



KICKSTART SPORT

RUGBY

EST. 2013

YOUTH SPORTS DEVELOPMENT & TRAINING



BUILDING SKILLS



BUILDING CONFIDENCE



BUILDING ATHLETES

OUR VISION

At Kickstart Sport, we believe every child deserves the opportunity to develop their potential.

Whether they're taking their first steps in sport or looking to improve their performance, our academy provides structured coaching, quality development and competitive opportunities that help players build confidence, strengthen their skills and progress to the next level.

OUR TRAINING SESSIONS

Each training session is carefully planned to provide a balance between skill development, physical conditioning and game understanding. Sessions are divided into three key areas:

- **WARM-UP & ATHLETIC DEVELOPMENT** – Preparing players through movement, coordination, agility and fitness exercises.
- **TECHNICAL SKILLS & DRILLS** – Developing passing, tackling, ball handling, kicking and sport-specific techniques through structured coaching.
- **GAME-BASED MATCH PLAYS** – Applying newly learned skills in realistic match situations to improve confidence, teamwork and tactical awareness.



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OUR TRAINING SESSIONS

To ensure every player receives the attention they deserve, we maintain a maximum coach-to-player ratio of 1:14. Players are grouped according to their age and ability, allowing coaches to deliver appropriate challenges and personalised development for beginners, developing players and advanced athletes.

Throughout the season, players also participate in internal branch matches and academy fixtures, giving them the opportunity to apply their skills in a competitive environment while tracking their progress. These match days also provide families with the chance to support their children and celebrate their development throughout the programme.

PLEASE NOTE THAT BRANCH MATCHES WILL ONLY BE ARRANGED,
DEPENDING ON THE NUMBER OF KIDS THAT SIGN UP

WHAT YOUR CHILD WILL DEVELOP

- Rugby Skills & Technique
- Coordination & Motor Skills
- Confidence
- Focus & Concentration
- Teamwork & Communication
- Discipline & Respect
- Sportsmanship
- Health & Fitness

OUR BRANCH

- Avianto Estate Private School



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MEMBERSHIP OFFER

Whether your child is starting their sporting journey or looking to take their performance to the next level, our Core Membership offers the perfect balance of coaching, development, and competitive opportunities.

CORE MEMBERSHIP

R450 PER MONTH

1 TRAINING SESSION PER WEEK

July
17

WEDNESDAYS



Structured Coaching and Skill Development



Fitness, Coordination and Game Understanding



Access to Monthly Branch Matches and Club Activities

WEDNESDAY TIMES:

Juniors & Seniors: 15:30PM - 16:30PM (Grade 0 - 8)



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MEMBERSHIP FEES

REGISTRATION:

- Once-Off Registration Fee: **R250**
- Kit Administration Fee: **R200** (applicable when ordering a new Kickstart kit)

MONTHLY MEMBERSHIP:

Kickstart Sport Development Academy Membership

- **R450** per month (1 Training Session - Every Wednesday)

YOUR MONTHLY MEMBERSHIP INCLUDES:

- Weekly academy training sessions
- Qualified coaching
- Player development programme
- Internal academy fixtures
- Monthly player development tracking
- XP Rewards Programme
- Parent communication and updates

2026 ACADEMY TERMS

TERM 1

- 10 January – 28 March 2026

TERM 2

- 4 April – 27 June 2026

TERM 3

- 4 July – 26 September 2026

TERM 4

- 3 October – 19 December 2026

MEMBERSHIP FEE: R450 **PER MONTH** THROUGHOUT THE YEAR.

ANNUAL PAYMENT OPTION: PAY YOUR ANNUAL MEMBERSHIP UPFRONT AND RECEIVE A **12.5% DISCOUNT**.



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ENROLMENT INFORMATION 2026

Kickstart Sport follows the 4 Term South African school calendar. Membership fees are payable **on or before the first training session** of each month. Once registered, you will receive a monthly training schedule, important dates and all academy communications.

TERMS & CONDITIONS

- Registration is only confirmed once the Registration Forms have been completed.
- Fees are payable on the **1st training session** of each month. E.g. January month session is payable on or before the 1st session in January.
- No Payment, No Play: Payments not received by the **7th of the month** will result in your child being unable to attend training or matches until the account is up to date.
- Payments must be made directly to **Kickstart Sport** and not through the school.
- Payment Methods: EFT or Card (available on training days). **No cash accepted.**
- Missed training sessions are **non-refundable** and cannot be made up.
- No training takes place during public or school holidays, unless a holiday clinic has been scheduled.

BANK DETAILS

Account Name: **Richard John Alcock**

Bank: **FNB Florida**

Account Number: **62514131036**

Branch Code: **250141**

Reference: **SCHOOL NAME + CHILD'S NAME & SURNAME**

E.g. AVI (Avianto Estate Private School) & Name Surname

NO PAYMENT = NO PLAY



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ENROLMENT INFORMATION 2026

PLEASE CLICK THE LINK BELOW AND COMPLETE ALL OF THE INFORMATION IN FULL TO REGISTER YOUR CHILD/CHILDREN FOR KICKSTART RUGBY SELECTED BRANCH:

JOIN

join.kickstartsport.co.za

PLEASE NOTE:

- Once you sign up with Kickstart Sport by filling the survey form in the link above, you are held responsible to paying a monthly membership fee to Kickstart Sport once you have signed up your child/children.
- If there are no payments made for 2 consecutive months, your child/children will not be allowed to participate in Kickstart sessions until payments have been paid
- You also agree to giving a months notice if you wish to no longer continue with Kickstart Sport, otherwise you will be invoiced.

WHATSAPP GROUP LINK



THANK YOU FOR JOINING THE KICKSTART SPORT FAMILY.

WE LOOK FORWARD TO SUPPORTING YOUR CHILD'S DEVELOPMENT AND CREATING AN ENVIRONMENT WHERE THEY CAN LEARN, GROW AND ENJOY EVERY STEP OF THEIR SPORTING JOURNEY.