



# ACADEMY SUMMER CAMPS 2023

Wilson  
US open 4

**June 19th - July 28th**

**\*\*No Camps the week of July 3rd; players may  
sign up for individual clinics instead.**



# QCTACADEMY CAMP 2023



## FUNdamentals Camp Red/Orange

**Week 1: 6/19-6/23**  
**Week 2: 6/26-6/29**  
**Monday-Thursday**  
**9:30am-12pm**

The Red/Orange FUNdamentals camp is geared towards our players in the 6-10 year old range who are just starting out in the game of tennis. This camp is all about early tennis and athletic development. We start with using Red Ball guidelines to work on the ABC's (Agility Balance Coordination) then move to sending and receiving skills used in tennis.

Orange Academy players will continue their improvement of the ABC's and tennis specific movements. Building on our tennis fundamentals, we will focus on stroke development along with direction, depth, spin and speed. Classes will utilize drills, fun games and friendly competition to improve your players' game!  
Each week has a fun-filled curriculum tailored for players to learn and have fun while doing so!

**\*\*Please see Week 3 Clinics for July 3-7th**  
**Sign UP Info**

## Learn2Rally Camp Red/Orange

**Week 4: 7/10-7/13**  
**Week 5: 7/17-7/20**  
**Monday-Thursday**  
**9:30am-12pm**

QCTC's Learn2Rally Camp is designed to be beginner-friendly and to engage children in tennis as a team sport, while having fun with their friends and learning fundamental skills. Players are not only encouraged and rewarded for their winning play, but are also recognized for how they approach the game. Throughout the camp, coaches emphasize the Big Three (Attitude, Effort, and Sportsmanship) along with teamwork and achieving one's personal best.

Both weeks build on the tennis, movement, character, & team skills from previous weeks. Players will have fun and improve dramatically with so much court time.

Our coaching team strives to:

Engage your child with active movement and positive attitude

Build character and life skills

Challenge each participant to give their best



For More Information, please visit contact Club Director,  
Kourtni Barnes at  
[kournibarnes@quadcacitytennisclub.com](mailto:kournibarnes@quadcacitytennisclub.com)





# QCTACADEMY CAMP 2023

## Academy Training Camp FUNdamentals Green/Academy 2

**Week 1: 6/19-6/23**  
**Week 2: 6/26-6/29**  
**Monday-Thursday**  
**1:30-4:30pm**

If you are looking to maximize your development as a tennis player, look no further! The Academy Training FUNdamentals Camp for Green/Academy 2 players intend to build upon the stroke and movement development of each player utilizing the easier to hit Green Ball (or Yellow Ball for our Academy 2 players). Players will continue to develop the ABC's (Agility Balance Coordination) of stroke development with more advanced tennis specific movement on a full tennis court. Player stroke, fundamentals and tactics will continue to be developed using placement, depth, spin and speed. Classes will utilize drills, games and friendly competition.

**\*\*Please see Week 3 Clinics for July 3-7th**  
**Sign UP Info**

## Academy Training Camp Competitive Play Green/Academy 2

**Week 4: 7/10-7/13**  
**Week 5: 7/17-7/20**  
**Monday-Thursday**  
**1:30-4:30pm**

Take your game to the next level! Through a fun and challenging training program developed by our QCTC Tennis Professionals, The Competitive Play Academy Training Camp for Green/Academy 2 level players includes tactical and technical coaching, situational training, match play, match analysis, and a focus on athletic performance training. Players will work on point play strategies during competitive match-play scenarios. The Competitive Play Camp will emphasize the Big Three (Attitude, Effort, and Sportsmanship) along with teamwork and achieving one's personal best.

Both weeks build on the tennis, movement, character, & team skills from previous weeks. Players will have fun and improve dramatically with so much court time.

Our coaching team strives to:

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# QCTACADEMY CAMP 2023



## College Week

### High School/High Performance

Are you a High School Tennis player eager to see what it takes to get to the next level?

Augustana College Head Men's and Women's Tennis Coach, David DeSimone is teaming up with QCTC Staff to provide QCTA players with a 3-day opportunity!

Players will work on skill development and college readiness and learn all about what college recruiters are looking for.

This camp offers no drop-in's and has a cap of 12 players.

