

All Time South Central Zone Records Women - Short Course Yards - Updated 05/30/2026

18-24	Name	Year	Time		25-29	Name	Year	Time
50 Yd Free	Missy Allert	1995	24.22		50 Yd Free	Laura H. Glass Kamila Wlostowska	2010 2016	23.18
100 Yd Free	Lauren C. McDougall	2024	52.83		100 Yd Free	Delia M. Weber	2025	51.44
200 Yd Free	Traci Van Matre	2012	1:52.13		200 Yd Free	Alicia Hale	2015	1:53.75
500 Yd Free	Traci Van Matre	2012	5:04.52		500 Yd Free	Christina Planie	1995	5:13.78
1000 Yd Free	Kathryn D. Zimmerman	2021	10:55.89		1000 Yd Free	Christina Planie	1995	10:41.51
1650 Yd Free	Carleigh L. Kutac	2015	18:55.77		1650 Yd Free	Tobie Smith	1999	17:35.89
50 Yd Back	Gabriella Grobler	2023	27.16		50 Yd Back	Laura H. Glass	2010	26.30
100 Yd Back	Debbie Risen Hurwitz	1990	57.96		100 Yd Back	Delia M. Weber	2025	57.53
200 Yd Back	Marissa L. Clapp	2010	2:03.75		200 Yd Back	Camryn T. Fernandez	2025	2:05.02
50 Yd Breast	Marissa L. Clapp	2011	29.68		50 Yd Breast	Laura H. Glass	2010	29.11
100 Yd Breast	Marissa L. Clapp	2011	1:03.81		100 Yd Breast	Katie McClelland	2005	1:04.40
200 Yd Breast	Marissa L. Clapp	2011	2:14.97		200 Yd Breast	Marissa L. Clapp	2016	2:17.31
50 Yd Fly	Gabriella Grobler	2023	25.84		50 Yd Fly	Laura H. Glass	2010	25.20
100 Yd Fly	Traci Van Matre	2012	58.99		100 Yd Fly	Dakota Luther	2025	53.68
200 Yd Fly	Marissa L. Clapp	2010	2:03.05		200 Yd Fly	Dakota Luther	2025	1:56.62
100 Yd IM	Marissa L. Clapp	2011	57.98		100 Yd IM	Dakota Luther	2025	57.83
200 Yd IM	Marissa L. Clapp	2011	2:02.68		200 Yd IM	Camryn T. Fernandez	2025	2:05.34
400 Yd IM	Marissa L. Clapp	2010	4:22.25		400 Yd IM	Marissa L. Clapp	2016	4:27.33
30-34	Name	Year	Time		35-39	Name	Year	Time
50 Yd Free	Dominique Diezi	2008	22.75		50 Yd Free	Martina Moravcova	2012	22.93
100 Yd Free	Martina Moravcova	2008	48.84		100 Yd Free	Sandy Neilson-Bell	1992	52.49
200 Yd Free	Diane W. Johnston	2002	1:55.57		200 Yd Free	Sandy Neilson-Bell	1992	1:57.03
500 Yd Free	Diane W. Johnston	2002	5:09.54		500 Yd Free	Taryn E. Walker	2014	5:18.55
1000 Yd Free	Amy C. Marsh	2008	10:44.78		1000 Yd Free	Taryn E. Walker	2014	10:54.62
1650 Yd Free	Jill E. Gellatly	2002	18:07.55		1650 Yd Free	Taryn E. Walker	2014	18:07.63
50 Yd Back	Laura Holt	2015	26.72		50 Yd Back	Laura Warren	2016	26.64
100 Yd Back	Lia-Genevieve Oberstar-Brown	2008	59.08		100 Yd Back	Laurel V. Whitehead	2025	1:01.93
200 Yd Back	Lia-Genevieve Oberstar-Brown	2008	2:04.72		200 Yd Back	Gabriela M. Suarez	2015	2:17.42
50 Yd Breast	Katie McClelland	2008	28.48		50 Yd Breast	Laura Warren	2016	29.16
100 Yd Breast	Katie McClelland	2008	1:02.08		100 Yd Breast	Cathy M. Wenglar	2015	1:09.55
200 Yd Breast	Katie McClelland	2008	2:17.39		200 Yd Breast	Laura Koch Davis	2013	2:30.45
50 Yd Fly	Martina Moravcova	2008	24.18		50 Yd Fly	Kaitlyn M. Johnson	2026	24.20
100 Yd Fly	Martina Moravcova	2008	52.22		100 Yd Fly	Jennifer Brooks Crozier	2014	58.78
200 Yd Fly	Lia-Genevieve Oberstar-Brown	2008	2:08.34		200 Yd Fly	Huddie Murray	1992	2:16.58
