

Women's South Central Zone Long Course Championship Records

7/23

<u>18-24</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>	<u>35-39</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Traci Van Matre	11	28.06	50 M Free	Sandy Neilson-Bell	94	27.80
100 M Free	Traci Van Matre	11	1:01.02	100 M Free	Sandy Neilson-Bell	94	1:01.52
200 M Free	Traci Van Matre	11	2:10.40	200 M Free	Nadine Day	09	2:16.40
400 M Free	Traci Van Matre	11	4:40.49	400 M Free	Nadine Day	09	4:48.84
800 M Free	Sarah Armstrong	98	10:32.66	800 M Free	Jill Gellatly	02	9:54.23
1500 M Free	Kyle Fisher	93	19:16.00	1500 M Free	Jill Gellatly	03	18:56.25
50 M Back	Quinn Michie	00	32.60	50 M Back	Wendy Segrest	03	34.51
100 M Back	Andrea Fisher	94	1:09.64	100 M Back	Wendy Segrest	03	1:14.49
200 M Back	Andrea Fisher	94	2:33.06	200 M Back	Jill Gellatly	02	2:40.71
50 M Breast	M. Rinehold-Armstrong	98	38.20	50 M Breast	Kim Macklin	04	35.67
100 M Breast	Marissa Clapp	09	1:15.66	100 M Breast	Kim Macklin	04	1:20.90
200 M Breast	Marissa Clapp	09	2:36.61	200 M Breast	Laura Koch Davis	11	2:55.99
50 M Fly	Traci Van Matre	11	30.21	50 M Fly	Amanda Janszen	23	29.72
100 M Fly	Traci Van Matre	11	1:07.47	100 M Fly	Amanda Janszen	23	1:06.15
200 M Fly	Traci Van Matre	11	2:33.30	200 M Fly	Amanda Janszen	23	2:27.87
200 M IM	Marissa Clapp	09	2:26.96	200 M IM	Nadine Day	09	2:35.60
400 M IM	Traci Van Matre	11	5:23.69	400 M IM	Laura Koch Davis	11	5:28.11

<u>25-29</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>	<u>40-44</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Jennifer Brooks	04	27.66	50 M Free	Julie Coskey	15	27.60
100 M Free	Jennifer Brooks	03	1:00.42	100 M Free	Julie Coskey	15	1:01.61
200 M Free	Jennifer Brooks	03	2:12.89	200 M Free	Julie Coskey	15	2:15.87
400 M Free	Jennifer Brooks	03	4:37.84	400 M Free	Heidi George	18	4:36.05
800 M Free	Carleigh Kutac	16	10:05.44	800 M Free	Heidi George	18	9:21.19
1500 M Free	Marielle Balz	19	19:10.93	1500 M Free	Heidi George	18	17:30.65
50 M Back	Jennifer Brooks	04	31.55	50 M Back	Michelle Chow	09	33.92
100 M Back	Lia Oberstar	04	1:06.37	100 M Back	Jill Gellatly	11	1:15.30
200 M Back	Lia Oberstar	04	2:22.41	200 M Back	Sandie Easton	09	2:37.28
50 M Breast	Laura Glass	08	34.13	50 M Breast	Kendal Jacobson	10	38.16
100 M Breast	Marissa Clapp	16	1:15.66	100 M Breast	Kendal Jacobson	10	1:25.34
200 M Breast	Marissa Clapp	16	2:42.35	200 M Breast	Mary Ruppe	11	3:04.72
50 M Fly	Jennifer Brooks	03	28.19	50 M Fly	Maureen Rae	16	29.66
100 M Fly	Jennifer Brooks	03	1:03.89	100 M Fly	Sandie Easton	09	1:09.61
200 M Fly	Karen Jacobson	93	2:32.74	200 M Fly	Sandie Easton	09	2:31.80
200 M IM	Marissa Clapp	16	2:26.47	200 M IM	Sandie Easton	09	2:37.76
400 M IM	Marissa Clapp	16	5:08.24	400 M IM	Mary Ruppe	11	5:44.62

