

# NATIVE PLANTS Why • Benefits • Plants



# **Native Plants Matter**

- They are beautiful and play a vital role in maintaining our state's unique ecosystems.
- They are a testament to our commitment to preserve the natural heritage of our region.

# WHY NATIVES

### **Preserve Biodiversity**

Support local wildlife, providing essential food and habitat for pollinators, birds, and other creatures.

### Sustainability

Adapted to Wisconsin's climate and soil, requiring less water and fewer chemicals.

### **Erosion Control**

Native plants help prevent soil erosion, protecting our landscapes and water quality.

#### Water Conservation

Many are drought-tolerant, saving water resources.

# BENEFITS

### **Attract Pollinators**

Native gardens are a haven for pollinators that play a crucial role in agriculture.

### **Restore Wildlife Habitat**

Create habitats for birds, insects, and amphibians, enriching our local biodiversity.

### **Improved Soil Health**

Native plant roots enrich the soil and reduce erosion.

#### **Cleaner Water**

Native gardens filter rainwater, improving water quality in our lakes and rivers.

#### **Lower Maintenance**

Native plants are adapted to Wisconsin conditions, reducing the need for extra care.

### **Support Local Agriculture**

Native pollinators benefit fruit and vegetable crops.

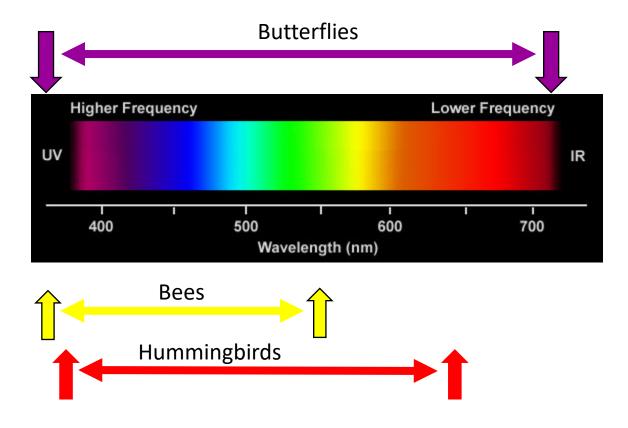
### **Climate Resilience**

Native plants are better adapted to withstand climate changes.

### **Recreational Opportunities:** Birdwatching • Photography



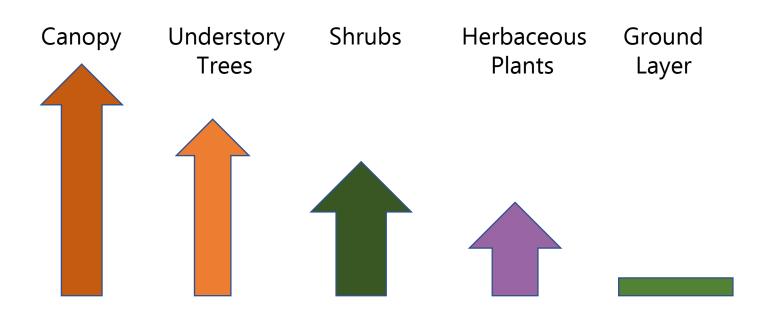
#### GARDEN DESIGN FACTORS COLORS



#### LAYERS IN NATURAL LANDSCAPING

Try to replicate nature with multiple layers.

Birds need higher levels for food, shelter, nesting and territorial singing.



# Design Factors for Butterflies

### Flat daisy-shaped flowers



### Clusters of small flowers in rod or umbel shapes









# Create Habitat For Catepillars

Include caterpillar (larval) food plants

Females come to lay eggs

Males come to wait for females (patrolling)











# Catepillars for Baby Birds

- 96% of terrestrial birds rear their young on caterpillars.
- Caterpillars are the perfect protein for growing chicks.
- Chickadees feed their young 95-100% caterpillar diet, 390-570 per nest per day for about 20 days (6,000-10,000 total).

From Dr. Doug Tallamy, Bringing Nature Home (2009)





# Design Factors for Bees

Flat daisy and umbel shaped flowers

Large bi-laterally symmetrical flowers















# Blooms Become Berries and Seed for Birds

Early season blooms in trees and shrubs crucial for pollinators and result in berries, fruit, and nuts for birds later.