100 Yd IM	Jennifer B. Edmondson	2008	58.18		100 Yd IM	Jennifer Brooks Crozier	2014	1:01.37
200 Yd IM	Alicia Hale	2022	2:05.90		200 Yd IM	Sandy Neilson-Bell	1992	2:13.88
400 Yd IM	Alicia Hale	2022	4:34.02		400 Yd IM	Sandy Neilson-Bell	1992	4:46.64
40-44	Name	Year	Time		45-49	Name	Year	Time
50 Yd Free	Julie Coskey	2016	23.94		50 Yd Free	Ana C. Caldas	2025	24.17
100 Yd Free	Julie Coskey	2015	52.71		100 Yd Free	Ana C. Caldas	2025	53.12
200 Yd Free	Julie Coskey	2015	1:58.68		200 Yd Free	Stephanie Stone	2015	2:00.14
500 Yd Free	Jill E. Gellatly	2010	5:15.60		500 Yd Free	Stephanie Stone	2014	5:20.66
1000 Yd Free	Jill E. Gellatly	2010	10:53.23		1000 Yd Free	Katy Dooley	2013	11:05.45
1650 Yd Free	Jill E. Gellatly	2010	17:58.16		1650 Yd Free	Nicole P. Van Nood	2017	18:27.44
50 Yd Back	Laura Warren	2025	27.00		50 Yd Back	Ana C. Caldas	2025	28.84
100 Yd Back	Tanya Lane	2013	1:00.62		100 Yd Back	Stephanie Stone	2015	1:02.70
200 Yd Back	Tanya Lane	2015	2:12.07		200 Yd Back	Stephanie Stone	2015	2:10.57
50 Yd Breast	Laura Warren	2022	30.02		50 Yd Breast	Ana C. Caldas	2025	29.74
100 Yd Breast	Tanya Lane	2013	1:09.23		100 Yd Breast	Ana C. Caldas	2025	1:06.69
200 Yd Breast	Kendal R. Jacobson	2009	2:33.23		200 Yd Breast	Linda Visser	2018	2:34.75
50 Yd Fly	Laura Warren	2025	26.12		50 Yd Fly	Ana C. Caldas	2025	27.01
100 Yd Fly	Maureen Rea	2018	59.35		100 Yd Fly	Maureen Rea	2022	1:00.13
200 Yd Fly	Maureen Rea	2018	2:13.03		200 Yd Fly	Maureen Rea	2022	2:15.99
100 Yd IM	Ellinora J. Overton	2015	58.88		100 Yd IM	Ana C. Caldas	2025	1:01.72
200 Yd IM	Ellinora J. Overton	2015	2:09.86		200 Yd IM	Stephanie Stone	2013	2:17.63
400 Yd IM	Jill E. Gellatly	2010	4:44.59		400 Yd IM	Stephanie Stone	2013	4:52.26

50-54	Name	Year	Time		55-59	Name	Year	Time
50 Yd Free	Briditte C. Heuer	2010	24.94		50 Yd Free	Lynn Morrison	2010	25.82
100 Yd Free	Briditte C. Heuer	2010	55.54		100 Yd Free	Lynn Morrison	2009	57.57
200 Yd Free	Stephanie Stone	2019	2:02.18		200 Yd Free	Stephanie Stone	2022	2:06.79
500 Yd Free	Eney Jones	2011	5:28.19		500 Yd Free	Patricia A. Campbell	2019	5:37.51
1000 Yd Free	Eney Jones	2013	11:22.25		1000 Yd Free	Patricia A. Campbell	2019	11:33.24
1650 Yd Free	Eney Jones	2011	18:49.37		1650 Yd Free	Patricia A. Campbell	2020	19:32.67
50 Yd Back	Leslie C. Livingston	2016	27.43		50 Yd Back	Leslie C. Livingston	2016	28.14
100 Yd Back	Stephanie Stone	2019	1:03.27		100 Yd Back	Stephanie Stone	2022	1:05.14
200 Yd Back	Stephanie Stone	2019	2:13.62		200 Yd Back	Stephanie Stone	2022	2:15.59
50 Yd Breast	Briditte C. Heuer	2010	32.37		50 Yd Breast	Linda Visser	2025	33.09
100 Yd Breast	Linda Visser	2024	1:12.01		100 Yd Breast	Linda Visser	2025	1:12.20
200 Yd Breast	Linda Visser	2025	2:35.80		200 Yd Breast	Linda Visser	2025	2:36.09
50 Yd Fly	Leslie C. Livingston	2016	26.06		50 Yd Fly	Leslie C. Livingston	2016	27.04
100 Yd Fly	Kristy Ditzler	2015	1:05.54		100 Yd Fly	Elaine S. Valdez	2012	1:07.05
200 Yd Fly	Linda Visser	2022	2:29.09		200 Yd Fly	Elaine S. Valdez	2012	2:35.94
