



FALL PROGRAM GUIDE

QUAD CITY TENNIS CLUB

AUGUST 10TH - NOVEMBER 9TH

ROGY Program

Tennis 4 Tots

Players 3.5-5 years old

Tennis 4 Tots is players first introduction to the game of tennis. Using foam balls, players will work with Coaches in a group setting to learn the basics and fundamentals of the game of tennis.



4:00pm-4:30pm



8:30am-9:00am

Red Academy

Players at least 5-7 years old:

A fun, high-energy intro to tennis for young players! Using Red Balls and USTA Net Generation methods, we build agility, balance, and coordination (the ABCs) while learning the basics of rallying and movement.



4:30pm-5:30pm



9:00am-10:00am

Orange Academy

Players at least 7-9 years old

Designed for players moving up from Red Ball or with coach approval. We sharpen the ABCs and focus on stroke development, learning to control direction, depth, spin, and speed through drills, games, and match play.

Requirements: Must actively play in Smashers Events throughout the year



5:30pm-6:30pm



10:00am-11:00am

Green Academy

Players at least 9-11 years old

For players advancing from Orange Ball or with coach approval. Players refine strokes, footwork, and tactics on a full court, focusing on placement, depth, spin, and speed with more advanced movement and strategy.

Requirements: Must actively play in Smashers Events throughout the year



5:30pm-6:30pm



11:00am-12:00pm

Yellow Academy

For players who have completed Green Academy or received Coaches' Permission.

This class will serve players looking to get started with tennis and players with limited experience. The focus will be learning and reinforcing the basic fundamentals. The complete stroke package will be covered while learning how to apply them in singles and doubles match play.

Requirements: Must actively play in USTA Tournaments (L6,L7)



6:30pm-7:30pm



6:30pm-7:30pm



12:00pm-1:00pm

Advanced Development Programs

Academy 1

The next step after Yellow Ball for players ready to compete. This class focuses on point construction, tactical awareness, and refining strokes for match play.

Includes advanced movement and agility

Requirements: USTA District Ranking of 50 or better. Actively playing USTA Tournaments (L5,L6,L7)



4:30pm-6:00pm



4:30pm-6:00pm



1:30pm-3:00pm

High Performance 2

Will focus on key areas of development including stroke production, footwork, and basic patterns of play.. Emphasis will be placed on building a strong foundation and preparing players for higher-level competitive play.

Requirements: Top 50 District Rank, Actively playing in USTA Tournaments (L6-L7), Coach's Recommendation.



4:30pm-6:30pm



4:30pm-6:30pm

High Performance

Will focus on all areas of development: stroke production, footwork, and patterns of play and on-court video replays with instruction, WTN Matchplay and the opportunity to play on our new Grass courts.

Requirements: Top 20 District Rank, Actively playing in USTA Tournaments (L1-L6), Coach's Recommendation.



4:30pm-6:30pm



4:30pm-6:30pm



4:30pm-6:30pm



High Performance Plus

A dedicated fitness component has been added to support athletic development. Will focus on agility, footwork, plyometric exercises, age-appropriate strength training, and on-court mental training.

Requirements: Must be in HP or HP2



6:30pm-7:30pm



6:30pm-7:30pm



6:30pm-7:30pm

Adult Tennis Programs

Back 2 Tennis

Designed for the returning tennis player, Back2Tennis focuses on getting players back into the game. With fun drills in an energetic environment, players will relearn tennis fundamentals and build on skill development.



10:00am-11:00am

Live Ball

Live Ball is a fun, new energetic class geared towards players with an NTRP of 2.5-3.5. This class is geared towards the beginner-intermediate level tennis player who is looking to get a good workout through repetition and fun.



9:00am-10:00am



9:00am-10:00am

Skills & Drills

For players between a NTRP rating of 2.0-4.0. This clinic will feature drills and point play focused on improving a specific part of your game each week. The goal is to help you build confidence and comfort in every aspect of your game!



6:30pm-7:30pm

41 Clinic

We're excited to bring you a class that focuses on team chemistry and thinking outside the box. Never played before? Don't worry—you'll catch on quickly!



2:00pm-3:00pm

Must be signed up on Court Reserve 2 hours before class starts.
Class is subject to cancellation without 6 players

Cardio Tennis

The cardio you crave! High octane fun in a structured group setting. High intensity drills and movement followed by games while listening to your favorite tunes sets the tone for this high-level class.



12:00pm-1:00pm, 6:00pm-7:30pm



12:00pm-1:00pm, 6:00pm-7:30pm



12:00pm-1:00pm



9:00am-10:30am

Adult Tennis Leagues

Adult Tennis Singles/Doubles Leagues

Singles Format: 1 match each week best 2 out of 3

Doubles Format: 2 matches each week playing to 8 games

Doubles players will have a different partner each week!

Games won each week are tallied toward final standings

Weekly standings posted online and at the club

Players are encouraged to stay after and have a drink or two!



4-Week Pricing (Per Division)

Member: \$45 | Non-Member \$55

Unlimited Members: Free

Men's Standard League

Divisions: 3.0, 3.5, 4.0

(4 Weeks)

Session 1: September 5th - September 26th

Session 2: October 3rd - October 24th

Session 3: November 7th - November 28th



6:30pm-9:00pm

Women's Standard League

Divisions: 3.0, 3.5, 4.0

(4 Weeks)

Session 1: September 4th - September 25th

Session 2: October 2nd - October 23rd

Session 3: November 6th - November 27th



6:30pm-9:00pm

Pickleball Programs

Pickleball 101

Pickleball 101 is a 4-week intro course designed for adults looking to learn the basics of Pickleball. In this course players will learn the fundamentals of Pickleball - scoring, serving, point play and dinking.