**Week 1: 6/19-6/21**

**Monday-Wednesday**

**10:30am-2:00pm**

## Academy Training Camp

### Academy 1/

### High Performance 1&2

**Week 1: 6/19-6/23**

**Week 2: 6/26-6/29**

**Week 4: 7/10-7/13**

**Week 5: 7/17-7/20**

**Tuesday-Thursday**

**11:30am-1:30pm**

The QCTA High Performance Camp will look to build the "total athlete". The on-court training will involve instruction and repetition designed to develop the technical and tactical player who is playing in UTR/USTA tournaments, high school tennis, college and beyond.

Each day there will be a balance for players of instruction and competition in the 11:30-1:30 session. Technical and tactical foundations will be developed through drills and specific point play competition.

The 2:00-4:00 session will consist of Verified UTR\* match play and age-based fitness training. Training will consist of tennis specific footwork, agility, speed enhancement, and age-based strength training.

\*minimum number of players required and separate registration required for Verified UTR match play.

**\*\*Please see Week 3 Clinics for July 3-7th  
Sign UP Info**

**2:00-4:00 Tuesday-Thursday**

**Optional Guided Match Play & Fitness Training**

**Fridays - Small Group & UTR Match Play**

For More Information, please visit contact Club Director,  
Kourtnei Barnes at

[kourtneibarnes@quadcitytennisclub.com](mailto:kourtneibarnes@quadcitytennisclub.com)





# QCTACADEMY CAMP 2023



## QCTA Cup Camp Week Week Six July 24 - July 27

Who doesn't love some end of the summer fun? In the final week of our QCTA Camps, we're packing it full with fun-filled instructional games, point, play and fast-paced instruction. See below for skill levels and camp times.

**Red/Orange - Monday-Wednesday - 9:30am-12:00pm**

**Green/Academy 2 - Monday-Thursday - 1:30-4:30pm**

**Academy 1, High Performance 1&2 - Monday-Thursday -  
11:30am-1:30pm**

## QCTA Clinic Week Week Three July 3 - July 6

Please see additional QCTA Clinic Flyer and  
Registration for more information!



## Match Play & Small Group Instruction Fridays

On Fridays throughout the summer players will have the opportunity to sign up for Match Play or small group instruction with their Academy Pro. Pros will reach out to players individually to set up small group instruction. Players levels Orange and Up are eligible for Match Play.



For More Information, please visit contact Club Director,  
Kourtnei Barnes at  
[kournibarnes@quadcitytennisclub.com](mailto:kournibarnes@quadcitytennisclub.com)



# QCTACADEMY CAMP 2023

## CLINICS WEEK

### JULY 3-6

#### Monday, July 3rd

##### **QuickStart Clinic for Ages 5-9** **9:30am-12:00pm; \$40**

Geared towards players who are entering Kindergarten-3rd Grade, the QuickStart Clinic is for players new to the game or just starting out! Coach Daniel will lead players through tennis stroke fundamentals, grip styles, footwork and beginning game strategy.

##### **Footwork & Agility Clinic** **Green/Academy 2** **1:30-4:00pm; \$45**

For players in Green Academy and Academy 2 Programming, the Footwork and Agility Clinic will focus on just that - footwork and agility! Players will get a work out as they focus on cardio inspired by tennis specific movements. Strategy and game play will be discussed.

##### **Serving & Overheads** **Academy 1/HP** **1:30-4:00pm; \$50**

For players in Academy 1 and High Performance the Serving & Overheads Clinic will focus on refining players Serves and Overheads. Lead by Coach Curt and Coach Ernie, players will get a work on refining their strokes to prepare for tournament play.

#### Tuesday, July 4th

### No Clinics - Happy Independence Day

#### Wednesday, July 5th

##### **UTR 4.0+ Clinic** **8:30am-12:00pm; \$55\***

For players with a UTR score of 4.0+, players will work with Coach Ernie on game strategy, tactical foundations and match play.

##### **UTR 2.0+ Clinic** **10:00am-1:30pm; \$50**

For players with a UTR score of 2.0-4.0, players will work with Coach Curt on match preparedness, tactical foundations and game approach.

