




















Crystal	Promotes	Appearance
Agate (blue frosted)	Inner peace, calm	
Agate (green dragon)	Strength	
Agate (blue cracked fire dragon)	Calming, creativity, grounding	
Amethyst	Peace	
Angelite	Spiritual healing	
Amazonite	Emotional balance	

Aventurine	Emotional harmony, inner healing		
Aquamarine	Self-expression		
Citrine	Abundance		
Epidote	Individuality		
Flourite	Alignment		
Goldstone (brown)	Ambition		
Goldstone (blue/black)	Inspiration, ambition, uplifting		

Jade (green)	Good fortune		
Jade (white)	Good fortune		
Jasper (Imperial)	Spiritual growth		
Jasper (red)	Vitality, strength, courage		
Jasper (sea sediment)	Stability		
Jasper (pink zebra)	Calmness, positivity, stability		
Lapis Lazuli	Inner wisdom		

Moonstone (white)	Cycles	
Opal	Centering	
Peridot (green)	Growth, strength	
Rhodochrosite	Emotional healing, compassion, self-love	
Quartz (rose)	Love	
Quartz (clear)	Expanded awareness	
Sodalite	Understanding, communication	

Tiger Eye (golden)	Grounding	
Tiger Eye (brown)	Balance	
Tiger Eye (blue)	Calming	
Tiger Eye (rose red)	Protection	
Tourmaline (watermelon)	Tenderness	
Tourmaline (black)	Protector against negative energy	