

## Telepathy



Telepathy falls into two categories: Telepathic Communication, which is the ability to transmit information from mind to another, and Telepathic Perception, which is the ability to receive information from another mind.

Telepathy is the direct transference of thought and/or feelings from one person to another person without using the normal five physical senses of sight, hearing, touch, taste and smell.

*It is the ability to communicate on another level rather than using speech - You communicate using only the power of your mind.*

This is the way other species communicate with each other. It has been proved in numerous studies that animals communicate among themselves using telepathy, sometimes over great distances.

The human experience is virtual and connects through consciousness grids. you learn that to connect with others by aligning your grid to theirs and bring back information in thought forms and/or imagery. When you look in someone's eyes, you focus, relax your mind, connect your grid matrices, and information flows.

Telepathy is instinctual, primitive species using it as a survival mechanism. As frequency on the planet evolves, meaning moves faster and our lives are increasing telepathy. Telepathy is one of the tools that we often rely on without even realizing it. Telepathy is also part of our dream time, meditations, and many of the things we do without even realizing it. If your healer or a psychic you use it as a tool in the work you do.

People develop skills by playing telepathy games with family members who, like twins, often have similar grids making it easier to connect. Twins are often telepathic with each other creating these abilities when they are infants. they generally are in the same frequency at the same time and learn to communicate with words. Very often it is just about a single thought - hunger. Telepathy between twins or family members can remain for a life time. Family members who are learning challenged, often rely on 'higher senses' to connect with those around them.

Telepathic abilities are about connecting grids and frequencies. It is like turning on a radio and finding the right station. You just have to know how to 'tune in' and the frequency of the program.

Dreams bring telepathic messages as we time travel or grid travel in our dreams where all exists. These are called precognitive dreams. If they are about the 'world' rather than our personal lives, they are called 'collective dreams'.

Telepathy between members of the same family - or close friends is common as they learn to adjust to each other's frequencies. There always seem to be members of every family who has psychic or telepathic abilities. Mother's sense when children are in trouble. When you are in panic mode - the adrenaline flows and the telepathy kicks in to those who would tune in to help you.

Many people, such as animal trainers, regularly communicate with their animals, particularly more intelligent animals like dolphins and horses, using telepathic means.

*And there are still primitive tribes around today who have developed telepathy and have retained the ability to communicate among themselves entirely by the power of 'thought' alone.*

But sadly, for many humans, historically over a long period of time, our natural ability has gradually become 'lost' for whatever reasons, which is why humans developed speech.

But telepathy should really be as natural to us as breathing, and the power has never really gone away. We can communicate entirely by the power of our minds, and with the right guidance and training this ability can be 're-learned'. It is not that difficult to develop telepathy.

Today more and more people around the world are opening their minds and rediscovering this wonderful natural ability.

Telepathy really is not as difficult to 're-learn' as you might imagine - the main stumbling block is lack of belief that it is possible. However, with the latest advances in quantum physics more and more studies are showing and explaining the very real science behind telepathy.

It is becoming easier for people to accept that telepathic communication is not only a remote possibility, but is a fact beyond doubt. - And anyone can be successful at it!

And with a greater understanding of the science behind telepathy, there have been great advances in the form of audio technology which allows you to start developing and experiencing telepathy for yourself in just a fraction of the time it would take you normally.

## **9 Facts About Telepathic Communication**

1. A Basic Explanation of Telepathy - Telepathy describes receiving thoughts or feelings from another person over distance, without using one of the five typical senses of sight, sound, touch, taste or smell. It is more likely to happen between people who have an existing close relationship.

Twins often say that they can sense each other's' feelings, no matter what the distance between them. They seem to have an automatic birth-link. It is possible though to have this means of communication with anyone though, and some people can tune in telepathically to animals.

A telepathic relationship is borne from the concept that all beings originate from the same source; some call this a spiritual source, others a natural source, and others a universal force.

2. Who is Telepathic? - Everyone is born with a telepathic gift, it is learning how to use this gift that prevents many people from being able to communicate in this way. Lack of awareness, skepticism and general societal views are often big factors in people locking out this special intuitive ability.

Some cultures openly acknowledge communication in this way, for example the Japanese, who have a word to describe the special relationship and oneness between lovers that is borne from telepathic understanding.

3. Learning to Communicate with Telepathy - A relaxed state greatly increases telepathic powers. Meditation can help to relax the mind and body and make you more receptive to receiving and sending telepathic communications. It also assists with ridding your mind of unwanted and unnecessary thoughts. Open mindedness enhances the chances of telepathic communications; a closed mind is less likely to be able to transmit or receive effectively.

Try not to listen too much to those who doubt. A healthy amount of skepticism is normal, but once you believe in something yourself, do not allow others to change your views with their disbeliefs and negativity.

When attempting to project a message telepathically, visualize the recipient in great detail. Imagine that they are standing in front of you and picture giving them a message, maybe imagine that you are talking to them over the telephone.

4. Patience - When practicing telepathy, remember that like any skill it takes time to perfect. Do not expect instant results over night. Your talents will improve with practice.

5. Health - Good health and well-being is beneficial to effective communication. Everything is weaker when you are sick, including the ability to project thoughts and feelings.

6. Knowing it Works - As you send your thoughts, you should intuitively get a feeling that your message has been sent. When this happens, stop projecting your thoughts. If you receive telepathic communications from another person, you may feel that you are imagining things. This is normal, but do not disregard the thoughts, listen to them and remember them.

7. How Are Communications Received? -Communications can be received by way of feelings, emotions, thoughts, images and desires. Some people can communicate telepathically when dreaming.

Clairvoyance is the term given to a message received in a visual form. Hearing an inner voice is referred to as clairaudience. A feeling is termed as clairsentience, and precognition refers to an instant knowing of something.

8. Benefits of Telepathy - When you connect with other beings, you are able to relate to them at a higher level; a greater understanding is created. This can have profound impacts on all your relationships.

In the case of animals, you can understand the needs and wants of your beloved pet, who cannot communicate with you verbally as a person would. Additionally, animals can often sense danger before it becomes immediately apparent. By tuning into the feelings of animals this can help to protect you against potential harmful situations.

The art of telepathy provides a more efficient means of communicating. It is environmentally friendly, free, location of either party is not important and it is instantaneous. Imagine wanting to get in touch with someone in a remote location. No longer must you rely on sketchy internet connections or feeble mobile phone signals to do so.

9. Preventing Telepathic Communications - It is possible to block others from being able to send and receive telepathic communications to and from you. Imagine locking the door to your mind to that person. Although if you have become tuned in with another person that sharing your thoughts is almost an automatic process. Then you will have to work at it a bit.

**People often sense the death or a tragedy of a family member or friend. These make the most dramatic stories - heightened tension, nick-of-time rescues. However, keep in mind that telepathic situations may be happening all the time, but we lack the awareness to recognize them. In times of crisis we sent out our message and those who are in tune will pick it up.**

#### Added Scientific Information

\*Quantum Entanglement – To telepathy send and receive messages we must be on the same frequency. Because we have many thoughts and we don't always focus well we are usually involved in a Quantum Entanglement and we lose the focus we need to send and receive exact messages.

\*Decoherence - can be viewed as the loss of information from a system (i.e. human being) into the environment

\*Quantum Teleportation - Quantum teleportation provides a mechanism of moving objects from one location to another, without having to physically transport