100 Yd IM	Leslie C. Livingston	2015	1:04.94		100 Yd IM	Linda Visser	2025	1:05.11
200 Yd IM	Stephanie Stone	2019	2:21.58		200 Yd IM	Linda Visser	2025	2:22.67
400 Yd IM	Jill E. Gellatly	2018	5:02.53		400 Yd IM	Linda Visser	2025	5:03.35
60-64	Name	Year	Time		65-69	Name	Year	Time
50 Yd Free	Lynn Morrison	2015	27.01		50 Yd Free	Lynn Morrison	2019	27.64
100 Yd Free	Kristin W. Henderson	2022	1:00.45		100 Yd Free	Lynn Morrison	2022	1:02.40
200 Yd Free	Patricia A. Campbell	2025	2:11.24		200 Yd Free	Linda Bland	2022	2:19.39
500 Yd Free	Patricia A. Campbell	2024	5:40.88		500 Yd Free	Linda Bland	2022	6:09.15
1000 Yd Free	Patricia A. Campbell	2025	11:37.56		1000 Yd Free	Linda Bland	2022	12:23.10
1650 Yd Free	Patricia A. Campbell	2025	19:42.39		1650 Yd Free	Linda Bland	2022	21:17.97
50 Yd Back	Susan Ingraham	2022	32.56		50 Yd Back	Monica M. Bailey	2026	33.09
100 Yd Back	Susan Ingraham	2021	1:12.46		100 Yd Back	Monica M. Bailey	2026	1:13.77
200 Yd Back	Susan Ingraham	2021	2:37.62		200 Yd Back	Monica M. Bailey	2026	2:43.28
50 Yd Breast	Deb S. Coellner	2016	36.53		50 Yd Breast	Christina J. McKelvey	2019	38.59
100 Yd Breast	Carolyn Boak	2005	1:20.19		100 Yd Breast	Joann Leilich	2008	1:25.84
200 Yd Breast	Julie B. Tomlin	2019	2:57.52		200 Yd Breast	Joann Leilich	2006	3:03.98
50 Yd Fly	Kristin W. Henderson	2022	29.96		50 Yd Fly	Lynn Morrison	2022	32.12
100 Yd Fly	Lynn Barnhart	2022	1:06.47		100 Yd Fly	Carolyn Boak	2011	1:15.04
200 Yd Fly	Lynn Barnhart	2022	2:30.62		200 Yd Fly	Elaine S. Valdez	2022	2:55.56
100 Yd IM	Lynn Barnhart	2007	1:11.85		100 Yd IM	Carolyn Boak	2011	1:15.80
200 Yd IM	Lynn Barnhart	2022	2:34.17		200 Yd IM	Carolyn Boak	2011	2:46.27
400 Yd IM	Lynn Barnhart	2022	5:24.53		400 Yd IM	Carolyn Boak	2011	5:49.24
70-74	Name	Year	Time		75-79	Name	Year	Time
50 Yd Free	Lynn Morrison	2024	28.61		50 Yd Free	Jamie Stewart	2025	36.84
100 Yd Free	Lynn Morrison	2024	1:04.56		100 Yd Free	Elise H. Ragland	2026	1:23.72
200 Yd Free	Carolyn Boak	2019	2:34.18		200 Yd Free	Sarah L. Kopsky	2018	3:01.81
500 Yd Free	Cindy S. Bowling	2025	6:48.17		500 Yd Free	Joann Leilich	2014	7:58.42
1000 Yd Free	Elaine S. Valdez	2026	14:05.56		1000 Yd Free	Joann Leilich	2015	16:51.31
1650 Yd Free	Elaine S. Valdez	2026	23:17.81		1650 Yd Free	Sarah L. Kopsky	2017	26:47.55
50 Yd Back	Jeannie L. Woolslayer	2024	36.11		50 Yd Back	Ann Vitt	2022	45.64
100 Yd Back	Jeannie L. Woolslayer	2024	1:19.97		100 Yd Back	Sarah L. Kopsky	2018	1:37.73
200 Yd Back	Dianna S. Ray	2025	3:00.42		200 Yd Back	Sarah L. Kopsky	2017	3:19.11
50 Yd Breast	Joann Leilich	2009	39.89		50 Yd Breast	Joann Leilich	2014	41.53
100 Yd Breast	Joann Leilich	2011	1:26.77		100 Yd Breast	Joann Leilich	2014	1:29.24
200 Yd Breast	Joann Leilich	2009	3:07.28		200 Yd Breast	Joann Leilich	2014	3:16.31
50 Yd Fly	Lynn Morrison	2024	31.97		50 Yd Fly	Jamie Stewart	2025	44.12
100 Yd Fly	Kris Wingenroth	2024	1:19.09		100 Yd Fly	Jamie Stewart	2025	1:49.13
200 Yd Fly	Kris Wingenroth	2024	2:55.65		200 Yd Fly	Jamie Stewart	2025	4:20.28
