

# PLANTS FOR BUTTERFLIES

<http://www.naba.org/chapters/nabawba/WBAPDFs/SWBAButterflyGardening.pdf>

## HOST PLANTS

- Milkweed (Monarchs)
- Carrot family (Black Swallowtail)
- Nettles (Red Admiral, Comma, Question Mark)
- Violets (Fritillaries)
- Willows, poplars, aspen (Mourning Cloak, Viceroy)
- Cherry, Ash (Tiger Swallowtail)

## NECTAR PLANTS

- Milkweed
- Purple Coneflower
- Joe-Pye weed
- Black & Brown-Eyed Susans (Rudbeckia)
- Vervain/Verbena
- Liatris (button-style best)
- Asters

# PLANTS FOR HUMMINGBIRDS

## NATIVE PLANTS

- Columbine *Aquilegia Canadensis*
- Smooth Penstemon *Penstemon digitalis*
- Monkey Flower *Mimulus ringens*
- Royal Catchfly *Silene regia*
- Cardinal Flower *Lobelia cardinalis*
- Coral/Trumpet Honeysuckle *Lonicera Semperviens*
- Common Milkweed *Asclepias syriaca*

## PERENNIAL CULTIVARS

- Bee balm *Monarda Didyma* 'Jacob Cline' 'Raspberry Wine'
- Catmint *Nepeta sibirica* 'Souvenir d'Andre Chaudron' 'Six Hills Giant'
- Maltese Cross *Lychnis chalconica*
- Hosta, usually with taller flowers
- Turtlehead *Chelone Lyonii* 'Hot Lips'
- Agastache 'Kudos' and 'Sunset Hyssop'
- Weigala shrub