

# Natural Horsemanship Clinics

*Jennifer Sutherland- Natural Horsemanship Instructor*

## ***An Introduction to Natural Horsemanship***

In this clinic, you will be introduced to the knowledge of how and why your horse thinks, feels and acts about everything in his world. Emphasis is placed on staying safe and developing a language with your equine partner. This is the beginning of developing our own horsemanship skills by building an understanding of horse behavior that will serve you over a lifetime with horses and allow you to build a true partnership with any horse. This is a ground skills clinic. There will be no riding.

## ***Safe Ride 1***

Riding a horse is a process not an event. Our focus will be expanding your leadership on the ground, learning natural saddling skills, pre-flight checks, mounting and dis-mounting, whoa and go. You will also be introduced to the techniques and methods of developing a deep seat. Emphasis is placed on safety while building confidence in both the human and the horse under saddle. There will be riding in this clinic. Appropriate tack for both horse and human will be required.

## ***Safe Ride 2***

In this clinic, you will grow and develop the fundamental elements covered in Safe Ride 1, while you learn to become more relax and fluid with your horse. We will dive deep into the natural principles and methods of go, whoa, turning, backing and going sideways while you learn to develop your focus, feel, timing and balance. Emphasis is placed on staying safe and having fun! There will be riding in this clinic. Appropriate tack for both horse and human will be required.

## ***Liberty***

Liberty is about building a bond stronger than any lead rope and is more about your relationship and less about technique. In our morning sessions, we will focus on getting positive reflexes on line in preparation for taking the halter off in the afternoon. This is a ground skills clinic. There will be no riding.

## ***Riding Out***

Time to put your safe ride skills to purpose and make life interesting for you and your horse. In this clinic, we will expand both your ground and riding skills out in open areas and on the trail. There will be riding in this clinic. Appropriate tack for both horse and human will be required.