<u>30-34</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>	<u>45-49</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Laura Holt	14	27.41	50 M Free	Erica Braun	19	27.50
100 M Free	Nadine Day	03	59.72	100 M Free	Erica Braun	19	1:00.52
200 M Free	Nadine Day	03	2:11.11	200 M Free	Stephanie Stone	12	2:18.73
400 M Free	Nadine Day	03	4:40.94	400 M Free	Stephanie Stone	13	4:54.27
800 M Free	Nadine Day	03	9:35.70	800 M Free	Stephanie Stone	16	10:12.34
1500 M Free	Bonnie Rhodes	91	19:07.22	1500 M Free	Sally Maddox	04	20:26.83
50 M Back	Laura Holt	14	31.57	50 M Back	Erica Braun	19	32.95
100 M Back	Marissa Clapp	18	1:10.51	100 M Back	Michelle Chow	14	1:12.34
200 M Back	Jessica Schauwecker	19	2:34.43	200 M Back	Stephanie Stone	16	2:31.54
50 M Brst	Laura Holt	14	33.32	50 M Breast	Kerry Lindauer	19	36.26
100 M Brst	Marissa Clapp	17	1:14.60	100 M Breast	Sara Dunn	19	1:19.72
200 M Brst	Marissa Clapp	17	2:38.90	200 M Breast	Sara Dunn	19	2:59.33
50 M Fly	Jane Schweppe	95	28.48	50 M Fly	Erica Braun	19	29.46
100 M Fly	Nadine Day	03	1:05.98	100 M Fly	Erica Braun	19	1:08.62
200 M Fly	Laura Koch	08	2:32.62	200 M Fly	Linda Visser	19	2:48.39
200 M IM	Marissa Clapp	17	2:24.54	200 M IM	Stephanie Stone	14	2:39.94
400 M IM	Marissa Clapp	17	5:09.91	400 M IM	Stephanie Stone	12	5:40.43

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<u>50-54</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>	<u>65-69</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Diane Gould	19	29.22	50 M Free	Penny Noles	19	30.79
100 M Free	Diane Gould	19	1:03.60	100 M Free	Penny Noles	19	1:09.37
200 M Free	Diane Gould	19	2:15.08	200 M Free	Carolyn Boak	10	2:43.40
400 M Free	Diane Gould	19	4:45.27	400 M Free	Carolyn Boak	11	5:55.11
800 M Free	Jill Gellatly	18	10:06.80	800 M Free	Heidi Ernst	18	12:06.92
1500 M Free	Amy Hays	15	21:00.55	1500 M Free	Heidi Ernst	19	23:02.15
50 M Back	Diane Gould	19	34.81	50 M Back	Cecilia McCloskey	16	37.22
100 M Back	Stephanie Stone	18	1:13.53	100 M Back	Cecilia McCloskey	16	1:21.35
200 M Back	Stephanie Stone	18	2:34.49	200 M Back	Cecilia McCloskey	16	2:58.81
50 M Breast	Kendal Jacobson	16	39.71	50 M Breast	Christina McKelvey	18	43.61
100 M Breast	Kendal Jacobson	16	1:27.28	100 M Breast	Deb Coellner	16	1:40.40
200 M Breast	Kendal Jacobson	16	3:07.34	200 M Breast	Joann Leilich	08	3:34.59
50 M Fly	Susan Matherne	16	32.30	50 M Fly	Penny Noles	19	33:10
100 M Fly	Kristy Ditzler	15	1:15.70	100 M Fly	Penny Noles	19	1:15.94
200 M Fly	Elaine Fincham	05	2:58.47	200 M Fly	Penny Noles	19	2:57.26
200 M IM	Stephanie Stone	18	2:40.49	200 M IM	Penny Noles	19	2:57.43
400 M IM	Stephanie Stone	18	5:48.50	400 M IM	Penny Noles	19	6:14.58

<u>55-59</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>	<u>70-74</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Sue Massett-Murphy	13	29.68	50 M Free	Ann Vitt	16	40.22
100 M Free	Susan Matherne	17	1:06.31	100 M Free	Carolyn Boak	15	1:19.45
200 M Free	Stephanie Stone	23	2:25.50	200 M Free	Carolyn Boak	15	2:53.32
400 M Free	Patricia Campbell	19	5:01.16	400 M Free	Carolyn Boak	15	6:09.66
800 M Free	Patricia Campbell	19	10:30.27	800 M Free	Carolyn Boak	18	12:59.00
1500 M Free	Susan Ingraham	17	21:43.62	1500 M Free	Sarah Kopsky	13	26:17.67
50 M Back	Jelena Kunovac	19	35.55	50 M Back	Sarah Kopsky	13	48.45
100 M Back	Stephanie Stone	23	1:14.41	100 M Back	Sarah Kopsky	13	1:44.99
200 M Back	Stephanie Stone	23	2:37.25	200 M Back	Ann Vitt	17	3:49.64
50 M Breast	Jelena Kunovac	23	41.02	50 M Breast	Joann Leilich	11	46.91
100 M Breast	Krissy MacCurdy	08	1:31.86	100 M Breast	Joann Leilich	09	1:38.78
200 M Breast	Krissy MacCurdy	11	3:22.15	200 M Breast	Joann Leilich	09	3:39.59
50 M Fly	Susan Matherne	17	32.88	50 M Fly	Connie Lindsey	23	51.92
100 M Fly	Susan Ingraham	16	1:18.42	100 M Fly	Carolyn Boak	18	1:38.72
200 M Fly	Elaine Valdez	12	3:08.76	200 M Fly	Carolyn Boak	18	3:41.34
200 M IM	Patricia Campbell	19	2:56.01	200 M IM	Barbara Zaremski	10	4:32.90
400 M IM	Monica Bailey	16	6:21.91	400 M IM	Barbara Zaremski	10	9:21.13

