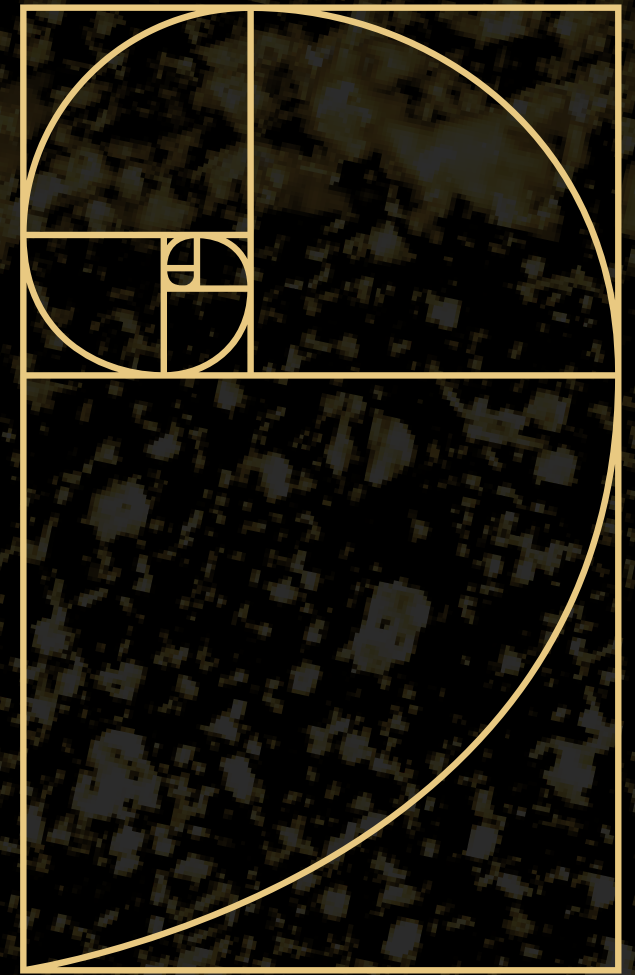


THE GOLD STANDARD

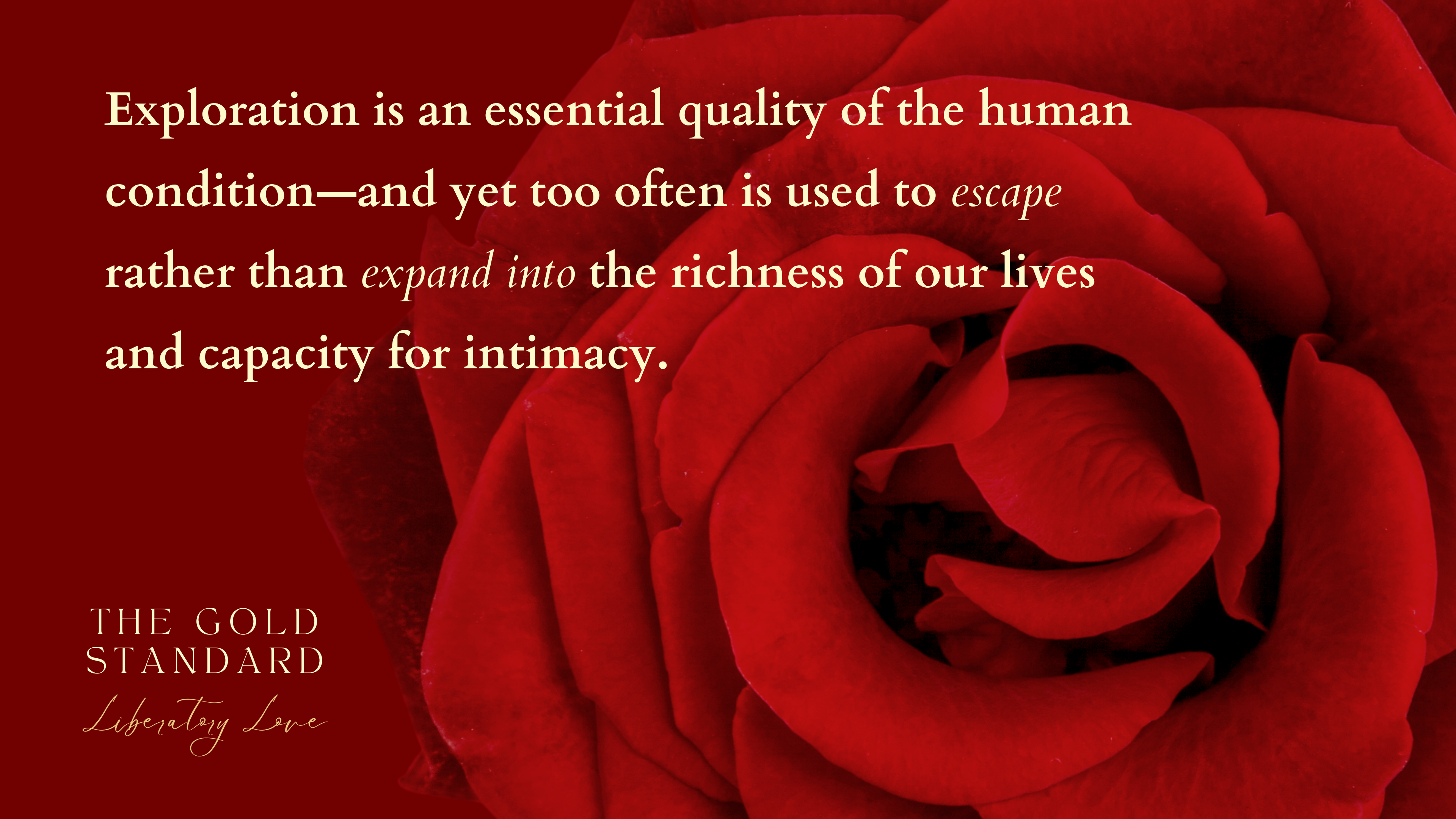
Liberatory Love



The Love & Relationship Coaching Experience

Imagine a world where we invested as much money
into the study of human aliveness, in the here and now,
