

BROTHER RIVERA - BYU RELA 122 ~ LESSON 7

ALMA AND HELAMAN PROPHECY AND PREACH ~ ALMA 45

THANK GOD, PEACE RESTORED

- People of Nephi rejoiced - vs. 1
- The Lord delivered them from their enemies
- They gave Thanks to the Lord their God
- They did Fast Much & Pray Much
- They did worship God with exceedingly great joy



ALMA'S LAST WORDS

- 19th year of Reign of the Judges in Zarahemla
- Alma interviews Helaman - vs. 2 - 8
- Alma's prophecy - vs. 9 -
 - In 400 years Nephites will dwindle in unbelief and become extinct
 - Wars, famine, bloodshed to come
 - This will happen by the 4th generation
 - The Lamanites will survive



ALMA'S BLESSINGS AND CURSINGS

- He Blessed Helaman and his brothers - vs. 15
- He Blessed this land and the righteous - vs. 16
- He Cursed this land and any people or nation who are ripe in wickedness
- He Blessed the Church and all the faithful - vs. 17
- Alma left Zarahemla and disappeared, probably translated - vs. 18 - 19
- Translated Prophets: Moses, Elijah, John, 3 Nephites



HELAMAN'S MINISTRY BEGINS

- After the War, a few dissensions and disturbances - vs. 21
- After the War, it was necessary for the Word of God to be declared and the Church to be reestablished and regulated
- And to appoint more Priests and Teachers - vs. 22



THE REACTION OF THE PEOPLE

- There arose a dissension
- They did not listen to the Prophet - vs. 23
- They grew proud & lifted up in their hearts
- They grew rich in their own eyes
- They refused to walk God's path - vs. 23
- What will all this lead to? Wait and see...
(Alma 46)



“I am not saying that the days ahead will be easy, but I promise you that the future will be glorious for those who are prepared and who continue to prepare to be instruments in the Lord’s hands.

Let us not just *endure* this current season. Let us *embrace the future with faith!* Turbulent times are opportunities for us to thrive spiritually. They are times when our influence can be much more penetrating than in calmer times.

I promise that as we create places of security, prepare our minds to be faithful to God, and never stop preparing, God will bless us. He will “deliver us; yea, insomuch that he [will] speak peace to our souls, and [will] grant unto us great faith, and ... cause us that we [can] hope for our deliverance in him.”

—PRESIDENT RUSSEL M. NELSON, 2020