Photo by Dave Maslowski, Audubon website



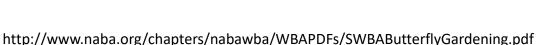
# **Plants for Butterflies**

## **Host Plants**

Milkweed (Monarchs) Carrot family (Black Swallowtail) Nettles (Red Admiral, Comma, Question Mark) Violets (Fritillaries) Willows, poplars, aspen (Mourning Cloak, Viceroy) Cherry, Ash (Tiger Swallowtail)

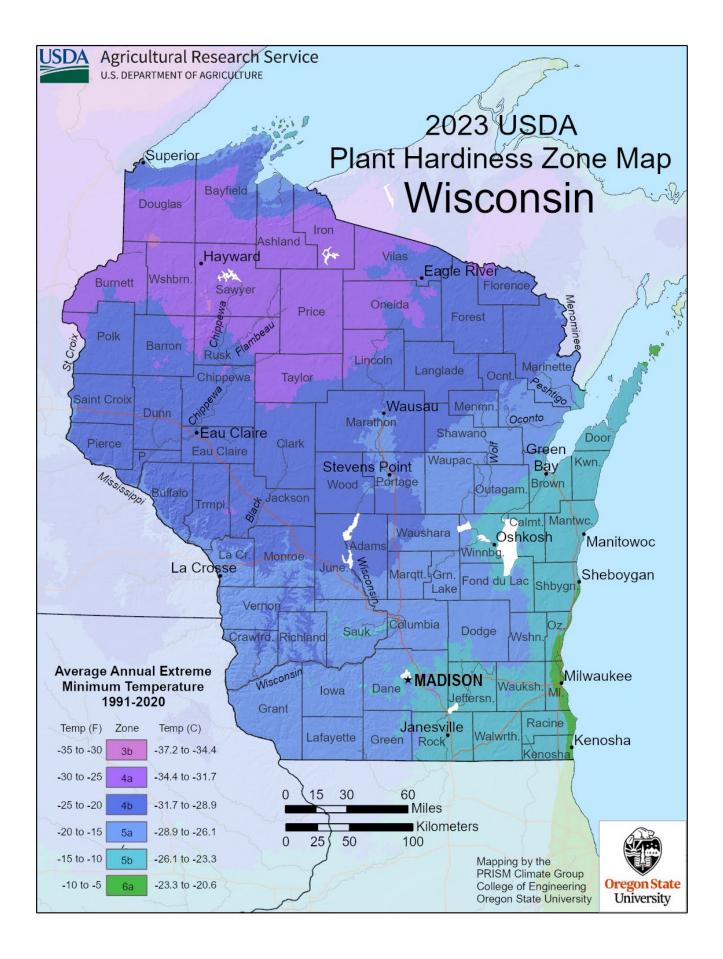
### **Nector Plants**

Milkweed Purple Coneflower Joe-Pye weed Black & Brown-Eyed Susan; Rudbeckia Vervain/Verbena Liatris, button-style Asters



# Native Plants for Hummingbirds

 Columbine Aquilegia Canadensis Smooth Penstemon Penstemon digitalis Monkey Flower Mimulus ringens •Royal Catchfly Silene regia Cardinal Flower Lobelia cardinalis Coral/Trumpet Honeysuckle Lonicera Semperviens Common Milkweed Asclepias syriaca



# Planting Guides

Use a guide like this to determine the type, size and color of plant you would like to use in your garden.