This is a 4-week course and players are required to sign up for the entire course. There are no drop-in's for this program.

In addition to the 4 weeks of lessons, players will also receive 1 month free of membership and 3 free punch passes to our Pickleball Open Play (open daily 8am-8pm)!



5:30pm-6:30 pm

Session 1: September 3rd - September 24th

Session 2: October 1st - October 22nd

Session 3: November 5th - November 26th

Pickleball 102

Pickleball 102 is a session-long course that further expands your technical and tactical skills in pickleball. Players will be expanding their skills in a more competitive setting.



6:30pm-7:30pm

Session 1: September 3rd - September 24th

Session 2: October 1st - October 22nd

Session 3: November 5th - November 26th

Dinkers

10 years old - 14 years old

Starting with the basics, players will learn how to serve, drive and dink. With each week building on a different skill, Dinkers I is designed to get your player out on the courts and rallying points with their friends!



12:00pm-1:00pm



Monday Night Pickleball League

Monday Night Pickleball League is a fun and competitive league designed for players at skill levels 3.0-4.0+. This league features

Men's and Women's Doubles Divisions, where players will compete in three matches per night with a random partner each week. Games are played to 11 points, and scores are tallied based on total points won throughout the league.

5:00 PM | 3.0-3.5

6:00 PM | 3.5-4.0

7:00 PM | 4.0+

Session 1: September 1st - September 22nd

Session 2: October 6th - October 27th

Session 3: November 3rd - November 24th

	Private Lesson 1 Hour	Semi-Private 1 Hour	Three and me 1 Hour	Four and me 1 Hour
Dylan Wiemers (PPR Certified)	\$50	\$30	\$25	\$20
Karthik Ganesh (5.0 Player)	\$45	\$30	\$25	\$20
Jeffrey Van Der Eems (PPR Certified)	\$60	\$35	\$25	\$20

Private and Small Group Lessons

The Quad City Tennis Club is dedicated to helping you or your player find the right fit for you as you embark on your racquet sport journey. In addition to the multitude of class offerings, programs and leagues, the Quad City Tennis Club has multiple high-level, certified and qualified instructors to fit your needs. From one-on-one private lessons to small group lessons, QCTC has an option for everyone!

To participate in private lessons, players MUST be a QCTC member. If a player wants a lesson and is not a QCTC member, they will be charged a \$20 day pass for each lesson.

	30 minute 1:1 Lessons	1 Hour 1:1 Lessons	Semi Private Lessons (2 players, 1 Pro)	3&Me (3 Players 1 Pro)	4&Me (4 Players 1 Pro)
Ernie Katko	\$45	\$80	\$45*	\$35	\$30
Sean McCabe	\$32.50	\$65	\$35	\$30	\$25
Daniel Bethancourt	\$32.50	\$65	\$35*	\$30	\$25
Derek Wilkinson	\$32.50	\$65	\$35*	\$30	\$25
QCTC Staff Professionals	\$35	\$65	\$35*	\$30	\$25



DANIEL BETANCOURT

Entering his fifth year at QCTC, Coach Daniel strives to provide a fun, inclusive, and welcoming environment for all players looking to begin playing or improve their tennis game. A USPTA Certified Professional, Coach Daniel is dedicated to providing you and your players with top level instruction tailored to your needs.

Looking to book with Coach Daniel? Email him at danielbetancourt@quadcitytennisclub.com



SEAN MCCABE

A Quad City Native and former top junior player, Coach Sean is dedicated to providing players with top level training specific to each player's needs. With his extensive background knowledge in tennis and training, coupled with his deep QC roots, Coach Sean is committed to providing you or your player with a well rounded training plan to up your tennis game. Book with Coach Sean by emailing him at seanmccabetennis@gmail.com



ERNIE KATKO

With over twenty years of experience, Coach Ernie has transformed QCTC's High Performance program in just two short years. Coach Ernie is highly regarded as one of the top coaches in the area, and is committed to building high level programs to serve top level athletes in the Quad Cities community.

To book a lesson with Coach Ernie, send him an email at: erniekatko@quadcitytennisclub.com



DEREK WILKINSON

Our Newcomer Derek has been coaching tennis for seven years with experience at the high school and collegiate level. Derek is RSPA Certified in both Tennis and Pickleball.

To book a lesson with Coach Derek, send him an email at derekwilkinson2000@gmail.com.

Fall Program Pricing

AUGUST 10TH - NOVEMBER 9TH

Academy Program Pricing Prices are based on per class		
	Members	Non-Members
Tennis 4 Tots	\$10	\$10
Red Academy	\$20	\$20
Orange Academy	\$25	\$25
Green Academy	\$30	\$45
Yellow Academy	\$35	\$50
Academy 1	\$45	\$65
High Performance 2	\$50	\$70
High Performance	\$60	\$80
High Performance + (Fitness & Mental)	\$45 (Per Week)	\$45 (Per Week)

Adult Clinics Pricing Prices are based on per class		
	Members	Non-Members
Back2Tennis	\$15	\$15
Live Ball	\$15	\$35
Skills & Drills	\$20	\$40
41 Clinic	\$20	\$40
Cardio Tennis	\$25 (1 hour) \$30 (1.5 hours)	\$45 (1 hour) \$50 (1.5 hours)

Pickleball Program Pricing Prices are based on per class		
	Members	Non-Members
Pickleball 101 *Per 4-week Session	\$60	\$85
Pickleball 102 *Per 4-week Session	\$60	\$85
Monday Leagues	\$45	\$55
Dinkers (Drop-In)	\$20	\$20