

Lay Off Me – The Opportunity Professional Goal – Job Options

Now is the perfect time to determine how you want to structure your life regarding work. You may want to consider pivoting your career, moving to a new company, or semi-retiring!

To help determine what you want to do, take a moment to answer at least three questions from the list below. Challenge yourself to think of what you want for your future and keep yourself open to as many options as possible.



1. What image or words come to mind when you think of your professional life?
2. What did you think you would do for a living when you were younger?
3. When you were younger, describe what you thought your workday would be like.
4. What was the most favorite thing you have ever done for work?
5. Describe your perfect workday.
6. Why do you work?
7. When would you like to work? (Describe the schedule)
8. What was the biggest lesson you learned at work?
9. What work are you currently doing that you wish you never had to do again?
10. What is the most significant career decision you regret and why?
11. When do you want to retire? If yes, what would it look like?
12. Write about your professional life- what you like, dislike, wish you could dream up, etc.