#### Native Plant Attributes

| Common Name                                | Botanical Name                                  | Туре             | Color           | Height           | Sun Exposure                                 | Bloom Time                      | Soil Moisture                              |                                       |  |  |
|--|---|------------------|-----------------|------------------|--|---------------------------------|--|---------------------------------------|--|--|
| Wildflowers                                |   | турс             | COIOI           | Tieight          | Sun Exposure                                 |                                 | ('Mesic" is halfway between wet and        |                                       |  |  |
| Big-Leaved Aster                           | Aster macrophyllus                              | Forb             | Lavender        | 1 - 2'           | Part Sun to Full Shade                       | Sentember - October             | Wet Mesic to Dry                           |                                       |  |  |
| Blue Vervain                               | Verbena hastata                                 | Forb             | Blue            | 3 - 5'           | Full Sun to Part Sun                         | July - September                | Wet to Mesic                               |                                       |  |  |
| Brown-eyed Susan                           | Rudbeckia triloba                               | Forb             | Yellow          | 3 - 5'           | Full Sun to Part Sun                         | July - October                  | Wet Mesic to Dry Mesic                     | -**-                                  |  |  |
| Butterfly Weed                             | Asclepias tuberosa                              | Forb             | Orange          | 2 - 3'           | Full Sun to Part Sun                         | June - September                | Mesic to Dry                               | <b>XXX</b>                            |  |  |
| Cardinal Flower                            | Lobelia cardinalis                              | Forb             | Red             | 2 - 3<br>3 - 5'  | Full Sun to Part Sun                         | July - September                | Wet to Wet Mesic                           | - KW                                  |  |  |
| Common Milkweed                            | Asclepias syriaca                               | Forb             | Lavender        | 2 - 3'           | Full Sun to Part Sun                         | June- August                    | Mesic to Dry                               |                                       |  |  |
| Culver's Root                              | Veronicastrum virginicum                        | Forb             | White           | 2 - 3<br>3 - 5'  | Full Sun to Part Sun                         | July - August                   | <i>.</i>                                   |                                       |  |  |
| Dwarf Blazing Star                         | Liatris cylindrica                              | Forb             | Lavender        | 1 - 2'           | Full Sun                                     | July - August                   | Wet Mesic to Dry Mesic<br>Dry Mesic to Dry |                                       |  |  |
| Early Sunflower                            | Heliopsis helianthoides                         | Forb             | Yellow          | 3 - 5'           | Full Sun to Part Sun                         | June - October                  | Wet Mesic to Dry Mesic .                   |                                       |  |  |
| Great Blue Lobelia                         | Lobelia siphilitica                             | Forb             | Blue            | 1 - 2'           | Full Sun to Part Sun                         | July - September                | Wet to Mesic                               | <b>XXX</b>                            |  |  |
| Ironweed                                   | Vernonia fasciculata                            | Forb             | Purple          | 4 - 6'           | Full Sun to Part Sun                         | July - September                | Wet Mesic to Mesic                         |                                       |  |  |
| Jacob's Ladder                             | Polemonium reptans                              | Forb             | Blue            | 1 - 2'           | Full Sun to Part Sun                         | April-June                      | Wet Mesic to Dry Mesic                     |                                       |  |  |
| Marsh Blazing Star                         | Liatris spicata                                 | Forb             | Purple          | 3 - 4'           | Full Sun to Part Sun                         | July - September                | Wet to Mesic                               | <b>~ XXX</b>                          |  |  |
| •<br>•                                     | Pycnanthemum virginianum                        | Forb             | White           | 1 - 3'           | Full Sun to Part Sun                         | July - September                | Wet to Mesic                               |                                       |  |  |
| Nodding Pink Onion                         | Allium cernuum                                  | Forb             | Pink            | 1 - 2'           | Full Sun to Part Sun                         | July - August                   | Wet Mesic to Dry Mesic                     | - <del></del>                         |  |  |
| Pale Purple Coneflower                     |   | Forb             | Purple          | 3 - 5'           | Full Sun to Part Sun                         | June - July                     |  | <b>∢</b> ∔ ₩_                         |  |  |
| Prairie Blazing Star                       | Echinacea pallida<br>Liatris pycnostachya       | Forb             | Purple          | 3-5<br>2-4'      | Full Sun to Part Sun                         | July - September                | Mesic to Dry Mesic                         |                                       |  |  |
