
Speaker & Media Kit

Justin Gillespie

Therapist For ADHD,
Published Author, &
Digital Marketing Expert

@adhdtherapist_jay



About Me

THERAPISTJAY.CO

Justin Gillespie, LMSW-Clinical, ADHD-CCSP (ADHD Therapist Jay) is a highly regarded therapist specializing in ADHD and digital marketing expert. He has leveraged social media and website SEO to elevate his personal brand along with his ADHD practice to better serve neurodivergent folks.

Justin's key topics are overcoming overthinking, enhancing your brand's digital footprint and diagnosing/treating ADHD for therapists.



STATISTICS

114K+

Instagram Followers

108K+

TikTok Followers

200M+

Social Media Views

2.1B+

Hours of Watch Time



SIGNATURE TALKS

Evaluating, Diagnosing, and Treating ADHD

For therapists & mental health practices.

Get Unstuck & Get Started In Three Simple Steps!

For organizations with employees prone to self-doubt or overthinking,

Elevate Your Online Content!

For organizations that provide services that need to improve their social media presence & increase their client leads.

Evaluating, Diagnosing, and Treating ADHD

FOR THERAPISTS & MENTAL HEALTH PRACTICES.

"Evaluating, Diagnosing, & Treating ADHD" is my main class that I teach to therapists at mental health practices & agencies. This class will equip your therapists to immediately be able to evaluate clients for ADHD so that you do not have to refer them out, disrupting their care AND earning your organization more income!

This class can be taught in it's full 2-4 hour format originally designed and has also been modified for 30 and 60 minute segments. Perfect for a lunch & learn OR a full half day training!



LECTURE

KEYNOTE

WORKSHOP

Get Unstuck & Get Started In Three Simple Steps!

FOR OVERTHINKING, SELF-DOUBTING EMPLOYEES OR STUDENTS!

This energizing and practical talk introduces a simple 3-step strategy to help people break out of overthinking, shift their mindset, and take immediate action—whether it's at work, at home, or in their head. Grounded in the PAM Method (Pause, Aloud, Move), this session gives your team a reset button they can use anytime to boost focus, change their mood, and move forward with confidence. Perfect for corporate teams, blue-collar crews, educators, and helping professionals alike, this talk blends motivation with actionable tools that stick.

This session can be delivered in one hour or customized into a 20–30 minute keynote. Available in professional or uncensored formats to match the tone of your event.



LECTURE

KEYNOTE

WORKSHOP

Elevate Your Online Content!

FOR SERVICE-BASED ORGANIZATIONS

"Elevate Your Online Content" is my talk perfect for therapy practices, consulting firms, or any other service-based organization that has GREAT services but needs facelift on their online footprint and wants an increase in client leads. This talk will help your team improve your online presence and can help double your current inquiry leads. This talk will be ALL the things I learned about social media growth, website layout, and search engine optimization to become a top specialist in my field and expand to a team of 10+ therapists..

This class can be a 2-4 hour intensive workshop, or can be modified for a 30 to 60 minute lecture. It can also be a full 8 hour day, including a 30 minute break, that will be more interactive and can be more personalized to help with content planning for your team. "Elevate Your Online Content" can also be a 6-12 session individual or team consulting package which can offer the most personalized experience possible!

adhdtherapist_jay 

1,429 posts 104K followers 1,042 following

Justin Gillespie, ADHD Therapist 🔥 Based in Plymouth, MI

 [adhdtherapist_jay](#)

WE ARE ACCEPTING NEW THERAPY CLIENTS FOR ADHD IN MICHIGAN!

My book is available on Amazon   

 [therapistjay.co/buy-my-new-book](#) + 2



Email me to request speaking or coaching services at support@superior-center.com.

Pricing

BOOK ME TO SPEAK!

Speaking **Coaching**

Keynote/Workshop

\$5,000

- Travel fee added if event is 70 miles or more away from my main office.
- Daily promotion of the event included prior to the event.

Lecture/Panelist

\$3,000

- Travel fee added if event is 70 miles or more away from my main office.
- Daily promotion of the event included prior to the event.

***Discounts considered for online events. Discounts and pro bono work will be considered for nonprofits & charities on a case by case basis.

***Lectures requiring tailored customization or unique special requests will add on up to \$5,000 to the pricing depending on your needs.