

**Healing and a cure are not the same
We indeed have the power to heal ourselves but for most of us not yet.
It's within our vision, but we are not mature enough to
Bring it into reality yet.**

Spiritual Healing and a cure are not the same:
There is a difference between healing and curing.

Healing is a natural process and is within the power of everyone. Curing, which is what doctors are called upon to do, usually consists of an external treatment; medication and / or surgery.

“Cure” means “to restore to health” Healing also means restoration to health, but the word itself is based on a German word that translates as “making whole” which is not a feature of curing.

**THE IDEAL SITUATION IS FOR US TO UTILIZE BOTH MODALITIES
FOR A SUCCESSFUL CURE AND LONG TERM HEALING**

Healing seems to concentrate on the “wholeness”. When you restore something to a *sound or normal state* you do not necessarily have to restore it to its original state as described in the manual.

Healing is not about “curing diseases”; healing is about “making whole”. In healing no one is fighting anything or anybody.

Healing is different than curing and must always come from within. It addresses the imbalance that underlies the symptoms.

Healing brings together the often hidden aspects of a person's life as they relate to her illness. Healing is different from curing, though curing and the restoration of physical body may and can accompany healing.

Today what is often termed the “mind body spirit” or “New Age” movement it is taken for granted that spiritual healing is a skill which can be taught and learnt. In 1976 Dr. King published his groundbreaking book *You Too Can Heal*, was highly controversial – He said healing was birthright of all.

We can cure a disease or a condition, but we cannot cure a person; a person can only be *healed*. When we heal a person, we heal their spirit, their heart, their relationships, or their body.

So, while curing and healing are different, both can impact mind and body. Curing is physiological. Healing is non-linear and psycho-spiritual. But they are not mutually exclusive; we can still heal without curing or cure without healing. Ideally, we are engaged in both.

While not normally thought of as medicines, I list the following as unconventional modalities we might embrace if we are going to expand our ideas of what constitutes medicine and healing.

This approach to healing works on three premises:

1. An unhealthy mental state contributes to an unhealthy physical state.
2. Healing only occurs when unresolved issues at a psychological level are identified and removed.
3. Only we can heal ourselves. No one else can.

Healing

Healing, begins with the soul and seeks to identify, transform, and remove any obstacles preventing it, the mind, and the body from working together in a unified manner. The objective is to make us

better than we were before we became ill and to re-establish "wholeness" so that we can experience good health

Healing is designed for health as being physically, mentally, emotionally, and spiritually in balance.

Healing deals with the source of illness and requires us to dig into our psychological beliefs so we can uncover unhealthy thoughts, emotions, attitudes, beliefs, and core themes that contributes to the responsibility for the formation of illness.

It's about reinventing our self-perception and restructuring our lifestyle so that it's conducive to good health.

We remove the sources responsible for the disconnection between the soul, mind, and body. Healing begins with awareness and ends with change.

It asks us to release the emotional hurts buried deep inside and let go of the identities we've created around those hurts.

The goal of healing isn't fixing, it's creating—creating a healthy self-perception, healthy thoughts, and healthy relationships.

From the Scientific Community on Healing and Light

Biophotons: The Human Body Emits, communicates with, and is Made from Light

(What is old is new again) The existence of the Biophoton field was scientifically proven by Dr. Fritz-Albert Popp in 1974.

Spirit Science

A biophoton is a kind of light particle that is emitted by all living things. (Our eyes are not sensitive enough to see this)

Experiments are showing that biophotons (UPEs aka or Ultra-weak Photon Emission) can be captured and stored inside of cells and travel through our nervous system; which suggest that biophotons provide a way for cells to transfer energy and communicate information.

Sciences are revealing that humans are light and emit light, and that Light carries information through our brain, nervous system, and even our DNA.

If that wasn't cool enough already, scientists have also discovered that not only do we emit light, we have the ability to effect it with our thoughts alone

Increasingly science agrees: We are beings of light

Eastern medical traditions have operated on this premise for thousands of years, but Western medicine has been slow to adapt these ancient ways.

"The soul always knows what to do to heal itself. The challenge is to silence the mind"

"What drains your spirit drains your body. What fuels your spirit fuels your body."

"Forgiveness is a mystical act, not a reasonable one."