##### **QuickStart Clinic for Ages 5-9** **1:30-4:00pm \$40**

Geared towards players who are entering Kindergarten-3rd Grade, the QuickStart Clinic is for players new to the game or just starting out! Coach Daniel will lead players through tennis stroke fundamentals, grip styles, footwork and beginning game strategy. Players must register by Friday June 30th at 12noon.

##### **QuickStart Clinic for Ages 10-14** **1:30-4:00pm; \$45**

Geared towards players who are entering Kindergarten-3rd Grade, the QuickStart Clinic is for players new to the game or just starting out! Coach Daniel will lead players through tennis stroke fundamentals, grip styles, footwork and beginning game strategy. Players must register by Friday June 30th at 12noon.

# QCTACADEMY CAMP 2023 CLINICS WEEK JULY 3-6

## Thursday, July 7th

### Tennis Strategy & Match Play Strategy 9:30am-12:00pm; \$50

For Green and Academy 2 level players, the Tennis Strategy & Match Play clinic will focus primarily on point play and strategic game approach.

### UTR 2.0+ Clinic 1:30-4:30pm; \$45

For players with a UTR score of 2.0-4.0, players will work with Coach Curt on match preparedness, tactical foundations and game approach.

## Friday, July 8th

### UTR Verified Match Play

**Please sign up on the UTR website - more information to come.**

Players may register for clinics by using the Google or Paper Registration Forms.  
One Registration Form per player is required.

**\*\*Spots are limited and are on a first come first-serve basis.**





# QCTACADEMY CAMP 2023 PRICING STRUCTURE

## Red/Orange Pricing Structure

<b>Weekly Rate</b>	<b>\$180</b>
<b>June ONLY</b>	<b>\$350</b>
<b>July ONLY</b>	<b>\$520</b>
<b>Clinics Week</b>	<b>\$40 per clinic*</b>
<b>FULL SUMMER</b>	<b>\$800</b>

## Green/Academy 2 Pricing Structure

<b>Weekly Rate</b>	<b>\$230</b>
<b>June ONLY</b>	<b>\$450</b>
<b>July ONLY</b>	<b>\$650</b>
<b>Clinics Week</b>	<b>\$45 per clinic*</b>
<b>FULL SUMMER</b>	<b>\$1000</b>

\*\*Weekly players must sign up for each week the Friday previous by 12pm (Noon)

\*\*Monthly Players must sign up by: June 16th by 12noon (for June Only) and June 30th (for July Only) to receive the monthly discount.

\*\*Full Summer Players must sign up for the entire summer by June 16th at 12noon to receive the full summer discount.



# Academy 1 / HP/ HP2 Pricing Structure

## CAMP Pricing ONLY



<b>Weekly Rate</b>	<b>\$250</b>
<b>June ONLY</b>	<b>\$500</b>
<b>July ONLY</b>	<b>\$700</b>
<b>Clinics Week</b>	<b>\$50 per clinic</b>
<b>FULL SUMMER</b>	<b>\$1200</b>

# Academy 1 / HP/ HP2 Pricing Structure

## CAMP Pricing with Fitness Option Included



*\*This option includes the full camp. You cannot add the fitness option on unless you are signing up for the full camp*

<b>Weekly Rate</b>	<b>\$350</b>
<b>June ONLY</b>	<b>\$650</b>
<b>July ONLY</b>	<b>\$1000</b>
<b>Clinics Week</b>	<b>\$50 per clinic*</b>
<b>FULL SUMMER</b>	<b>\$1500</b>

To Register:

1. Each player needs to complete their own separate form (either Paper or Google Form)
2. Payments must be made by the registration deadline. Payments may be made via cash, check or credit card by visiting QCTC or calling the Front Desk at 309-762-2400.
3. Friday Match Play and Small Group Instruction pricing is NOT included in any camp pricing. These are in addition and will be billed on a drop-in basis.

**\*\*Spots are limited and are on a first come first-serve basis.**

**\*\*Weekly players must sign up for each week the Friday previous by 12pm (Noon)**

**\*\*Monthly Players must sign up by: June 16th by 12noon (for June Only) and June 30th (for July Only) to receive the monthly discount.**

**\*\*Full Summer Players must sign up for the entire summer by June 16th at 12noon to receive the full summer discount.**