<u>60-64</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>	<u>75-79</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Lynn Morrison	18	31.66	50 M Free	Jamie Stewart	23	41.06
100 M Free	Lynn Morrison	15	1:08.42	100 M Free	Ann Vitt	23	1:45.38
200 M Free	Susan Ingraham	23	2:43.29	200 M Free	Joann Leilich	15	3:40.14
400 M Free	Susan Ingraham	23	5:41.46	400 M Free	Joann Leilich	18	7:42.14
800 M Free	Heidi Ernst	15	11:36.65	800 M Free	Joann Leilich	17	15:32.45
1500 M Free	Elaine Valdez	19	22:39.64	1500 M Free	Jackie Marr	18	30:40.80
50 M Back	Elaine Valdez	16	39.29	50 M Back	Ann Vitt	23	53.04
100 M Back	Mary Anne Hines	19	1:29.19	100 M Back	Ann Vitt	23	1:58.77
200 M Back	Mary Anne Hines	19	3:16.01	200 M Back	Ann Vitt	23	4:20.45
50 M Breast	Krissy MacCurdy	12	42.08	50 M Breast	Joann Leilich	14	47.10
100 M Breast	Krissy MacCurdy	12	1:31.11	100 M Breast	Joann Leilich	14	1:43.62
200 M Breast	Krissy MacCurdy	12	3:20.45	200 M Breast	Joann Leilich	14	3:40.84
50 M Fly	Elaine Valdez	16	34.58	50 M Fly	Jamie Stewart	23	54.21
100 M Fly	Elaine Valdez	16	1:21.55	100 M Fly	Jamie Stewart	23	2:11.56
200 M Fly	Elaine Valdez	16	3:07.36	200 M Fly	DeEtte Sauer	16	5:01.70
200 M IM	Krissy MacCurdy	12	3:03.05	200 M IM	Joann Leilich	15	3:57.43
400 M IM	Elaine Valdez	17	6:33.41	400 M IM	DeEtte Sauer	17	10:22.22

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<u>80-84</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>	<u>95-99</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	DeEtte Sauer	23	50.45	50 M Free			
100 M Free	DeEtte Sauer	23	1:53.30	100 M Free			
200 M Free	DeEtte Sauer	23	4:03.86	200 M Free			
400 M Free	Joann Leilich	19	7:54.09	400 M Free			
800 M Free	DeEtte Sauer	23	17:31.66	800 M Free			
1500 M Free				1500 M Free			
50 M Back	Georgia Goggin	09	1:05.29	50 M Back			
100 M Back	Georgia Goggin	09	2:25.87	100 M Back			
200 M Back	Georgia Goggin	09	5:15.91	200 M Back			
50 M Breast	Joann Leilich	19	51.39	50 M Brst			
100 M Breast	Joann Leilich	19	1:49.04	100 M Brst			
200 M Breast	Joann Leilich	19	3:59.55	200 M Brst			
50 M Fly	DeEtte Sauer	23	1:09.16	50 M Fly			
100 M Fly	DeEtte Sauer	23	2:36.94	100 M Fly			
200 M Fly	Ida Hlavacek	23	6:47.16	200 M IM			
200 M IM	Ida Hlavacek	23	5:51.66				
400 M IM	Ida Hlavacek	23	12:12.6				

<u>85-89</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Lillian Kates	18	2:12.06
100 M Free	Georgia Goggin	14	2:24.66
200 M Free			
400 M Free			
800 M Free			
1500 M Free			
50 M Back	Georgia Goggin	14	1:13.08
100 M Back	Lillian Kates	18	5:22.96
200 M Back			
50 M Brst	Georgia Goggin	14	1:21.54
100 M Brst			
200 M Brst	Georgia Goggin	14	6:51.41
50 M Fly			
100 M Fly			
200 M IM			

<u>90-94</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Sara Sievert	17	1:22.55
100 M Free	Sara Sievert	19	3:22.34
200 M Free			
400 M Free			
800 M Free			
1500 M Free			
50 M Back	Sara Sievert	17	1:22.80
100 M Back	Sara Sievert	16	3:01.29
200 M Back			
50 M Brst			
100 M Brst			
200 M Brst			
50 M Fly			
100 M Fly			
200 M IM			