME</u> | <u>YEAR</u> |
| 50 M Free | | 2:35.71 | Lillian Rudd | 2010 | 50 M Free | | | | |
| 100 M Free | | | | | 100 M Free | | | | |
| 200 M Free | | | | | 200 M Free | | | | |
| 400 M Free | | | | | 400 M Free | | | | |
| 800 M Free | | | | | 800 M Free | | | | |
| 1500 M Free | | | | | 1500 M Free | | | | |
| 50 M Back | | 2:26.13 | Lillian Rudd | 2010 | 50 M Back | | | | |
| 100 M Back | | | | | 100 M Back | | | | |
| 200 M Back | | | | | 200 M Back | | | | |
| 50 M Breast | | | | | 50 M Breast | | | | |
| 100 M Breast | | | | | 100 M Breast | | | | |
| 200 M Breast | | | | | 200 M Breast | | | | |
| 50 M Fly | | | | | 50 M Fly | | | | |
| 100 M Fly | | | | | 100 M Fly | | | | |
| 200 M Fly | | | | | 200 M Fly | | | | |
| 100 M IM | | | | | 100 M IM | | | | |
| 200 M IM | | | | | 200 M IM | | | | |
| 400 M IM | | | | | 400 M IM | | | | |