

Women's South Central Zone Long Course Championship Records

7/24

<u>18-24</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Traci Van Matre	11	28.06
100 M Free	Traci Van Matre	11	1:01.02
200 M Free	Traci Van Matre	11	2:10.40
400 M Free	Traci Van Matre	11	4:40.49
800 M Free	Sarah Armstrong	98	10:32.66
1500 M Free	Kyle Fisher	93	19:16.00
50 M Back	Quinn Michie	00	32.60
100 M Back	Andrea Fisher	94	1:09.64
200 M Back	Andrea Fisher	94	2:33.06
50 M Breast	Ashley Lugbill	24	35.77
100 M Breast	Marissa Clapp	09	1:15.66
200 M Breast	Marissa Clapp	09	2:36.61
50 M Fly	Traci Van Matre	11	30.21
100 M Fly	Traci Van Matre	11	1:07.47
200 M Fly	Traci Van Matre	11	2:33.30
200 M IM	Marissa Clapp	09	2:26.96
400 M IM	Traci Van Matre	11	5:23.69

<u>35-39</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Sandy Neilson-Bell	94	27.80
100 M Free	Sandy Neilson-Bell	94	1:01.52
200 M Free	Nadine Day	09	2:16.40
400 M Free	Nadine Day	09	4:48.84
800 M Free	Jill Gellatly	02	9:54.23
1500 M Free	Jill Gellatly	03	18:56.25
50 M Back	Wendy Segrest	03	34.51
100 M Back	Wendy Segrest	03	1:14.49
200 M Back	Jill Gellatly	02	2:40.71
50 M Breast	Kim Macklin	04	35.67
100 M Breast	Kim Macklin	04	1:20.90
200 M Breast	Laura Koch Davis	11	2:55.99
50 M Fly	Amanda Janszen	23	29.72
100 M Fly	Amanda Janszen	23	1:06.15
200 M Fly	Amanda Janszen	23	2:27.87
200 M IM	Nadine Day	09	2:35.60
400 M IM	Laura Koch Davis	11	5:28.11

<u>25-29</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Jennifer Brooks	04	27.66
100 M Free	Jennifer Brooks	03	1:00.42
200 M Free	Jennifer Brooks	03	2:12.89
400 M Free	Jennifer Brooks	03	4:37.84
800 M Free	Carleigh Kutac	16	10:05.44
1500 M Free	Marielle Balz	19	19:10.93
50 M Back	Jennifer Brooks	04	31.55
100 M Back	Lia Oberstar	04	1:06.37
200 M Back	Lia Oberstar	04	2:22.41
50 M Breast	Laura Glass	08	34.13
100 M Breast	Marissa Clapp	16	1:15.66
200 M Breast	Marissa Clapp	16	2:42.35
50 M Fly	Jennifer Brooks	03	28.19
100 M Fly	Erin Trahan	24	1:03.81
200 M Fly	Erin Trahan	24	2:24.17
200 M IM	Marissa Clapp	16	2:26.47
400 M IM	Marissa Clapp	16	5:08.24

<u>40-44</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Julie Coskey	15	27.60
100 M Free	Julie Coskey	15	1:01.61
200 M Free	Julie Coskey	15	2:15.87
400 M Free	Heidi George	18	4:36.05
800 M Free	Heidi George	18	9:21.19
1500 M Free	Heidi George	18	17:30.65
50 M Back	Laura Warren	24	32.17
100 M Back	Jill Gellatly	11	1:15.30
200 M Back	Sandie Easton	09	2:37.28
50 M Breast	Laura Warren	24	34.73
100 M Breast	Kendal Jacobson	10	1:25.34
200 M Breast	Mary Ruppe	11	3:04.72
50 M Fly	Maureen Rae	16	29.66
100 M Fly	Maureen Rae	16	1:07.15
200 M Fly	Sandie Easton	09	2:31.80
200 M IM	Sandie Easton	09	2:37.76
400 M IM	Mary Ruppe	11	5:44.62

<u>30-34</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Marina Spadoni	24	26.46
100 M Free	Nadine Day	03	59.72
200 M Free	Nadine Day	03	2:11.11
400 M Free	Nadine Day	03	4:40.94
800 M Free	Nadine Day	03	9:35.70
1500 M Free	Bonnie Rhodes	91	19:07.22
50 M Back	Marina Spadoni	24	30.75
100 M Back	Marissa Clapp	18	1:10.51
200 M Back	Jessica Schauwecker	19	2:34.43
50 M Brst	Laura Holt	14	33.32
100 M Brst	Marissa Clapp	17	1:14.60
200 M Brst	Marissa Clapp	17	2:38.90
50 M Fly	Jane Schweppe	95	28.48
100 M Fly	Nadine Day	03	1:05.98
200 M Fly	Laura Koch	08	2:32.62
200 M IM	Marissa Clapp	17	2:24.54
400 M IM	Marissa Clapp	17	5:09.91

