



# KICKSTART SPORT

~ NETBALL ~

EST. 2013

[www.kickstartsport.co.za](http://www.kickstartsport.co.za)



## VISION

We strive to bring a sense of passion into netball and sport at Ridgevale Primary.

The skills offered at the clinic can be incorporated into their school practices and matches. Most importantly we want the children to enjoy the Saturday training sessions and learn new, fun and exciting drills and exercise.

## TRAINING SESSIONS

The training sessions are divided into 3 areas:

1. Warm-up & Fitness
2. Skills & Drills
3. Match type situations

There will be a maximum of 14 children per coach, to ensure every child gets individual attention. The children will also be put into groups according to their skill set. Beginner, Advanced, Age group-specific etc.

Depending on the number of kids that attend, internal matches will be organised against each other once a term. This will also give the parents the opportunity to watch and support their children and see how much they have learned.

**WHEN:** Saturday mornings

**TIMES:** 08:30 - 09:45

**FOR:** Girls  
(Grade 0 - 8)

**WHERE:** Ridgevale Primary School

### LESSONS:

Clinic follows 4 Term school calendar.

Monthly payments will be required on the first lesson of the month

(A lesson structure for the month and all necessary dates will be sent home once you have registered).

### CONTACT DETAILS:

**Richard:** 082 685 3700

**Mike:** 082 048 4448

### EMAIL ADDRESS:

[kickstartsport101@gmail.com](mailto:kickstartsport101@gmail.com)

Please note that the tournament dates will only be arranged, depending on the number of kids that sign up

**WHAT CHILDREN WILL LEARN:**

- Netball skills
- Muscle development
- Confidence
- Concentration
- Teamwork
- Sportsmanship
- Health & fitness.

**BRANCHES:**

Charterhouse Primary / Panorama Primary / Monument Primary /  
Ridgevale Primary / Avianto Estate Private School / Randpark Primary / Silverfields Primary /  
Trinityhouse Little Falls / The Kings School West Rand

**ANNUAL ADMIN FEE:**

Our admin fee is structured to suit your needs:

- R450 if you're ordering and purchasing a new kit.
- OR
- R250 if you already have your kit and are ready to go.

**Term 1: 18 Jan – 05 April 2025**

Jan = R 200 p/month  
Feb = R 380 p/month  
Mar = R 380 p/month

**Term 2: 12 April – 19 July 2025**

Apr = R 380 p/month  
May = R 380 p/month  
Jun = R 380 p/month

**Term 3: 26 July – 11 Oct 2025**

Jul = R 380 p/month  
Aug = R 380 p/month  
Sep = R 380 p/month

**Term 4: 18 Oct – 13 Dec 2025**

Oct = R 380 p/month  
Nov = R 380 p/month  
Dec = R 380 p/month

Pay for the year = 12.5% discount

MINI TOURNAMENT DATES: TBC

MINI TOURNAMENT DATES: Will be held once a term together with the other Kickstart teams.



# ENROLMENT INFORMATION 2025

**CONDITIONS AND REQUIREMENTS**

- IF YOUR CHILD IS INTERESTED IN JOINING KICKSTART SPORT, PLEASE CONTACT US ON THE ABOVE CONTACT DETAILS, EITHER BY PHONE OR BY EMAIL, SO THAT WE CAN SEND YOUR CHILD A REGISTRATION FORM TO BOOK THEIR SPOT IN THE CLINIC.
- FEES ARE PAYABLE ON THE 1ST TRAINING SESSION OF EACH MONTH. E.G. JANUARY MONTH SESSION IS PAYABLE ON OR BEFORE THE 1ST SESSION IN JANUARY.
- IF PAYMENT IS NOT MADE BY THE 7TH OF THE MONTH, YOUR CHILD WILL NOT BE ABLE TO PRACTICE OR PLAY IN FUTURE MATCHES.
- FEES ARE PAYABLE TO MR. R ALCOCK DIRECTLY AND NOT TO THE SCHOOL SECRETARY OR CLASS TEACHER AS THIS IS A PRIVATE EXTRA MURAL.

**PAYMENT METHODS:**

- Strictly no Cash!!!!!!!
- Card facility available on training days
- EFT

**BANK DETAILS:**

Account Name: Richard John Alcock  
Bank: FNB Florida  
Account Number: 62514131036  
Branch Code; 250141  
Reference RID + Child's name. e.g. RID Richard Alcock  
NO PAYMENT NO PLAY!!

- NO LESSONS WILL BE MADE UP IF YOUR CHILD IS ABSENT, FOR WHATEVER REASON, THE FULL MONTH FEE IS STILL APPLICABLE. NO MONIES WILL BE REFUNDED.
- NO LESSONS ON PUBLIC HOLIDAYS AND SCHOOL HOLIDAYS.
- NO CHILD WILL BE ALLOWED TO PLAY IF THE INDEMNITY AND THE REGISTRATION FORMS AREN'T COMPLETE.
- ONE MONTH NOTICE REQUIRED SHOULD YOUR CHILD NO LONGER WISH TO ATTEND KICKSTART SPORT. IN THE EVENT YOUR CHILD DOES NOT ATTEND IN A MONTH WITHOUT NOTICE, YOU WILL STILL RECEIVE AN INVOICE.



# KICKSTART SPORT

~ NETBALL ~

PLEASE CLICK THE LINK BELOW AND COMPLETE ALL OF THE INFORMATION IN FULL TO REGISTER YOUR CHILD/CHILDREN FOR KICKSTART NETBALL RIDGEVALE PRIMARY:

<https://forms.gle/35DijZ8jfa3BBhdd8>

## WHATSAPP GROUP LINK

Please use the below link to join the Ridgevale Kickstart Sport group once you have completed the form.

## PLEASE NOTE:

- ONCE YOU SIGN UP WITH KICKSTART SPORT BY FILLING THE SURVEY FORM IN THE LINK ABOVE, YOU ARE HELD RESPONSIBLE TO PAYING A MONTHLY MEMBERSHIP FEE TO KICKSTART SPORT ONCE YOU HAVE SIGNED UP YOUR CHILD/CHILDREN.
- IF THERE ARE NO PAYMENTS MADE FOR 2 CONSECUTIVE MONTHS, YOUR CHILD/CHILDREN WILL NOT BE ALLOWED TO PARTICIPATE IN KICKSTART SESSIONS UNTIL PAYMENTS HAVE BEEN PAID (NO PAY NO PLAY).
- YOU ALSO AGREE TO GIVING A MONTHS NOTICE IF YOU WISH TO NO LONGER CONTINUE WITH KICKSTART SPORT, OTHERWISE YOU WILL BE INVOICED.
- NO LESSONS WILL BE MADE UP IF YOUR CHILD IS ABSENT, FOR WHATEVER REASON, THE FULL MONTH FEE IS STILL APPLICABLE. NO MONIES WILL BE REFUNDED.



KNS Netball Ridgevale  
WhatsApp group