100 Yd IM	Lynn Morrison	2024	1:16.95		100 Yd IM	Joann Leilich	2014	1:29.93
200 Yd IM	Elaine S. Valdez	2026	2:56.66		200 Yd IM	Joann Leilich	2014	3:18.81
400 Yd IM	Elaine S. Valdez	2026	6:09.86		400 Yd IM	Joann Leilich	2014	7:08.24

80-84	Name	Year	Time		85-89	Name	Year	Time
50 Yd Free	Carol A. Mungavin	2018	33.99		50 Yd Free	Joann Leilich	2024	43.84
100 Yd Free	Joann Leilich	2019	1:32.15		100 Yd Free	Joann Leilich	2024	1:39.28
200 Yd Free	Joann Leilich	2019	3:15.87		200 Yd Free	Joann Leilich	2024	3:27.84
500 Yd Free	Joann Leilich	2019	8:42.64		500 Yd Free	Joann Leilich	2024	9:20.65
1000 Yd Free	Joann Leilich	2022	18:15.07		1000 Yd Free	Dorothy A. Burke	2025	21:18.86
1650 Yd Free	Renae A. Protopapas	2010	41:34.48		1650 Yd Free			
50 Yd Back	Joann Leilich	2019	49.60		50 Yd Back	Joann Leilich	2026	55.17
100 Yd Back	Joann Leilich	2022	1:51.76		100 Yd Back	Joann Leilich	2025	1:56.55
200 Yd Back	Joann Leilich	2022	3:48.67		200 Yd Back	Joann Leilich	2026	4:09.87
50 Yd Breast	Joann Leilich	2019	45.10		50 Yd Breast	Joann Leilich	2024	47.34
100 Yd Breast	Joann Leilich	2019	1:37.42		100 Yd Breast	Joann Leilich	2024	1:44.81
200 Yd Breast	Joann Leilich	2019	3:33.68		200 Yd Breast	Joann Leilich	2024	3:53.82
50 Yd Fly	DeEtte A. Sauer	2022	57.01		50 Yd Fly	Gail N. Marsch	2026	1:30.93
100 Yd Fly	DeEtte A. Sauer	2022	2:11.26		100 Yd Fly			
200 Yd Fly	DeEtte A. Sauer	2022	4:46.30		200 Yd Fly			
100 Yd IM	Joann Leilich	2022	1:44.85		100 Yd IM	Joann Leilich	2026	1:51.58
200 Yd IM	Joann Leilich	2019	3:53.30		200 Yd IM			
400 Yd IM	Dorothy A. Burke	2021	8:58.76		400 Yd IM			
90-94	Name	Year	Time		95-99	Name	Year	Time
50 Yd Free	Sara M. Sievert	2019	1:17.25		50 Yd Free	Sara M. Sievert	2021	1:23.50
100 Yd Free	Sara M. Sievert	2017	2:42.33		100 Yd Free	Sara M. Sievert	2021	3:06.32
200 Yd Free					200 Yd Free			
500 Yd Free					500 Yd Free			
1000 Yd Free					1000 Yd Free			
1650 Yd Free					1650 Yd Free			
50 Yd Back	Sara M. Sievert	2016	1:16.20		50 Yd Back	Sara M. Sievert	2021	1:26.29
100 Yd Back	Sara M. Sievert	2017	2:49.02		100 Yd Back	Sara	2021	3:02.64
200 Yd Back					200 Yd Back			
50 Yd Breast					50 Yd Breast			
100 Yd Breast					100 Yd Breast			
200 Yd Breast					200 Yd Breast			
50 Yd Fly					50 Yd Fly			
100 Yd Fly					100 Yd Fly			
200 Yd Fly					200 Yd Fly			
100 Yd IM					100 Yd IM			
200 Yd IM					200 Yd IM			
400 Yd IM					400 Yd IM			
100-104	Name	Year	Time		105-109	Name	Year	Time
50 Yd Free					50 Yd Free			
100 Yd Free					100 Yd Free			
200 Yd Free					200 Yd Free			
500 Yd Free					500 Yd Free			
1000 Yd Free					1000 Yd Free			
1650 Yd Free					1650 Yd Free			
50 Yd Back					50 Yd Back			
100 Yd Back					100 Yd Back			
200 Yd Back					200 Yd Back			
50 Yd Breast					50 Yd Breast			
100 Yd Breast					100 Yd Breast			
200 Yd Breast					200 Yd Breast			
50 Yd Fly					50 Yd Fly			
100 Yd Fly					100 Yd Fly			
200 Yd Fly					200 Yd Fly			
100 Yd IM					100 Yd IM			
200 Yd IM					200 Yd IM			
400 Yd IM					400 Yd IM			