<u>45-49</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Erika Braun	19	27.50
100 M Free	Erika Braun	19	1:00.52
200 M Free	Stephanie Stone	12	2:18.73
400 M Free	Heidi George	24	4:38.18
800 M Free	Stephanie Stone	16	10:12.34
1500 M Free	Heidi George	24	17:39.25
50 M Back	Erika Braun	19	32.95
100 M Back	Kerry Lindauer	19	1:11.37
200 M Back	Stephanie Stone	16	2:31.54
50 M Breast	Kerry Lindauer	19	36.26
100 M Breast	Sara Dunn	19	1:19.72
200 M Breast	Sara Dunn	19	2:59.33
50 M Fly	Erika Braun	19	29.46
100 M Fly	Erika Braun	19	1:08.62
200 M Fly	Linda Visser	19	2:48.39
200 M IM	Stephanie Stone	14	2:39.94
400 M IM	Stephanie Stone	12	5:40.43

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<u>50-54</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Erika Braun	24	28.32
100 M Free	Erika Braun	24	1:01.21
200 M Free	Diane Gould	19	2:15.08
400 M Free	Diane Gould	19	4:45.27
800 M Free	Jill Gellatly	18	10:06.80
1500 M Free	Amy Hays	15	21:00.55
50 M Back	Diane Gould	19	34.81
100 M Back	Stephanie Stone	18	1:13.53
200 M Back	Stephanie Stone	18	2:34.49
50 M Breast	Linda Visser	24	38.88
100 M Breast	Linda Visser	24	1:25.34
200 M Breast	Linda Visser	24	3:04.80
50 M Fly	Erika Braun	24	29.97
100 M Fly	Erika Braun	24	1:10.09
200 M Fly	Elaine Fincham	05	2:58.47
200 M IM	Stephanie Stone	18	2:40.49
400 M IM	Stephanie Stone	18	5:48.50

<u>55-59</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Sue Massett-Murphy	13	29.68
100 M Free	Susan Matherne	17	1:06.31
200 M Free	Stephanie Stone	23	2:25.50
400 M Free	Patricia Campbell	19	5:01.16
800 M Free	Patricia Campbell	19	10:30.27
1500 M Free	Courtney Chubb	24	20:33.24
50 M Back	Jelena Kunovac	19	35.55
100 M Back	Stephanie Stone	23	1:14.41
200 M Back	Stephanie Stone	23	2:37.25
50 M Breast	Jelena Kunovac	23	41.02
100 M Breast	Krissy MacCurdy	08	1:31.86
200 M Breast	Krissy MacCurdy	11	3:22.15
50 M Fly	Susan Matherne	17	32.88
100 M Fly	Courtney Chubb	24	1:17.16
200 M Fly	Courtney Chubb	24	3:01.10
200 M IM	Patricia Campbell	19	2:56.01
400 M IM	Monica Bailey	16	6:21.91

<u>60-64</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Collette Sappey	24	29.99
100 M Free	Lynn Morrison	15	1:08.42
200 M Free	Jane Esahak-Gage	24	2:33.08
400 M Free	Jane Esahak-Gage	24	5:21.87
800 M Free	Ellen Reynolds	24	10:47.54
1500 M Free	Jane Esahak-Gage	24	21:14.82
50 M Back	Elaine Valdez	16	39.29
100 M Back	Mary Anne Hines	19	1:29.19
200 M Back	Jane Esahak-Gage	24	3:06.96
50 M Breast	Krissy MacCurdy	12	42.08
100 M Breast	Krissy MacCurdy	12	1:31.11
200 M Breast	Krissy MacCurdy	12	3:20.45
50 M Fly	Collette Sappey	24	33.28
100 M Fly	Elaine Valdez	16	1:21.55
200 M Fly	Elaine Valdez	16	3:07.36
200 M IM	Ellen Reynolds	24	2:32.30
400 M IM	Elaine Valdez	17	6:33.41

<u>65-69</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Penny Noles	19	30.79
100 M Free	Penny Noles	19	1:09.37
200 M Free	Lynn Morrison	19	2:39.06
400 M Free	Susan Ingraham	24	5:45.54
800 M Free	Susan Ingraham	24	11:51.36
1500 M Free	Heidi Ernst	19	23:02.15
50 M Back	Cecilia McCloskey	16	37.22
100 M Back	Cecilia McCloskey	16	1:21.35
200 M Back	Cecilia McCloskey	16	2:58.81
50 M Breast	Christina McKelvey	18	43.61
100 M Breast	Deb Coellner	16	1:40.40
200 M Breast	Joann Leilich	08	3:34.59
50 M Fly	Penny Noles	19	33:10
100 M Fly	Penny Noles	19	1:15.94
200 M Fly	Penny Noles	19	2:57.26
200 M IM	Penny Noles	19	2:57.43
400 M IM	Penny Noles	19	6:14.58