as we did in trying to live forever and leave Earth.

THE GOLD
STANDARD
Liberatory Love

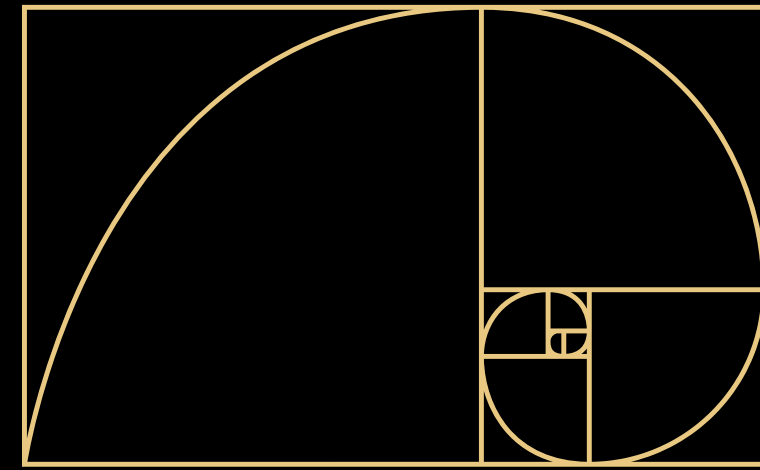


Exploration is an essential quality of the human condition—and yet too often is used to *escape* rather than *expand into* the richness of our lives and capacity for intimacy.