| Prairie Biazing Star<br>Prairie Coreopsis  | Coreopsis palmata                               | Forb             | Yellow          | 2 - 4            | Full Sun to Part Sun<br>Full Sun to Part Sun | July - September<br>June-August | Mesic to Dry Mesic<br>Mesic to Dry         | <b>∢ ▲ K W</b> _                      |  |  |
| Prairie Coreopsis<br>Prairie Smoke         | Geum triflorum                                  | Forb             | Pink            | 5 - 12"          | Full Sun                                     |                                 | · ·  | _ <u>* *</u> _                        |  |  |
| Prairie Smoke<br>Purple Conefiower         | Echinacea purpureum                             | Forb             | Pink<br>Purple  | 3 - 4'           | Full Sun to Part Sun                         | April-June<br>July - August     | Wet Mesic to Dry<br>Wet Mesic to Dry Mesic | - <b>* *</b> -                        |  |  |
| Red Milkweed                               | Asclepias incarnata                             | Forb             | Red             | 3 - 4<br>3 - 5'  | Full Sun to Part Sun<br>Full Sun             | July - August<br>June-August    | Wet Mesic to Dry Mesic<br>Wet to Mesic     | - XX                                  |  |  |
|  |   |                  |                 |                  |  | July - September                |  | <b>/ • &lt; #</b> _                   |  |  |
| Riddell's Goldenrod                        | Solidago riddellii                              | Forb             | Yellow          | 1 - 3'<br>1 - 3' | Full Sun<br>Full Sun                         | , ,                             | Wet to Mesic                               | Z Xew -                               |  |  |
| Rough Blazing Star                         | Liatris aspera                                  | Forb             | Purple          | 1-3              | Full Sun to Part Sun                         | August - October                | Mesic to Dry                               |                                       |  |  |
| Royal Catchfly                             | Silene regia                                    | Forb             | Red<br>Yellow   | 1 - 4            | Full Sun                                     | July - August                   | Mesic to Dry Mesic                         | - <b>*`</b> *-                        |  |  |
| Sand Coreopsis<br>Showy Goldenrod          | Coreopsis lanceolata                            | Forb             |                 | 3 - 5'           |  | May-July                        | Dry Mesic to Dry                           | - <del></del>                         |  |  |
|  | Solidago speciosa                               | Forb             | Yellow          | 3-5              | Full Sun to Part Sun<br>Full Sun to Part Sun | July - October                  | Mesic to Dry                               |                                       |  |  |
| Sky-blue Aster                             | Aster azureus                                   | Forb             | Blue            | 1-3              |  | August - October                | Mesic to Dry                               |                                       |  |  |
| Smooth Penstemon                           | Penstemon digitalis                             | Forb             | White<br>Pink   | 4 - 6'           | Full Sun<br>Full Sun to Part Sun             | May - July                      | ,    |                                       |  |  |
| Spotted Joe Pye Weed                       | Eupatorium maculatum                            | Forb             |                 | 4 - 6<br>3 - 5'  |  | July - September                | Wet to Wet Mesic                           |                                       |  |  |
| Stiff Goldenrod                            | Solidago rigida<br>Aster Puniceus               | Forb<br>Forb     | Yellow<br>Blue  | 3 - 5'           | Full Sun<br>Shade                            | July - September                | Wet Mesic to Dry<br>Wet to Wet Mesic       | <u> </u>                              |  |  |
| Swamp Aster                                |   |                  |                 | 3-5<br>4-5'      | Full Sun to Part Sun                         | August- October                 |  | <b>∢</b> ₩ -                          |  |  |
| Sweet Black-eyed Susan<br>Whorled Milkweed | Rudbeckia subtomentosa<br>Asclepias vericillata | Forb<br>Forb     | Yellow<br>Cream | 4 - 5            | Full Sun to Part Sun                         | July - September                | Wet Mesic to Dry Mesic<br>Mesic to Dry     | - <b>- - -</b>                        |  |  |
| Wild Bergamot                              | Monarda fistulosa                               | Forb             | Lavender        | 2 - 4'           | Full Sun to Part Sun                         | July - August                   | · ·  | <b>∢`</b> ¥¥¥`                        |  |  |
| Wild Columbine                             | Aquilegia canadensis                            | Forb             | Red             | 2 - 4<br>1 - 3'  | Full Sun to Full Shade                       | June - August<br>April-June     | Wet Mesic to Dry<br>Mesic to Dry           |                                       |  |  |
| Wild Geranium                              | Geranium maculatum                              | Forb             | Pink            | 1-3              | Part Sun to Full Shade                       |                                 | · ·  | <u> </u>                              |  |  |
| Yellow Coneflower                          | Ratibida pinnata                                | Forb             | Yellow          | 4 - 5'           | Full Sun to Part Sun                         | July - September                | Mesic to Dry Mesic<br>Mesic to Dry Mesic   |                                       |  |  |
| Cream Wild Indigo                          | · ·   | Legume           |                 | 4 - 5<br>1 - 2'  |  |                                 | Mesic to Dry Mesic                         | <b>T T</b>                            |  |  |