<u>70-74</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Penny Noles	24	31.88
100 M Free	Jacki Hirsty	24	1:19.00
200 M Free	Carolyn Boak	15	2:53.32
400 M Free	Carolyn Boak	15	6:09.66
800 M Free	Carolyn Boak	18	12:59.00
1500 M Free	Cindy Bowling	24	25:06.63
50 M Back	Dianna Ray	24	45.88
100 M Back	Dianna Ray	24	1:38.78
200 M Back	Penny Noles	24	3:17.49
50 M Breast	Joann Leilich	11	46.91
100 M Breast	Joann Leilich	09	1:38.78
200 M Breast	Joann Leilich	09	3:39.59
50 M Fly	Penny Noles	24	35.50
100 M Fly	Penny Noles	24	1:27.54
200 M Fly	Carolyn Boak	18	3:41.34
200 M IM	Barbara Zaremski	10	4:32.90
400 M IM	Barbara Zaremski	10	9:21.13

<u>75-79</u>	<u>NAME</u>	<u>YEAR</u>	<u>TIME</u>
50 M Free	Jamie Stewart	23	41.06
100 M Free	Jamie Stewart	24	1:43.04
200 M Free	Joann Leilich	15	3:40.14
400 M Free	Joann Leilich	18	7:42.14
800 M Free	Joann Leilich	17	15:32.45
1500 M Free	Jackie Marr	18	30:40.80
50 M Back	Ann Vitt	23	53.04
100 M Back	Ann Vitt	23	1:58.77
200 M Back	Ann Vitt	23	4:20.45
50 M Breast	Joann Leilich	14	47.10
100 M Breast	Joann Leilich	14	1:43.62
200 M Breast	Joann Leilich	14	3:40.84
50 M Fly	Jamie Stewart	24	50.65
100 M Fly	Jamie Stewart	24	2:10.82
200 M Fly	DeEtte Sauer	16	5:01.70
200 M IM	Joann Leilich	15	3:57.43
400 M IM	DeEtte Sauer	17	10:22.22

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80-84	NAME	YEAR	TIME	95-99	NAME	YEAR	TIME
50 M Free	DeEtte Sauer	23	50.45	50 M Free			
100 M Free	DeEtte Sauer	23	1:53.30	100 M Free			
200 M Free	DeEtte Sauer	23	4:03.86	200 M Free			
400 M Free	Joann Leilich	19	7:54.09	400 M Free			
800 M Free	DeEtte Sauer	23	17:31.66	800 M Free			
1500 M Free				1500 M Free			
50 M Back	Georgia Goggin	09	1:05.29	50 M Back			
100 M Back	Ida Hlavacek	24	2:24.73	100 M Back			
200 M Back	Georgia Goggin	09	5:15.91	200 M Back			
50 M Breast	Joann Leilich	19	51.39	50 M Brst			
100 M Breast	Joann Leilich	19	1:49.04	100 M Brst			
200 M Breast	Joann Leilich	19	3:59.55	200 M Brst			
50 M Fly	DeEtte Sauer	24	1:08.96	50 M Fly			
100 M Fly	DeEtte Sauer	23	2:36.94	100 M Fly			
200 M Fly	Ida Hlavacek	23	6:47.16	200 M IM			
200 M IM	Ida Hlavacek	23	5:51.66				
400 M IM	Ida Hlavacek	23	12:12.56				
85-89	NAME	YEAR	TIME				
50 M Free	Lillian Kates	18	2:12.06				
100 M Free	Georgia Goggin	14	2:24.66				
200 M Free	Dorothy Burke	24	4:29.15				
400 M Free							
800 M Free							
1500 M Free							
50 M Back	Dorothy Burke	24	1:11.73				
100 M Back	Dorothy Burke	24	2:30.70				
200 M Back							
50 M Brst	Joann Leilich	24	55.01				
100 M Brst	Joann Leilich	24	2:00.09				
200 M Brst	Joann Leilich	24	4:26.79				
50 M Fly							
100 M Fly							
200 M IM							
90-94	NAME	YEAR	TIME				
50 M Free	Sara Sievert	17	1:22.55				
100 M Free	Sara Sievert	19	3:22.34				
200 M Free							
400 M Free							
800 M Free							
1500 M Free							
50 M Back	Sara Sievert	17	1:22.80				
100 M Back	Sara Sievert	16	3:01.29				
200 M Back							
50 M Brst							
100 M Brst							
200 M Brst							
50 M Fly							
100 M Fly							
200 M IM							