

COMMUNITY CARE MINISTRY (CCM) PRESENTATION STRUCTURE

A Presence-Centered Approach to Spiritual Formation, Development, and Service

1. THE FOUNDATION: A Biblical Understanding of the Human Condition

A. The Core Problem: Self-Reliance Born from Fear

Self-reliance develops when we experience:

- disconnection from God
- disconnection from others
- disconnection from our own worth

Genesis 3 shows that fear, hiding, shame, and self-protection arise from **separation**, not just from disobedience.

B. The Core Solution: Surrender That Restores Connection

Surrender is not passivity.

It is:

- returning to God's design for relationship
- living from presence instead of performance
- embracing identity rather than earning it

This concept becomes the **spiritual anchor** for CCM.

2. WHY COMMUNITY CARE MINISTRY IS NEEDED

A. The Church Has Many Believers Who Are:

- overwhelmed
- disconnected
- burned out
- spiritually uncertain
- hungry for purpose
- silently suffering

B. Most Churches Want to Help, But Lack:

- a model for structured relational care
- training for volunteers
- theological integration with trauma and mental health
- pathways for people to serve meaningfully
- tools for pastors to avoid burnout

C. CCM Bridges the Gap Between:

- pastoral care and everyday discipleship
 - spiritual language and emotional understanding
 - biblical truth and human experience
 - healing and serving
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3. THE CCM PROCESS: A STRUCTURED PATHWAY FOR BELIEVERS WHO WANT TO GROW & SERVE

This is the part ministers will value most — a **clear, scalable, repeatable model**.

STEP 1 — Presenting the CCM Model

Believers are introduced to:

- the purpose of CCM
- the biblical foundation (connection vs self-reliance)
- how human experience shapes belief
- the role of presence in healing
- the mission: *attending to people as Christ attends to us*

This step creates **vision and buy-in**.

STEP 2 — Education: How Our Experiences Shape Our Beliefs

This is where CCM becomes transformational.

Believers learn about:

- emotional patterns
- attachment styles
- survival responses (fight/flight/freeze/fawn)

- the influence of trauma
- how Scripture frames these experiences
- where self-reliance shows up in daily life

This step helps people say:

- “*Oh. So THAT’S why I react the way I do.*”
- “*I’m not broken — I’m disconnected.*”

This creates **safety** and **self-awareness**.

STEP 3 — Identifying Our Fruit and Gifts

Believers explore:

- natural strengths
- spiritual gifts
- relational styles
- their unique “presence” in the Body
- fruit that grows naturally when they are connected
- “false fruit” that grows under self-reliance

Ministers love this because it becomes a **ministry pipeline**.

People begin to ask:

“Where am I already wired to serve the Body?”

STEP 4 — Recognizing Our Desire for Self-Reliance

Participants learn to identify:

- the internal pull toward independence
- the fear behind that desire
- the limits of self-sustaining strength
- the difference between healthy autonomy and spiritual isolation

They begin to see that self-reliance:

- is a symptom, not a flaw
- comes from separation, not rebellion
- is healed through connection, not correction

This creates **compassion** and **humility**.

STEP 5 — Understanding Our Need for Surrender

Surrender is framed as:

- returning to relationship
- embracing identity
- receiving strength
- releasing control
- letting God sustain what we cannot

Participants learn simple practices:

- breath-and-presence prayer
- naming what they're carrying
- relational reconnection
- listening rather than striving

This cultivates **spiritual maturity** and **inner peace**.

STEP 6 — Becoming Equipped to Serve Through CCM

Once believers have:

- self-awareness
- spiritual grounding
- relational tools
- identity clarity

...they are ready to serve in roles such as:

- care teams
- hospitality and connection teams
- small group leaders
- pastoral support volunteers
- community outreach partners
- prayer partners
- presence companions (CCM's core ministry role)

Believers learn how to:

- hold space
- listen deeply
- respond with compassion
- build trust
- encourage spiritual growth
- walk with others without taking control

This is **practical, reproducible discipleship**.

4. WHAT CCM PROVIDES TO THE CHURCH

- **A structured discipleship pathway**
- **Training that combines Scripture + mental health wisdom**
- **A biblically grounded trauma-informed care model**
- **A sustainable support system for pastors**
- **Volunteers who are truly equipped to care**
- **A culture of belonging rather than performance**
- **A ministry that integrates spiritual, emotional, and relational growth**
- **A way to help modern believers find purpose and meaning**