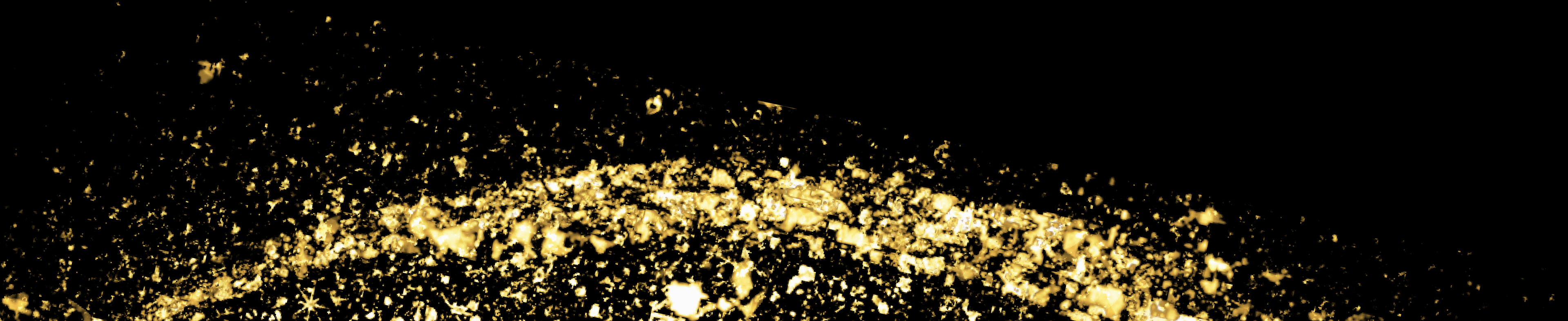
THE GOLD
STANDARD

Liberatory Love

THE GOLD STANDARD



is a transformative experience helping you break through cycles of stuckness in love, life and relationships and embark on a renewed standard for radiance, connection and fulfillment with yourself expanding outward into every other aspect of your life.



THE PROCESS: 10 SESSIONS OF HEALING & EXPANSION

Encountering
SHADOW & LIGHT

Developing Somatic Awareness	Mapping Your Ecology of Thriving
Liberating the Family Dynamic	Revealing Your Vision for Intimacy
Meeting the Inner Child	Grounding In Worthiness
Healing for Healthy Relationship	Embracing Your New Standard for Love
Experiencing Emotional Liberation	Reclaiming Pleasure & Power

THE GOLD
STANDARD

Liberatory Love

THE TOOLS: EMBODIMENT & HOLISTIC TRANSFORMATION

PARTS WORK, INTERNAL FAMILY SYSTEMS, INNER CHILD WORK, ENCOUNTERING THE SHADOW, HOLISTIC SEXUALITY, VISUALIZATION, EMBODIMENT

A fusion method inspired by the work of Peter Levine, Dan Siegal, Gabor Maté, Richard Schwartz, & Bessel Van der Kolk (with a much needed feminine twist), fused with holistic sexuality inspired by educators & coaches Emily Nagowski, Layla Martin, and Jaiya

- **Holistic Approach:** Engage the neurological, physiological and emotional/energetic layers of the body-mind
- **Expand nervous system capacity for intimacy** through healing unmet trauma & facing engrained emotional patterns
- **Reveal & integrate** at-odds pieces of the body-mind
- **Create a renewed relationship to mind and body** through exploring new beliefs & behaviors in love, sex & relationship
- **Ground in self love** and expand into new emotional patterns
- **Develop awareness** of your attachment style & erotic blueprint
- **Invite new love & life** to flow in, through, and to you

THE GOLD
STANDARD

Liberatory Love

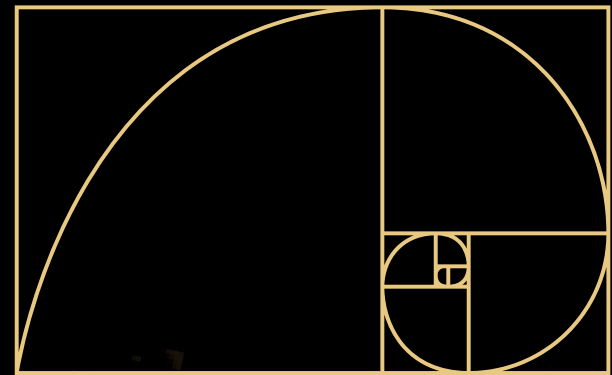
THE GOLD
STANDARD

Love Edition



a new standard of love starts with you

THE PACKAGES: CRAFTED FOR LIFE-OPENING RESULTS



Catalyzing Change

1 Month | 30 Day Intensive | Four 1-1 Coaching Sessions

Experience a breakthrough over 4 transformative healing and expansion sessions

\$250/session or \$1000/pay-in-full



Reawakening to Love

3 Months | 3 Cycles + Integration Work | Ten 1-1 Sessions

Experience a transformative opening into a new standard for love & intimacy

\$250/session or \$2500/pay-in-full

for a free complimentary session:

calendly.com/collaborativecreation/lovecoaching

THE GOLD
STANDARD

Liberatory Love