| Leadplant                                  | Baptisia leucophaea<br>Amorpha canescens        | Legume           |                 | 1 - 2            | Full Sun to Part Sun<br>Full Sun to Part Sun | May-June<br>June - August       | Mesic to Dry                               | — <b>⊼</b> ₩⊺                         |  |  |
| · · ·                                      | •   |                  |                 | 1-3              |  | June - August                   | · ·  | -¥ ¥-                                 |  |  |
| Purple Prairie Clover<br>White Wild Indigo | Petalostemum purpureum<br>Baptisia leucantha    | Legume<br>Legume |                 |                  | Full Sun<br>Full Sun to Part Sun             | 0                               | Mesic to Dry<br>Wet Mesic to Dry           |                                       |  |  |
| Wild Lupine                                | Lupinus perennis                                | Legume           |                 | 1-3              | Full Sun to Part Sun                         | May-June                        | Dry Mesic to Dry                           | AKW                                   |  |  |
| Wild Senna                                 | Cassia hebecarpa                                | Legume           |                 | 4 - 6'           | Full Sun to Part Sun                         |                                 | Wet Mesic to Mesic                         | <b>X</b>                              |  |  |
| Sedges & Rushes                            | Cassia lieveldi pa                              | reguine          | renow           | 4-0              | r un Sun LO Part Suri                        | August - September              |  | · · · · · · · · · · · · · · · · · · · |  |  |
| Bottlebrush Sedge                          | Carex hystericina                               | Sedge            | Green           | 1 - 3'           | Full Sun                                     | June July                       | Wet to Wet Mesic                           | 4                                     |  |  |
| Brown Fox Sedge                            | Carex nystericina<br>Carex vulpinoidea          |                  | Green           |                  | Full Sun to Part Sun                         | April - May                     | Wet to Wet Mesic                           |                                       |  |  |
| -  | Carex bicknellii                                | •                | Green           | 1 - 3            | Full Sun                                     | June - July                     | Wet to Dry Mesic<br>Wet Mesic to Mesic     | 4                                     |  |  |
| Fox Sedge                                  | Carex stipata                                   |                  | Green           | 1 - 2            |  | June - July                     | Wet to Mesic                               |                                       |  |  |
| Great Bulrush                              | Scirpus validus                                 | Sedge            |                 | 3 - 9'           | Full Sun                                     | May - August                    | Wet to Wet Mesic                           |                                       |  |  |
| Long-beaked Sedge                          | Carex sprengelii                                | Sedge            | Green<br>Green  | 3 - 9<br>1 - 2'  | Full Sun to Full Shade                       |                                 | Wet to wet Mesic<br>Wet Mesic to Dry Mesic |                                       |  |  |
| Grasses                                    | Curch Sprengenn                                 | JCuge            | Green           | 1 - Z            | an sun to run shade                          | inay July                       | WELLINGSIC TO DI Y MESIC                   |                                       |  |  |
| Bottlebrush Grass                          | Hystrix patula                                  | Grass            | Green           | 3 - 5'           | Part Sun to Full Shade                       | July - August                   | Mesic to Dry Mesic                         | 4                                     |  |  |
| Indian Grass                               | Sorghastrum nutans                              |                  |                 | 3 - 5<br>4 - 6'  | Full Sun to Part Sun                         | August - September              | Mesic to Dry Mesic<br>Mesic to Dry         | 1                                     |  |  |
| June Grass                                 | Koeleria cristata                               | Grass            | Green           |                  | Full Sun to Part Sun                         | June - September                | Dry Mesic to Dry                           |                                       |  |  |
|  |   | Grass            | Green           |                  |  |                                 |  | ~<br>~                                |  |  |
| Little Bluestem<br>Prairie Dronseed        | Andropogon scoparium                            | Grass            | Green           | 2 - 3'<br>2 - 3' | Full Sun to Part Sun                         | June - August<br>July - August  | Mesic to Dry                               |                                       |  |  |
| Prairie Dropseed                           | Sporobolus heterolepis                          | Grass            | Green           |                  | Part Sun                                     |                                 | Wet Mesic to Dry                           | THE STATE                             |  |  |
| Silky Wild Rye<br>Switch Grass             | Elymus villosus<br>Banicum virgatum             | Grass            | Green           |                  | Part Sun to Full Shade                       | -                               | Wet Mesic to Dry Mesic<br>Wet Mesic to Dry |                                       |  |  |
| Switch Glass                               | Panicum virgatum                                | Grass            | Green           | 4 - 6'           | Full Sun to Part Sun                         | May - September                 | WEL WESIC LODIY                            | Ŧ                                     |  |  |

