

5 Common Signs from Our Deceased Loved Ones

We have five senses. Naturally, spirit can use them to connect. Here they are in order of most common to lesser common...

Deceased Loved Ones Can Connect Through Sight - Our loved ones to make a connection with us is through sight. More accurately, our mind's eye. By this I mean that we might "see" a past memory, or "see" them in a vision.

Our deceased loved ones love to make connections with us while we sleep. The key, though, is that there is a major difference between dreams and connections. Both occur while we sleep but are entirely different.

Dreams are typically nonsensical. We all have them and experience them. You might see yourself getting up and going to work on a giant rubber ducky, floating down your street. You wake up and say, "What the heck was that all about?" ***That was a dream.***

A connection is where you see—in no uncertain terms—your loved one. They may simply appear and say nothing, or they might have a message for you. But the overwhelming feeling is that of love. You'll feel loved, not frightened in any way.

What about visual signs when you are awake - Of course, our deceased loved ones can use virtually anything to bring you a sign. Again. Anything. A bird, a penny, a street sign, a song on the radio, a feather, repetitive numbers, something you see on the news... *anything visual can be a sign.* **The key signature of spirit, however, is that the item will stand out.** If you're loved one's name was George and you see a street sign that says "George St." then that is likely a sign from spirit. However, don't be silly... if you drive past George St. every single day, it is not a sign! *There's a difference.*

If you have a hummingbird feeder outside your office window Hummingbirds will come all day long to it. Spirit would not use a hummingbird to get my attention, as another example. That said, if one flew into my office, this would be highly unusual and could be a sign. The difference would be marked. Just like the connections when we sleep, the "connection" will stand out. You'll ***know*** that it's a deceased loved one sending a message.

Ron's family was British. His mother loved going to Times Square to feed the pigeons. Ron, on the contrary, loathed them. "Every neighborhood has pigeons, but in our 'hood none come around probably due to my negative energy towards them. A year ago I was home with the flu. I was on my couch with a big blanket and a hot cold-medicine drink. Out of nowhere, a pigeon landed on my window sill. It was a very small ledge and he had a hard time staying on, but without a doubt it looked like he was trying to peer in to see me. We made eye contact and then he flew away. To be honest, I thought it was a coincidence, but when Mom was alive and knew I was sick, she'd always pop over to check on me. I felt great."

Deceased Loved Ones Can Connect Through Hearing - There are two ways that spirit can make us hear things. The first, naturally, is by actual auditory sound. The other is by mental sound. When I say Elvis, can you perhaps "hear" his voice singing one of his songs? Sure, you can. So, while it's not an external sound you are hearing, you most certainly can hear sounds and voices that nobody else can externally. So, when you hear your deceased loved one say "I love you" and you spin around startled as to who said that, now you'll know where that came from!

Naturally, while you are asleep, they have the ability to communicate to you. They won't always, of course, but they can. Of course, you can hear actual things such as songs, words and noises that will bring you back to your deceased loved one by way of a connection. A client of mine, Nina, lost her husband to cancer a number of

years ago. Nina has moved on and is happily remarried now. But she was stunned to find herself in her car one day waiting for her son to get out of school.

Nina told me, “I don’t listen to the radio as I’m often lost in my own thoughts. But I turned it on and I heard the 80’s song, ‘Lady In Red.’ That was the song my first husband and I danced to as he loved seeing me in red. It then struck me that it was the anniversary of the blind date where we first met! I was flabbergasted and started to cry. He was still there with me!”

Deceased Loved Ones Can Connect Through Smell - My Mom used to use Pond’s Cold Cream. It has a unique smell to it. When I do smell it, it instantly reminds me that she’s here. My Uncle, who taught me my very first magic trick, used to smoke a custom blend of cherry tobacco in a pipe. I’m allergic to smoke, but every once in a while, I’ll get the distinct smell. It’s him. The distinction in the connection is that the scent will be clear in the absence of it. In other words, nobody smokes in my house, let alone cherry pipe tobacco. Be open to connections of smell.

The last two are less common, but nevertheless, still available to be used by spirit.

Deceased Loved Ones Can Connect Through Taste - The other day I had an overwhelming taste of chive onions and a very, very light hint of saltiness. Weird. But I hadn’t had onions in days. Then it hit me! Chives were my Dad’s favorite; he’d pour a bit of salt into the palm of his hand and he would dip the end of the chive into the salt and then bite off a piece. You might “taste” Mom’s cooking for no reason, for example. There will always be a link to the person or memory. That’s them saying “hi!”

Deceased Loved Ones Can Connect Through Touch - I dare say that your deceased loved ones do touch you more often than you realize. In the busy-ness of our day, we don’t notice the touch on the shoulder, the warmth of them holding our hand, etc. But they can and do; do this.

Be Open to Signs from Your Deceased Loved Ones. Love never dies. Be open to these connections.

When our loved ones pass they want us to know that they are okay. They want to let us know that they are good on the other side and that they are with all the loved ones that have gone on before them.

If they suffered in pain, they want to assure us that they are now restored, happy and alive again, this time in spirit. Remember, love never dies.