| SAMPLE PLAN FOR CON                            | ΓINUO  | US E | BLOO | MA  | ND V | NILD | DLIF | E SU | PPOF     | RT       |     |
|--|--------|------|------|-----|------|------|------|------|----------|----------|-----|
| Plant Name                                     | Height | Apr  | May  | Jun | Jul  | Aug  | Sep  | Oct  | Bird     | Bfly     | Bee |
| SHRUBS   |        |      |      |     |      |      |      |      |          |          |     |
| Pussy Willow (Salix discolor)                  | 10-12' |      |      |     |      |      |      |      | K        |          | •   |
| Running Serviceberry (Amelanchier stolonifera  | 3-5'   |      |      |     |      |      |      |      | 4        | <b>.</b> |     |
| Wild Plum (Prunus americana)                   | 15-30' |      |      |     |      |      |      |      | 1        | W        | •   |
| American Bladdernut (Staphylea trifolia)       | 10-15' |      |      |     |      |      |      |      |          |          | ٠   |
| Black Chokeberry (Aronia melanocarpa)          | 5-7'   |      |      |     |      |      |      |      | -        |          |     |
| Common Ninebark (Physocarpus opulifolius)      | 8-10'  |      |      |     |      |      |      |      |          |          |     |
| Gray Dogwood (Cornus racemosa)                 | 8-12'  |      |      |     |      |      |      |      | ~        |          | à   |
| Silky Dogwood (Cornus amomum)                  | 8'     |      |      |     |      |      |      |      | 4        |          | Ă   |
| Dwarf Bush Honeysuckle (Diervilla lonicera)    | 2-4'   |      |      |     |      | I    |      |      | K        |          | Ă   |
| Winterberry (llex verticillata)                | 8-12'  |      |      |     |      |      |      |      | <b>A</b> |          | à   |
| Meadowsweet (Spirea alba)                      | 3-5'   |      |      |     |      |      |      |      |          |          | à   |
| Common Snowberry (Symphoricarpos albus)        | 3-5'   |      |      |     |      |      |      |      |          | ×        | Ă   |
| Swamp Rose (Rosa palustris)                    | 3-6'   |      |      |     |      |      |      |      |          |          | Ă   |
| Buttonbush (Cephalanthus occidentalis)         | 6-8'   |      |      |     |      |      |      |      |          | X        | Ă   |
| Shrubby St John's Wort (Hypericum kalmianur    | 2-3'   |      |      |     |      |      |      |      |          |          | Ă   |
| PERENNIALS                                     |        |      |      |     |      |      |      |      |          |          |     |
| False Rue Anemone (Enemion biternatum)         | 6"-8"  |      |      |     |      |      |      |      |          |          | Ă   |
| Wild Columbine (Aquilegia canadensis)          | 1'-3'  |      |      |     |      |      |      |      | K        |          | Ă   |
| Wild Ginger (Asarum canadense)                 | 6"-10" |      |      |     |      |      |      |      |          |          |     |
| Virginia Bluebells (Mertensia virginica)       | 1'-2'  |      |      |     |      |      |      |      | K        |          | Ă   |
| Wild Phlox (Phlox divaricata lampharnii)       | 6"-20" |      |      |     |      |      |      |      |          |          | À   |
| Blue Flag Iris (Iris versicolor)               | 1'-3'  |      |      |     |      |      |      |      |          |          |     |
| White Beardtongue (Penstemon digitalis)        | 1'-4'  |      |      |     |      |      |      |      | K        |          | Ă   |
| Purple Coneflower (Echinacea purpurea)         | 2'-3'  |      |      |     |      | Ī    |      |      |          | ¥        | Ă   |
| Black-eyed Susan (Rudbeckia hirta)             | 1'-3'  |      |      |     |      |      |      |      |          |          | Ă   |
| Marsh Blazing-star (Liatris spicata)           | 3'-6'  |      |      |     |      |      |      |      |          |          | Ă   |
| Marsh Milkweed (Asclepias incarnata)           | 1'-4'  |      |      |     |      |      |      |      |          | ¥        | Ă   |
| Giant St. John's Wort (Hypericum pyramidatur   | 2'-5'  |      |      |     |      |      |      |      |          |          |     |
| Woodland Sunflower (Helianthus strumosus)      | 2'-6'  |      |      |     |      |      |      |      |          |          | Ă   |
| Cardinal Flower (Lobelia cardinalis)           | 2'-5'  |      |      |     |      |      |      |      | K        |          |     |
| Monkey Flower (Mimulus ringens)                | 1'-3'  |      |      |     |      |      |      |      | K        |          |     |
| Turtlehead (Chelone glabra)                    | 2'-4'  |      |      |     |      |      |      |      |          |          | Ă   |
| Zigzag Goldenrod (Solidago flexicaulis)        | 8"-4'  |      |      |     |      |      |      |      |          |          | À   |
| Great Blue Lobelia (Lobelia siphilitica)       | 1'-4'  |      |      |     |      |      |      |      | K        |          | Ă   |
| Note: Color in column depicts color of flower. |        |      |      |     |      |      |      |      |          |          |     |